

Sunday Worship
First Parish
A liberal religious community,
welcoming to all
First gathered 1739



October 26, 2025

Worship in the Meetinghouse Sanctuary and Online

The sun rose at 7:11am and will set at 5:45pm *in sh'allah*
bringing us 10 hours, 34 minutes of sunlight,
19 minutes less than last Sunday.

The moon is waxing to the first quarter on Wednesday.

Sounding of the Chime

*In the sanctuary silence during the prelude is appreciated. Please
also silence your cell phones and electronic devices.*

Prelude

Song of the Pilgrim
Felix Mendelssohn
Kenneth Seitz, piano

Welcome and Announcements

Rev. Erica Federspiel Richmond
Parish Minister

Call to Worship and Chalice Lighting

Rev. Erica Federspiel Richmond

Hymn 358

Rank By Rank Again We Stand

Time for All Ages

Rev. Stevie Carmody
Minister of Religious Education

*As children leave for religious education we sing
"Go Now In Peace" (words on the blue cards with the hymnals).*

Celebrations and Concerns

Dawn Terkla
Lay Minister

*If moved to do so, you may place a stone
for a joy or sorrow you are holding in your heart.
If you write a joy or sorrow on the card available at the
back of the sanctuary, the ordained and lay ministers
will hold it in their thoughts and prayers.*

*If you wish to speak of your joy or sorrow, please line up
after placing your stone. When you are motioned forward,
speak into the microphone and tell us your name.
Speak briefly and from your own experience.*

Interlude for the Placing of Stones

*Improvised Variations on
Music for Airports 1: 1/1 - Brian Eno
Paul Franzosa, guitar*

Prayer and Silent Meditation

David Whitford
Worship Associate

Musical Response

Amen, Blessed Be, Shalom, Salaam
Kenneth Seitz, piano

Sung twice by the congregation

Offering

Ad Astra
Jacob Narverud
First Parish Choir

*This Sunday half of the offering supports The Record Co.
The Record Co is Boston's largest provider of
affordable creative space, operating both
their original Massachusetts Avenue facility and
their 90-room Morrissey Boulevard location.*

*The remaining half of your offering
supports the life and work of this Parish.
To donate using your smartphone, text "fpuu offering" to 73256.
If you would like your entire offering to support your pledge,
indicate "pledge" on your check or envelope.*

Living Our Faith

Once a year we honor three members of First Parish who have been exemplars of living the values of the liberal religious tradition. The Social Justice Committee selects the individuals and invites them to offer statements about living their faith.

This year we celebrate the work of Betsy Carlton-Gyson, Peter Heller, and Betsy Leondar-Wright.

From the Social Justice Committee Anne Ehlert

First Testimonial Betsy Carlton-Gyson

Hymn 123 *Spirit of Life*

Second Testimonial Peter Heller

Third Testimonial Betsy Leondar-Wright

Song 35 *Answering the Call of Love*

Benediction Rev. Dr. Barbara Whittaker-Johns
adapted from the words of Rev. Arnold Westwood

*Saying these words responsively is a custom at
First Parish. You are invited to take the hand of
one beside you or place your hand on their shoulder.
The words can be found on the blue cards with your hymnal.*

Postlude *Working On It!*
Kenneth Seitz
Kenneth Seitz, piano

*All are asked to remain seated during the postlude, the
concluding passage of our common worship.*

*After worship those in the sanctuary are invited to move into the
vestry for light refreshments and conversation.*

*If it is 11:30 parents are asked to quietly leave to pick up their
children from the religious education program.*

First Parish Unitarian Universalist of Arlington

www.firstparish.info

First Parish is a liberal religious community working toward another way to be and act in our time. As a Unitarian Universalist congregation (www.uua.org), we are not bound to any statement of belief or creed but to an aspiration to act in love. We believe personal experience, conscience and reason are final authorities in religion.

A religious education program for children meets during Sunday worship. Children are given the tools with which to answer their religious questions of the world.

To learn more, visit the information table after worship. You can sign up for the weekly E-Bulletin there or by emailing churchoffice@firstparish.info

First Parish is self governing and supported by members and friends who contribute their time, talent and treasure. The elected Parish Committee (“ParCom”) is the governing board. ParCom can be reached at Parishexec@firstparish.info.

Marie Meter, Chair	Kate Tranquada, Vice-Chair
Joanna Pushee, Clerk	Carolyn Hodges, Treasurer
John Anderson	Susan Moore
Amy Speare	Allan Tosti

Staff serve the members, leaders and mission of First Parish.

Rev. Dr. Jonipher Kūpono Kwong, *Interim Lead Minister*

Rev. Erica Federspiel Richmond, *Parish Minister*

Rev. Stevie Carmody, *Minister of Religious Education*

Daniel Parsley, *Music Director*

Kenneth Seitz, *Director of Music, Emeritus*

Kay Milano, *Youth Program Coordinator*

Bella Jaffe, *Religious Education Assistant*

Ebiere Omoregie, *Office Manager*

Allison Sillers, *Office & Communications Associate*

Jaqueline De Jesus, *Sexton*

A Unitarian Universalist Welcoming Congregation, First Parish warmly and intentionally welcomes gay, lesbian, bisexual, queer and transgender people.