## - "28 Days To A Client" -

## The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day	Required Time
1. //	Important, Mak •	4:30AM Wake Up	
2. 🔽/💢	Important, Mak •	4:30AM to 4:33AM Do 100 sit-Ups and 50 hindú squats	3 minutes
3. 🔽/💢	Important, Mak	4:33AM to 4:35AM Go to the bathroom and take a shower	2 minutes
4. <b>V</b> /X	Important, Mak	4:35AM to 6:35AM Make FV for 5 prospects (3 locals, 2 on english)	2 hours
5. <b>V/</b> X	Important, Mak	6:35AM to 8:05AM Make 5 Unique outreaches for 5 prospects (3 locals, 2 on English) and send them.	1 hour, 30 minutes
6. <b>V</b> /X	Important, Mak	8:05AM to 8:55AM, Go to Swipe, study a copy, analyze it with professor Andrew questions and with ChatGPT improve that Copy.	50 minutes
<b>7.</b>	Important, Mak •	8:55 AM to 9:10AM Review fellow copy. Add value to the fellow copy.	15 minutes
8. 🔽/💢	Not important.	9:10AM to 9:25 AM Take a regular shower and get ready for matrix job ✓	15 minutes
9. <mark>V</mark> /X	Not important.	9:25AM to 9:40 AM Have breakfast (don't scroll on social media)	15 minutes
<b>10.</b>	Important, Mak •	9:40AM to 2:15 PM Go to Matrix Job (Find a way to check announcements and watch Morning Power Up	4 hours and 35 minutes
11. V/X	Important, Mak •	2:15pm to 3:00 PM, Go home and eat (don't scroll on social media)	1 Hour and 15 minutes
12. V/X	Important, Mak •	3:30PM to 5:00PM, Go to professor Andrew call and learn ✓	2 hours
13. V/X	Not important.	5:00PM to 7:00PM, Matrix Zoom call, (do exercise while the camera is off)	2 hours
15. <b>V</b> /X	Important, Mak	7:00PM to 8:00PM Dinner (don't scroll on social media)	1 hour

	Priority Level	Task List For The Day	Required Time
<b>16.</b>	Important, Mak *	8:00PM to 9:00PM Work to improve my Outreach, OODA LOOP About an email I sent today, (in Spanish and English) dissection it and find a way to improve it.	1 hour
17. <b>V</b> /X	Important, Mak •	9:00PM to 9:15PM Daily check Inn and summit results for daily tasks (fill every page on Google document)✓	15 minutes
18. ☑/X	Important, Mak •	9:15 PM to 9:40 PM Make Tasks for Friday 🗸	25 minutes
19. ☑/X	Important, Mak •	9:40PM To 10:10 PM Self Hypnosis about how to become a G	30 minutes
<b>20.</b> ☑/×	Important, Mak •	10:10 PM to 10:25PM Review day, OODA LOOP what Can I improve	15 minutes
21 <b>V</b> /X	Important, Mak	10:25 PM to 10:30 PM Do last 100 sit-ups ✓	5 minutes
22 <b>V</b> /X	Important, Mak	10:30 PM to 4:30AM Sleep ✓	6 hours

<u>Day Number: 4</u>

*Date: 15/03/2022* 

Start Of The Day - Time: 4:30 am

Carlina Carlo	🙏 3 Things That I Am Excited To Have In The Future? 🙏
1.	Me, My mom and Dad Living another wonderful day. Thanks to god, for another day to be incredible
2.	Getting my first Client with this challenge, because I believe on My self and I prefer die than stay poor
3.	Recover my shoulder and kick some asses



## [Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/ Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

## **My War Mode Words:**

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!
- 4. I Am Being Enthusiastic About Completing Each Task!
- 5. I Am The Best Copywriter In The World!
- 6, I pissed off because I don't Have the life I want to live right now
- 7. I will be making money and become my best version to bring honor to my family, my parents will respect me.
- 8. I prefer to die right now than don't accomplish my goals
- 9. I'm not afraid to die right now, My desire to have a better live it's more powerful than be a pussy

10 I decide to take The sword besides The orange playful ball, no because it's easy, because is what a men does.

11 My word is IRON WILL.

\$ 4:30 AM \$	Wake up
🔔 Intention 🔔	Think about my brookie live and don't make excuses to wake up, get ready today, because I am on the real word for 4 months and I don't do a shit, I must act with speed.
/ Reflection /	I took a little nap that piss me off, bc i waste time
\$ 4:30AM to 4:33AM \$	Do 100 sit-Ups and 50 indu squads
🔔 Intention 🔔	Ripped my abs and legs and make them stronger, I don't feel pain, pain is my friend and is good
/ Reflection /	Good exercises my body felt great

Water needs to get out of my body, that will make me look less fat and be prepared to fight against the matrix without piss on my body and I need to wake up quickly

Go to the bathroom and take a shower

\$ 4:33AM to 4:34AM \$

🔔 Intention 🔔

/ Reflection /	I went to piss and take a shiwer to recovery
	1
\$ 4:34AM to 6:34AM \$	Make FV for 5 prospects Make FV for 5 prospects (3 locals, 2 on english)
🔔 Intention 🔔	Utilize all the resources inside the COPY CAMPUS, USE ChatGPT utilize the power of your mind and OODA LOOP and say to yourself: I'm the best copywriter in the world and with my unmatched perspicacity couple with sheer indefatigablity:
	How can I figure out the best FV for each 5 prospects?, this FV must be so unique That prospects will want to work with me.
/ Reflection /	I waste some time because i felt asleep, i must fight against myself
\$ 6:34AM to 8:04AM \$	Make 5 Unique outreaches for 5 prospects (3 locals, 2 on english) and send them.
🔔 Intention 🔔	Complete the task in time and form utilizing my unmatched perspicacity and sheer indefatigability, use all the resources you have, like ChatGPT, my marketing IQ and google doc for the campus
/ Reflection /	Goo utreaches, I liked wha I did
\$ 8:04AM to 8:55AM \$	Go to Swipe, study a copy, analyze it and with ChatGPT improve that Copy, Go to Swipe, study a copy, analyze it with professor Andrew questions and with ChatGPT improve that Copy.
🔔 Intention 🔔	Improving my marketing IQ and also ChatGPT Marketing IQ, I dissect a piece of good copy and using the questions professor Andrew gave us in the how to review copy course I will take advantage and I will improve my Marketing IQ
/ Reflection /	A little piace of a swipe file, was interesting because i saw how some ads are

	made, but i dud this review in a little time, I must doit better.
\$ 8:55 AM to 9:10AM \$	Review fellow copy. Add value to the fellow copy.
🔔 Intention 🔔	With professor Andrew how to review copy, I dissect copy of my fellow partner in the campus and with that, I gave him an excellent feedback or a better point of View and I earn more knowledge.
/ Reflection /	I review a fellow copy but i have to admit, that review was poor and I have to doit better
\$ 9:10AM to 9:25 AM \$	Take a regular shower and get ready for matrix job
🔔 Intention 🔔	Smell like a G, and dress like a G, it's part of the job
/ Reflection /	A regular shower that can improve my health
\$ 9:25AM to 9:40 AM \$	Have breakfast (don't scroll on social media) Smell like a G, and dress like a G, it's part of the job.
🔔 Intention 🔔	Oats, champions breakfast, the intention to this breakfast is have the power of a G and don't eat a lot to stay in a Hunger mode.
/ Reflection /	Banana and oats thats great.

\$ 9:40AM to 2:15 PM \$	Go to Matrix Job (Find a way to check announcements and watch Morning Power Up
🔔 Intention 🔔	Fight the matrix inside the Matrix, You know, be my better version, check announcements and watch power up morning call
/ Reflection /	I went to the job, man I don't want to go there, it sucks, i need to scape asap
\$ 2:15pm to 3:00 PM \$	Go home and eat (don't scroll on social media)
🔔 Intention 🔔	Have a wonderful meal with my parents, eat like a G and keep working
/ Reflection /	I eat late, the work demand me a lot of time,
\$ 3:00PM to 5:00PM \$	Go to professor Andrew call and learn
🔔 Intention 🔔	Learn about more about copy, learn how to dissect copy as professor Andrew does
/ Reflection /	I could listen less than 30 minutes, I spent a lot of time there
\$ 5:30PM to 6:30PM \$	5:00PM to 7:00PM, Matrix Zoom call, (do exercise while the camera is off )
🔔 Intention 🔔	Shity call but I must attend it, find a way to do cardio regardless anything

/ Reflection /	I try to sleep a little bit but i can't, i must work
\$ 7:00PM to 8:00PM \$	Dinner (don't scroll on social media)
🔔 Intention 🔔	Have a wonderful Dinner, eat like a G and keep working
/ Reflection /	I eat pig, it's delicious, but i juts can't handle the idea of every time I eat every time I saw that I'm poor and brokie
\$ 8:00PM to 9:00PM \$	Work on Outreach, OODA LOOP About an email I sent today, dissection it and find a way to improve it
🔔 Intention 🔔	It is important to get better when I need to OODA LOOP, so if I made a mistake in my outreach, I need to improve that and become the best version of Myself.
/ Reflection /	I understand why i need better resources so, for that reason I found my emails very genric and with out no emotion
\$ 9:00PM to 9:15PM \$	Daily check Inn and summit results for daily tasks (fill every page on Google document)
🔔 Intention 🔔	When the day ends I will be proud of all the good stuffs I conquer today, with power and energy I will build an empire
/ Reflection /	Dificult day but is not impossible to go trough life and win

\$ 9:15 PM to 9:40 PM \$	Make Tasks for Friday
🔔 Intention 🔔	It is important to develop a plan for tomorrow, once you have 75% of the goal you need to develop another one
/ Reflection /	
\$ 9:40PM To 10:10 PM \$	PM Self Hypnosis about how to become a G
🔔 Intention 🔔	Te secret to become A G, even if I'm dreaming, train my unconscious mind to be a G.
/ Reflection /	
\$ 10:10 PM to 10:25 PM \$	Rewiev day, OODA LOOP what Can I improve
🔔 Intention 🔔	Analye all the day, and this is the most important part because it's when I work my OODA LOOP consciously
/ Reflection /	
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10:30 PM \$	Do tast 100 sit-ups
🔔 Intention 🔔	Get my abs stronger than anybody, pain is my friend, remember.
/ Reflection /	
\$ 10:30 PM to 4:30AM \$	Sleep

subconscious mind will start to work like a G.

Analyze all the day, and this is the most important part because it's when my



What Did I Learn Today?

How maxime my capacity with chat gpt

🔔 Intention 🔔

Reflection

™What Do I Plan To Do Differently Tomorrow? ™
WAKE UP EARIER, TAKE A SHOWER ASAP, BIULT THE AVATAR'S PROSPECT
What Do I Plan To Do The Same Tomorrow?
Keep my momentum
Being a G
Be Sexy
Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
Watch profesor andrew how to build an avatar either go truth the bootcamp or watch some videos and pdf's
none

BRAIN DUMP: I must avoid bad food, in order to no getting fat, my shoulder it's going to have a lower recuperation, so I by the moment I wouldn't do intense exercise.