

CURRICULUM VITAE

MIHOKO MARU

University of Hawai'i at Mānoa
Thompson School of Social Work & Public Health
2430 Campus Road, Gartley Hall 205A, Honolulu, HI 96822
Office: +1 (808) 956-6127 Email: mihoko.maru@hawaii.edu

EDUCATION

2020	PhD	Boston University School of Social Work, Boston, MA, USA. Dissertation: <i>A Mixed Methods Study of Asian American Adolescent Suicidality</i> . Committee: Daniel Miller, PhD; Ruth Paris, PhD, LICSW, IMH-E; Howard Cabral, PhD; David Takeuchi, PhD; Jordana Muroff, PhD, LICSW
2015	MSW	Boston University School of Social Work, Boston, MA, USA. Concentration: Clinical Practice
2008	MA	Boston University Graduate School of Arts & Sciences, Department of Psychological & Brain Sciences, Boston, MA, USA.
2005	BA	Bates College, Lewiston, ME, USA. Major: Music, Minor: Chinese Semester Abroad: Nanjing University, Nanjing, China

ACADEMIC APPOINTMENTS

2025-Present	Assistant Professor, Department of Social Work University of Hawai'i at Mānoa Thompson School of Social Work & Public Health
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PROFESSIONAL LICENSE

Licensed Certified Social Worker, Commonwealth of Massachusetts #226079 (Active)

RESEARCH AND CLINICAL INTERESTS

- Mental health disparities and inequities in access to care for immigrant, refugee, and low-resource communities in domestic and international contexts.
- Trauma and mental health among children, youth, and young adults examined through a family systems framework.
- Design, implementation, and evaluation of trauma-informed, community-based mental health interventions using mixed methods approaches.

PUBLICATIONS (*indicates equal contribution; †indicates graduate student co-author)

Peer-Reviewed Articles

1. **Maru, M.**, Boskey, E., Lee, C., Deane, M., Chamorro, P., Byrne, T., Holleran, E., Collins, M. E., Donahue, S.M.A., & Fong, H. (2026). Trends in referrals to psychosocial services in a pediatric emergency department before and after the onset of the COVID-19 pandemic. *Social Work in Health Care*, 1–15. <https://doi.org/10.1080/00981389.2026.2648200>

2. Paris, R., **Maru, M.**, Yang, Y., & Garber, K. (2025). Trauma and mental health: Examining psychosocial changes in Latin American immigrant mothers and young children participating in Child-Parent Psychotherapy. *Psychological Trauma: Theory, Research, Practice, and Policy*. Advance online publication. <https://doi.org/10.1037/tra0002071>
3. **Maru, M.**, Ntlantsana, V., Chaggan, U., Thela, L., Karim, E., Tomita, A., Paruk, S., & Chiliza, B. (2025). Research retention among people with early psychosis in KwaZulu-Natal, South Africa. *South African Journal of Psychiatry*, 31(0), a2470. <https://doi.org/10.4102/sajpsychiatry.v31i0.2470>
4. Ntlantsana, V., Donda, M.B., **Maru, M.**, Wambua, N.G.W., Chhagan, U., Paruk, S., Chiliza, B., & Ng., L. (2024). Experiences of trauma among persons living with psychosis in KwaZulu Natal, South Africa. *PLOS Mental Health*, 1(5), e0000070. <https://doi.org/10.1371/journal.pmen.0000070>
5. **Maru, M.**, Millner, U.C., Wong, J., Chen, J., & Wan, Y. (2024). Asian American providers' experiences of working with Asian Americans diagnosed with serious mental illness. *Asian American Journal of Psychology*, 15(2), 146-157. <https://psycnet.apa.org/doi/10.1037/aap0000338>
6. Sharma-Misra, S., **Maru, M.**, Tomita, A., Paruk, S. (2023). Access and use of digital technology by patients with psychosis at a hospital in South Africa. *The South African Journal of Psychiatry*, 29, 2151. <https://doi.org/10.4102/sajpsychiatry.v29i0.2151>
7. Stoddard, J., Reynolds, E., Paris, R., Haller, S., Johnson, S., Zik, J., Elliotte, E., **Maru, M.**, Jaffe, A., Mallidi, A., Smith, A., Hernandez, R., Volk, E., Brotman, M., & Kaufman, J. (2023). The Coronavirus Impact Scale: Construction, validation, and comparisons in diverse clinical samples. *Journal of American Academy of Child & Adolescent Psychiatry Open*, <https://doi.org/10.1016/j.jaacop.2023.03.003>.
8. **Maru, M.**, Paris, R., & Simhi, M. (2023). The protective effects of social support and family functioning on parenting stress among Hispanic/Latino/a American immigrant parents with traumatic life experiences: A mediation analysis. *Infant Mental Health Journal*, 44(3), 348-361. <https://doi.org/10.1002/imhj.22053>
9. Millner, U. C., **Maru, M.**, Ismail, A., & Chakrabarti, U. (2021). Decolonizing mental health practice: Reconstructing an Asian-centric framework through a social justice lens. *Asian American Journal of Psychology*, 12(4), 333–345. <https://doi.org/10.1037/aap0000268>
10. **Maru, M.**, Rogers, E. S., Placencio-Castro, M., Harbaugh, A. G., & Magee, C. (2021). Vocational peer support for adults with psychiatric disabilities: Results of a randomized trial. *Psychiatric Rehabilitation Journal*, 44(4), 327-336. <https://doi.org/10.1037/prj0000484>
11. Paris, R., Herriott, A., **Maru, M.**, Hacking, S., & Sommer, A. (2020). Secrecy versus disclosure: Women with substance use disorders share experiences in help seeking during pregnancy. *Maternal Child Health Journal*, 24(11), 1396-1403. <https://doi.org/10.1007/s10995-020-03006-1>
12. Hahm, H. C., Zhou, L., Lee, C. S., **Maru, M.**, Petersen, J., & Kolaczyk, E. (2019). Feasibility, preliminary efficacy, and safety of a randomized clinical trial for Asian Women's Action for Resilience and Empowerment (AWARE) Intervention. *American Journal of Orthopsychiatry*, 89(4), 462-474. <https://doi.org/10.1037/ort0000383>

13. Balogun-Mwangi, O., Rogers, E. S., **Maru, M.**, & Magee, C. (2019). Vocational peer support: Results of a qualitative study. *Journal of Behavioral Health Services & Research*, 46(3), 450-463. <https://doi.org/10.1007/s11414-017-9583-6>
14. **Maru, M.**, Rogers, E. S., Hutchinson, D., & Shappell, H. (2018). An integrated supported employment and education model: Exploratory study of an innovative approach designed to better meet the needs of young adults with psychiatric conditions. *Journal of Behavioral Health Services & Research*, 45(3), 489-498. <https://doi.org/10.1007/s11414-018-9595-x>
15. **Maru, M.**, Saraiya, T., Lee, C. S., Meghani, O., Hien, D., & Hahm, H. C. (2018). The relationship between intimate partner violence and suicidal ideation among young Chinese, Korean, and Vietnamese American Women. *Women & Therapy*, 41(3-4), 339-355. <https://doi.org/10.1080/02703149.2018.1430381>
16. Gottlieb, J., Gidugu, V., **Maru, M.**, Tepper, M., Davis, M., Greenwold, J., Barron, R., Chiko, B., & Mueser, K. (2017). Randomized controlled trial of an internet cognitive behavioral skills-based program for auditory hallucinations in persons with psychosis. *Psychiatric Rehabilitation Journal*, 40(3), 283-292. <https://doi.org/10.1037/prj0000258>
17. Rogers, E. S., **Maru, M.**, Johnson, G., Cohee, J., Hinkel, J., & Hashemi, L. (2016). A randomized trial of individual peer support for adults with psychiatric disabilities undergoing civil commitment. *Psychiatric Rehabilitation Journal*, 39(3), 248-255. <https://doi.org/10.1037/prj0000208>
18. Rogers, E. S., **Maru, M.**, Kash-MacDonald, M., Archer-Williams, M., Hashemi, L., & Boardman, J. (2016). A randomized clinical trial investigating the effect of a healthcare access model for individuals with severe psychiatric disabilities. *Community Mental Health Journal*, 52(6), 667-674. <https://psycnet.apa.org/doi/10.1007/s10597-016-0009-3>
19. Gidugu, V., Rogers, E. S., Harrington, S., **Maru, M.**, Johnson, G., Cohee, J., & Hinkel, J. (2015). Individual peer support: A qualitative study of mechanisms of its effectiveness. *Community Mental Health Journal*, 51(4), 445-452. <https://doi.org/10.1007/s10597-014-9801-0>
20. Mesidor, M., & **Maru, M.** (2015). Parent-adult child relationships in the recovery and rehabilitation of women with depression. *Women & Therapy*, 38(1-2), 89-113. <https://doi.org/10.1080/02703149.2014.978222>
21. Rogers, E. S., Russinova, Z., **Maru, M.**, Restrepo-Toro, M., Cook, K. F., & Rogers, J. D. (2015). Assessing recovery-promoting competencies of providers serving Latinos with serious mental illnesses. *Journal of Latino Psychology*, 3(4), 239-257. <https://doi.org/10.1037/lat0000043>
22. Johnson, G., Magee, C., **Maru, M.**, Furlong-Norman, K., Rogers, E. S., & Thompson, K. (2014). Personal and societal benefits of providing peer support: A survey of peer support specialists. *Psychiatric Services*, 65(5), 678-680. <https://doi.org/10.1176/appi.ps.201300113>

Reports/Other Articles

1. de Wet, A., & **Maru, M.** (2023). The importance of family and service provider involvement with service users from three perspectives in a South African context. *World Association for Psychosocial Rehabilitation Bulletin*, 51, 29-37.

2. Rogers, E. S., Kash-MacDonald, M., Bruker, D., & **Maru, M.** (2010). Systematic review of supported education literature, 1989 – 2009. Boston, MA: Center for Psychiatric Rehabilitation, Boston University Sargent College of Health & Rehabilitation Sciences.
<http://www.bu.edu/drrk/research-syntheses/psychiatric-disabilities/supported-education/>

Under Review

Galvin, M., Abdelfaltah, M., Ismail, Y., **Maru, M.**, Marhefka-Day, S., Garcia, M. F., Lampe, N. M., Scheunemann, A., Byansi, W. Dysautonomia and mental health: A scoping review of the literature examining autonomic nervous system dysfunction and mental health disorder symptomology. *Current Psychology*.

Yang, Y.*, **Maru, M.***, Vargas, S., & Paris, R. Providers' perceived experiences in providing Child-Parent Psychotherapy to Latin American immigrant families with young children. *Evidence-Based Practice in Child and Adolescent Mental Health*.

In Preparation

Rivera, K.[†], Saifoloi, J.[†], & **Maru, M.** Toward educational equity for first-generation Native Hawaiian and Pacific Islander college students at predominantly White institutions: A literature review of institutional and systemic barriers and facilitators of student success.

Patel, N.*, **Maru, M.***, Tetreau, E., Kuang, J., Aboelghar, A., Mosier-Mills, A., Rondon, M., Cruz, V., Denduluri, A., Trang, K., Basu, A., Gelaye, B., & Levey, E. Intergenerational transmission of social disadvantage: A scoping review of how maternal trauma exposure and its timing shape children's psychosocial health and development.

Wambua, N., **Maru, M.**, Mthiyane, N., & Ngwenya, N. Internalizing symptoms among rural South African adolescents: The role of childhood trauma, self-esteem, and social support.

Scheunemann, A., **Maru, M.**, Mohlalisi, M., Malope, S., Prom, M., Sanders, J., Nkabana-Nkholongo, E., Jack, B., & Henderson, D. Understanding adolescent and young mental health in Lesotho: Adversities, resources, and recommendations.

JURIED PRESENTATIONS

Yang, Y., **Maru, M.**, Vargas, S. & Paris, R. (2026, October). *Providers' perceptions of implementing Child-Parent Psychotherapy to Latin American immigrant families with young children: A RE-AIM qualitative study*. [Oral presentation]. World Association for Infant Mental Health 19th World Congress, Toronto, Canada.

Maru, M. (2026, July) Youth and caregiver experiences of first-episode psychosis treatment in South Africa. In Mihoko Maru (chair), *Advancing child and adolescent mental health in resource-limited settings in Southern Africa: Interventions, promotion, and multisectoral strategies for sustainable system change*. [Symposium]. 27th World Congress of International Association for Child and Adolescent Psychiatry and Allied Profession, Hamburg, Germany.

Maru, M., Ntlantsana, V., Chaggan, U., Thela, L., Karim, E., Tomita, A., Paruk, S., & Chiliza, B. (2026, January). *Examining trends in research retention and attrition among individuals with first-episode psychosis in KwaZulu-Natal, South Africa*. [Oral presentation]. Society for Social Work and Research 30th Annual Conference, Washington DC, USA.

Ntlantsana, V., **Maru, M.**, Donda, B. M., Wambua, N. G., Mnguni, T., Chhagan, U., Paruk, S., Chiliza, B., & Ng, L. C. (2025, November). *The interplay between collective history, social context, and*

personal trauma: Narratives from patients in a South African setting. [Poster session]. 8th Annual Africa Global Mental Health Institute Conference, Durban, South Africa.

Paris, R., Yang, Y., **Maru, M.**, Short Mejia, A., & Rose-Jacobs, R. (2025, January). *Promoting healthy mother-child relationships: A pragmatic clinical trial for women in opioid use recovery and their infants*. [Oral presentation]. Society for Social Work and Research 29th Annual Conference, Seattle, WA, USA.

Sharma-Misra, S., **Maru, M.**, Tomita, A., & Paruk, S. (2025, January). *Access and use of digital technology among patients with serious mental illness receiving outpatient psychiatric care in Durban, South Africa*. [Oral presentation]. Society for Social Work and Research 29th Annual Conference, Seattle, WA, USA.

Patel, N., **Maru, M.**, Mosier-Mills, A., Aboelghar, A., Kuang, J., & Levey, E. (2024, November). *A systematic review of maternal trauma timing and offspring developmental, behavioral, and mental health outcomes*. [Oral presentation]. Southern African Development Community Regional Early Childhood Development and Education Conference 2024, Maseru, Lesotho.

Maru, M., Yang, Y., Garber, K., & Paris, R. (2024, June). *Providers' perceived benefits and challenges in providing a culturally sensitive intervention to Latine immigrant families with young children*. [Poster session]. World Association for Infant Mental Health 2024 Interim World Congress, Tampere, Finland.

Paris, R., **Maru, M.**, & Garber, K. (2023, July). *Maternal mental health, parenting, and early childhood development in Latinx families participating in Child-Parent Psychotherapy*. [Oral presentation]. World Association for Infant Mental Health 18th World Congress, Dublin, Ireland.

Maru, M., & Paris, R. (2023, January). *The protective effects of social support and family functioning on parenting stress among Latinx American immigrant mothers with traumatic life experiences: A mediation analysis*. [Oral presentation]. Society for Social Work and Research 27th Annual Conference, Phoenix, AZ, USA.

Morris, M., John, R., **Maru, M.**, & Carrillo, G. (2022, January). *Dispelling racial/ethnicity monoliths within social work research, practice, and policy: A case for disaggregating race/ethnic health and mental health data* [Accepted for roundtable]. Society for Social Work and Research 26th Annual Conference, Washington, DC, USA.

Maru, M., & Paris, R. (2022, January). *The importance of nurturance and attachment on parent-child interaction among Latinx immigrant mothers with traumatic life experiences: A mediation analysis* [Oral presentation]. Society for Social Work and Research 26th Annual Conference, Washington, DC, USA.

Maru, M., Paris, R., & Garber, K. (2021, June). *Family and parenting predictors of social-emotional development of Latinx immigrant young children* [Oral presentation]. World Association for Infant Mental Health 17th World Congress, Brisbane, Australia.

Paris, R., **Maru, M.**, & Garber, K. (2021, January). *Examining change in parenting, mental health and early child development in immigrant families participating in a trauma-focused intervention* [Oral presentation]. Society for Social Work and Research 25th Annual Conference, Washington, DC, USA.

Millner, U.C., **Maru, M.**, Ismail, A., & Chakrabarti, U. (2020, October). *Decolonizing Asian mental*

health: Expanding discourse on stigma, intersectionality, and cultural appropriation [Oral presentation]. Institute for the Study on Promotion of Race and Culture Diversity Challenge, Boston College, Chestnut Hill, MA, USA.

Paris, R., **Maru, M.**, & Herriott, A. (2020, January). *Social-emotional development in young children of mothers with substance use disorders* [Oral presentation]. Society for Social Work and Research 24th Annual Conference, Washington, DC, USA.

Maru, M., & Paris, R. (2020, January). *Does parenting stress mediate the effect of maternal trauma on perceived child functioning? An exploratory analysis* [Oral presentation]. Society for Social Work and Research 24th Annual Conference, Washington, DC, USA.

Maru, M., & Paris, R. (2019, November). *The role of social support on PTSD among mothers of young children with experiences of trauma across the lifespan* [Poster session]. International Society for Traumatic Stress Studies 35th Annual Meeting, Boston, MA, USA.

Maru, M. (2019, October). *A mixed methods study of Asian American adolescent suicidality: Dissertation prospectus* [Oral presentation]. Council on Social Work Education 65th Annual Program Meeting, Denver, CO, USA.

Millner, U. C., **Maru, M.**, & Zhu, X. (2019, October). *Brief family counseling for Asians in recovery from serious mental health conditions* [Oral workshop]. Institute for the Study on Promotion of Race and Culture Diversity Challenge, Boston College, Chestnut Hill, MA, USA.

Maru, M., & Hahm, H. C. (2019, January). *Making sense of emotional abuse within Asian parent-child relationships: A qualitative study of Asian American women with immigrant parents* [Poster session]. Society for Social Work and Research 23rd Annual Conference, San Francisco, CA, USA.

Dinh, K. T., Kim-Prieto, C., Uy, K. K., Cheng, H-L., Ho, I. K., Tsong, Y., Noh, E., & **Maru, M.** (2018, August). *Trauma and well-being among Asian American women: Implications for feminist approaches in research and clinical practice* [Oral presentation]. American Psychological Association 2018 Annual Convention (Division 35 - Psychology of Women), San Francisco, CA, USA.

Hahm, H. C., Zhou, L., **Maru, M.**, Ahuja, N., & Kolaczyk, E. (2018, January). *The feasibility and efficacy of a mental and sexual health intervention for Chinese-, Korean-, Vietnamese American women: A randomized clinical trial* [Poster session]. Society for Social Work and Research 22nd Annual Conference, Washington, DC, USA.

Herriott, A., **Maru, M.**, Kayajian, E., & Paris, R. (2018, January). *Development of a parenting intervention for substance dependent mothers with trauma histories: Perspectives of clients and clinicians* [Oral presentation]. Society for Social Work and Research 22nd Annual Conference, Washington, DC, USA.

Hahm, H. C., Zhou, L., Lee, C., **Maru, M.**, Petersen, J., Ahuja, N., Maglalang, D. D., & Kolaczyk, E. (2017, November). *Feasibility and efficacy of a mental and sexual health intervention for 1.5 and 2nd generation Chinese-, Korean-, Vietnamese American women: A randomized controlled trial* [Poster session]. American Public Health Association 145th Annual Meeting and Expo, Atlanta, GA, USA.

Maru, M., Saraiya, T., Lee, C. S., Meghani, O., Hien, D., & Hahm, H. C. (2016, April). The

relationship between intimate partner violence and suicidal ideation among young Chinese, Korean, and Vietnamese American women [Oral presentation]. 44th Annual Psychology Convention, Hunter College, New York, NY, USA.

Kim, M., Millner, U., & **Maru, M.** (2015, November). *Meaning of work for adults with psychiatric disabilities: Key constructs and cultural differences* [Poster session]. 12th World Congress of World Association for Psychosocial Rehabilitation, Seoul, South Korea.

Rogers, E.S., & **Maru, M.** (2015, Oct). A randomized clinical trial investigating the effect of health care access model for individuals with severe psychiatric disabilities [Oral presentation]. American Public Health Association 143rd Annual Meeting and Expo, Chicago, IL, USA.

Rogers, E. S., **Maru, M.**, Cohee, J., & Hinkel, J. (2011, July). *Effectiveness of peer delivered services for individuals completing a civil commitment* [Oral presentation]. 12th Annual Summer Institute, Center for Applied Behavioral Policy, Arizona State University, Sedona, AZ, USA.

Restrepo-Toro, M., Russinova, Z., Rogers, E. S., **Maru, M.**, & Diaz, L. (2011, June). *Fostering therapeutic alliances using feedback from service recipients* [Poster session]. United States Psychiatric Rehabilitation Association 36th Annual Conference, Boston, MA, USA.

Rogers, E. S., **Maru, M.**, Cohee, J., & Hinkel, J. (2011, June). *Effectiveness of peer delivered services for individuals completing a civil commitment* [Oral presentation]. United States Psychiatric Rehabilitation Association 36th Annual Conference, Boston, MA, USA.

Rogers, E.S., Boardman, J., Mesidor, M., & **Maru, M.** (2010, June). *Evaluation of a health access and integration intervention* [Oral presentation]. United States Psychiatric Rehabilitation Association 35th Annual Conference, Boise, ID, USA.

INVITED PRESENTATIONS AND GUEST LECTURES

Maru, M. (2026, April). *From Proposal to Submission: Practical Guidance for Dissertation Success*. PhD Program Seminar, Department of Social Work, Thompson School of Social Work & Public Health, University of Hawai'i at Mānoa (virtual).

Maru, M. (2026, March). *Behind the Scenes of a Dissertation: Insights from Experience*. Doctoral Dissertation Seminar (SR910), School of Social Work, Boston University (virtual).

Maru, M. (2026, February). *Strengthening Caregiver Support for South African Young Adults with First-Episode Psychosis*. Research Roundtable, Thompson School of Social Work & Public Health, University of Hawai'i at Mānoa, Honolulu, HI, USA.

Maru, M. (2026, February). *Trauma and Resilience in Immigrant Families: Understanding Parental Mental Health and Child Outcomes*. Social Work in Hawai'i Seminar, The Unvers Foundation, Honolulu, HI, USA.

Maru, M. (2026, January). *Supporting Families and Caregivers after a First Episode of Psychosis*. Queens Medical Center Continuing Education (virtual).

Maru, M. (2025, November). *Trauma and Resilience in Immigrant Families: Understanding Parental Mental Health and Child Outcomes*. ISS Staff Retreat, Parents and Children Together, Honolulu, HI, USA.

Maru, M. (2025, October). *From Campus to Crisis: Insights from Clinical Social Work Across Diverse Settings and Populations*. The Field of Social Work (SW200), Department of Social Work, Thompson School of Social Work & Public Health, University of Hawai'i at Mānoa (virtual).

Maru, M. (2023, December). *Writing the Methods Section of Research Papers*. University of KwaZulu-Natal-Boston Medical Center Research Workshop Webinar Series 2023 (virtual).

Maru, M. (2023, November). *Family Work with People Living with Psychosis*. Family Therapy (CP 785), School of Social Work, Boston University, Boston, MA, USA.

Maru, M. (2022, October). *Improving Mental Health Care for Marginalized Communities: From a Social Work Researcher and Clinician's Perspective*. Center for Psychiatric Rehabilitation, Sargent College of Health & Rehabilitation Sciences, Boston University, Boston, MA, USA.

Maru, M. (2022, June). *NAVIGATE: A Team-based Approach to Treatment of First Episode Psychosis: Part II*. Discipline of Psychiatry, School of Clinical Medicine, University of KwaZulu-Natal, Durban, South Africa.

Maru, M. (2022, May). *NAVIGATE: A Team-based Approach to Treatment of First Episode Psychosis*. First Episode Psychosis Research Group meeting (virtual), Discipline of Psychiatry, School of Clinical Medicine, University of KwaZulu-Natal, Durban, South Africa.

Maru, M. (2022, May). *Immigration Related Stress*. Immigrant Minds Matter: Racism, Intersectionality, Spirituality & Equity in Underresourced Populations (RISE UP) Virtual Conference, Boston Medical Center, Boston, MA, USA.

Maru, M. (2018, November). *Asian American Mental Health*. Cross-cultural Psychology (CPSYC-1201-02), College of Arts & Sciences, Lesley University, Cambridge, MA, USA.

Millner, U. C., & **Maru, M.** (2018, August). *Counseling Asian Families*. Asian Counseling and Referral Services, Seattle, WA, USA.

MEDIA APPEARANCES

2019	Lam, D. (2019, October 10). Absolute obedience to my Asian parents affected my mental health. <i>Vice</i> . https://www.vice.com/en_in/article/ne8qxm/filial-piety-obedience-parents-chinese-asian-culture
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RESEARCH EXPERIENCE

2025	Data Analyst Boston Children's Hospital, Boston, MA, USA
2024-2025	Research Consultant Center for Innovation in Social Work & Health Boston University School of Social Work, Boston, MA, USA
2022-2024	Postdoctoral Fellow Boston University Medical Campus-Massachusetts General Hospital Global Psychiatry Clinical Research Training Program (5T32MH116140-05), Boston Medical Center Department of Psychiatry, Boston, MA, USA Co-PIs: David Henderson, MD; Gregory Fricchione, MD

Mentors: Bizu Gelaye, PhD; David Henderson, MD

- 2020-2021 Postdoctoral Fellow (0.50 FTE Research, 0.5 FTE Clinical)
Parenting and Early Childhood Research Group, Boston University School of Social Work; Wellness and Recovery After Psychosis Program, Boston Medical Center Department of Psychiatry, Boston, MA, USA
Mentors: Ruth Paris, PhD, LICSW; Christina Borba, PhD, MPH; Hannah Brown, MD
- 2017-2020 Graduate Research Assistant/Data Analyst
Parenting and Early Childhood Research Group
Boston University School of Social Work, Boston, MA, USA
PI/Mentor: Ruth Paris, PhD, LICSW
- 2015-2017 Graduate Research Assistant
Asian Women's Sexual Health Initiative Project
Boston University School of Social Work, Boston, MA, USA
PI/Mentor: Hyeouk C. Hahm, PhD, LCSW
- 2008-2015 Senior Research Coordinator (2008-2014); Research Fellow (2014-2015)
Center for Psychiatric Rehabilitation
Boston University Sargent College of Health & Rehabilitation Sciences, Boston, MA, USA
PIs: E. Sally Rogers, ScD; Zlatka Russinova, PhD; Jennifer Gottlieb, PhD; Marie Mesidor, PhD
- 2007 Volunteer Graduate Research Assistant
Center for Anxiety & Related Disorders
Boston University Graduate School of Arts & Sciences, Boston, MA, USA
PI: Stefan Hoffman, PhD

TEACHING EXPERIENCE

University of Hawai'i at Mānoa Thompson School of Social Work & Public Health

2025-Present MSW Program: SW640 Introduction to Scientific Methods and Principles in Social Work, SW650 Research Designs and Data Analyses for the Evaluation of Practice Effectiveness, SW690/691 Practicum

MPH Program: Capstone Committee Member (Student: Kalena Leong)

Boston University School of Social Work

Fall 2023, 2024 PhD Program, Tutor, Biostatistics
Spring 2024

Summer 2019 MSW Program, SR744 Social Work Research II

Spring 2018 MSW Program, Online Course Facilitator, CP722 Clinical Practice with Families

Fall 2017 MSW Program, Teaching Assistant, CP795 Cognitive & Behavioral Treatment

SERVICE EXPERIENCE

University of Hawai'i at Mānoa

- October 2025 Hawai'i Interprofessional Education Houseless Simulation, University of Hawai'i Translational Health Science Simulation Center
- November 2025 Psychology Interaction Night, Psi Chi, The International Honor Society in Psychology

Thompson School of Social Work & Public Health

- 2025-Present MSW Program Committee (Ex Officio Member)
PhD Program Committee (Elected Member)
Global Affairs Committee (Elected Member and Co-Chair)

Community

- 2026-Present American Foundation for Suicide Prevention, Hawai'i Chapter, Advocacy & Public Policy Committee
- 2023-Present Research Mentor and Thesis Co-Supervisor
Discipline of Psychiatry and Behavioural Medicine
Nelson Mandela School of Clinical Medicine, University of KwaZulu-Natal
- February 2023, 2024 Lecturer, Qualitative Research Methods, "Research Week"
Discipline of Psychiatry and Behavioural Medicine
Nelson Mandela School of Clinical Medicine, University of KwaZulu-Natal
- 2022 Advanced Placement Research Project Advisor
O'Bryant School of Math & Science, Boston, MA, USA
Project title: *How does the portrayal of schizophrenia in Chinese visual entertainment media influence the stigmatized perception on schizophrenia in China?*
- 2018-2019 PhD Program Administrative Fellow
Boston University School of Social Work, Boston, MA, USA
- 2019 International Student Support Staff
Boston University School of Social Work, Boston, MA, USA

Profession

- 2025-Present World Health Organization Family Intervention for Psychosis Network
- 2022 Abstract Bootcamp Coach
International Society for Traumatic Stress Studies, Student Section Initiative

Peer Reviewer

- 2023 Grant proposal, TrygFonden, Denmark
- 2022 Book proposal, American Psychological Association, USA
- Ongoing Archives of Suicide Research; Asian Ethnicity; BMC Psychiatry;
Community Mental Health Journal; Journal of Child and Family Studies;
Journal of Family Violence; Journal of Mental Health; Psychological

Trauma: Theory, Research, Practice, and Policy; South African Journal of Psychiatry; SSM - Population Health

CLINICAL EXPERIENCE

Post-MSW

March-June 2025	Clinical Social Worker Emergency Department, Boston Children's Hospital, Boston, MA, USA
2023-2024	Clinical Social Worker - Therapist Department of Child Psychiatry, Boston Medical Center, Boston, MA, USA
2020-2023	Clinical Social Worker - Family Therapist Wellness and Recovery After Psychosis Program, Department of Psychiatry, Boston Medical Center, Boston, MA, USA

Pre-MSW

2014-2015	Social Work Intern Center for Children with Special Needs, Floating Hospital for Children at Tufts Medical Center, Boston, MA, USA
2013-2014	Social Work Intern Student Health Center-Behavioral Medicine, Boston University, Boston, MA, USA

GRANTS AND FELLOWSHIPS

Awarded

2026	Apple Investigator Support Program (PI: Li, S., Co-Is: Hendrix, C., Maru, M., Sumibcay, J., Wang, Y., Yang, K.) 03/2026-03/2027 Estimated total cost: \$80,000 (210 Apple watches)
2024	Travel Award, Institute for Early Childhood Well-Being, Boston University Wheelock College of Education, \$1,000
2019	California Health Interview Survey Student Scholarship, University of California Los Angeles Center for Health Policy Research, \$500
2019	Doctoral Fellowship, Asian Pacific Islander Social Work Educators Association, \$1,200
2015-2020	Doctoral Fellowship, Boston University School of Social Work

Submitted

2026	<i>Empowering caregivers of South African young adults with recent-onset psychosis: Adaptation of an evidence-based family education program.</i> MQ Mental Health Research Schizophrenia Research Fellowship 2026 Expression of Interest (Decision pending)
2026	<i>Precision Care for Parkinson's Disease: Addressing Depression and Physical Activity.</i> Ola Hawai'i Team Science R-Investigator Program,

Request for Mini-Proposals (U54 RCMI Renewal; MPI: Li, S., Maru, M.; Not awarded)

- 2025 *Empowering caregivers of South African young adults with recent-onset psychosis: Formative research to adapt an evidence-based family education program.* MQ Mental Health Research Fellows Award 2025 Expression of Interest (Not awarded)
- 2025 *Cultural adaptation of the NAVIGATE Family Education program for South African young adults with recent-onset psychosis: A formative research study.* Switzer Research Fellowships Program, National Institute on Disability, Independent Living, and Rehabilitation Research, Administration for Community Living (Not awarded, Score received: 87/100)
- 2023 *Trauma-informed family psychoeducation intervention for early psychosis in South Africa.* Mentored Patient-Oriented Research Career Development Award (K23), National Institute of Mental Health (NIMH) (Not discussed)

PROFESSIONAL DEVELOPMENT

Research

- 2024 Collaborative Institutional Training Initiative (CITI) Program
Curriculum: CITI Conflicts of Interest
Institution Affiliation: Boston University
- 2024 Collaborative Institutional Training Initiative (CITI) Program
Curriculum: Human Subjects Protection Training: Social & Behavioral Focus
Institution Affiliation: Boston University
- 2022 Conducting Participatory Action Research, Jonathan M. Tisch College of Civic Life, Tufts University
- 2022 Advanced Responsible Conduct of Research, Boston University
- 2022 Global Mental Health: Trauma and Recovery, Harvard Program in Refugee Trauma, Harvard Medical School
- 2022 Collaborative Institutional Training Initiative (CITI) Program
Curriculum: BU RCR Program for Doctoral Candidates and Post-Docs
Institution Affiliation: Boston University
- 2022 Collaborative Institutional Training Initiative (CITI) Program
Curriculum: Medical Campus Biomedical Researchers
Institution Affiliation: Boston University Medical Campus/Boston Medical Center
- 2021 Collaborative Institutional Training Initiative (CITI) Program
Curriculum: Medical Campus Sociobehavioral Researchers
Institution Affiliation: Boston University Medical Campus/Boston Medical Center

2021 Collaborative Institutional Training Initiative (CITI) Program
Curriculum: BUMC HIPAA and Research Data Security
Institution Affiliation: Boston University Medical Campus/Boston Medical Center

Clinical

2026 Connect Suicide Prevention Training
Connect Suicide Postvention Training

2024 Trauma-Focused Cognitive Behavior Therapy

2023 Primary Care Intervention for Posttraumatic Stress Disorder

2022 Motivational Interviewing Training, Massachusetts Screening, Brief Intervention and Referral to Treatment-Training and Technical Assistance

2021 NAVIGATE Supported Employment/Education Program

2020 NAVIGATE Family Education Program

2015 Cognitive Processing Therapy

PROFESSIONAL AFFILIATIONS

2025-Present	Africa Global Mental Health Institute
2022-Present	International Association for Child and Adolescent Psychiatry and Allied Professions
2016-Present	Society for Social Work and Research
2019-2022	International Society for Traumatic Stress Studies
2019-2020	Council on Social Work Education

SKILLS

Language

Japanese (Native), English (Fluent), Spanish (Basic)

Data Management and Analysis

Proficient in SPSS, NVivo, REDCap; Intermediate in SAS, Mplus