	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	**Cereal**	**Hot Breakfast: Pancakes, Waffles, French Toast, Egg Bakes**	**Oatmeal (Hot or Overnight Oats)**	**Cereal**	**Bread: English Muffins, Bagels, Muffins, Tortilla**
AM Snacks	**Cheeses/Carbs/Frut or Veggies: Cottage Cheese, Slice**	**Meat w/ Crackers/Tortilla**	**Crackers with Fruit/Veggies or PB/Almond Butter**	**Yogurt or Hard Boiled Eggs**	**Crackers with Fruit/Veggies or PB/Almond Butter**
Week 1 Lunch	**HM Chicken Nuggets**	**Eggs**	**Tuna Pasta Hot or Cold**	**Deli Meat Sandwiches/ Wraps**	**HM Corn Dogs**
Week 2 Lunch	**Skillet Pizza Chicken Alfredo Sauce**	**HM Macaroni & Cheese**	**Fish Sticks**	**PBJ/ PB Bananas**	**Spaghetti**
Week 3 Lunch	**Chicken Salad/ Quesadillas**	**Fried Rice**	**Tilapia/Salmon**	**Grilled Cheese**	**Hot Dogs/Sloppy Joes**
Week 4 Lunch	**Chicken Chili/Tortilla Soup**	**Alfredo Noodle**	**Fish Sticks**	**PBJ/ PB Bananas Sandwich/Wraps**	**Skillet Pizza**
PM Snacks	**Popcorns/Puffcorns**	**Animal Crackers/ Veggie Straws**	**Granola/Fig Bars**	**Trail Mixes/Chips**	**Fruit/Fruit Snacks or Strips**

Breakfast and Lunch served with Milk. Water bottles available all day. 100% Fruit Juice Boxes brought on field trips.

Breakfast served with one fruit or vegetable. Lunch served with 2 vegetables or 1 fruit/1 vegetable.

***HM= Homemade**

ENTHRALLED MOMENTS