TABLE OF CONTENTS

Page #	Topic
2	Pre-Season Scheduling
5	Pre-Season Inventory
17	Pre-Season Gear/Equipment Ordering
20	Team Logistics
21	Man-to-Man Defense
22	Zone Defense
24	Man-to-Man Offense
30	Zone Offense
33	Press Offense
34	Special Situations
35	Blank Practice Plan Template
37	Blank Half Court Diagrams
40	Blank Full Court Diagrams

1. PRE-SEASON SCHEDULING

A. Schedule Pre-Season Coaches Meetings:

·	Schedule Tie Seuson Couches Meetings.						
	DATE	DAY	TIME	TOPIC			
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							

B. Create Frosh, JV, & V Team Schedule – Including Bus Departure Times

	Date Created	Date Handed Out
1.		

C. Create & Make Copies of Try-Out Dates, Times, Instructions, & Equipment Needs

~- .		cate et mane	Copies of ITy	Out Dutes, 11111	ies, instructions, ee	Equipme	10110000
		DATES	TIMES	FACILITY	INSTRUCTIONS	EQUIP	INFO TO
							PLAYERS
	1.						

D. Schedule Preseason Scrimmages:

. ~ ~ .	1000010 110	bearon ser	TITITE SO	, •				
	TEAMS	DAY &	TIME	SITE	VS.	REFS	BUS	Facility
		DATE				HIRED	TIME	RSVP
1.								
2.								
3.								
4.								
5.								

E. Schedule & Complete Coaching Certification Courses:

	NAME	CPR	F.O.C.	FIRST	S.C.A.	Conc	SIM	BCI	PAV
				AID			Heart		
1.									
2.									
3.									
4.									

F. Schedule September, October, & November 4-Person Workouts, Open Gyms, & Weights/Conditioning Sessions.

1.	Communicate with AD	Date:	Date:	Date:
2.				

G. Schedule In-Season Practice Times with AD, GBB, & Wrestling Coaches

Day	Date	Time	Location	Copies to Staff

H. Team Shoes Sales Date Established:

	DATE	TIME	LOCATION	VENDOR
1.				
2.				

I. Schedule & Organize Parent Information Night Meeting (P.I.N.) with Athletic Director

	Date & Time to	Create Info	PIN	PIN	PIN	PIN Packet Copies
	Meet with AD	Packet	Date	Time	Location	Created
1.						

J. Schedule & Organize VARSITY Event Staff – Home Games

SCOREBOOK	SCOREBOARD	PA
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:

K. Schedule & Organize Junior Varsity Event Staff – Home Games

SCOREBOOK	SCOREBOARD	PA
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:

L. Schedule & Organize Freshman Event Staff – Home Games

SCOREBOOK	SCOREBOARD	PA
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:
Name:	Name:	Name:
Date:	Date:	Date:

2. PRE-SEASON INVENTORY

A. Organize Equipment Room & Inventory Equipment:

I. PRACTICE TOPS

1. 1 1	1. TRACTICE TOTS	
1.	S #'S:	
2.	Total # of S:	
3.	M #'S:	
4.	Total # of M:	
5.	L #'S:	
6.	Total # of L:	
7.	XL #'s:	
8.	Total # of XL:	
9.	XXL #'s:	
10.	Total # of XXL:	
11.	TOTAL # OF PRACTICE TOPS:	
12.	NEED TO ORDER:	
	• Total Smalls & #'s:	
	Total Mediums & #'s:	
	• Total Large & #'s:	
	• Total XL & #'s:	
	• Total XXL & #'s:	
	Total Amount Ordered:	

II. PRACTICE SHORTS

1.	S #'S:
2.	Total # of S:
3.	M #'S:
4.	Total # of M:
5.	L #'S:
6.	Total # of L:
7.	XL #'s:
8.	Total # of XL:
9.	XXL #'s:
10.	Total # of XXL:
11.	TOTAL # OF PRACTICE SHORTS:
12.	NEED TO ORDER:
	• Total Smalls & #'s:
	Total Mediums & #'s:
	• Total Large & #'s:
	• Total XL & #'s:
	• Total XXL & #'s:
	Total Amount Ordered:

III. VARSITY HOME GAME JERSEYS

1.	S #'S:
2.	Total # of S:
3.	M #'S:
4.	Total # of M:
5.	L #'S:
6.	Total # of L:
7.	XL #'s:
8.	Total # of XL:
9.	XXL #'s:
10.	Total # of XXL:
11.	TOTAL # OF Varsity Home Jerseys:
12.	NEED TO ORDER:
	• Total Smalls & #'s:
	Total Mediums & #'s:
	• Total Large & #'s:
	• Total XL & #'s:
	• Total XXL & #'s:
	Total Amount Ordered:

IV. VARSITY HOME SHORTS

	THE SHORIS
1.	S #'S:
2.	Total # of S:
3.	M #'S:
4.	Total # of M:
5.	L #'S:
6.	Total # of L:
7.	XL #'s:
8.	Total # of XL:
9.	XXL #'s:
10.	Total # of XXL:
11.	TOTAL # of Varsity Home Shorts:
12.	NEED TO ORDER:
	• Total Smalls & #'s:
	Total Mediums & #'s:
	• Total Large & #'s:
	• Total XL & #'s:
	• Total XXL & #'s:
	Total Amount Ordered:

V. VARSITY AWAY GAME JERSEYS

1.	S #'S:
2.	Total # of S:
3.	M #'S:
4.	Total # of M:
5.	L #'S:
6.	Total # of L:
7.	XL #'s:
8.	Total # of XL:
9.	XXL #'s:
10.	Total # of XXL:
11.	TOTAL # of Varsity Away Game Jerseys:
12.	NEED TO ORDER:
	• Total Smalls & #'s:
	Total Mediums & #'s:
	• Total Large & #'s:
	• Total XL & #'s:
	• Total XXL & #'s:
	Total Amount Ordered:

VI. VARSITY AWAY GAME SHORTS

V 1.	VARSITT AWAT GAME SHORTS
1.	S #'S:
2.	Total # of S:
3.	M #'S:
4.	Total # of M:
5.	L #'S:
6.	Total # of L:
7.	XL #'s:
8.	Total # of XL:
9.	XXL #'s:
10.	Total # of XXL:
11.	TOTAL # of Varsity Game Shorts:
12.	NEED TO ORDER:
	• Total Smalls & #'s:
	Total Mediums & #'s:
	• Total Large & #'s:
	• Total XL & #'s:
	• Total XXL & #'s:
	Total Amount Ordered:

VII. VARSITY SNAP PANTS

	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
1.	S #'S:
2.	Total # of S:
3.	M #'S:
4.	Total # of M:
5.	L #'S:
6.	Total # of L:
7.	XL #'s:
8.	Total # of XL:
9.	XXL #'s:
10.	Total # of XXL:
11.	TOTAL # of Varsity Snap Pants:
12.	NEED TO ORDER:
	• Total Smalls & #'s:
	• Total Mediums & #'s:
	• Total Large & #'s:
	• Total XL & #'s:
	• Total XXL & #'s:
	Total Amount Ordered:

VIII. VARSITY SHOOTING SHIRTS

V 111	. VARSITT SHOOTING SHIKTS
1.	S #'S:
2.	Total # of S:
3.	M #'S:
4.	Total # of M:
5.	L #'S:
6.	Total # of L:
7.	XL #'s:
8.	Total # of XL:
9.	XXL #'s:
10.	Total # of XXL:
11.	TOTAL # of Varsity Shooting Shirts::
12.	NEED TO ORDER:
	• Total Smalls & #'s:
	Total Mediums & #'s:
	Total Large & #'s:
	• Total XL & #'s:
	• Total XXL & #'s:
	Total Amount Ordered:

IX. JUNIOR VARSITY HOME GAME JERSEYS

1.	S #'S:
2.	Total # of S:
3.	M #'S:
4.	Total # of M:
5.	L #'S:
6.	Total # of L:
7.	XL #'s:
8.	Total # of XL:
9.	XXL #'s:
10.	Total # of XXL:
11.	TOTAL # of JV Home Game Jerseys:
12.	NEED TO ORDER:
	• Total Smalls & #'s:
	• Total Mediums & #'s:
	• Total Large & #'s:
	• Total XL & #'s:
	• Total XXL & #'s:
	Total Amount Ordered:

X. JUNIOR VARSITY HOME GAME SHORTS

_ ՀՆ. Վ	OUNION VANSITT HOME GAME SHOKES
1.	S #'S:
2.	Total # of S:
3.	M #'S:
4.	Total # of M:
5.	L #'S:
6.	Total # of L:
7.	XL #'s:
8.	Total # of XL:
9.	XXL #'s:
10.	Total # of XXL:
11.	TOTAL # of JV Home Game Shorts:
12.	NEED TO ORDER:
	Total Smalls & #'s:
	Total Mediums & #'s:
	Total Large & #'s:
	• Total XL & #'s:
	• Total XXL & #'s:
	Total Amount Ordered:

XII. JUNIOR VARSITY HOME GAME SHORTS

	TOTAL VIRGITI HOME SHOWS
1.	S #'S:
2.	Total # of S:
3.	M #'S:
4.	Total # of M:
5.	L #'S:
6.	Total # of L:
7.	XL #'s:
8.	Total # of XL:
9.	XXL #'s:
10.	Total # of XXL:
11.	TOTAL # of JV Home Game Shorts:
12.	NEED TO ORDER:
	• Total Smalls & #'s:
	• Total Mediums & #'s:
	• Total Large & #'s:
	• Total XL & #'s:
	• Total XXL & #'s:
	Total Amount Ordered:

XIII. JUNIOR VARSITY AWAY GAME JERSEYS

1.	S #'S:	
2.	Total # of S:	
3.	M #'S:	
4.	Total # of M:	
5.	L #'S:	
6.	Total # of L:	
7.	XL #'s:	
8.	Total # of XL:	
9.	XXL #'s:	
10.	Total # of XXL:	
11.	TOTAL # of JV Away Game Jerseys:	
12.	NEED TO ORDER:	
	• Total Smalls & #'s:	
	Total Mediums & #'s:	
	Total Large & #'s:	
	• Total XL & #'s:	
	• Total XXL & #'s:	
	Total Amount Ordered:	

XIV. JUNIOR VARSITY AWAY GAME SHORTS

1.	S #'S:	
2.	Total # of S:	
3.	M #'S:	
4.	Total # of M:	
5.	L #'S:	
6.	Total # of L:	
7.	XL #'s:	
8.	Total # of XL:	
9.	XXL #'s:	
10.	Total # of XXL:	
11.	TOTAL # of JV Away Game Shorts:	
12.	NEED TO ORDER:	
	• Total Smalls & #'s:	
	Total Mediums & #'s:	
	• Total Large & #'s:	
	• Total XL & #'s:	
	• Total XXL & #'s:	
	Total Amount Ordered:	

XV. JUNIOR VARSITY SNAP PANTS

Λ V.	JUNION VARSITT SNAF FANTS	
1.	S #'S:	
2.	Total # of S:	
3.	M #'S:	
4.	Total # of M:	
5.	L #'S:	
6.	Total # of L:	
7.	XL #'s:	
8.	Total # of XL:	
9.	XXL #'s:	
10.	Total # of XXL:	
11.	TOTAL # of JV Snap Pants:	
12.	NEED TO ORDER:	
	• Total Smalls & #'s:	
	Total Mediums & #'s:	
	• Total Large & #'s:	
	• Total XL & #'s:	
	• Total XXL & #'s:	
	Total Amount Ordered:	

XVI. JUNIOR VARSITY SHOOTING SHIRTS

	. Vertical vinicial silectifications	
1.	S #'S:	
2.	Total # of S:	
3.	M #'S:	
4.	Total # of M:	
5.	L #'S:	
6.	Total # of L:	
7.	XL #'s:	
8.	Total # of XL:	
9.	XXL #'s:	
10.	Total # of XXL:	
11.	TOTAL # of JV Shooting Shirts:	
12.	NEED TO ORDER:	
	• Total Smalls & #'s:	
	Total Mediums & #'s:	
	• Total Large & #'s:	
	• Total XL & #'s:	
	• Total XXL & #'s:	
	Total Amount Ordered:	

XVII. FRESHMAN HOME GAME JERSEYS

1.	S #'S:	
2.	Total # of S:	
3.	M #'S:	
4.	Total # of M:	
5.	L #'S:	
6.	Total # of L:	
7.	XL #'s:	
8.	Total # of XL:	
9.	XXL #'s:	
10.	Total # of XXL:	
11.	TOTAL # of Frosh Home Game Jerseys:	
12.	NEED TO ORDER:	
	• Total Smalls & #'s:	
	Total Mediums & #'s:	
	• Total Large & #'s:	
	• Total XL & #'s:	
	• Total XXL & #'s:	
	Total Amount Ordered:	

XIX. FRESHMAN HOME GAME SHORTS

71171	TRESIMAN HOME GRAVE SHORTS	
1.	S #'S:	
2.	Total # of S:	
3.	M #'S:	
4.	Total # of M:	
5.	L #'S:	
6.	Total # of L:	
7.	XL #'s:	
8.	Total # of XL:	
9.	XXL #'s:	
10.	Total # of XXL:	
11.	TOTAL # of Frosh Home Game Shorts:	
12.	NEED TO ORDER:	
	• Total Smalls & #'s:	
	Total Mediums & #'s:	
	• Total Large & #'s:	
	• Total XL & #'s:	
	• Total XXL & #'s:	
	Total Amount Ordered:	

XX. FRESHMAN AWAY GAME JERSEYS

1.	S #'S:	
2.	Total # of S:	
3.	M #'S:	
4.	Total # of M:	
5.	L#'S:	
6.	Total # of L:	
7.	XL #'s:	
8.	Total # of XL:	
9.	XXL #'s:	
10.	Total # of XXL:	
11.	TOTAL # of Frosh Away Game Jerseys:	
12.	NEED TO ORDER:	
	• Total Smalls & #'s:	
	• Total Mediums & #'s:	
	• Total Large & #'s:	
	• Total XL & #'s:	
	• Total XXL & #'s:	
	Total Amount Ordered:	

XXI. FRESHMAN AWAY GAME SHORTS

1.	S #'S:	
2.	Total # of S:	
3.	M #'S:	
4.	Total # of M:	
5.	L #'S:	
6.	Total # of L:	
7.	XL #'s:	
8.	Total # of XL:	
9.	XXL #'s:	
10.	Total # of XXL:	
11.	TOTAL # of Frosh Away Game Shorts:	
12.	NEED TO ORDER:	
	• Total Smalls & #'s:	
	• Total Mediums & #'s:	
	• Total Large & #'s:	
	• Total XL & #'s:	
	• Total XXL & #'s:	
	Total Amount Ordered:	

XXII. FRESHMAN SNAP PANTS

1.	S #'S:	
2.	Total # of S:	
3.	M #'S:	
4.	Total # of M:	
5.	L #'S:	
6.	Total # of L:	
7.	XL #'s:	
8.	Total # of XL:	
9.	XXL #'s:	
10.	Total # of XXL:	
11.	TOTAL # of Frosh Snap Pants:	
12.	NEED TO ORDER:	
	• Total Smalls & #'s:	
	• Total Mediums & #'s:	
	• Total Large & #'s:	
	• Total XL & #'s:	
	• Total XXL & #'s:	
	Total Amount Ordered:	

XXIII. FRESHMAN SHOOTING SHIRTS

	II. TRESHVIRI (SHOOTII (G SHIRI)	
1.	S #'S:	
2.	Total # of S:	
3.	M #'S:	
4.	Total # of M:	
5.	L #'S:	
6.	Total # of L:	
7.	XL #'s:	
8.	Total # of XL:	
9.	XXL #'s:	
10.	Total # of XXL:	
11.	TOTAL # of Frosh Shooting Shirts:	
12.	NEED TO ORDER:	
	• Total Smalls & #'s:	
	Total Mediums & #'s:	
	• Total Large & #'s:	
	• Total XL & #'s:	
	• Total XXL & #'s:	
	Total Amount Ordered:	

XXIV. TRAVEL SUITS

$\Delta \Delta \Delta 1$	V. TRAVEL SUITS	
1.	S #'S:	
2.	Total # of S:	
3.	M #'S:	
4.	Total # of M:	
5.	L #'S:	
6.	Total # of L:	
7.	XL #'s:	
8.	Total # of XL:	
9.	XXL #'s:	
10.	Total # of XXL:	
11.	TOTAL # of Travel Suits:	
12.	NEED TO ORDER:	
	Total Smalls & #'s:	
	Total Mediums & #'s:	
	Total Large & #'s:	
	• Total XL & #'s:	
	• Total XXL & #'s:	
	Total Amount Ordered:	

XXV. TRAVEL BAGS	S/BACKPACKS	
Bag #'s:		
Total # of Bags:		
Backpack #'s:		
Total # of Backpacks:		
XXVI. BASKETBALLS		
Total # of Game Balls:		
Total # of Practice Balls:		
Total # of Camp Balls:		
Need to Order:		
YYYH COOREDOOLC		

XXVII. SCOREBOOKS

Team	Number of Scorebooks
Varsity:	
JV:	
Frosh:	
Youth Teams:	
Extra	

XXIX. EMERGENCY/TRAVEL BAG CHECKLIST

	Item	Have	Need
1.	Extra Varsity H Jersey		
2.	Extra Varsity A Jersey		
3.	Extra Varsity H Short		
4.	Extra Varsity A Short		
5.	Extra JV H Jersey		
6.	Extra JV A Jersey		
7.	Extra JV H Short		
8.	Extra JV A Short		
9.	Extra Frosh H Jersey		
10.	Extra Frosh A Jersey		
11.	Extra Frosh H Short		
12.	Extra Frosh A Short		
13.	Extra Scorebook		
14.	Extra Extension Cord for iPad		
15.	Meds for Individual Players		
16.	Extra Shoestrings		
17.	Extra Markerboard		
18.	Players Travel Waivers		
19.	Players Medical Release Forms		
20.	Med Kit		
21.	Extra Towels		

XXX. VIDEO BAG

	Item	Have	Need
1.	Game Recording Device (iPad)		
2.	Recording Tripod		
3.	Recording Device/iPad Charger		
4.	Recording Device/iPad Cover		
5.	Extension Cord		
6.			
7.			
8.			
9.			
10.			

3. EQUIPMENT/GEAR ORDERING

A. . Current Account Balances

1.	Fundraising Account Balance:	
2.	Amount Athletic Department will Spend:	

B. Equipment Order – ATHLETIC DIRECTOR ACCOUNT:

	Equipment Order	MILLETIC					
	ITEM	AMT.	MODEL	COLOR	VENDOR	UNIT	TOTAL
				====			
\vdash		ORDERED	#			PRICE	AMT
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							
11.							
12.							
13.							
14.							
15.							
16.							
17.							
18.						_	
19.							
20.							
21.	TOTALS						

C. Equipment Order – BOY'S BASKETBALL FUNDRAISING ACCOUNT:

	ITEM	AMT.	MODEL	COLOR	VENDOR	UNIT	TOTAL
		ORDERED	#			PRICE	AMT
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							

D. Coaching Staff Gear Sizes:

	dennig Stair Gear Sizes.						
	NAME	SHIRT SIZE	SHORTS SIZE				
1.	Sheridan	3XL	3XL				
2.	Brighton	L	L				
3.	Conrad	L	L				
4.	Schriner	2XL	2XL				
5.	Ruple	XL	XL				
6.	Maz	2XL	2XL				
7.	Vaughan	L	L				
8.	Morr						

E. Coaching Staff Gear Order:

	Polo Shirt	Pullover	Coaching Shorts	Misc:
1.	Sheridan		2	
2.	Brighton			
3.	Conrad			
4.	Schriner			
5.	Ruple			
6.	Maz			
7.	Vaughan			
8.	Morr			
9.	Hange			
10.	Helminiak			
11.				
12.				
13.				
12.		Total Ordered:	Total Ordered:	Total Ordered:
13.		Total Cost:	Total Cost:	Total Cost
14.				Total Cost:

F. Polo Shirt Info:

	Vendor	Model #	Color	Embroidery	Embroidery	Cost
				Color	Logo	
1.						S-XL:
						3XL:

G. Pullover Info:

	Vendor	Model #	Color	Embroidery	Embroidery	Cost
				Color	Logo	
1.						S-XL:
						3XL:

H. Coaching Shorts Info:

٠.							
		Vendor	Model #	Color	Embroidery	Embroidery	Cost
					Color	Logo	
	1.						S-XL:
							3XL:

I. Misc. Order:

	Vendor	Model #	Color	Embroidery	Embroidery	Cost
				Color	Logo	
1.						S-XL:
						3XL:

4.	TEA	M	LO	GI	ST	ICS
т.		TAT	LU	U 1	D I	

A.	# of practices until our first scrimmage:	# of practices until our first game:
В.	Best team in our league:	Best Non-League Team:
C.	Best team in our Sectional:	
C <u>.</u>	How do we play in order to beat the best t	eam in our Sectional?
L	OFFENSE	DEFENSE
L	1.	1.
	2.	2.
	3.	3.
Γ	4.	4.
Γ	5.	5.
	6.	6.
Γ	7.	7.
	8.	8.
	9.	9.
Γ	10.	10.

D. Projected Starters, 2nd Five, & Swing Players:

Starters	PG:	2:	3:	4:	5:
2 nd Five	PG:	2:	3:	4:	5:
Swingers	1:	2:	3:	4:	5:

E. Team Non-Negotiables:

	NON-NEGOTIABLES	
1.		
2.		
3.		
4.		
5.		
6.		

F. Core Values:

	NON-NEGOTIABLES	
1.		
2.		
3.		
4.		
5.		
6.		

5. TEAM & INDIVIDUAL MAN-TO-MAN DEFENSE

A. Defensive Weaknesses:

11. DCI	Defensive vveuknesses:						
	WEAKNESSES	HOW TO COMBAT					
1.							
2.							
3.							
4.							
5.							
6.							

B. Changes & Improvements that Need to be Made with our *Man-to-Man* Defensive System:

1.	6.	
2.	7.	
3.	8.	
4.	9.	
5.	10.	

C. Man-to-Man Defense Fundamentals Teaching Order & Drill List:

C: Mun	to Man Dei	chise i allaun	iiciitais Icaci	ing order e	C DI III LISC	
Teaching Order	Drill #1	Drill #2	Drill #3	Drill #4	Drill #5	Drill #6
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						

D. Man-to-Man Defense Positional Breakdown Drills:

	GUARDS	FORWARDS	POSTS
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			

6. ZONE DEFENSE – TEAM & INDIVIDUAL:

A. Zone Defensive Weaknesses:

	WEAKNESSES	HOW TO COMBAT
1.		
2.		
3.		
4.		
5.		
6.		

B. Changes & Improvements that Need to be Made with our *ZONE* Defensive System(s):

1.	6	6.
2.	7	7.
3.	8	8.
4.	9	9.
5.	10	10.

C. Zone Defense TEAM Teaching Progression:

<u>C.</u> 2 101	ile Defense TEAM Teaching Trogressio	11.
1.	11.	
2.	12.	
3.	13.	
4.	14.	
5.	15.	
6.	16.	
7.	17.	
8.	18.	
9.	19.	
10.	20.	

D. Zone Defense Fundamentals Teaching Order & Drill List:

D, Done	Detense i u	il dulli cii tui s	reaching or	ici & Dilli L	11500	
Teaching Order	Drill #1	Drill #2	Drill #3	Drill #4	Drill #5	Drill #6
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						

E. Zone Defense Positional Breakdown Drills:

	GUARDS	FORWARDS	POSTS
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			

7. MAN-TO-MAN TEAM OFFENSE

A. Offensive Weaknesses:

	WEAKNESSES	HOW TO COMBAT
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

B. Offensive Changes that Need to Be Made – Due to Personnel (1/2 Ct., Press O', Dead Ball)

Deau Daii)		_
	Man-to-Man	Zone
1.		J.
2.		J.
3.		J.
4.		J.
5.		J.
6.		J.
7.		J.
8.		J.
9.		9.
10.		10.
11.		11.
12.		12.
13.		12.
14.		14.
15.		15.
16.		16.
17.		17.
18.		18.
19.		19.
20.		20.

C. What needs to Be Drilled EVERYDAY:

	GUARDS		POSTS
1.		1.	
2.		2.	
3.		3.	
4.		4.	
5.		5.	
6.		6.	

D. Offensive Fundamentals Teaching Order: Fundamental: • Drill: • Drill: • Drill: Fundamental: • Drill: • Drill: Drill: Fundamental: • Drill: • Drill: • Drill: Fundamental: • Drill: • Drill: • Drill: 5. Fundamental: • Drill: • Drill: • Drill: 6. Fundamental: • Drill: • Drill: • Drill: Fundamental: • Drill: • Drill: • Drill: 8. Fundamental: • Drill: • Drill: • Drill: 9. Fundamental: • Drill: • Drill: • Drill: 10. Fundamental: • Drill:

Drill:Drill:

E. Offensive Breakdown Drilling Progression:

	<u> </u>		
1.		7.	
2.		8.	
3.		9.	
4.		10.	
5.		11.	
6.		12.	

F. Positional Breakdown Drilling Progression:

1. 10	. I ostubnai Dieakuown Dinning i iogiession.						
	POSTS	GUARDS					
1.		1.					
2.		2.					
3.		3.					
4.		4.					
5.		5.					
6.		6.					
7.		7.					
8.		8.					
9.		9.					
10.		10.					

G. Team Offensive Actions Teaching Order:

1.		7.				
2.		8.				
3.		9.				
4.		10.				
5.		11.				
6.		12.				

H. MAN-TO-MAN MASTER SET PLAY & COUNTER PLAYS LIST (Families):

	1711111	<u> </u>	1 1111101	LICELI	LAI & C	0011		TILD DIE	71 (1 41	11111057.
Set	Pressure	Chaser	Chaser BallSide	Vs.	Backdoor	Lob	Hi/Lo	Post	3-Pts	Iso
Families	Release	Trails	BallSide	Switching				Feed		1
1 411111105	110101130	114115	Dunstae	SWITTER				1000		
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I. Team Offense Man-to-Man Teaching Progression:

<u> </u>	Team Offense Man-to-Man Teaching Progression:
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	
22	
23	
24	
25	
26	
27	
28	
29	
30	
31	
32	
33	
34	
35	
36	
37	
38	
39	
40	
41	

J. First 10 Sets Teaching Progression:

1	6	
2	7	
3	8	
4	9	
5	10	

K. Delay Game & End of Quarter Offense Teaching Progression:

IN Deady Summe of Line of Quarter Strenge Teaching Trogressions					
	DELAY GAME	END OF QUARTER CONTROL			
1.					
2.					
3.					
4.					
5.					

K. BLOB Plays v. Man-to-Man Defense Teaching Progression:

	R. DEOD They's What to Wan Defense Teaching Trogression.				
1.	9.				
2.	10.				
3.	11.				
4.	12.				
5.	13.				
6.	14.				
7.	15.				
8.	16.				

L. SLOB Plays v. Man-to-Man Defense Teaching Progression:

	E. SECRIMON WHITE TO HELD DETENDED TOWNING IT OF TOWN			
1.	7.			
2.	8.			
3.	9.			
4.	10.			
5.	11.			
6.	12.			

6. ZONE OFFENSE

A. Zone Motion/Continuity Offense(s) v. *even-front* ZONE defenses that highlight our strengths & hide our weaknesses:

1.	
2.	
3.	
4.	
5.	
6.	

B. What sets will allocate inside scoring v. even-front ZONE defenses?

	That sets will allocate histae seeting weren front 20112 actorises.				
1.		7.			
2.		6.			
3.		7.			
4.		8.			
5.		9.			
6.		10.			

C. What sets will allocate perimeter scoring v. even-front ZONE defenses?

* * 1144	That sets will anotate perimeter scoring weren from 20172 derenses.				
	Sets		Sets		
1.		6.			
2.		7.			
3.		8.			
4.		9.			
5.		10.			

D. What sets will allocate driving (getting to FT line) Scoring opportunities v.

 even-front ZONE
 defenses?

 Sets
 Sets

 1.
 6.

 2.
 7.

 3.
 8.

 4.
 9.

 5.
 10.

E. Zone Motion/Continuity Offense(s) v. *odd-front* ZONE defenses that highlight our strengths & hide our weaknesses:

1.	
2.	
3.	
4.	
5.	
6.	

F. What sets will allocate inside scoring & v. odd-front ZONE defenses?

	Sets		Sets
1.		6.	
2.		7.	
3.		8.	
4.		9.	
5.		10.	

G. What sets will allocate perimeter scoring v. odd-front ZONE defenses?

	Sets		Sets
1.		6.	
2.		7.	
3.		8.	
4.		9.	
5.		10.	

H. What sets will allocate driving (getting to FT line) Scoring opportunities v. *odd-front ZONE* defenses?

	Sets		Sets
1.		6.	
2.		7.	
3.		8.	
4.		9.	
5.		10.	

I. Zone Half-Court Offense & Set Play Teaching Order:

	EVEN. FRONT ZONE	ODD FRONT ZONE	HALF COURT TRAP
1.		1.	1.
2.		2.	2.
3.		3.	3.
4.		4.	4.
5.		5.	5.
6.		6.	6.
7.		7.	7.
8.		8.	8.
9.		9.	9.
10.		10.	10.
11.		11.	11.
12.		12.	12.
13.		13.	13.
14.		14.	14.
15.		15.	15.
16.		16.	16.
17.		17.	17.
18.		18.	18.
19.		19.	19.
20.		20.	20.

J. BLOB plays v. Zone Defense Teaching Order:

- 1		plays Whence belease reaching order		
		BLOB PLAYS		BLOB PLAYS
	1.		6.	
	2.		7.	
	3.		8.	
	4.		9.	
Ī	5.		10.	

K. SLOB plays v. Zone Defense Teaching Order:

	SLOB PLAYS		SLOB PLAYS
1.		6.	
2.		7.	
3.		8.	
4.		9.	
5.		10.	

L. Offenses vs. Junk Defenses Teaching Order:

	Odd Front		Even Front
1.		6.	
2.		7.	
3.		8.	
4.		9.	
5.		10.	

7. PRESS OFFENSE

A. Press offense v. Half Court Zone Trap Teaching Order:

	Odd Enout		Erron Enont
	Odd Front		Even Front
1.		6.	
2.		7.	
3.		8.	
4.		9.	
5.		10.	

B. Full Court Press Offense v. Zone Presses Teaching Order:

	Odd Front		Even Front
1.		6.	
2.		7.	
3.		8.	
4.		9.	
5.		10.	

C. Full Court Press Offense v. Man-to-Man Presses Teaching Order:

I un C	run Court i iess Offense v. Man-to-Man i resses feaching Offici.				
	Run the Baseline		Static		
1.		1.			
2.		2.			
3.		3.			
4.		4.			

8. SPECIAL SITUATIONS – GAME WINNERS

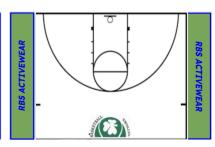
	Tip-Off Play	1.	2.	3.	4.
1	BLOB v Man Need TWO:	1.	2.	3.	4.
2	BLOB v Man Need THREE:	1.	2.	3.	
3	BLOB v. Z Need 2:	1.	2.	3.	4.
4	BLOB v. Z Need 3:	1.	2.	3.	4.
5	Deep SLOB v. M2M D'	1.	2.	3.	4.
6	Deep SLOB v. Zone D'	1.	2.	3.	4.
7	Short SLOB v. M2M D' Need 2:	1.	2.	3.	4.
8	Short SLOB v. Man Need 3:	1.	2.	3.	5.
9	Deep Corner BLOB/SLOB v. M2M	For 2 Pts:	For 3 Pts:	Get ball in to best FT Shooter:	Safe:
10	Full Ct. Need 2 v. M2M:	1. :05+	2. :04 or Less:	3 :02 or Less:	4.
11	Full Ct. Need 3 v. M2M:	1.:05+	2. :04 or Less:	3. :02 or Less:	4.
12	Full Ct. Safe Inbounds w/ Lead	1.			
13	Half Ct. Need 2 v. M2M:	1.	2.	3.	4.
14	Half Ct. Need 3 v. M2M:	1.	2.	3.	4.
15	Free Throw Sit – Down 2 pts:	1.	2.	3.	4.
16	Free Throw Sit – down 3 or 4 pts.:	1.	2.	3.	4.
17	ATO v. M2M	1.	2.	3.	4.
18	ATO v. Team that switch D's out of time outs:	1.	2.	3.	4.

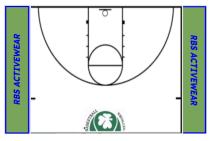
PRACTICE PLAN

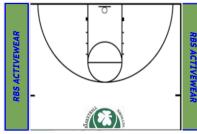
			TRACTICE FLAN #	
Date:	Date: Time: Location: Practices until		Practices until Next Game:	
			•	·
PRE-PRACTICE ANNOUNCEMENTS		DEFENSE P.O.E.	OFFENSE P.O.E.	

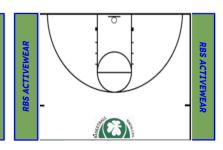


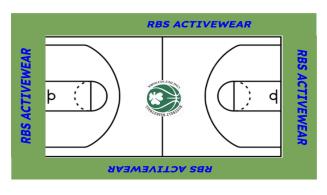


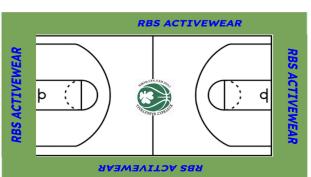










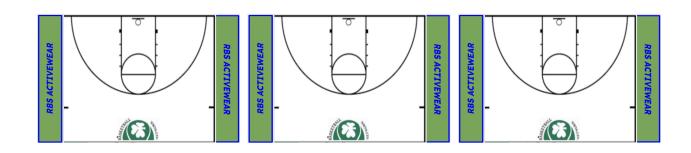


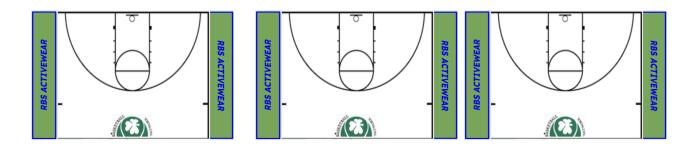
TEAM 1	TEAM 2	TEAM 3	TEAM 4	TOMORROW
				Practice Time: Bus Time: Announcements:

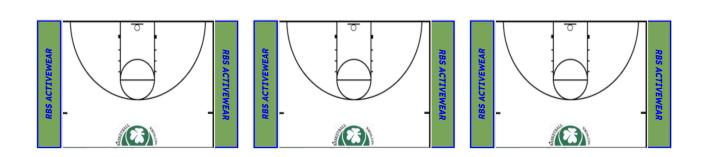
NOTES FOR TOMORROW'S PRACTICE

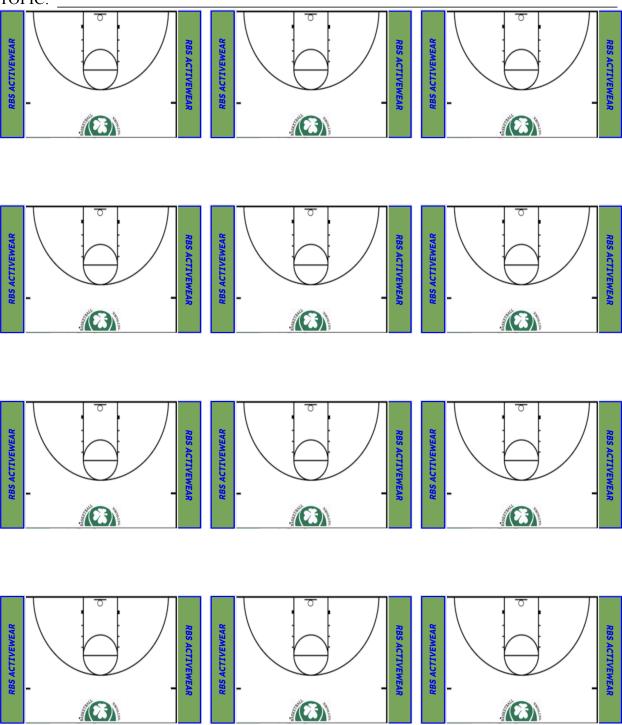
OFFENSE	DEFENSE

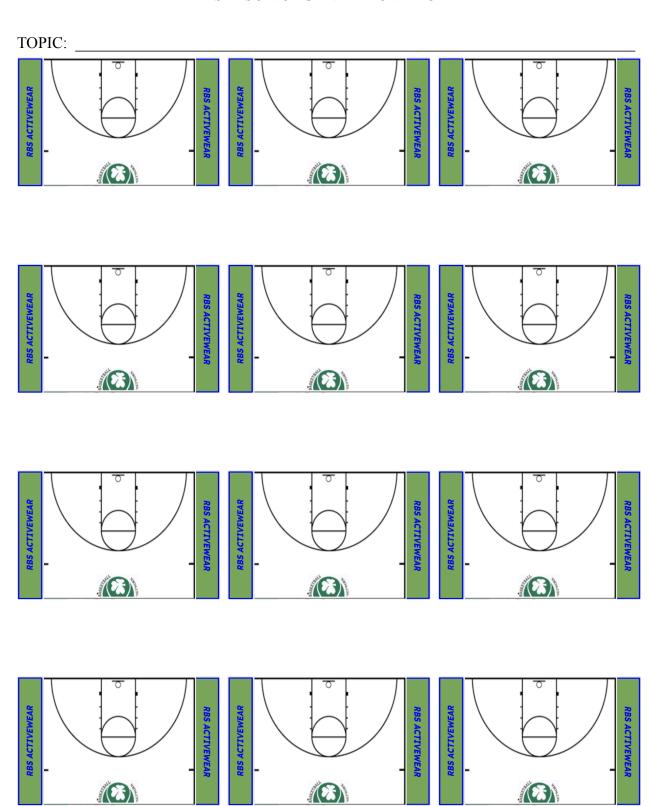




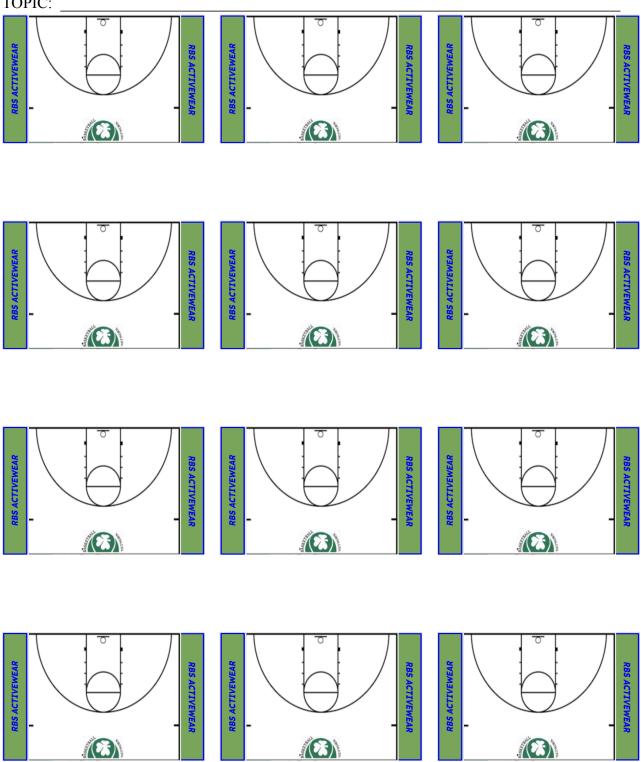


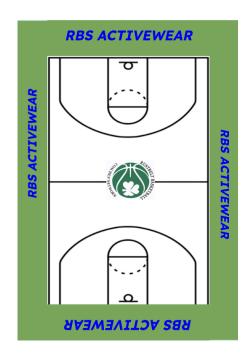


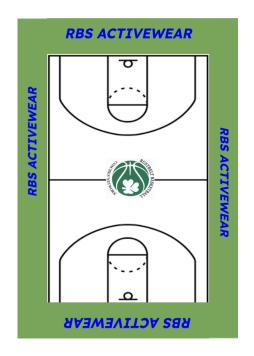


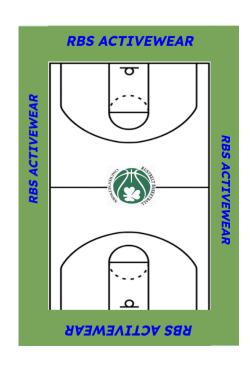


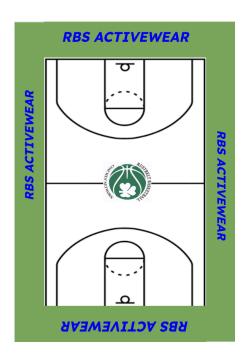
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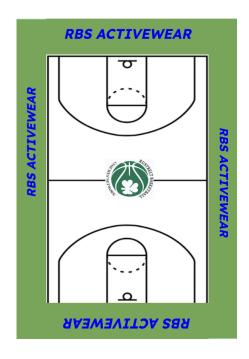


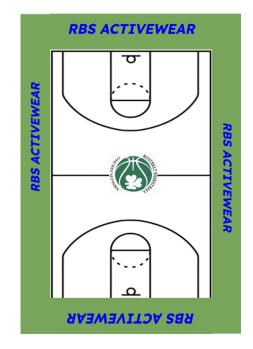


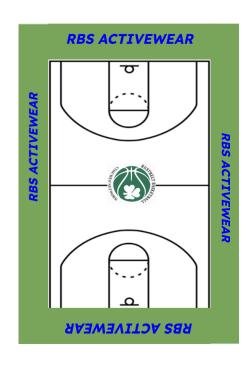


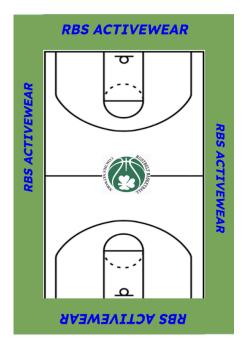


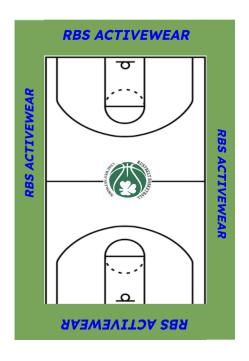


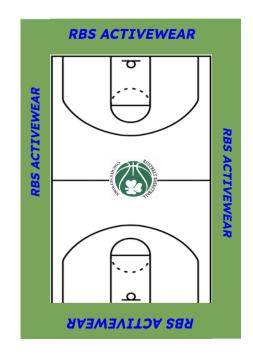


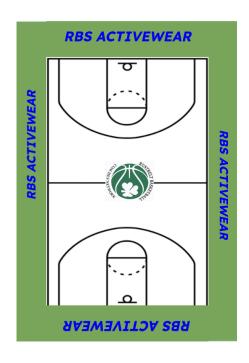


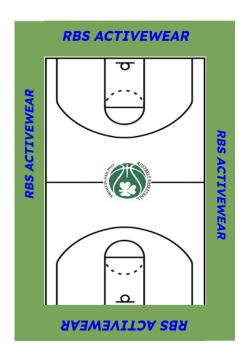


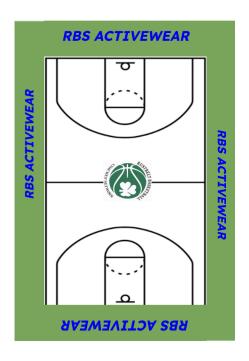


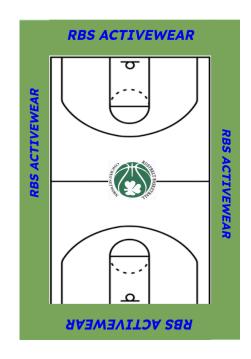


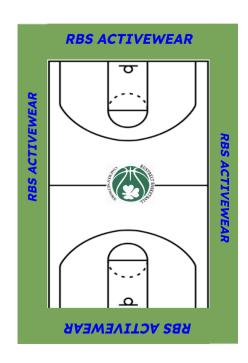


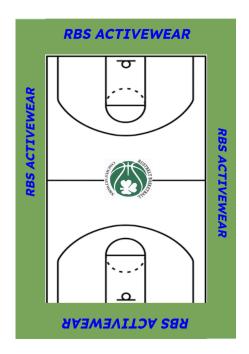


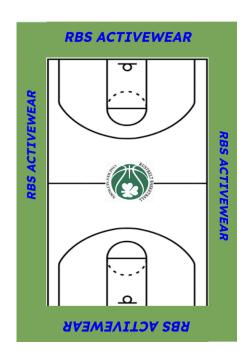


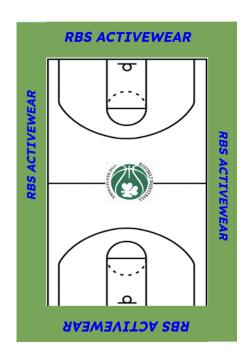


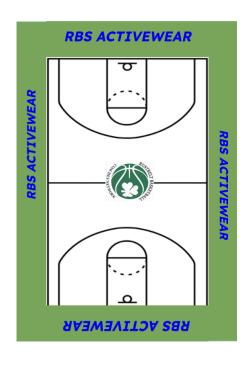


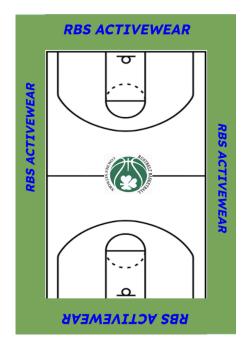


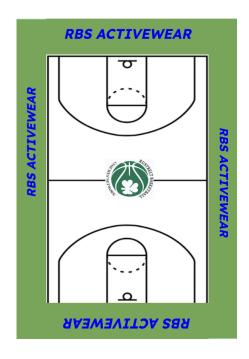


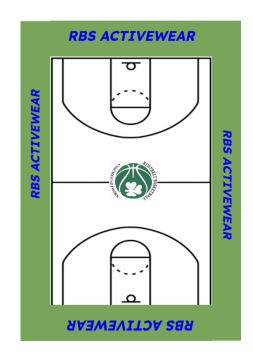


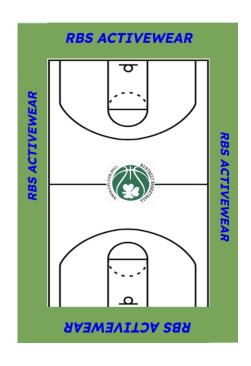


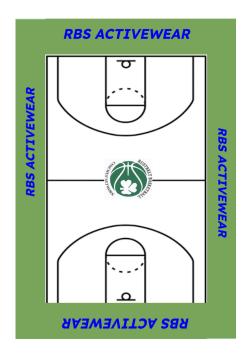


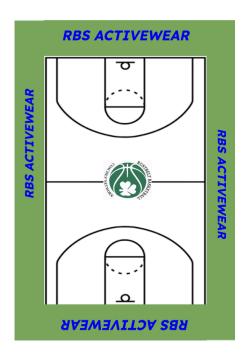


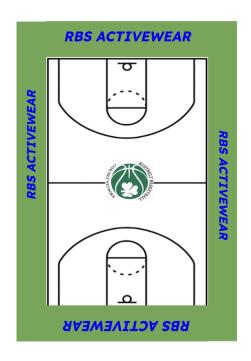


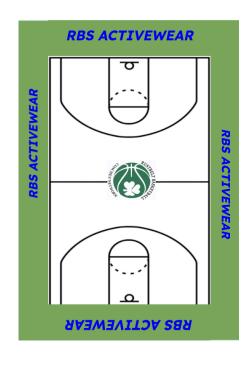


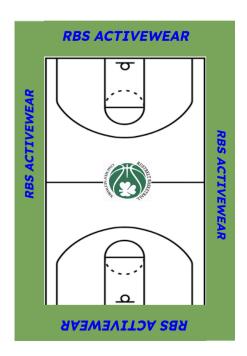


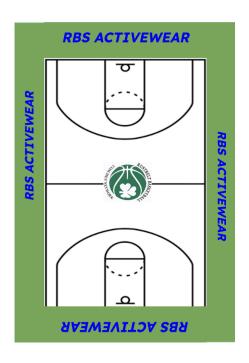


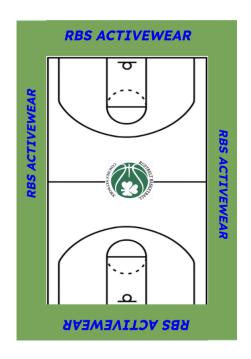


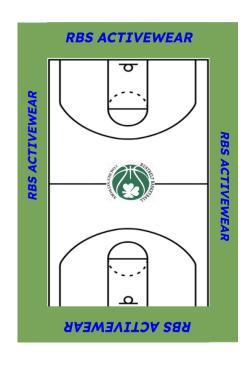


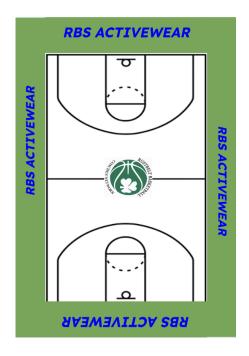


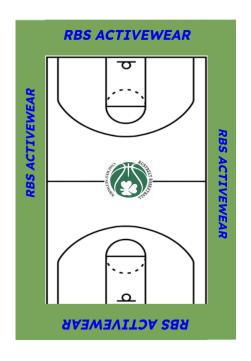


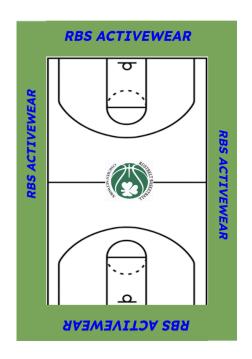


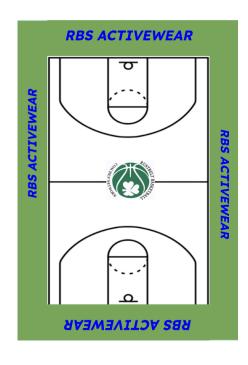


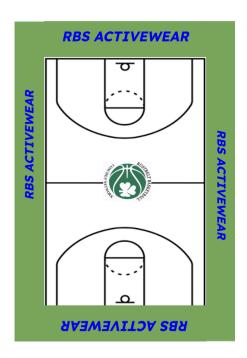












EDITING INSTRUCTIONS - GOOGLE DOCS

- 1. This template was created using Google Docs. It can easily be edited.
- 2. Upon opening this document, find the "File" icon on the top, left-side of your screen & click on it.



3. Find "Make a Copy," and click on it.



4. You will see the below window appear & move your cursor to horizontal rectangle under "Name," & rename your copied doc. Next, click on the blue rectangle that reads "Make a Copy."



- 5. The tab to the right of your original document will be an exact copy of your original document. Click on said tab, to the right of your original doc. You will now be able to edit your document as you see fit.
- 6. If you have any questions, email, text, or call Derek Sheridan. I will be teaching during the school day, & will respond as soon as my last class ends.
 - a. Derek Sheridan Contact Info:

i. Email: derek.sheridan44@gmail.com

ii. Cell: 740-572-6733

EXPLANATION

My staff & I used this document to plan for our preseason & regular season. We would meet once a week during the summer & then twice a week during the first 4 weeks of the school year. I would delegate duties to my staff & by using the same document we felt it kept us on-the-same page and assisted us in being organized.

Change the metrics to suit your program's needs. We hope you find this document as useful as we did.