

Water Balloon Batting Practice

Materials:

- Water Balloons
 - wet sponges, wet sponge ball, wiffle ball filled with water, wet sock ball
- Wiffle Ball Bat
 - regular bat, broomstick,
- Batting tee
 - a cone, or water balloon can be self-tossed or pitched



Set Up/Directions:

- Get a bunch of water balloons, sponges or wiffle balls.
- Place a water balloon (or other item) on the tee or cone and swing away!
- Put on your bathing suit and have some fun!

Variations:

- Have someone toss the water balloons at you and swing away.
- Try to toss the water balloon yourself and then swing the bat to hit it.