



Grades K-8
Data Collection Opt-Out Form

Dear Parent/Guardian:

Our school district has received an incredible and rare opportunity for the Physical Education Program: a Carol M. White PEP Grant from the Federal Department of Education's Office of Safe and Drug-Free Schools. This grant's funding is focused on reorganizing our K-8 Physical Education Program to be aligned with state standards. The funding offered through the three-year grant is used to provide curriculum, software, equipment, staff training and program infrastructure development. This reorganization will help prepare our students to lead active and healthy lives. To meet this goal, there will be an emphasis on helping students increase their health and fitness knowledge and form healthy habits. The PEP grant will provide the resources to develop a quality, standards-based program which could not be accomplished through district resources alone.

As part of this grant there is required data that must be collected on physical activity, nutrition and physical fitness. Your child's participation is voluntary, but it will enhance his/her health and understanding of living a healthy and active life. Data will be collected in and out of the school day. The data collected in this project will take place in two one-week windows this school year. During a data collection window your child will complete three pieces of data outside of the school day including: a four-day pedometer log (grades K-4), a seven-day pedometer log (grades 5-8), a three-day activity log (5-8) and a nutrition survey. Fitness measurements are another data collection tool that will be completed in your son/daughter's physical education class.

Any data that describe the results of this project will not use your child's name or other personal information. Only general group averages will be described in the project's report. If your son/daughter is selected in the project, additional information and resources will follow. Please check the appropriate box below if you do not agree to let your son/daughter be included in the physical activity and nutrition project. Sign on the appropriate line below and return this form to your physical education teacher.

☐ I DO NOT agree to let my son/daughter participate in this **data collection** process

Parent/Guardian Signature

Student Name

Date

Student School

If you do not wish for your student to participate in the data collection, please complete this form and return to your student's school main office by 9/25/2018