

Hello Team,

Thanks again to all SSC Swimmers who helped us in moving their Saturday AM swims to the Time Trial this week. Please see the meet information below to be sure that your entries and timelines are all correct for this weekend. **If you submitted a change to your events to me after 01/26/24 at 6:00pm then those changes may not be visible as the final meet file has already been loaded. These late changes will be manually changed at the table by the coaches and admin!**

All new 02/01 time trial requests please email to ssccoachkyle@gmail.com.
PLEASE NO THURSDAY TIME TRIALS FOR EVENTS THAT YOU ARE ALREADY DOING OVER THE WEEKEND AT THE MEET, THESE TIME TRIALS REPLACE THE SAME EVENT OVER THE WEEKEND!

Please be advised that the upcoming LIE Second Chance meet has reached CAPACITY and the meet host has closed the meet. If you have already committed to this meet, you have been entered and entry report has been posted. Please review and let me know if anything needs changing and I will request to submit a change file on Monday/Tuesday this week.

Coach Kyle

SSC Pre-Frozen Time Trial - February 1st - Sachem East High School

*Warm Up: 4:30pm - 5:15pm, Meet Start: 5:20pm (Est
Completion 7:30pm)*

SSC February Freeze

February 2nd - 4th

Sachem East High School

This meet is Automatic Entry for all Competitive SSC Swimmers

Meet Info & Entries: [Click Here](#)

Michael Wetherell Meet Photography/Action Shots:

SSC will once again be offering Action Shots for your swimmers through Michael Wetherell Photography! Please use the following flyer to book your action shots!



LIE Second Chance Challenge

Location: Hofstra University Swim Pool

Dates: 02/09 - 02/11

Meet Info & Entries: [Click Here](#)

SSC Top Time Report

[Top Times Report - LCM - 07.30.23](#)

[Top Times Report - SCY - 01.17.24](#)

[Includes Qualification Reports & Qualification Times](#)

[*If you are not on the Top Times Reports or some of your times are not appearing, please notify us ASAP*](#)