

The Practice of Eucharist

The sacrament of Eucharist was instituted by Jesus at the Last Supper (Luke 22:7-20), practiced by Him after His resurrection (Luke 24:30-35) and given further explanation by the Apostle Paul to the church in Corinth (1 Cor. 11:17-34).

In taking Eucharist, we are not only remembering Jesus' sacrifice of body and blood for the redemption of the world, we are also mysteriously united with Christ. The Apostle Paul takes this union seriously, "Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ?" (1 Cor. 10:16). Furthermore, Eucharist, while personal and intimate, is more than individualistic as we believe that followers of Jesus are also united and mysteriously made one body by sharing in the bread and cup (1 Cor. 10:17).

While we believe nothing magical occurs during Eucharist, something mysterious, real and powerful does. As a result of our theology, we partake in Eucharist on a weekly basis, generally at the end of our worship gathering as a crescendo.

We invite ALL (regardless of denomination) who have begun the journey to trust Jesus as Savior, Teacher and Lord to partake in the Sacrament of Eucharist. If you have not made a decision to follow Christ, please feel free to abstain as we are seeking to create an atmosphere of authenticity in which no one is manipulated into acting against their conscience.

Practicalities: When you come forward for Eucharist, come when you feel ready at your leisure down the center aisle. Receive a piece of bread and then dip that piece of bread into either wine or grape juice before eating it. Then you may return to your seat.

1030 Chateau St. Helena, MT 59601
406-324-7273
www.helenaheadwaters.org



Sunday, August 1

Pentecost

Order of Service

Welcome

Call to Worship

We follow Christ,

Who says take up your cross.

We follow Christ,

Who bids us come and offer our lives.

We follow Christ,

Who summons us to new life.

Come, let us worship our Creator

As we walk by the Spirit.

Songs of Praise

Your Love O Lord

Holy Spirit

Prayers of the People / Offering

Ministry of the Word

Galatians 5:13-26 Free to Walk pt.2

Response in Worship

Amazing Grace, My Chains Are Gone

Communion

Here With Me

Benediction

Unity Prayer

ALL ARE WELCOME AT THE TABLE OF GOD, EVERY MAN, WOMAN, AND CHILD.

FOR CHRIST BRINGS PEACE TO ALL, TEARING DOWN EVERY HOSTILE WALL, SO THAT THE
MANY MAY BECOME ONE—
ONE HEART;
ONE FAMILY;
ONE NEW HUMANITY.

FOR GOD, WHO IS LOVE, THROUGH CHRIST, WHO IS ALL AND IN ALL, SHOWS NO
PARTIALITY AND MAKES NO DISTINCTION,

SO NEITHER RACE NOR CLASS, GENDER NOR PRIVILEGE, POLITICS NOR RELIGION,
PERSONALITY NOR NATIONALITY COUNT FOR US OR AGAINST US. THE LIGHT OF CHRIST
ENLIGHTENS ALL.

CHRIST THE PRISONER AND THE NAKED, CHRIST THE HUNGRY AND THE SICK, CHRIST
THE THIRSTY AND THE STRANGER.
CHRIST THE OTHER.

MAY GOD'S SPIRIT HOVER OVER OUR CHAOS, OUR HATRED AND INDIFFERENCE,
DESCEND IN OUR HEARTS WITH LOVE AND PLEASURE, BREATHE US OUT INTO THE
WORLD TO LISTEN AND TO SERVE, SETTING US ABLAZE TO RECONCILE AND HEAL.

FOR WE ARE ALL WELCOME AT THE TABLE OF GOD, EVERY MAN, WOMAN, AND CHILD.



SERMON OUTLINE:

Free to Walk pt.2

Galatians 5:13-26

Verse 16 is a fundamental discipleship statement for Paul.

What is the command?

What is the promise?

What does Paul mean by using the term “Flesh” and “Spirit”?

Life in the flesh and the Spirit can be characterized by five propositions:

- 1)
- 2)
- 3)
- 4)
- 5)

Walking by the Spirit produces _____

How do we walk by the Spirit?

Proper posture toward the flesh is _____

If we have crucified the flesh, why do we still struggle with it?

Spiritual disciplines help foster the dying. What are the disciplines of abstinence?

4 keys for intentionally adopting a proper posture towards the Spirit:

- 1)
- 2)
- 3)
- 4)

What are disciplines of engagement?



Headwaters Bookkeeper needed!

Angie Lewis is needing to step down in faithfully serving us as our bookkeeper. Please pray with us as we look to fill this roll. If this is something you think you would like to take on or know of someone who may, please contact Pastor Seth. Thanks. 406.324.7273 – sethdombach@gmail.com

Volunteer Opportunity: Welcome Team

As we move closer to a more "normal" feeling Sunday worship service, we would love your help! We need a few more welcome team members to join our 6 week serving rotation. Being part of the welcome team means arriving 15 minutes before the service to greet people and hand out bulletins at the door. It also includes being ushers and counting the offering after the service. If you are interested, please contact Rachel Dombach at racheldombach@gmail.com or 360-305-8052.

August Worship Services

Please note the following changes to these worship services:

August 8th: We will have video worship only – there will be NO in-person service. We will send out the link to for the YouTube Video that Sunday.

August 15th: We will have the privilege of hearing from Pastor Dave White. We will have both in-person and live stream this Sunday.

August 22nd: This is our Church Camp trip weekend, so we will not have a streaming service – only in-person out at the lake. Please join us for worship even if you don't camp with us! Flip page for more info regarding the camp trip.

Financial Snapshot 2021

	<u>1st quarter</u>	<u>2nd Quarter</u>	
Budget –	\$32,000	\$32,000	
Tithes –	\$28,835	\$27,940	
Expenses –	\$41,129	\$29,695	*YTD Special Giving \$5,950
Over/(Under)	(\$6,845)	(\$1,255)	



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Headwaters Hangout and Yard Games

Join us this summer as we connect and share life together!

We will have BBQ, yard games, and a camp fire rolling.

You can bring something to cook or share, or just come to hangout and play or relax, whatever is easy – we will have smores stuff for everyone!

Come and go as you please.

@ the Lutkehus' from 5-9pm

109 Clark Creek loop (MT City)

August 5, Wednesday

Lake Day at the Syvrud's

Thanks for another amazing Lake Day!

Please don't hesitate to contact Kevin if you would like to meet up, get the boat out and play in the water!

Kevin Syvrud – 406.439.6450 – 4010 Bouy Blvd

Summer Save the Date

Church Camp Trip: August 20th -22nd Goosebay Camp Ground

RSVP your camp spot with the Dombach's

We will have our worship service at the camp ground Sunday 22 (there will be no service at the building – please plan to join us even if you are not camping with us). Sunday's worship service will begin at 9:00am. We will begin by providing a pancake breakfast for everyone at 8am. We also will have lunch together following the service. Headwaters will provide the meat, please bring a side dish, dessert or snack.



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Online Worship Pre-Check

Thanks so much for allowing us to continue to worship together in new and creative ways! Below is a checklist of items you will need to participate with us for our online only worship service Sunday, August 8th's worship:

- Your BIBLE
- Bulletin: Contains the order of worship, song lyrics, sermon outline, etc.
- Computer, Laptop, Smart TV, Mobile Device – something with internet: The Worship Service will be shared on multiple platforms. The easiest for you may be our YouTube channel. Simply type in Headwaters Covenant Church in YouTube search bar or open the link we will be sending to you on Sunday morning. O copy the link below.

<https://www.youtube.com/channel/UC4lCHlqHBNZ1Tp6J6vYE10A>

- Candle: light the candle at the beginning of the service as a sign of solidarity that although we are apart in physical presence we are together in spirit.
- Offering/ Special Offering envelopes: For online giving go to henaheadwaters.org or text: tithe to 406.412-3224
- Eucharist: Bread and either Juice or Wine. Follow along with us as we share in this Holy Meal together.

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