








Supporting Neurodiverse Students

Professional Learning System (SNS):

Self Management

Instruction focusing on learners discriminating between appropriate and inappropriate behaviors, accurately monitoring and recording their own behaviors, and rewarding themselves for behaving appropriately.

	Media	<ul style="list-style-type: none"> • Self-Management & Taking Control • SEL 101: Core Competencies and Key Settings • Social Emotional Learning Video Lessons - Self-Management • Social Thinking-Free Webinars
	Websites	<ul style="list-style-type: none"> • CASEL Fundamentals - Self Management • SCERTS • Texas Autism Resource Guide for Effective Teaching
	Books	<ul style="list-style-type: none"> • <i>Beyond Behaviors: Using Brain Science and Compassion to Understand and Solve Children's Behavioral Challenges</i> by Mona Delahooke • <i>Social Skills Training For Children and Adolescents with Asperger Syndromes and Social-Communication Problems</i> by Jed Baker • <i>Self-Reg: How to Help Your Child (and You) Break the Stress Cycle and Successfully Engage with Life</i> by Dr. Stuart Shanker • <i>Lost at School: Why Our Kids with Behavioral Challenges are Falling Through the Cracks and How We Can Help Them</i> by Ross Greene
	Articles/ Research	<ul style="list-style-type: none"> • What is Self-Management and Why are Coping Skills Important? • School Life Hacks - Self Management Skills • Self Management in the Classroom • Self-management education: History, definition, outcomes, and mechanisms
	Modules/ Interactive Learning	<ul style="list-style-type: none"> • Autism Internet Modules - Self Management • TARGET - Self Management • AFIRM - Self Management



Printables

- [Problem / Solution Cards](#)
- [Checklist of Self-Management skills](#)
- [Self Management Teaching Resources](#)

For more information please visit:

<https://snswi.com>



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