

U7 and U9 Tournament Rules 2026:

- 1.** Game Sheets will be provided at the check in table before each game for U7 and U9 . Please ensure you have placed your roster stickers on them.
- 2.** Each team will play their game in accordance with the tournament schedule. Each team is guaranteed four games.
- 3.** Canadian Hockey and Alberta Hockey rules will apply.
- 4.** All games must be played within the time allotted. There will be a flood every 2-3 hours according to the schedule, not between each game.
- 5.** All teams must be ready to start at the scheduled time. If a team is not ready to start at the scheduled time, the clock will start at the scheduled time.
- 6.** Team officials are responsible for their teams' conduct on and off the ice and will be ensuring their players always conduct themselves in a sportsmanlike manner.
- 7.** Dressing rooms must be left clean after each game. A \$250 fine will be assessed to the association that the team represents if they do not leave their dressing room clean. Dressing rooms will only be available to teams 30 minutes before game time, please leave your dressing room promptly after your games.
- 8.** Home/visiting teams are pre-determined for Round Robin play.
 - Home team managers please talk to the other teams manager at least 30 mins before the game starts to make sure you aren't the same colour. If you both have the same colour the home team must change. An extra set of jerseys will be available to borrow and returned after the game if needed. Please ask at the registration desk.

9. Game Format for U7

- Small nets
- Blue pucks
- 1-hour total run time- allocated to a 3- minute warm up, 2 -26-minute straight time periods with 2-minute breaks between periods and 3 minutes for Heart and Hustle Awards. Final games will have 22 minute periods to allow sufficient time for medal presentation
- Changing of ends is at the discretion of the coaches
- Bumpers and mini nets are to be used
- No referees - One coach from each team on skates is required to be always on the ice with their team.
- Goals - follow the same as your regular season.
- There will be a buzzer at each 2 minute mark to signal a line change.
- Puck must be left where it is when the buzzer goes for a shift change.
- 4 on 4 (4 skaters plus the goalie)
- Scores will not be displayed
- Coaches will choose one player from each team after each game for the Heart and Hustle and MVP Awards. Total of 8 players for the tournament per team

Game Format for U9

- Large Nets
- Black Pucks
- 1-hour total run time- allocated to a 3- minute warm up, 2 -26-minute straight time periods with 2-minute breaks between periods and 3 minutes for Heart and Hustle Awards. Final games will have 22 minute periods to allow sufficient time for medal presentation
- Full ice play
- There will be 2 referees - No coach is required on the ice but are allowed if wanted.
- Face offs for start of period and goals

- Offsides will be blown down and result in a change of possession.
- No icings will be called.
- There will be a buzzer at each 2 minute mark to signal a line change.
- Puck must be left where it is when the buzzer goes for a shift change.
- Scores will not be displayed
- Coaches will choose one player from their own team for the Heart and Hustle and MVP Awards (1 H&H per game, 1 MVP per game). Total of 8 players/team for the tournament.
- Refs will call penalties, but it is only a change of possession and the offending player goes to the bench but play continues 5 on 5.
- Fair play will be observed, equal shifts for all players.

10. U7 Coaches are asked to move the bumpers off the ice into the players box when it is time to flood. Parents are not permitted on the ice or on the bench.

11. All coaches and players from both teams must remain on the ice until all heart & hustle and MVP are given out

12. At the conclusion of the fourth game all coaches and players from both teams must remain on the ice until all metals are handed out to both teams on the ice.

13. Please tell parents that they are not permitted to take pictures from the players benches. Anywhere else is fine, just not from the bench area. Our photographer has special insurance and rights to be on the bench. If your parents would like special shoots of their child, please have them sign up at the photo table.

14. Do not enter designated staff only spaces.