

Roles and Identities

Instructions

1. **Bold** the top 10 roles you identify with most right now.
2. Next, underline the Top 5.
3. *Italicize* 3 values that you are “calling in” (wanting to be/experience more).
4. Finally, write 2-3 sentences or bullet points describing how/where you play these roles in life, or would like to.

Adventurer

Advocate

Ally

Ambassador

Amplifier

Anticipator

Architect

Artist

Attuner

Author

Big picture thinker

Bookworm

Builder

Catalyst

Challenger

Champion

Change-maker

Cheerleader

Coach

Collaborator

Comedian
Composer
Connector
Contrarian
Coordinator
Counselor
Creator
Critical thinker
Culture-creator
Curator
Decision-maker
Delegator
Details person
Diplomat
Doer
Dreamer
Empathizer
Energizer
Engager
Engine
Enthusiast
Environmentalism
Executor
Expert
Experimenter
Explorer
Facilitator
Fighter

Fixer
Founder
Friend
Giver
Guide
Harmonizer
Helper
Hole-poker
Human calculator
Hustler
Idealist
Improviser
Innovator
Integrator
Interest hopper
Interpreter
Intuitive
Inventor
Investigator
Leader
Learner
Listener
Maker
Mediator
Mentor
Mess-maker
Nature-lover
Nerd

Nurturer
Observer
Organizer
Party-bringer
Peacemaker
Pessimist
Philosopher
Planner
Playmate
Producer
Problem-solver
Protector
Prophet
Question-asker
Reader
Realist
Recommender
Refiner
Researcher
Risk-taker
Scientist
Seeker
Seer
Self-starter
Shape-shifter
Storyteller
Strategist
Synthesizer

Systems-maker

Teacher

Team player

Telepath

Thinker

Tinkerer

Troubleshooter

Truth-teller

Unifier

Validator

Visionary

Wanderer

Weaver

World-builder

Writer