



**The Purple Star mission:** To instill a sense of connection and strengthen resilience within Kentucky's military- connected youth. Purple Star schools lets military-connected students and families know, whether they are active duty, National Guard, Reserves, or Veterans, that their school is dedicated to helping their child gain the educational and social-emotional skills necessary to be college-, workforce- and life-ready. The program started in Ohio in 2017 and is supported by the US Department of Defense, Military Child Education Coalition, and the Military Interstate Children's Compact Commission. Currently, 41 states across the United States implement the program in their schools and school districts.

#### **Trigg County Schools Representatives**

| <b>School</b>              | <b>Representative</b> | <b>Phone</b> | <b>Email</b>                                                                               |
|----------------------------|-----------------------|--------------|--------------------------------------------------------------------------------------------|
| Trigg Primary School       | Ashley Hunter         | 270-522-2724 | <a href="mailto:ashley.hunter@trigg.kyschools.us">ashley.hunter@trigg.kyschools.us</a>     |
| Trigg Intermediate School  | Beverly Curling       | 270-522-2804 | <a href="mailto:beverly.curling@trigg.kyschools.us">beverly.curling@trigg.kyschools.us</a> |
| Trigg County Middle School | Laura Miller          | 270-522-2722 | <a href="mailto:laura.miller@trigg.kyschools.us">laura.miller@trigg.kyschools.us</a>       |
|                            | Laura Shelton         | 270-522-2723 | <a href="mailto:laura.shelton@trigg.kyschools.us">laura.shelton@trigg.kyschools.us</a>     |
| Trigg County High School   | Denise Young          | 270-522-2200 | <a href="mailto:denise.young@trigg.kyschools.us">denise.young@trigg.kyschools.us</a>       |

**Resources from Purple Star:** The Goals of the Kentucky Purple Star are:

1. Create and sustain a statewide support system within schools and communities that work together to build resilience and support for military-connected youth in Kentucky.

2. Increase protective factors to help prevent substance use and behavioral health challenges among military-connected youth in Kentucky.
3. Partner with schools and communities to foster diverse, inclusive, and supportive environments for military-connected youth and families.
4. Educate the schools and community on the challenges faced by military families.

<https://www.kypurplestar.org/resources/>

**Fort Campbell Army Community Services:** ACS is an organization designed to provide effective and efficient programs that contribute to the readiness and well-being of Soldiers, Retirees, Civilian Employees and their Families. <https://home.army.mil/campbell/index.php/acs>

**Military One Source:** Military OneSource is your connection to information, answers and support when MilLife happens. We can help you overcome challenges, reach your goals and thrive. As a member of our military family, you have access to a wealth of tools, information and resources from the Defense Department anytime, anywhere. Eligible service members and families can also access personalized support for a range of issues. [https://www.militaryonesource.mil/all-the-ways/?gclid=CjwKCAjwpJWoBhA8EiwAHZFzftBOlKB28K0IH5Y0gJ2vWZb0TXvRgKLnzWQA\\_NrJRCUywXXYegbO3BoCC3cQAvD\\_BwE](https://www.militaryonesource.mil/all-the-ways/?gclid=CjwKCAjwpJWoBhA8EiwAHZFzftBOlKB28K0IH5Y0gJ2vWZb0TXvRgKLnzWQA_NrJRCUywXXYegbO3BoCC3cQAvD_BwE)

**Sesame Street For Military Families:** Access our *Little Children, Big Challenges* family support services, kids learning sites, and other resources for military children, which help all families of military service build the skills they need to be resilient. <https://sesamestreetformilitaryfamilies.org/>

**National Military Family Association:** The National Military Family Association, the only nonprofit organization that represents families of all ranks and Services and prepares spouses, children, and parents to better deal with the unique challenges of military life. The Association protects benefits vital to all families, including those of the deployed, wounded, and fallen. For nearly 40 years, its staff and volunteers, mostly military family members, have built a reputation as the leading experts on military family issues. <https://www.militaryfamily.org/>

**Yellow Ribbon Reintegration Program:** The Yellow Ribbon Reintegration Program (YRRP) is a DoD-wide effort to promote the well-being of National Guard and Reserve members, their families and communities, by connecting them with resources throughout the deployment cycle. Commanders and leaders play a critical role in ensuring that the National Guard and Reserve Service members and their families attend Yellow Ribbon Events where they can access information on healthcare, education, employment and financial and legal benefits. <https://www.yellowribbon.mil/>

### **National Hotlines**

If you need support in any of the following areas, please consider using the hotline phone numbers or online support to receive individualized assistance from trained professionals. If you need support in an area that is not listed, please contact us for assistance in finding resources to best fit your needs.

- Domestic Violence
  - [National Domestic Violence Hotline](#)  
This hotline provides assistance related to domestic violence, including crisis intervention, information, and referral.
    - Phone: 800-799-SAFE (7233)
    - Email: [deafhelp@thehotline.org](mailto:deafhelp@thehotline.org)
- PTSD
  - DCoE Outreach Center For Psychological Health and Traumatic Brain Injury  
This hotline provides information and resources on psychological health and traumatic brain injury.
    - Phone: [866-966-1020](tel:866-966-1020)
    - Email: [resources@dcoeuvre.org](mailto:resources@dcoeuvre.org)
- Sexual Assault
  - [National Sexual Assault Hotline](#)  
This hotline provides support for victims of sexual assault and can direct you to a rape crisis center near your area.
    - Phone: [800-656-HOPE \(4673\)](tel:800-656-HOPE)
    - Live Chat: [Chat](#)
  - [DoD Safe Helpline](#)  
This hotline provides support for members of the DoD community affected by sexual assault.
    - Phone: [877-995-5247](tel:877-995-5247)
    - [Live Online Help](#)
    - [Safe HelpRoom](#)
    - Text: LOCATION or REFERRAL to
      - [55-247](tel:55-247) (inside the U.S.)
      - [001-202-470-5546](tel:001-202-470-5546) (outside the U.S.)
- Substance Abuse
  - SAMHSA's National Helpline  
This hotline provides referral and information about mental and/or substance use disorders, prevention, and recovery.
    - Phone: [1-800-662-HELP \(4357\)](tel:1-800-662-HELP)
- Suicide
  - [988 Suicide & Crisis Lifeline](#)  
This hotline provides assistance from a trained counselor at a crisis center in your area.
    - Phone: 988
    - Text: 988
    - Chat: [Live Chat](#)
- Veterans/Military Crisis Line
  - [Veterans Crisis Line](#)  
This hotline provides referrals to services, including local VA centers, for Active Duty/Reserve and Guard Service Members, Veterans, and families or friends.
    - Phone: Dial 988, then press 1

- Chat: [Live Chat](#)
- Text:838255