

Meditation for Murder v2

CHARACTERS:

GRACE: meditation guide, soft talking, serene, calm

SCENE: GRACE is leading a guided meditation

Killing someone, while simple, is a difficult task for many of us. I will guide you through this Meditation for Murder to assist you in achieving your full potential.

This meditation is best performed in the early morning or late at night, when no one will disturb or witness you.

Begin by visualizing your target. We all know someone who the world would be better without. I challenge you to be the change you want to see in the world.

Visualize yourself as a lion. Feel the primal energy welling inside as you descend upon your prey. Get in tune with your animalistic desires as you claw through the target and consume their flesh, completing the circle of life.

At this point, anxious thoughts may intrude, questioning your right to express yourself this way. This is society conditioning you to hide your true nature. You can overcome these feelings with daily practice.

Sometimes your meditation may be interrupted by the police. Remember that you have the religious freedom to remain silent. Recognizing this, they will take you to solitary confinement, where you can practice your meditation in peace.

Make your prison your temple, as I have done. Namaste. (*GRACE puts hands up in prayer, revealing they are in handcuffs*).