

### **ICU Diary Template for Loved Ones**

This diary is for family and friends to document daily updates, thoughts, and questions while your loved one is in the ICU. It can help with communication, reflection, and healing, both now and in the future. (next page)

## Daily ICU Entry

Name:

Date:

Nurse:

Doctor:

Day in ICU:

Updates:

Current Medications:

Medication Changes:

Procedures Done Today:

Questions for the Medical Staff:

Important Events:

Notes or Messages to My Loved One: