

Click "File", then "Make A Copy" to create your own editable version of the document

AGOGÉ NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

Power Phrases (2-3)

- I am Tau Jnr Tau and I am a champion.
- I am Tau Jnr Tau and I will conquer every challenge I face.
- I am Tau Jnr Tau and I will always choose to be a king.

Core Values (2-3)

- Bravery
- Power
- Extremely disciplined

Daily Non-Negotiables (2-3)

- Daily checklist
- Go to the gym from Monday to Friday/MMA on Mondays and Wednesdays
- Either send more than 10 outreaches or Have a G-work AND G-study session everyday

Goals Achieved

- Achieved promised results for clients, received his testimonials, and has established paid partnerships or retainer based work with his clients.

Rewards Earned

- He is now making \$4000 a month from client work, living in his apartment away from home, and also providing for his parents and grandmother.

Appearance And How Others Perceive Him

- He is already well built, physically. Everyone looks at him with respect. They can sense that he carries a king's aura, and a conqueror's spirit with him everywhere he goes. No one dares to mess with him in any shape or form. In that same light, he is loved by a lot of people because of their perception of him. His haters feel the sting of being treated with contempt and disdain by him.

Day In The Life

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images vision board style. Use the first person and present tense, i.e. "I walk through the streets..."

- I wake up at 4:00 AM, and go to brush my teeth. By 4:15 AM, I go and do niche market research for client work, and then by 4:30 AM I start with the first G-Work session on client work. By 6:15, I do my 200 burpees, then say my daily prayer, and do my 50 pushups before completing my morning routine. By 7:00 AM, I will be on the trading charts doing my technical analysis on the different currency pairs I'm working on, to see where the market is headed, and by 8:00 AM I will have my first meal of the day. I bask in the sunlight outside for a bit after breakfast, and then by 8:15 AM, my first content creation video task begins. This task, just like the others, is a daily one. At 9:45, I make a short stop to feed my dog(s). By 10:15 AM I am ready to go to the gym, and kill it for the next 2 hours and 30 minutes. At this point I am feeling good about the day ahead, knowing it's going to be a busy day - a money making day, another day of conquest. When I arrive at the mall where my gym is located, I walk like the man I am... a man with purpose, a man with the aura of a king and the spirit of a conqueror, knowing it is time to fully attack the day. In the gym, I am having an intense chest and back day. By the time I'm finished, the crazy pump I have is proof that I've killed it.



- After working out, I head back home to shower and put on my formal wear so that I look neat and look like a man who is on business, to the client I am going to meet up

with who is around town. When I arrive at the meeting location, it is the same energy and aura I emit when going to the gym that comes out when meeting the client. It is a very successful meeting, the client is satisfied, and I am making a lot of money at this point.



-
- After the meeting, I get back home. The second G-work session is about to start but before it begins, I cue Professor Andrew Bass' Conquest Music, or my personal Conqueror's Music playlist so that I go fully in on the work. The phones are off. It is just myself, and this new conquest that I am on.



-
- After conquering this G-work session, I send my work for review to various people and the client himself. This is when I leave the laptop, and at 18:30, I go to MMA classes.

The training is intense but I show courage and bravery within, my champion mentality, and everything goes accordingly. After training, I take the ride back home listening to more conquest music. I get back home, shower, eat, brush my teeth, watch 30 minutes of the Emergency Meeting podcast or Tate Confidential, and lastly, say my night prayer to give thanks to the Lord, then I finally call it a night. Tomorrow starts and ends the same.

