# AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Myself 3-6 Months From Now (July - Dec)

## Power Phrases (2-3)

- I am Ceferino Sanchez and I will stay true to my word even if that means not having fun, losing sleep, or missing out.
- I am Ceferino Sanchez and I will do whatever it takes to make God proud.
- I am Ceferino Sanchez and I will resist the slave mind and use my enemies' manipulation to my advantage to uncover and counter their plans against them.

### Things Not To Do (2-3+)

- I will not miss a day of work.
- I will not miss a day of training.
- I will not follow Satan's temptations.
- I will not go back on my word.

#### Core Values (2-3)

- True to my word.
- Pushing past limits, always making a pr.
- Warrior under God.

#### Daily Non-Negotiables (2-3)

- Daily checklist
- 500 push-ups
- Gallon of water
- 10,000 steps

#### Goals Achieved

- 10K a month

- Consistency
- Discipline

#### Rewards Earned

- Trip to Greece

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## Appearance And How Others Perceive Him

- Quiet
- Loyal
- Hard-working
- Disciplined
- Follower/warrior of christ

#### Day In The Life

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images vision board style. Use the first person and present tense, i.e. "I walk through the streets..."

Ceferino Sanchez starts his day of conquest by waking up before the break of sun at 4am. He starts his day off by a challenging and rigorous workout until there is no more sweat to drop and no more breaths to take. After his workout he begins his day with a plan and lookover of his goals showing what he needs to accomplish for the day and who he is working to become. Then he begins his G work sessions by studying, learning, and creating copy to become the best in the market to then outreach to prospects and land a client to start making money.