

Vocabulary and Speaking: Expressing Feelings with Verbs or ED/ING Adjectives



Ways of talking about feelings
We often talk about feelings in three different ways:

- 1 by using a **verb** (e.g., *annoy*)
That noise is starting to annoy me.
- 2 by using an **-ing adjective** (e.g., *annoying*)
That noise is really annoying.
- 3 by using an **-ed adjective** (e.g., *annoyed*)
I'm getting really annoyed by that noise.

Task 1: Complete the sentences with the correct form of the word. You must decide if it is a verb or an adjective. If it is an adjective describing how someone feels, it needs ED. If it is an adjective describing the situation or cause of feelings, it needs ING.

1. It really **infuriates** me when people drive close behind me. (**infuriate**)
2. I get very **frustrated** when something goes wrong with my internet connection and I don't know how to fix it. (**frustrate**)
3. It's so **embarrassing** when I can't remember someone's name, but they can remember mine. (**embarrass**)
4. I used to love shopping during a big sale, but now I find it **exhausting**. After an hour, I just want to go home. (**exhaust**)
5. I'm often **disappointed** with my birthday presents. My expectations are obviously too high! (**disappoint**)
6. It **amazes** me that some people still don't buy things like books and music online. (**amaze**)
7. I find speaking in public absolutely **terrifying**. I hate doing it. (**terrify**)
8. I've often been **inspired** by reading about how some successful people have overcome difficulties. (**inspire**)
9. I never find instructions or electronic devices helpful, in fact, usually they just **confusing** me. (**confuse**)
10. When I travel I'm always **thrilled** if I manage to communicate something in a foreign language. (**thrill**)

Task 2: With the time you have remaining, discuss the following topics with your partners.

- An embarrassing mistake that you have made
- Something that makes you feel depressed
- A movie or book that you found really disappointing
- Something that really annoys you when you're shopping
- Something that sometimes frustrates you about learning English
- Something that really stresses you in your daily life