

Accessibility Resources

A curated list of accessibility resources by Ladies that UX Seattle. This is not meant to be an exhaustive list. If there's a resource you want to share, please let us know! ltuxseattle@gmail.com

Table of Contents

[Table of Contents](#)

[Resources mentioned at the Industry Voices event](#)

[Land acknowledgment](#)

[Inspiring folks in the accessibility community](#)

[Reading](#)

[Resources](#)

[Accommodations and Service Requests in the City of Seattle](#)

[Discounts for people with disabilities](#)

[Job Accommodation Network](#)

[Career and employment services](#)

[Microsoft Resources](#)

[The Northwest Center](#)

[Using Your Energy Wisely: Learn Energy Saving Tips and How to Balance Everyday Activities](#)

[Upcoming Events](#)

[Leadership Exchange in Arts and Disability \(LEAD\) Conference: Take Aways & Looking Ahead!](#)

[Music Creation and Audio Technology Exploration Workshop](#)

[Multisensory Storytime](#)

[Arts and Culture](#)

[Jack Straw Productions Blind Youth Audio Project](#)

[Organizations local to Washington State](#)

[General](#)

[Disability Empowerment Center](#)

[Disability Rights Washington](#)

[Northwest Access Fund](#)

[Seattle Cultural Accessibility Consortium](#)

[Audio and Visual](#)

[Abused Deaf Women's Advocacy Services](#)

[DeafBlind Service Center \(DBSC\)](#)

[Hearing, Speech, and Deaf Center](#)

[The Lighthouse for the Blind, Inc.](#)

[Washington Talking Book & Braille Library](#)

[Washington State Department of Services for the Blind \(DSB\)](#)

[Washington State Association of the Deaf](#)

[Mobility](#)

[Little Bit Therapeutic Riding Center](#)

[Outdoors for All Foundation](#)

[Seattle Slam Wheelchair Rugby Club](#)

[Neurodiversity](#)

[The Greater Northwest Chapter of The National MS Society](#)

[Seattle Chapter of CHADD](#)

[Thrive Seattle Living](#)

[Washington Autism Alliance \(WAA\)](#)

Resources mentioned at the Industry Voices event

Land acknowledgment

- Check [Native-land.ca](https://www.native-land.ca) to see what ancestral lands you reside on.
- If you are in the Seattle area, please consider [supporting the Duwamish Tribe](https://www.duwamishtribe.org).

Inspiring folks in the accessibility community

- **Susan P. Mazrui** (she/her) - Director of Global Public Policy at AT&T
<https://www.linkedin.com/in/susanmazrui/>
- **M Eifler** (they/them) - Artist and creator of BlinkPopShift
<https://www.linkedin.com/in/m-eifler/>
<https://www.youtube.com/@BlinkPopShift>
- **Kathy Martinez** (she/her) - VP of Global Disability Inclusion at Expedia Group
<https://www.linkedin.com/in/kathy-martinez-96a42052/>
- **Solomon Stone Romney** (he/him) - [Microsoft Inclusive Tech Lab](https://www.microsoft.com/inclusive)
- **Cory Lee** (he/him) - Wheelchair travel blog sharing accessible travel guides.
<https://curbfreeewithcorylee.com/>
- **Sheri Byrne-Haber** (she/her) - Values-based engineering, accessibility, and inclusion leader.
<https://www.linkedin.com/in/sheribyrnehaber/>
Brave UX podcast: "Giving a Damn About Accessibility"
<https://www.youtube.com/watch?v=1LV2YQrDGcw>
- **Haben Girma** (she/her) - Disability Justice Lawyer, Author, Speaker
<https://habengirma.com/>
- **Alice Wong** (she/her) - Disabled activist, writer, editor, media maker, and consultant. Alice is the founder and director of the Disability Visibility Project, an online community dedicated to creating, sharing, and amplifying disability media and culture.
<https://disabilityvisibilityproject.com/>
- **Imani Barbarin** (she/her/hers) - writer, public speaker, TikToker, and disability rights activist
https://www.instagram.com/crutches_and_spice/
- **Leigh Bardugo** - American fantasy author <https://www.leighbardugo.com/>
- **Matt Haig** - author and journalist <http://www.matthaig.com/>
- **Helen Hoang** - American romance novelist <https://www.helenhoang.com/>
- **Katherine May** - author and podcaster <https://katherine-may.co.uk/>
- **Jessica McCabe** - American actress, writer, and YouTube personality
<https://howtoadhd.com/>
- **Siena Castellon** - neurodiversity advocate and author, and the founder of neurodiversity celebration week. She is also a UN young leader.
https://en.wikipedia.org/wiki/Neurodiversity_Celebration_Week

- **Devon Price** (he/him) - social psychologist and author. He is an autistic trans man. (His books are listed below) <https://www.instagram.com/drdevonprice/>

Reading

- [Mismatch: How Inclusion Shapes Design \(Simplicity: Design, Technology, Business, Life\)](#)
- [Disability Visibility: First-Person Stories from the Twenty-First Century](#)
- [Accessible America: A History of Disability and Design](#)
- [The Ability Hacks](#)
- [Haben: The Deafblind Woman Who Conquered Harvard Law](#)
- [Demystifying Disability: What to Know, What to Say, and How to Be an Ally](#)
- [Unmasking Autism by Devon Price](#)
- [Laziness Does Not Exist by Devon Price](#)
- [The Spectrum Girl's Survival Guide - How to Grow Up Amazing and Autistic](#)

Resources

Accommodations and Service Requests in the City of Seattle

Request accommodations for city services and streets. Find discounts, permits, and ways to give feedback.

<https://www.seattle.gov/people-with-disabilities>

Discounts for people with disabilities

View a list of retail, service, arts, entertainment, tourism, and other organizations in the greater Seattle area that provide special discounts for older people and/or adults with disabilities.

<https://www.seattle.gov/agefriendly/programs/discounts/discount-directory>

Job Accommodation Network

JAN helps employers recognize the valuable contributions that qualified workers with disabilities add to the workforce by providing accommodation solutions, trusted strategies, and practical guidance on the Americans with Disabilities Act (ADA). Job accommodations play a vital role in creating inclusive workplaces, advancing the goals of the ADA, and increasing employment opportunities for people with disabilities.

<https://askjan.org/>

Career and employment services

The Northwest Center has a talented team of employment consultants who support individuals through the entire employment process. Our consultants are trained to work with individuals of all abilities.

<https://www.nwcenter.org/supported-employment.html>

Puget Sound Personnel, Inc. (PSP) provides no-fee employment services and support for people with disabilities and the employers who hire them. We customize our services to meet each job seeker's needs, skills and employment interests. Then, in partnership with leading Northwest employers such as Microsoft, Starbucks, the City of Seattle and others, we develop career-oriented jobs that consistently bring among the highest salaries and benefits in the area.

<https://www.pspwork.com/JobSeekers.asp>

Washington Vocational Services (WVS) believes every person with a disability has employment potential. Our purpose is to match the unique talents of each individual with the specific needs of the employer.

<https://www.wvs.org/client-services.html>

CareerOneStop is a national employment search resource for job seekers with disabilities.

<https://www.careeronestop.org/ResourcesFor/WorkersWithDisabilities/job-search.aspx>

Microsoft Resources

- [Microsoft Inclusive Tech Lab](#)
- [Microsoft Inclusive Design](#)
- [Inclusive 101 Guidebook](#)

The Northwest Center

Comprehensive, Disability-Inclusive Education, Therapy & Employment Services from Cradle through Career. Consultation & Services to Empower Businesses & Schools to Become Inclusive.

<https://www.nwcenter.org/>

Using Your Energy Wisely: Learn Energy Saving Tips and How to Balance Everyday Activities

For patients with cancer-related fatigue. This pamphlet can show you how to make everyday activities easier and help you find balance in your day.

https://www.uhn.ca/PatientsFamilies/Health_Information/Health_Topics/Documents/Using_Your_Energy_Wisely_Cancer_Related_Fatigue.pdf

Upcoming Events

Leadership Exchange in Arts and Disability (LEAD) Conference: Take Aways & Looking Ahead!

November 1, 2023 from 4:00pm

During this 1-hour event, you will hear from arts and cultural staff and administrators from our region about their key take aways from the 2023 Boston LEAD Conference. They will also share reasons why this is a great conference to attend.

Registration:

<https://us06web.zoom.us/meeting/register/tZcrc-2ppzgpHtWTmRrW9mkYXoAB2UEVbEhj#/registration>

Music Creation and Audio Technology Exploration Workshop

November 4, 2023 from 1:00pm - 4:00pm

Washington State Department of Services for the Blind (DSB) and the Seattle-based Jack Straw Cultural Center invite blind, low vision, or deafblind students to a hands-on music creation and audio technology workshop. The workshop is an excellent opportunity to engage students interested in careers in Music and Audio Production. Join professional musicians Michael Bisio and Timothy Hill as they discuss their career paths as working musicians, recording artists, and educators. They will also explain the importance of music composition, improvisation, and recording in their work. Participants will create original music in Jack Straw's professional recording studios with Michael and Timothy, while learning techniques for recording and mixing with Audio Engineer, Daniel Guenther.

<https://dsb.wa.gov/events/music-creation-and-audio-technology-exploration-workshop>

Multisensory Storytime

Every Friday during the month of November from 11:00am - 12:00pm

In-person Storytime is back! Join us for 30 minutes of stories, songs, and dance followed by 30 minutes of playtime in the Washington Talking Book & Braille Library Conference Room. A virtual multisensory storytime is also available! Watch on WTBBL's YouTube Channel. Caregivers of patrons age 0-5 can request a Storytime Kit to be mailed directly to their house if interested.

Website: <https://www.sos.wa.gov/washington-talking-book-braille-library>

Youtube: <https://www.youtube.com/playlist?list=PLFk2SQE05h990fEkAkjlfROfzncHa7xYI>

Arts and Culture

Jack Straw Productions Blind Youth Audio Project

The Blind Youth Audio Project is an annual workshop series run in conjunction with The Washington State Department of Services for the Blind (DSB)'s Youth Employment Solutions (YES) program. Blind and visually impaired students from across Washington State are housed at the University of Washington for 6 weeks while participating in job placement programs all around Seattle.

<https://www.jackstraw.org/program/youth-education/blind-youth-audio-project/>

Organizations local to Washington State

General

Disability Empowerment Center

Providing free services to people who live in King County. We are a community-based organization led and run by people with disabilities. As an independent 501(c)3 nonprofit, we are a crucial hub for individuals with disabilities to receive free individualized services and access community-based resources.

<https://www.disabilityempowerment.org/>

Disability Rights Washington

Disability Rights Washington is Washington's Protection and Advocacy System. It is a private non-profit organization that protects the rights of people with disabilities statewide. Our mission is to advance the dignity, equality, and self-determination of people with disabilities. We work to pursue justice on matters related to human and legal rights.

<https://www.disabilityrightswa.org/>

Northwest Access Fund

Northwest Access Fund offers financial products and services designed to meet the unique needs of people with disabilities and seniors in Washington, Oregon, and Idaho.

<https://www.nwaccessfund.org/>

Seattle Cultural Accessibility Consortium

As we age or become injured, each one of us will eventually need accessible accommodations. The Seattle Cultural Accessibility Consortium is Seattle's only concentrated accessibility effort to address the needs of this growing population. Our work supports and enriches existing local arts & culture organizations. SCAC guides arts and culture administrators in their journey to integrate accessibility within the structure of their organizations.

<https://www.seattlecac.org/>

Audio and Visual

Abused Deaf Women's Advocacy Services

Abused Deaf Women's Advocacy Services empowers Deaf and DeafBlind survivors of domestic violence, sexual assault, and harassment to transform their lives while striving to change the beliefs and behaviors that foster and perpetuate violence. We provide comprehensive services to individuals and families, community education, and advocacy on systems and policy issues.

<https://www.adwas.org/>

DeafBlind Service Center (DBSC)

DBSC is committed to assisting deafblind people in reaching and maintaining their highest possible quality of life and degree of personal autonomy.

<https://seattledbcs.org/>

Hearing, Speech, and Deaf Center

HSDC is a nonprofit organization serving the Puget Sound area. We foster accessible communities through communication, advocacy, and education. We offer services for people who are Deaf, hard of hearing, or have speech/language differences as well as their families and friends. We also offer training for organizations that wish to better serve Deaf and hard of hearing community members.

<https://hcdc.org/>

The Lighthouse for the Blind, Inc.

The Lighthouse for the Blind is a private, not-for-profit social enterprise providing employment, support, and training opportunities for people who are blind, DeafBlind, and blind with other disabilities. The Lighthouse has provided employment and support to people who are blind in our community since 1918.

<https://lhblind.org/>

Washington Talking Book & Braille Library

The Washington Talking Book & Braille Library (WTBBL) Provides library services state-wide, at the library and by mail, to any Washington resident unable to read standard print material due to blindness, visual impairment, deaf-blindness, physical disability (cannot hold a book or turn pages), or reading disability.

<https://www.sos.wa.gov/washington-talking-book-braille-library>

Washington State Department of Services for the Blind (DSB)

Washington State Department of Services for the Blind (DSB) provides services for people of all ages who are blind or have low vision in the state of Washington. The agency provides services to more than 2,800 Washington State Residents to help them gain or retain employment.

<https://dsb.wa.gov/>

Washington State Association of the Deaf

The mission of the Washington State Association of the Deaf is to promote, protect, and preserve the rights and quality of life of deaf and hard of hearing individuals in Washington.

<https://wsad.org/>

Mobility

Little Bit Therapeutic Riding Center

A community where horses transform the bodies, minds, and spirits of people with disabilities.

<https://www.littlebit.org/>

Outdoors for All Foundation

To enrich the quality of life for children and adults with disabilities through outdoor recreation

<https://outdoorsforall.org/>

Seattle Slam Wheelchair Rugby Club

Washington's only wheelchair rugby club that competes in the Pacific Conference of U.S. rugby league governed by the USQRA (United States Quad Rugby Association).

<https://seattleslam.org/>

Neurodiversity

The Greater Northwest Chapter of The National MS Society

Working toward a world free of MS. People affected by MS can live their best lives as we stop MS in its tracks, restore what has been lost, and end MS forever.

<https://www.nationalmssociety.org/Chapters/WAS>

Seattle Chapter of CHADD

Empowering people affected by ADHD by providing evidence-based information, supporting individuals, their families, and professionals who assist them throughout their journeys, and advocating for equity, inclusion, and universal rights.

<https://www.chadd.net/chapter/206>

Thrive Seattle Living

Thrive Seattle Living is an innovative program for young adults with autism, ADHD, or other similar traits who are ready to learn how to live independently.

<https://www.thriveseattleliving.com/>

Washington Autism Alliance (WAA)

Extends access to healthcare, education, and services for people with autism spectrum disorders (ASDs) & related intellectual and developmental disabilities (IDD) in Washington State.

<https://washingtonautismalliance.org/>