St Joseph's Catholic Primary School Bulli

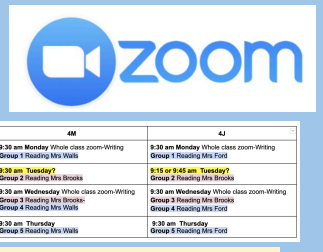
Learning Schedule Term 4 Week 3 - Year 4

PB4L Positive Behaviours for Learning

Be Respectful Be Responsible Be Safe

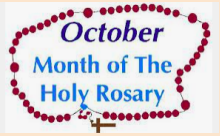
Follow Home Learning Expectations

REMOTE LEARNING

Key Learning Areas	Day 1 Remote Learning STUDENT SIGN IN (by 12pm each day)	Day 2 Remote Learning STUDENT SIGN IN (by 12pm each day)	Day 3 Remote Learning STUDENT SIGN IN (by 12pm each day)	Day 4 Remote Learning STUDENT SIGN IN (by 12pm each day)	Day 5 Remote Learning STUDENT SIGN IN (by 12pm each day)
					**FREE CHOICE FRIDAY**
	4J- Mrs Ford click here **Whole class then Group 1** 4M- Mrs Walls click here **Whole class then Group 1**	Mrs Brooks click here **9:30 4M Group 2** **9:45 4J Group 2** Mr Barr Support Zoom at 11:30 click here	4J- Mrs Ford click here **Whole class then Group 4** 4M- Mrs Walls click here **Whole class then Group 4** Mrs Brooks click here **9:45 4M Group 3** **10:00 4J Group 3**	4J- Mrs Ford click here **Group 5** 4M- Mrs Walls click here **Group 5**	

Religion









Learning intention: We are learning about the importance of creation and health/nutrition so that we appreciate what we have and continue to protect our environment and look after our health.

Learning intention: We are learning that we can communicate with God through prayer. Jesus teaches us how to pray in different situations.

Say school prayer and/or sing the school song.

Religion:

Task 1: Read the following Scripture below or click HERE to listen.

Matthew 18:19-20
19 Again, truly I tell you, if two of you agree on earth about anything you ask, it will be done for you by my Father in heaven.

20 For where two or three are gathered in my name, I am there among them."

We will unpack this Scripture verse in our Zoom

Task 2: Respond to the 'I Wonder' questions in your Home Learning Book:

- I wonder why Jesus says he is present when two or more gather.
- I wonder when people come together in Jesus' name.
- I wonder what Jesus is really saying in these two verses.

Task 3: Upload your responses to Seesaw.



Say school prayer and/or sing the school song.

Religion:

Task 1: Read the following Scripture below or click HERE to listen.

Mark 1:35-38.
A Preaching Tour in Galilee
35 In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed.

36 And Simon and his companions hunted for him.

37 When they found him, they said to him, "Everyone is searching for you."

38 He answered, "Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do."

We will unpack this Scripture verse in our Zoom

Task 2: Respond to the 'I Wonder' questions in your Home Learning Book:

- I wonder why Jesus chose to pray in a deserted place while it was still dark?
- I wonder what Jesus did in the deserted place?
- I wonder if you have a deserted place you like to go to?
- I wonder how Jesus felt

Say school prayer and/or sing the school song.

Religion:





Task 1: Read about the Good Shepherd Sisters' Kindergarten. Click HERE and scroll down to The Good Shepherd Sisters Kindergarten Centre.

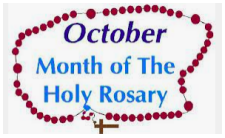
Task 2: Go to the Seesaw activity titled: Good Shepherd Sisters' Kindergarten.

Complete the activity.



Say school prayer and/or sing the school song.

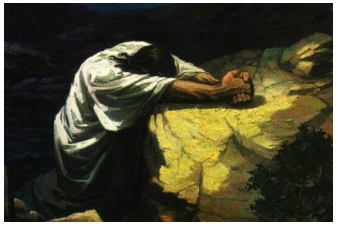
Religion:



Task 1: In your Home Learning Pack, locate the sheet titled 'Luminous Mysteries of the Holy Rosary'.

Use the images below to assist you with completing the activity on the sheet.

1. **The Agony in the Garden**

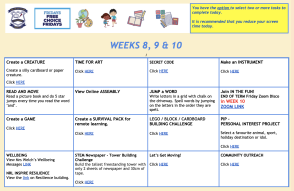


2. **The Scourging at the Pillar**



OPTIONAL

Click on the TASKBOARD image below or HERE to access the Optional TaskBoard Activities

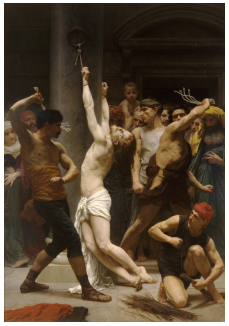
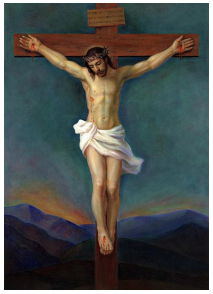


Optional Learning

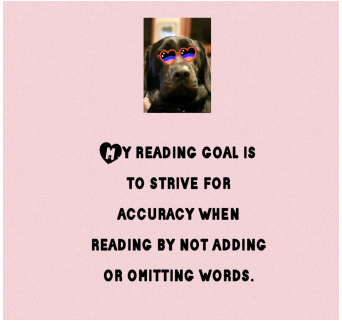
You have the option to select two or more tasks to complete today.

It is recommended that you reduce your screen time today.

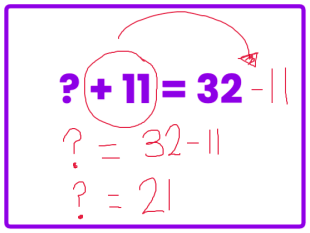
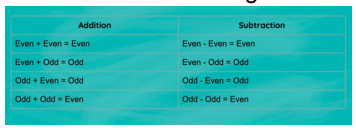
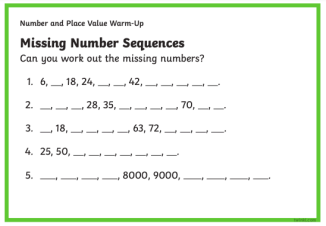


		when Simon and the disciples found him and said, “Everyone is searching for you”? **Task 3:** Upload your responses to Seesaw. CLASS UPLOAD		 **3. The Crowning with Thorns**  **4. The Carrying of the Cross**  **5. The Crucifixion** 	

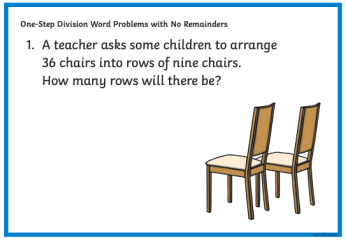
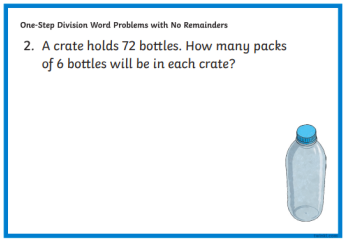
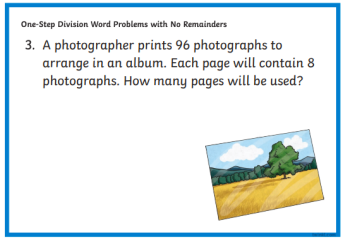
English **Word of the Day**  	morsel -Definition and synonyms **Super Sentences** 1.Evan refused to touch a **morsel** of the food they had brought because it could have been poisonous. 2. Laila had cleared her plate of every **morsel** but still remained hungry! **Now it's your turn** In your Home Learning Book, write two more super sentences using the word morsel. CLASS UPLOAD	-Sound buttons and syllables -Syllable types	dismayed -Definition and synonyms **Super Sentences** 1.Do not be dismayed if your first offer is rejected. 2. Mrs Ford climbed up the mountain, dismayed that she was exhausted and might not reach the top. **Now it's your turn** In your Home Learning Book, write two more super sentences using the word dismayed. CLASS UPLOAD	-Sound buttons and syllables -Syllable types	
BRAIN BREAK					
English Reading 	**Independent Reading 20-25mins (set timer)** **Task 1:** Complete a Bug Club reading task. Bug Club **Remember to click on the**  **to complete quizzes as you read.**	**Reading 20-25mins (set timer)** **Task 1: Read Theory** Slowly read, whilst monitoring one Read Theory text and answer the questions followed by completing your own independent reading from your own book/ Bug Club/ SORA/ School Magazine. **Task 2:**	**Reading 20-25mins (set timer)** **Task 1: Read Theory** Slowly read, whilst monitoring one Read Theory text and answer the questions followed by completing your own independent reading from your own book/ Bug Club/ SORA/ School Magazine. **Task 2:**	**Reading 20-25mins (set timer)** **Task 1: Independent Reading** Read your own book/ Bug Club/ SORA/ School Magazine **Task 2:** Take a photo of one page of your text. Make sure it is a text with paragraphs and NOT a comic. Record yourself reading this page being mindful of the reading goal you have set.	FRIDAYS FREE CHOICE FRIDAYS

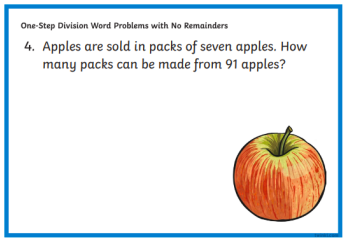
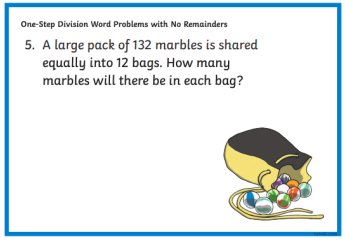
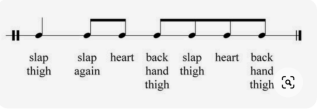
	Task 2: **Learning Intention:** We are learning to group short sentences that mean the same thing so we can improve our comprehension and word vocabulary. Go to the Seesaw activity titled: ‘Matching Phrases wk3T4.’ **Task 3: Reading Goal-** Together with an adult, discuss your reading goal from wk1&2. **-Were you successful?** **-Do you need a new goal or do you need to maintain the same goal?** Make a poster and upload to remind yourself. Eg My reading goal for Wk1 and 2 is to…. by….  CLASS UPLOAD	**Learning Intention:** We are learning to track pronouns to the correct characters in texts so we can improve our comprehension. Go to the Seesaw activity titled: Tracking Personal Pronouns wk3T4. Pronouns like 'he' or 'she' replace character's names in texts.	**Learning Intention:** We are learning to understand the difference between key ideas and details in a text so that we can write a clear summary. Go to the Seesaw activity titled: Key Ideas wk3T4. **Key ideas** are the main points in a text. **Details** are elaborations, explanations or examples of the key ideas. **A summary** of a text focuses on the key ideas and leaves out the details.	Listen, reflect and evaluate your reading. Comment on whether you have been successful in achieving your goal. CLASS UPLOAD	

English Writing 	**This week we are going to warm up by writing different lists as we prepare to go back to school- so excited!!!** **Task1: WARM UP LIST 1** Write a list of 4-5 things you are thankful for in your family/home. **Learning Intention:** We are learning to write sizzling starts so that we can engage and entertain the reader in our narrative texts. **Task 2:** Go to the Seesaw activity titled: **1** Sizzling Starts wk3T4. You will view 2 examples of sizzling starts with sound, action and dialogue in Seesaw. You will then select from the topics provided.. You must include sound, action and dialogue. Your starts must be 3 or more sentences.	**Task1: WARM UP LIST 2** Write a list of 4-5 things you are excited about coming back to school. **Task 2:** Go to the Seesaw activity titled: **2** Sizzling Starts Before and After wk3T4.  **Sizzling Starts** Narrative Start with a **blast!** Catch the reader's **attention!** Use **action!** Include **sound!** You will view 2 more sizzling starts both with a "before" (boring) and an "after" (sizzling!). You will then write your own from the topics in Seesaw. You must include sound, action and dialogue. Your starts must be 3 or more sentences.	**Task1: WARM UP LIST 3** Write a list of 4-5 questions you have about coming back to school. **Task 2:** Complete in your Home Learning Book. Pick one topic and set your timer for 2 mins. Write a sizzling start. Repeat this task again using a different topic, so you should end up with 2 different sizzling starts. This is so you will have a number of ideas in your book. **Narrative** 1. A day at the beach 2. A dance 3. Lunchtime fun 4. Learning to ride a bike 5. Playing with a pet 6. Almost getting caught 7. It's not fair 8. My Grandparents... 9. A holiday that... 10. A fight with my parents 11. My annoying habit I want to change 12. A time I got in trouble 13. The thing I fear most 14. I learn best when 15. A haunting dream **Task 3: 20mins** Pick one sizzling start you would like to continue and write a short narrative today and tomorrow.	**Task1: WARM UP LIST 4** Write a list of 4-5 things you would like your teacher to remember or know about you. **Task 2:** Complete in your Home Learning Book. Pick one topic and set your timer for 2 mins. Write a sizzling start. Repeat this task again using a different topic, so you should end up with 2 different sizzling starts. This is so you will have a number of ideas in your book. **Narrative** 1. A day at the beach 2. A dance 3. Lunchtime fun 4. Learning to ride a bike 5. Playing with a pet 6. Almost getting caught 7. It's not fair 8. My Grandparents... 9. A holiday that... 10. A fight with my parents 11. My annoying habit I want to change 12. A time I got in trouble 13. The thing I fear most 14. I learn best when 15. A haunting dream **Task 3**: **20 mins** Continue your short narrative from yesterday or write a short one from today's ideas.	

BREAK 1					
Mathematics	**Number Sense** In your Home Learning Book, complete the number sentences below to make them equivalent. For example: **? + 52 = 28 + 83** **? = 59** a) ? + 26 = 41 + 17 b) 37 + 15 = 29 + ? c) 93 - 65 = 55 - ? d) 74 - ? = 61 - 43 e) 39 + 42 = 108 - ? Upload your answers to Seesaw. CLASS UPLOAD	**Number Sense** In your Home Learning Book, complete the number sentences below by doing the inverse operation. For example:  a) ? + 18 = 45 b) ? - 54 = 38 c) ? + 163 = 187 d) ? - 438 = 871 e) ? + 5637 = 6209 Upload your answers to Seesaw. CLASS UPLOAD	**Number Sense** Complete the task in your Home Learning Book. **Task 1:** For the questions below, use the table to determine if the result would be even or odd. Record your answer (even or odd). Zoom in to see the image.  **Task 2:** Solve the question. For example: **45 + 25** **The answer would be even** **45 + 25 = 70.** a) 36 + 52 = b) 44 + 27 = c) 63 + 81 = d) 54 - 22 = e) 108 - 47 = f) 481 - 375 = Upload your answers to Seesaw. CLASS UPLOAD	**Number Sense** Try to solve the patterns below.  Number and Place Value Warm-Up **Missing Number Sequences** Can you work out the missing numbers? 1. 6, __, 18, 24, __, __, 42, __, __, __, __, __. 2. __, __, __, 28, 35, __, __, __, __, 70, __, __. 3. __, 18, __, __, __, __, 63, 72, __, __, __, __. 4. 25, 50, __, __, __, __, __, __, __. 5. ____, ____, ____, ____, 8000, 9000, ____, ____, ____, ____. Extension: Create your own number patterns and have someone in your family try to solve them!	

Mathematics

Learning Intention: We are learning to use mental strategies to divide a two-digit number by a one-digit number where there is no remainder.	**Learning Intention:** We are learning to use mental strategies to divide a two-digit number by a one-digit number where there is no remainder.	**Learning Intention:** We are learning to select and use a variety of mental and informal written strategies to solve multiplication and division problems.	**Learning Intention:** We are learning to select and use a variety of mental and informal written strategies to solve multiplication and division problems.	
Halving and Repeated Halving to Divide **Task 1:** Go to the Seesaw activity titled: Halving and Repeated Halving to Divide Listen to the instructions and complete the activity in your Home Learning Book **You must show your working out.** **Task 2:** Take a photo of your completed work and upload it to Seesaw. CLASS UPLOAD Answers will be posted tomorrow.	**The Relationship Between Division Facts** **Task 1:** Go to the Seesaw activity titled: The Relationship Between Division Facts Listen to the instructions and complete the activity in your Home Learning Book **You must show your working out.** **Task 2:** Take a photo of your completed work and upload it to Seesaw. CLASS UPLOAD Answers will be posted tomorrow.	**Division Word Problems** **Task 1:** Complete the word problems below in your Home Learning Book. Show your working out.    	**Division Word Problems** **Task 1:** Complete the word problems below in your Home Learning Book. You must show working out. Use the slides from Monday and Tuesday's Seesaw activity to help you. a) On the way to school, four children found $76. They handed it to the school principal. They will each get an equal share of the money if no one claims it. How much will each person receive? b) 96 mangoes had to be sorted into 8 boxes to be sold at the markets. How many mangoes will be in each box? c) Bill bought 70 apples for his 5 friends. How many apples does each friend receive? d) $85 is divided equally among 5 people. How much does each person get? **Challenge questions:** a) 324 students attend Brookvale Primary School. There are 4 house colours that students need to be placed	

			  **Task 2:** Take a photo of your completed work and upload it to Seesaw. CLASS UPLOAD Answers will be posted tomorrow.	into for the swimming carnival. How many students will be in each team? b) $4 is shared equally among 5 girls. How much does each girl get? **Task 2:** Take a photo of your completed work and upload it to Seesaw. CLASS UPLOAD Answers will be posted tomorrow.	
BREAK 2					
Other KLA Learning Activities The suggested amount of time on these activities is 30 minutes per day. However, the amount of time spent on these activities throughout the week	**Geography** **Learning intention:** We are learning to identify ways we can reduce our ecological footprint so that we can live more sustainably. **Task 1:** Watch the video link. What message do you think the video is trying to convey to us? **Task 2:** Go to the Seesaw activity titled: Ecological	**Geography** **Learning intention:** We are learning to identify ways we can reduce our ecological footprint so that we can live more sustainably. **Task 1:** Watch the video link to revise what an ecological footprint is. **Task 2:** Go to the Seesaw activity titled: Ways to reduce your Ecological Footprint.	**Music** Click on the link to learn more about hambone, a form of body percussion. Give it a try. How fast can you go? 	**Visual Art** Go to the Seesaw activity titled: 'Design a Poster to Reduce our Ecological Footprint.' 	1. Complete any unfinished work from the week. **2.** View the school assembly via the shared link. **SJB Online Assembly**

is at the discretion of parents.	Footprint. CLASS ACTIVITY	**Task 3:** In your Home Learning Pack, locate the sheet with the footprint. On the footprint, come up with some strategies on how you could reduce your ecological footprint. You may use the examples on the Seesaw activity or come up with your own. See Slide 3 on the Seesaw activity on how to set it out. **Task 4:** Upload your completed work to Seesaw. CLASS UPLOAD			
Looking After Myself 	**All people benefit greatly from participating in activities to focus on self-care. It is important to look after your physical, mental, and emotional wellbeing. Please select activities from the options below to take care of yourself throughout the week or choose to do something with your family to keep physically active every day and to focus on self-care.** ☐ View Mrs. Welsh's videos and activities and complete ☐ Complete the Mindful Colouring sheet located in your Home Learning Pack. Upload/share in Seesaw and put on display.				
Personal Development, Health & Physical Education **How to create a safe exercise space** 	**Physical Education** ☐Click the link to try the 10 Minute Shake Up (you will need to do this with a partner)				

Physical activity & School Sport – Remote Learning Matrix

Now more than ever it is important that we find ways to remain active. Please access this following matrix to select activities that suit you. You must complete between 20pts - 60pts each week, (60pts per week is the Australian Physical Activity and Sedentary Behaviour Guidelines).

	Physical Activity Options				
	A- Around the house	**B - Cardio workouts**	**C - Dance/Aerobics**	**D - Strength**	**E - Student Choice**
1 Point	A1- Sweep the floors	B1- 30 star jumps	C1- Put on your favourite song and dance around the room	D1 - 20 push ups OR 20 situps	E1- Design and complete your own 5 min. physical activity
3 Points	A3-Juggle a soccer ball, shoot a basketball/netball, throw a ball at a target for 10 minutes	B3 - Meditation- Smiling Mind app or Calm app- 10 minute meditation session. (free download)	C3 - Beginners dance routine for fitness 12 mins	D3 - Try this 10 minute Cardio Boxing routine	E3 - Design and complete your own 10 minute physical activity
5 Points (20 mins of physical activity)	A5 - Jump on the trampoline for 15 minutes (or 15 minutes skipping)	B5 - Choose one of the 20min 7 Days of Sweat workouts to complete	C5 - Complete 20 minutes of Just Dance: Just Dance YouTube Channel	D5 - Full Body workout- Casey Ho Blogilates- 12 mins +warm up	E5- Design and complete your own 20 minute workout routine
7 Points (30 mins of physical activity)	A7 - Complete Yoga time or find your own yoga routine to do	B7 - Complete this 30 minute cardio routine	C7 - Complete the Born To Move Dance Routine	D7 - Power Yoga Session - Yoga by Adriene	E7- Design and complete your own 30 minute workout routine
9 Points	A9 - 15 pushups 15 situps 60 second plank 60 seconds rest (repeat x 8)	B9 - Challenge yourself with this 40min cardio boxing routine	C9 - Complete a 30 minute aerobics for beginners session	D9 - 30 Minute bodyweight strength class	E9- Design a 30 minute workout routine. Complete with a friend over facetime
12 Points	A12 - Go for a 30-40 minute run/powerwalk	B12 - Choose 3 HIIT workouts on the youtube channel: The Body Coach	C12 - 30 minute hip hop TABATA workout	D12 - Build strength by completing this challenging 40 minute strength workout	E12- Design and complete your own 40 minute workout routine
15 Points (60 mins of physical activity)	A15 - Do all of the house chores for at least 60 mins	B15 -Challenge yourself with Les Mills full body combat cardio workout	C15 - Start Slideshow and complete all Zumba routines	D15 -Use Fitness Blender to complete a free strength workout- must total 60 mins	E15- Design and complete your own 60 minute workout routine

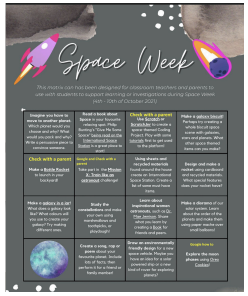
https://docs.google.com/document/d/1DOofvLZvCrTydanfTy-uvIph8B05BdYj7CicuNdaBKs/edit?usp=sharing link for the matrix

Optional Extension Task/s

Optional Extra Task/s

☐ Investigate Rube Goldberg machines. Watch this Video click here Investigate further, build your own Rube Goldberg machine and make sure you video it! Upload to Seesaw.

☐ Space Week-click here for an enlarged version



Dismissal- Family check-in time.

The following questions would support you when checking in with your child.

- What are you learning today?
- What are your learning tasks or goals in this session?
- How will you be spending your time?
- What resources do you require?

	● What support do you need? **The following questions would support you to check in with your child after a learning session** ● What did you learn as you completed your work today or what did you work on improving? ● Consider 2-3 things that went well today or that you enjoyed about your learning task, tell me about them. ● Can you acknowledge one challenge or something difficult? Discuss how this can be overcome tomorrow. ● How did you go with the new learning presented this week? ● Are you okay? Do you need to ask your teacher for something or do you need support with anything to make tomorrow more successful?