Literacy	Numeracy	Health and Wellbeing	Learning Across the Curriculum
Take time to enjoy reading a book of your choice. Design a new front cover / illustrate one or more chapters Turn a section of the book into a comic strip Draw the main characters or setting from the story – refer closely to the text for details of how they look Summarise each chapter Make a book trailer Make a recommendation (or otherwise) for others who might be planning to read the book Research the author – details of his/her life; other books written by the author	Create a maths game to practise what we are doing in class. You could teach the class and we can play it together.	Find ways to keep active each day by creating a workout routine that you can do together as family. Then spend time exercising together. Record yourself on video as if you are a fitness instructor. Try to come up with at least 5 different exercises. Keep a food diary. Each day record what you have eaten for each meal (include snacks too) and drinks you have had (are you staying hydrated?). You can record your food diary on paper by writing it down and drawing pictures or take photos and label what you have eaten, or do a video and talk about the foods you have chosen. Can you identify the different food groups in each meal? What could you have added to your meals to make them more balanced? Could you have made healthier choices for certain meals or snacks? You could also make a weekly meal plan.	Carry out some research into some of these topics: • A country • The human body or the senses • Lifecycles of plans and animals • Animal habitats Create a poster, PowerPoint, video or piece of writing about what you have learned. Be as creative as you like to show what you have learned.
	Practise solving problems involving addition (+), subtraction (-), multiplication (x) and division (÷).		
Free writing:	Do a practical measuring activity. You could measure the height of people at home the distance between two objects, measure ingredients when baking, or an idea of your own.		Produce some artwork. It could be linked to our work in class, a response to the work of an artist of your choosing, a self-portrait or a portrait of a family member or pet, what you see outside your window or in your garden – any size and using any medium you choose.
Watch a film or TV programme, then re-write it in your own words, write a review or write a summary of what happened.	Create a questionnaire or survey then ask family and friends for their answers to your	Work on some mindfulness activities such as: • Mindful colouring • Breathing exercises	Practise your typing skills using Dance Mat Typing https://toybox.tools.bbc.co.uk/activities/id/activity-dance-mat-typing/exitG ameUrl/http%3A%2F%2Fwww.bbc.co.uk%2Fguides%2Fz3c6tfr

Choose a photograph that means a	questions. Create a	• Yoga	
lot to you. Tell what it was about, what happened, what made it special. You can do this in any way you like – words, drawings, photos etc.	table, chart or graph to collect and show your findins.	 Relaxation strategies Do some research to find other ideas or just think about 	
Look at newspapers or watch TV news bulletins. Select a new story on any topic which you find interesting and rewrite it in your own words. Write it in a journalistic style – headline, interviews, quotes etc. You could also turn it into a video news report.	Do some work with money. Think about items you might like to buy and find out how long you would have to save to be able to buy them. Where can you find the best deal on the item you want? If you had a certain budget or amount of money to spend, what could you buy?	things you do to look after your mental health. Create a poster or video explaining the strategies you use to be mindful, calm and relaxed.	
Create a list of 10 spelling you find tricky or challenging. Practise them			
using some of the activities you have done in class or make up some			
activities of your own.			