



WOMEN'S MONEY MATTERS

Somerville Housing Authority 6.02.25

Mondays • 5:30-7 p.m. EST • In-person

Mystic Activity Center, 530 Mystic Ave #112, Somerville

6/02/25

5:30 PM: Participant Introduction to Women's Money Matters (Participants Only)

Participants learn about the unique relationship that women have with money, what they can expect from the Financial Futures Collective program, and engage in exercises to help become more comfortable talking about money.

6:30 PM: Coach Introduction to Financial Futures (Coaches Only)

Coaches meet the Program Leader, fellow coaches, and learn more about the Program.

6/09 Getting to Know You

As participants and coaches come together for the first time, we will unite and bond through ice breaking exercises and group discussion. Participants will learn about goal setting and establish their own goals. Partners will plan their first one to one meeting.

****Picture This Overview**

6/16 Picture This

Prior to this session, participants will create a virtual/online vision board to help them visualize their financial goals, get excited about how savings could be used to achieve these goals, and better the lives of their families. **At this session, each participant and coach will have the opportunity to showcase and share their vision with the group.

6/23 Earn, Spend, and Save

Participants will learn how the balance of income and expenses impacts savings and their ability to achieve their goals. Pairs will work together to create a spending plan. They will discuss how making good choices about whether an expense is a want or a need can have the biggest influence on their success.

6/30 Keeping Your Money Safe

Navigating the U.S. financial system can be overwhelming. Here, participants and coaches will become more familiar with different financial institutions, learn the importance of them, and understand how they can use savings and checking accounts to manage their money more effectively.

7/07 Building Credit

Not having credit is not the same thing as having good credit. Participants and coaches will work together to understand various types of credit, why it is important to have credit, how to build credit, and how to maintain good credit.

7/14 Repairing Credit

Financial mistakes happen, but it's important to learn and gather the tools needed to get back on the right track. Repairing Credit will empower participants to take the steps needed to repair and improve their credit.

7/21 Feedback Sessions**5:30 PM: Participant Feedback Session (Participants Only)**

Participants and the Program Leader will discuss their successes and challenges with the Women's Money Matters program, ensure the program objectives are being met, and work together to make adjustments based on the needs of the group.

6:30 PM: Coaches Feedback Session (Coaches Only)

Coaches and the Program Leader will discuss their successes and challenges with the Women's Money Matters program, ensure the program objectives are being met, and work together to make adjustments based on the needs of the group.

7/28 Protecting Yourself Against Fraud

With new scams popping up every day, it is important to learn how to identify various types of fraud and identity theft. Participants will learn how to protect themselves from becoming victims of fraud, and learn how to take action to correct fraudulent activity.

8/04 Healthy Eating on a Budget

Grocery shopping tends to be a large part of a person's budget. The group will learn how to stretch their dollar at the grocery store, while still buying food that is nutritious and part of a well-balanced diet.

8/11 Saving for Change

Participants discuss the reasons for saving money. Together, the group acknowledges the challenges to saving money and work to help one another overcome those challenges specific to their real lives.

8/18 Moving On and Graduation

As the program comes to a close, the group will reflect on the progress that they have made, discuss next steps, and share their journeys with the group. Participants will be empowered to continue making strides towards a healthy financial life.