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Ember Markussen

TheStoryPriestess@gmail.com

<https://www.thestorypriestess.com/sanctuary>

A COZY FALL TALE OF TWIN FLAMES AND SHADOWS

Santa Ana, CA, 8/6/2025 – Ember Markussen’s debut novel, *Sanctuary*, is being released on August 8, 2025. An energy healer specializing in ritual breathwork and working with the shadow self, and contributor to *Enchanted Living* magazine, Markussen has created a vibrant cast of characters in a small New England town to bring lessons from the spiritual world to the fictional one.

Sanctuary is the story of Elizabeth Whit, a single mother moving to rural New England to start over in love and in life, ready for anything but the magic she finds in the darkness of the forest. Elizabeth’s story will feel familiar to the many women who have experienced the raw burdens of motherhood, the hope and disappointment of relationships, and the feeling that perhaps the life they wanted is still waiting for them on another path. While the cozy rural setting holds the reader in a warm embrace, *Sanctuary* allows the reader to wander beside main character Elizabeth Whit as she moves deeper into the forest, and deeper into herself. An emotional and honest read that bookworms are loving.

Early readers have commented that the book “felt almost like being inside a Hallmark movie with a magical element”, and dubbed it “Gilmore Girls but for spiritual baddies”. This novel calls for a grey afternoon, a cascade of falling leaves, and cinnamon in your coffee as you fall into the world of Solace Spring.

Sanctuary will be available for a list price of \$18.88 on Amazon, Barnes and Noble, and Bookshop websites, and will surely be making its way into niche independent bookstores around the country. More information can be found at [TheStoryPriestess.com](https://www.thestorypriestess.com)

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