

te:	Fairmount JEDI September 2023
Lesson focus/goals:	<ul style="list-style-type: none"> • Welcome to JEDI, who are we, what do we do, why are you here? • How can we make our community stronger and more supportive of all people? • The Power of Words • How kind self talk helps us talk kindly with others • Planting and nurturing positive words helps to grow a more positive, kind space to exist in
Materials needed:	<ul style="list-style-type: none"> • Greenie • Paper Marke • Dars, crayons • Glue • Scissors
In:	<ul style="list-style-type: none"> • Snack and run around (15 min) • Kids filter out back, weather permitting, for a snack and play on the playground. • Welcome Back! <ul style="list-style-type: none"> ○ We are so glad you're all here and hope that you had a good summer. ○ We are back for our second year of our JEDI program. JEDI refers to justice, equity, diversity, and inclusion. • We are working towards being more courageous and compassionate, more loving and caring of others, more aware of injustice. • We are interested in learning about those that have worked through history, and those that are working today, to make our school, community, state, country, and world a more inclusive and safe place for all people. Where all people are celebrated for their unique differences. • We will be meeting in this group twice a month. • Each week, we will learn about history, people, different cultures, and ourselves. We will create things! • You are welcome to share your thoughts and feelings, we love to hear from you, or you can keep them private or share them at home with your family. • These are our expectations, we will say them together each week at the start of each session. It is not only important to say them, but to believe them. • Expectations: <ul style="list-style-type: none"> ○ This is a safe place,

	<ul style="list-style-type: none"> ○ We will respect and value each other by honoring our differences and our similarities. ○ We will always try our best. ○ We are better together.
Through:	<ul style="list-style-type: none"> ○ Greenie: Some of you might remember Greenie from last year. ○ The start of school can be an exciting time, a new classroom, new and old friends, new experiences. ○ It's also normal to feel nervous, worried or upset. It can be hard to fit in when we're in a new place, a new classroom, with new or different classmates we don't know well. Some classmates might have friendships with others already. We could feel a certain way about a person before we get to know them or might feel jealous. ○ Point out that some people will automatically put up barriers to a new student, deciding quickly-without even trying to get to know him or her-that they dislike this new person. ○ Imagine that Greenie has just come into a new group where students worry about people who are different. Tell them that you are going to read a short story about a day in school for Greenie. ○ Listen for every time a mean thing is said to Greenie. When you hear something mean, raise their hand. Then, you are going to come up and rip off a piece of Greenie's body. You will keep this part of Greenie to hold on to. (Tip: When ripping, or cutting, don't remove small chunks; it will need to be obvious to students where each piece fits into the whole when they work to put Greenie back together at the end of the story.) ○ Greenie is new at Fairmount. As Greenie got on the bus and sat down toward the back, a student blocked Greenie's way and said, "We don't want you sitting with us, little kids have to sit at the front!" ○ When Greenie got to the classroom, Greenie put away their bag and lunch box and said hello to a few students, who said hello back. ○ At recess, Greenie went to join a group of kids running around the field playing soccer. One came over and said, "You're so slow and bad with the ball, have you ever even played this before?." Greenie went off and sat on the side of the field.

	<ul style="list-style-type: none"> ○ When Greenie got to the class and said hello to some new people, one said, "You have something on your shirt from lunch, gross!" ○ During the same class, Greenie was in a small group. Everyone took turns sharing their ideas about a book they were reading. After Greenie shared, a student in the group said, "That idea is really dumb." ○ Ask students, If Greenie really was a new person in school and this happened, how might Greenie be feeling? Using restorative circle practice lets each student have a chance to express a feeling..
Out:	<ul style="list-style-type: none"> ● First Book: Seeds and Trees by Brandon Walden ● Words are powerful. The words we use with others and the words we use with ourselves. Words can be used to hurt others and ourselves, or words can be used to support, celebrate, and affirm others and ourselves. When we use positive, kind, affirming words, our actions can match those words creating a kinder space. ● Our words are like seeds we plant in a garden. When we plant, water and nurture the seeds of kind words and actions, we're surrounded by a garden that reflects that. Our time together in JEDI this year will help us plant these kinds of seeds, seeds of support, love, service, and gratitude. ● Second Book: Stacey's Extraordinary Words by Stacey Abrams ● Other options: Words and Your Heart by Kate Jane Neal