

Sunday, January 12, 2025
10:15 a.m.

To have your joys and sorrows shared aloud, please write them on a card found at the table in the entrance lobby, or up front near the pulpit. A silent candle on the front table is always welcome as well. If you're online, later you'll be prompted on when to input your message in the Zoom chat box.

Welcome and Announcements

**Rev. Amy Zucker
Morgenstern**

Events today:

Sunday School for children and youth preK through grade 8 – Children's Chapel Sunday, 1/12 10:15 am
2nd Sunday Lunch Sunday, 1/12 11:30 am, Patio
Starting Point: A Group for Newcomers Sunday, 1/12 11:30 am, Room 6

This Week:

Brown Bag Books Tuesday, 1/14 12:00 pm, Online
Dismantling White Supremacy Tuesday, 1/14 7:15 pm, Online
Resonant Reading (Wednesday), 1/15 12:00 pm, Online
Sci-Fi / Fantasy Discussion Group Ammonite, by Nicola Griffith Wednesday, 1/15 7:00 pm, Online
Neighboring Faith Communities for Adults – Wednesday Class, 1/15 7:30 pm, Room D
NEW Women's Group - Friday, 1/17 11:30 am, Room 10
Saturday Meditation Saturday, 1/18 9:00 am, Online
Resonant Reading (Saturday, 1/18 4:00 pm, Online
All Ages Game Night Saturday, 1/18 6:00 pm, Room 4/5

Selected Upcoming Events:

Forum World threats to democracy Sunday, 1/19 8:30 am, Library
No Sunday School Sunday, 1/19
Senior High Youth Group – SHYG Sunday, 1/19 10:15 am
Sunday Service Sunday, 1/19 10:15 am , UUCPA Main Hall & Online
Empty Nest Parenting Group Sunday, 1/19 11:30 am, Hamaker Library

A women's group is forming at UUCPA—to provide a supportive, confidential environment in which to cultivate deep connection and community. We will practice self-reflection and authentic sharing that focuses on self-awareness, meeting life's challenges with wisdom and grace, and growing into the best versions of ourselves. Our first meeting is this Friday, January 17, 2025, from 11:30 a.m. to 1:30 p.m. at UUCPA in room 10. Our plan is to meet two times per month in person on Fridays through May (and continuing by mutual agreement). If you are interested, please contact [Shannon Jones](#) or [Gloria Geller](#).

Helping Children with Emotional Moments Sunday, 1/26 11:45 am, Fireside Room. Tantrums and crying upset us parents and caregivers. We can feel angry, or like a failure, or both! A child's defiance and rudeness can trigger similar feelings. In these moments of high emotion, what do we do? You already do so much to care for your child well, and this interactive class will help you add one more tool

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to your kit. We'll learn an approach that takes the burden off parents to "fix" the situation, while also allowing children to release big feelings and reconnect with you.

Prelude	<i>J'ai vu le loup, le renard, et la balette</i> and <i>The Harris Dance</i>	Celtic Moon
Chalice Lighting	Jennifer Gracen	
Centering Words	African proverb	
Story for All Ages		Rev. Cat Boyle
Song	<i>Lean on Me</i> Words & Music: Bill Withers, 1938-, ©1972 Interior Music	

Sometimes in our lives
we all have pain,
we all have sorrow.
But if we are wise
we know that there's
always tomorrow.

Lean on me
when you're not strong
and I'll be your friend,
I'll help you carry on,
For it won't be long
'til I'm gonna need
somebody to lean on.

Please swallow your pride
if I have things
you need to borrow,
For no one can fill
those of your needs
that you won't let show.

Just call on me, sister,
when you need a hand.
We all need somebody to lean on.
I just might have a problem
that you'd understand.
We all need somebody to lean on.

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Lean on me
when you're not strong
and I'll be your friend,
I'll help you carry on,
For it won't be long
'til I'm gonna need
somebody to lean on.

Just call on me, neighbor,
when you need a hand.
We all need somebody to lean on.
I just might have a problem
that you'd understand.
We all need somebody to lean on.

If there is a load
you have to bear
that you can't carry,
I'm right up the road,
I'll share your load
if you just call me.
Call me, call me, call me, call me.

All who are going to Children and Youth Religious Education sing along in their places
until the last verse, when they leave for CYRE via the lobby

Caring and Sharing

Recommitment & Affirmation

Love is the doctrine of this church,
The quest for truth is its sacrament
And service is its prayer.

To dwell together in peace,
To seek knowledge in freedom,
To serve humanity in fellowship,
To the end that all souls shall grow into harmony
with the source and meaning of life:

Thus do we covenant with each other and with all.

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Song

O, the Beauty in a Life, No. 182 in the gray hymnal
Words: Based on a text by Bishop Toribio Quimada
Music: Traditional Visayan (Filipino) folk tune

O, the beauty in a life that illumines honor anew,
that models wise and gracious ways to every seeker;
that every day shall serve in joy and do the right.
O, praise the life whose beauty shows a justice true.

Let not service of the good be confined to great saints alone,
but every hour be part of all our daily living.
Set not the hope of wisdom's grace beyond our ken;
how wide the path, how close the goal, which love has shown.

O, the beauty of a life that illumines care of the soul,
that knows a love that is for self as well as others,
that every day embodies praise for every good,
this is the faith to which we turn, our God and goal.

Reading

J. Krishnamurti

Anthem

Bridge Over Troubled Water (Simon; arr. Shaw)

UUCPA Adult Choir

Sermon

Strengthen the Fainthearted

Amy Morgenstern

Offering

Hälleforsnäs

Celtic Moon

You can give via credit card or Paypal at www.uucpa.org/connection/donate
or send the text message "uucpaoffering" to the number 44321.
For payments towards your annual pledge, use "uucpa20242025."



Thank you!

Song

Be That Guide, No. 124 in the gray hymnal
Words: Carl G. Seaburg, 1922-, © 1992 UUA
Music: Thomas Benjamin, 1940-, © 1992 UUA

Be that guide whom love sustains.
Rise above the daily strife:

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lift on high the good you find.
Help to heal the hurts of life.

Be that helper nothing daunts —
doubt of friend or taunt of foe.
Ever strive for liberty.
Show the path that life should go.

Be that builder trusting good,
bitter though the test may be:
through all ages they are right,
though they build in agony.

Be that teacher faith directs.
Move beyond the old frontier:
though the frightened fear that faith,
be tomorrow's pioneer!

Chalice Extinguishing

Sung Benediction

UUCPA Adult Choir

Postlude

May the Road Rise Up

Celtic Moon

Benediction

All

Go out into the world in peace
Be of good courage
Hold fast to what is good
Return no one evil for evil
Strengthen the faint-hearted
Support the weak
Help the suffering
Rejoice in beauty
Speak love with word and deed
Honor all beings.

Greeting Time

Music Director: Bruce Olstad

Pianist: Veronika Agranov-Dafoe

Special music: Celtic Moon: Lynda MacNeil & Varlene Schermer

Social Justice Partner of the Month: Onyxx Village Connection. <https://www.onyxxvillageconnection.org>



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Worship tech and online community creation: Tim Berry, Byron Brown, Kay Brown, Heather Chen, Paul Kostka, Steve Ludington, Kevin Ma, William Phelps, Pamela Schure, Jesse Schwab, Ann Zeise.

Unitarian Universalist Church of Palo Alto

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Pastoral emergency: (650) 494-0541, ext. 25

Office hours: Mon.- Thur. 9:00 a.m.-2:00 p.m., Sunday 9:00 a.m.-1:00 p.m.

Parish Minister: Rev. Amy Zucker Morgenstern, parishmin@uucpa.org, x26 calendly.com/amyzm for appts

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Community Minister: Rev. Stefanie Etzbach-Dale, revsteffi@gmail.com

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Head Teacher: Pari Mahjoubinia

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Sexton: Enrique Infante