

## Tiktok

Relationship issue  
Advice for relationships  
Guy in the gym squatting  
Video of friend  
Making fun of school and how lessons are boring  
Tren twins edit  
Video of a girl dancing  
Mark plier memes  
Trolling in school

## YouTube

Sam sulek arms day video  
Hamza telling how to skyrocket gains in the gym  
Fall bulk day 1 (legs) video  
Skills that every man needs by Hamza

## Instagram

Memes  
More memes  
Motivational quotes  
Friends posting videos about graduation  
MORE MEMES