

Completing and Remembering 2023

Review the list of all of your projects in the past year; then type your answers to the following questions:

What was your biggest triumph in 2023?

All of my grieving

What was the smartest decision you made in 2023?

Hannah

What one word best sums up and describes your 2023 experience? RAW

What was the greatest lesson you learned in 2023?

Heal myself heal my family

What was the most loving service you performed in 2023? Taking Luka to all of his appts

What is your biggest piece of unfinished business in 2023? Healing of my parents/ AB

Who were the three people - outside your family - that had the greatest impact on your life in 2023?

Merrill, Hannah, yhanni

What was the biggest risk you took in 2023?

Traveling to Maine

What was your biggest surprise in 2023?

That we don't need Stan's parents

What was your biggest failure in 2023?

What was your biggest learning experience in 2023? Healing my traumas and a lot to do with my parents

What will you vow to NEVER do again?

Have suicidal thoughts.

What important relationships improved the most in 2023? Me and Luka

What compliment would you like to have received in 2023? You are doing the hard work and it will pay off

What compliment would you like to have given in 2023?

What else do you need to do or say to be complete with 2023?

Creating 2024

What would you like to be your biggest triumph in 2024?

What advice would you give yourself to prepare for 2024?

What is the major effort you are planning to improve about your personal financial results in 2024?

What is the major effort you are planning to improve about your business's financial results in 2024?

What would you be most happy about completing in 2024? No

What major indulgence are you willing to experience in 2024?

What would you most like to change about yourself, personally, in 2024?

What are you most looking forward to learning in 2024?

What do you think your biggest personal risk will be in 2024?

Regarding your work, what are you most committed to changing and improving in 2024?

What is one as yet undeveloped talent that you are willing to explore in 2024?

What brings you the most joy, and how are you going to do or have more of that joy, in 2024?

Who or what, other than yourself or your family, are you most committed to loving and serving in 2024?

What three separate words (or short phrases) would you like to have as your theme for 2024?

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