

2025 7th and 8th Grade Fastpitch

Coaches	DMS Activities Office
Hannah Stevenson hstevenson@alexschools.org	Activities Director Todd Johnson tjohnson@alexschools.org
Chloe Johnson cajohnson@alexschools.org	Activities Secretary Carrie Ruffin cruffin@alexschools.org

Welcome to the 2025 softball season!

Our main objectives for players are learning and executing fundamentals, playing safely, and learning to be a good teammate and opponent. Respect towards coaches and teammates is expected at all times. By the end of the season we hope you will see growth in your level of skill and that you had fun!

Start date: April 1, 2025 End date: May 16, 2025

Clothing Link: https://dmssoftballspring2025.itemorder.com/shop/home/

Game Schedule:

8th Grade Softball Schedule
7th Grade Softball Schedule

7th & 8th Grade Remind:

The team will use Remind to communicate with athletes & parents. Text "@7sb25" to 81010 to join!

Practice Schedule: M-T-Th-F: 3:20-5:00 PM, Wednesdays: 3:20-4:30 PM

Practice Attire: Girls should come dressed in shorts, t-shirts, tennis shoes or cleats and bring sweatpants and sweatshirts. All clothing should be appropriate as determined by the school dress code. Bring layers for games! **Softball cleats cannot be worn inside the school.**

Teams: Playing time/positions/lineup will be dependent on the following factors: the student must be in good academic standing, be at practice, be on time for practice, and while at practice should respond <u>positively</u> to the coaches and other players.

- Absences: Absences for any reason need to be communicated to the coaches. Family emergencies, sickness and time to make-up school work are excused absences. Skipping practice, detention or not notifying the coach that you will be gone, are considered unexcused.
- Eligibility: A player must make satisfactory progress in school to be eligible. A report will be run of students in activities that are failing classes near mid-quarter and end of quarter. The AD will meet with students to have a discussion about the process and provide a form to be signed by the teacher(s). Students will have 7 days to improve their grade and get the form signed by their teacher(s). If not signed and returned to the office, the student will be ineligible to participate in games until it is signed and returned to the office. Players are still expected to be at practice everyday.

Uniforms and Equipment:

The school will provide balls, bats, helmets, jerseys, and catcher's gear. Players will need a pair of black pants for games, gloves, as well as black or red knee high socks. Face masks, which are highly encouraged by coaches, are optional and must be purchased by the athlete. After practice and games, no one can leave until all equipment is packed up and the area is checked for garbage!

Games and Travel:

Home Games: We play two 5 inning games. Games are played with a 75 minute time limit and no new innings starting after 60 minutes of game play. (We normally can get 2-4 innings done within the time limit for each team).

Away Games: Players will know ahead of time if they are getting out of class early. We will not be stopping on our way home, so bring food. Pop and sunflower seeds are not allowed on the bus. Players can only ride home with their parents. A parent must sign their athlete out if they are bringing their athlete home. Coaches will let the girls know to notify parents when we are 15-20 minutes from the school.

Important Dates:

- First Practice April 1st at 3:20
- Parent Meeting April 1st at 5 pm
- Pictures April 9th
- End of Season Party May 16th