

October Newsletter



There's some spooky stuff going on in PE this month!

https://drive.google.com/file/d/1C8pRh5FKCElAN1aAzXP2gZzqt_1GDoP2/view?usp=sharing

Some literacy we are learning this month in physical education class:
Perseverance, Teamwork, Self-control, Character (ask your kids about these words)

This month we have begun our throwing and catching unit:

Underhand throw cues: swing, step and throw (lower case l with your arm)

Overhand throw cues: upper case L with your arm, side to your target, step, twist and throw

Catching: Reach, grab and give (low catch=pinkies together, high pass=thumbs together)

Halloween Warm-up games:

Witches and Zombie Tag, candy corn tag, old witch, ghostbusters tag

K-2nd Grade Throwing/Catching Stations + Yard of the Month, Oscar's Trash Can, Throw and catch tag, Egg toss challenge, farming frenzy

3rd-5th Boom City, Win the Pin, Battle for the black pearl ("Battleship"), Spooky stations



Spooky stations: Creepy Cornhole, pumpkin patch swing, haunted hurdles, howling hula hoops, monster madness, black cat balance beam, witch hat ring toss, BOOling

