

RRFF Women's Group "Teach the Teachers" Fly Casting Clinic

Signup Sheet

7/31/2024 - Now open to men as well.

Date: **Saturday, August 3rd. 9:00 AM until Noon**

Class size: **12 participants MAX. RRFF Women's Group has first priority for sign-up.**

Purpose - to provide basic fly casting instruction information and techniques to members of the RRFF Women's Group in an effort to enable them to help and teach new members (both women and men) the fundamentals of fly casting. As such, the RRFF Women's Group members will have first priority to participate in this clinic. Interested RRFF male members may also participate if there is room.

What we will cover: Instruction will cover the basic fundamentals to teach the Foundation Level and Beginning Levels of fly casting. Topics will include the Roll Cast, Pick Up and Lay Down Cast, False Casting, and training tools such as "Pancakes, Bacon and Eggs" and "Climbing the Wall". Emphasis will be given to the casting arc, acceleration and abruptly stopping the rod tip, timing, and applying power correctly. Our desire is to train those participating in this clinic with methods of instruction that can be utilized when the group is working on fly casting together or on an individual basis.

Participants should bring with them a 5 or 6-weight fly rod and reel with a floating line (WF) and a 7.5 foot tapered leader with a piece of yarn (lima bean size) tied on the end. All participants will be actively casting during this training session. We will emphasize learning through participation.

Please let me know if you have any questions.

Best,

Steve Tubbs
steve@insp2.com
707-765-1787

Women's only signup sheet:

	name	email	phone
1	Catherine Miller	katbmiller@gmail.com	707-303-0277
2	Maria de la Fuente	mariacdlf@gmail.com	415-250-0443

3	Angela Zahra	angelazahra3@gmail.com m	4153022617
4	Penelope Gadd-Coster	ynegrape@gmail.com	7073310762
5	Jan Whitney	ejanwhitney@gmail.com	916-390-7366
6	rosa sanchez	kenhair02@gmail.com	707 228-9444
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Standby list for Women or Men to be used if there are spaces available:

	name	email	phone
1	Mike Spurlock	mikerrff@gmail.com	415-599-6138
2	Bob Lombardi	lombar4321@gmail.com	707-843-6744
3	Alan Nealley	anealley@aol.com	707-479-6921
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