

Dungeons and Daddies

Dungeon Master: Anthony Burch

Glenn Close: Freddie Wong

Darryl Wilson: Matt Arnold

Henry Oak: Will Campos

Ron Stampler: Beth May

Jodie Foster: Jimmy Wong

Episode 49 - Contact

Will: Dungeons and Daddies is a rowdy, horny, violent podcast for grownups. Content warnings can be found in the description.

[Sliders theme song plays]

Freddie: What if you were sentenced by a legal system governed by dice rolls to live in a parallel universe where it's the same year and you're the same person, except your son was no longer your son? And what if you couldn't find your way home, mostly because you're being held in a maximum security prison?

Freddie: *[with reverb echo]* Sliders.

[intro plays]

Jimmy: Welcome to Dungeons and Daddies—

Matt: Ew.

Jimmy: —not a BDSM podcast. No longer a thrilling courtroom drama. No, this is actually a D&D podcast about four dads from our world flung into the Forgotten Realms in a quest to rescue their lost sons, along with their good friend, Glenn.

Beth: *[laughs]*

Will: Thanks, I hate it.

Jimmy: My name is Jimmy Wong.

Matt: I hate it.

Jimmy: And I play the fictional character, Jodie Foster, but you can just call him Jo.

Will: What!

[hysterical group laughter]

Jimmy: Jo is a— *[laughs]*

Matt: You call him what?

Will: *[way off-mic]* Shut the fuck up!

Jimmy: Jo. Jo.

Matt: Jo?

Jimmy: Jo for short.

Will: *[way off-mic]* Shut the fuck up!

Anthony: Jo for short.

Matt: That's very good.

Will: *[way off-mic]* God! Damn it! How did I not see—?

Jimmy: Jo is a fun loving, open and emotionally available highway cop turned paladin in the Forgotten Realms.

[barley pettering-off laughter ticks up again]

Matt: Cop. Of course a cop.

Anthony: Cop.

Will: *[still off-mic]* He's a cop dad?!

Beth: Oh, no!

[laughter finally calms down]

Jimmy: Jo's dad fact, when Nick was a wee lad and he had to get his normal vaccinations... So he put Nick on his lap, and Jo was also terrified of needles as a kid. So what he did, he just told the doctor to give him a fake vaccination in his arm and then put a bandage over it. And so Jo was playing it up and he was like—

Jodie: Oh!

Jimmy: He winced a little bit, but then he was showing Nick like—

Jodie: Look, it's okay to show that hurt, too.

Jimmy: So when Nick got his vaccination he was really proud because he didn't think it hurt at all, and he was like, "Ha, my dad's got to be a wimp." And Jo is actually still terrified of needles, but he didn't look when his kid got the shot.

Matt: I'll say... good riddance to Glenn then.

[laughter]

Anthony: Wow.

Matt: Sounds like Jo...

Anthony: Sounds like the mourning period is exactly one week, as long as that week is Christmas.

Jimmy: Oh boy.

Will: I'm predicting a lot of those memes with the boyfriend distracted in our future with Jodie and Glenn.

[laughter]

Matt: Yeah.

Beth: [laughing] Yes.

Matt: Oh man, I'm so thrown off by just this whole new energy of Jimmy coming in here.

Beth: Jimmy, can you do a Jodie Foster impression? And do you know that I'm really good at doing a Jodie Foster impression?

Anthony: I really want to hear yours.

Jimmy: I feel like... with that pretense, I cannot do my own. I must hear yours and then attempt to mimic it.

Matt: I think you just said, "I can do you Jodie impression."

Anthony: Just do a Jodie Foster.

Matt: That's the most round about way I've ever heard...

Beth: The worst part is that I'm actually not... I can't do full sentences but I can do either—

[laughter]

Freddie: [laughing] Can't do full sentences?

Will: [laughing] So you can't do a good Jodie Foster impression?

Jimmy: Give us a line.

Beth: I guess I'll just stop now. Okay. But yeah, big Jodie Foster impersonator over here when I'm always like—

Will: Let's hear it. Let's hear a line.

Beth: [doing an impression] Dr. Lecter. Dr. Lecter!

[group laughter]

Jimmy: Oh my gosh. My favorite scene is in Contact, when she's getting dropped in the ball and she's like, [doing an "impression"] "I can't... It's going!" [speaking normally] The whole time. That's not a good Jodie Foster impression because I'm not that Jodie Foster, I'm just Jo.

Will: Just Jo Foster?

Beth: Wait. Is it Jo D. Foster?

Jimmy: [laughs]

Freddie: The letter D?

Jimmy: I haven't decided that, honestly it could be Jo, first name, D for some and then Foster.

Will: Well Jodie is a man's name. There's guys that go by Jodie, right?

Anthony: Yeah.

Will: That's a...

Jimmy: Yeah. Yeah. Yeah.

Freddie: It's with a Y.

Anthony: It's also I think the military slang for the guy that's having sex with your wife while you're overseas.

Will: Oh, no.

Freddie: Oh, interesting.

Matt: Hey everybody, this is Matt Arnold. Uh, I think, I'm so thrown off. Hi Jimmy, welcome to the podcast. Hi, my name is Matt Arnold. I play Darryl Wilson, a stay-at-home coach dad who became a barbarian upon entering the Forgotten Realms. Yeah, I had some thoughts for a dad fact. I was going to maybe do a whole new theme because it was so nice to not have to think about them with the senses. But I don't, so here we go. In honor of the new year, this is a nice and simple one.

Matt: Darryl and Carol's favorite game...

Will: Mhm.

Matt: ...is they compete in who can—I think this is the right term—who can hotbox each other the most. They both like farting.

Freddie: What?

Matt: They are a farting couple.

Jimmy: Ooh! Dutch ovens?

Will: All right.

Matt: Dutch oven. Carol is the absolute queen of it, always beats Darryl. Waits for him to get clean, right out the shower.

Jimmy: *[laughs]*

Matt: Darryl likes to sleep naked, gets in there. Bam, it's read to go.

Will: No.

Jimmy: Juicy.

Matt: And yeah, let's just say that happens a lot on tax day, if you know what I mean.

[laughter and groaning]

Freddie: Oh no!

Jimmy: Wow.

Will: Oh. No. It's part of their boudoir play? Oh, no!

Matt: My goal this year is to make Darryl dirtier than Henry by the end of this season.

Jimmy: Ugh.

Anthony: That's the sweetest their relationship has ever sounded, to be honest. That version of Carol and Darryl, I'm like, "Aw, I hope they don't get divorced. They seem sweet."

Matt: Yeah. At their divorce court it'll be who smelt it and who dealt it.

[laughter]

Will: Oh, geeze. Oh boy.

Anthony: It'll probably be amiable. It probably won't go to court.

Matt: My cat just bit me. Okay. He didn't like the joke either. All right. Go, Will.

Will: Hello. I'm Will Campos, podcaster. I play the fictional character Henry Oak on the podcast Dungeons and Daddies, Not a BDSM podcast. What can we say about Henry? He's crunchy and munchy. He's a hippy nature druid dad, originally from the Forgotten Realms.

Will: A little New Year's dad fact for Henry. In addition to a New Year's resolutions, at the Oak household they also do what they call, "New Year's, you're darn tootin's."

Freddie: I sense a theme.

Will: It's not fart related. It's you write down one nice thing to say to yourself about yourself. And then you look at it on New Year's and you say, "You're darn tootin'." And then you've got this nice little compliment and you keep it with yourself the whole year round and then you look at it in hard times, and you look at the nice thing you wrote and then you say, "You're darn tootin'."

Beth: Damn.

Matt: That's nice.

Will: Yeah.

Beth: I like that.

Matt: Yeah.

Matt: I love that.

Jimmy: I like your version of tootin' much better than Matt's.

[laughter]

Beth: Yeah. I hate fart jokes. I just hate... Somebody could give me the rowdiest sex joke, like the most inappropriate, just not okay, and I'm like, "Hehe, yeah. That's funny." But fart jokes, I'm like, "No, not funny."

Matt: But it's not a fart joke, they just like farting with each other.

Beth: Okay. I'm done. I'm done.

Anthony: Is it that you find them gross or you just find them boring?

Beth: No, I find them gross, yeah.

Anthony: Wow...

Matt: Interesting.

Beth: No. Actually, you know what it is?

Matt: My mom loves farts.

Beth: We can unpack this later, but I think that farting is disrespectful in a way that other things are not.

[laughter]

Jimmy: Oh... so a well-timed fart is not funny to you?

Beth: I, no. I—

Will: Wow.

Matt: Beth has a real fart hangup.

Anthony: Now I really want to re-edit that scene in *Silence of the Lambs* so that Miggs just farts at her.

Beth: Well, no. This isn't— Okay. Anyway, Yew year—

Will: You said, "I could smell my fart."

[laughter]

Beth: [*Jodie Foster impression*] He said... he could smell my fart. Dr. Lecter! Dr. Lecter—

Anthony: That's a full sentence! That's a good impression.

Beth: [*Jodie Foster impression*] "Dr. Lecter, what did I eat? Dr. Lecter, I ate something."

[*group laughter*]

Beth: [*Jodie Foster impression*] "My stomach, Dr. Lecter."

Beth: Okay, so new year, new me. This is— okay. Hello, my name is Beth May and I play Ron Stampler, emotionally detached step father and rogue. Fun fact about Ron, this year, is that Ron often makes New Year's resolutions. But most of the time he doesn't actually follow through with them.

Freddie: Wow.

Matt: Oh.

Beth: Yeah.

Will: That's the most relatable Ron's ever been, I think.

Jimmy: Yeah.

Will: I think that's the aspect of Ron that he has most in common with the rest of humanity.

Beth: You know, yeah. Sometimes he's like, "Oh, should I start exercising?" And then he wants to and then February rolls around and he hasn't done it, so...

Will: Damn, man.

Matt: Damn.

Will: Am I Ron?

[*laughter*]

Freddie: My name is Freddie Wong. I play everyone's best friend and cool uncle, Glenn Close.

Will: [*half-laughing*] Oh no! I'm so upset.

Freddie: Glenn Close is currently incarcerated at the moment. A rite of passage that [*laughing*] all cool uncles go through when you think about it.

[*laughter*]

Matt: How did he become an uncle? I don't think the terms of the sentencing—

Freddie: Oh, y'know...

Matt: —wasn't you become his uncle instead of dad.

Anthony: It's like Uncle Kiryu. It's just befriend a fall father figure.

Freddie: Yeah, yeah, yeah, it's the honorific.

Matt: Nick's going to hate you.

Will: No, he's still— he's still Nick's dad, god dammit!

Matt: Yeah, you're his dad.

Anthony: Nope.

Matt: Fuck this Jo guy.

Anthony: Nope.

Jimmy: Aw. [*chuckles*]

Freddie: Glenn's New Year's resolution is to continue... fucking kicking ass 24/7 baby!

Will: [*laughs*]

Beth: Okay.

Freddie: That's the kind of man he is!

Jimmy: And probably getting out of jail too, somewhere in there.

Beth: Yeah. I was going to say maybe getting out of jail, but...

Anthony: I'm Anthony Burch. I'm your dad.

Matt: Hi Dad. I've missed you, Dad.

Jimmy: Hey Pops.

Matt: I mean that sincerely.

Will: Wait, are you still Freddie's dad?

Matt: Yeah.

Anthony: Oh yeah, I'm everybody's dad.

Jimmy: He's canonically everyone's dad.

Will: Okay. So that doesn't— okay.

[group sounds of agreement]

Freddie: He's everyone's dad.

Will: All right, everyone's dad, Anthony Burch.

Anthony: Actually, I was going to say, I'm not longer Nick's grandad, but I am grandad still, just for a different son.

Will: Yeah. Dang.

Jimmy: And you're Nick. So you're...

Anthony: I'm my own grandpa.

Will: You're your own grandpa, like that song.

Anthony: I don't do New Year's resolutions, but I'm going to put it out there. What is it called, materializing or whatever? Where you say—

Beth: Manifesting.

Anthony: Manifesting, thank you.

Beth: #Manifesting.

Jimmy: Jo believes in manifesting.

Freddie: *[laughs]*

Anthony: I'm going to try and manifest something. I'm going to try and actualize something... This will never happen, but I'm going to put it out there in the universe just in case. My ultimate dream guest spot for this show... Again, it will never happen but I want you to just imagine it and think about it and just enjoy it in your quiet moments.

Jimmy: Okay.

Will: Jimmy, he's going to say, "Jimmy Wong."

Jimmy: *[laughs]*

Anthony: Now I have to say Jimmy Wong. No. It would be if we could one day somehow get Jason Sudeikis playing Ted Lasso in this podcast as a guest character? I would be able to die. So make sure that doesn't happen, because then I'll have to die.

Jimmy: Wow.

Matt: No shit.

Freddie: You'll be dead.

Jimmy: You'll be dead. You'll have to die.

Will: You have to die?

Beth: Make sure that doesn't happen, because then I'll have to accept that I just need to follow all of my friend's television recommendations and then...

Anthony: You have to watch *Ted Lasso*, it's very good.

Beth: I know.

Matt: Oh yeah. We should do a *Ted Lasso* one shot. That's all that I'm saying.

Anthony: That would be fun— Oh, we could do a *Ted Lasso* one shot. We get points for being as positive as humanly possibly. So actually, my dad fact is talking to Jimmy about his character, I was like, "Am I going to have to get in really deep in the back story and stuff like that?" And then Jimmy was just like, "I think he's a cop." And I was like, "I don't have to do anything!"

[laughter]

Anthony: "Jimmy understands exactly what this character needs to be! This is going to be great."

[intro music plays and fades]

[crickets chirping and campfire crackling sounds fade in, play, and fade out]

Anthony: The three dads and Paeden approach a campfire on the outskirts of the city of Meth Bay. And you see all of your kids, Terry Jr., Lark and Sparrow, Grant

and Nicholas sitting next to a roaring fire. But there are two things you immediately notice about Nick. One, he is no longer wearing his cool kind of alt rocker kid getup. He looks more like somebody who's going to a job interview at a country club.

Freddie: [*laughing*] Holy shit.

Anthony: And next to him is a pretty handsome, pretty beefy guy who is laughing uproariously at a joke that he has seemingly just told to the young boy.

Matt: Darryl is just eyes wide, like a deer in headlights, and looks at Glenn... I mean looks at—

Freddie: Oh no.

Matt: Oh no, he's gone. Looks at—

Freddie: God, here we go.

Matt: Looks at Henry and—

Freddie: Welcome to the Wong brothers' whole life!

Jimmy: [*cackles*]

Matt: [*sighs*] And Ron. And I think he just slowly walks over very gingerly, like he's approaching a wild animal, and just kind of sits down. He's like—

Darryl: Hey... buddy? How—

Jodie: Hey Darryl.

Henry: [*gasps*] Uh—

Darryl: Yeah. My name's Darryl, your name is? Why don't you say it out loud for us?

Jimmy: [*laughs*]

Darryl: I just like hearing you say it, buddy.

Jodie: Sure...

Jimmy: I give like a look at Nick, being like—

Jodie: What's he doing?

Jodie: Jodie... What's up?

Matt: I look at Henry and Ron like...

Darryl: [*wordless befuddled sounds*]

Beth: Ron scampers up.

Jodie: Hey, Ron.

Ron: Hey... you. Uh. Guys, I know what this is.

Beth: And he kind of shoulders Jodie out of the conversation.

Ron: Jodie is actually a family member of, Well Actually or Scam Like...

Darryl: What?

Ron: Well, basically. I know about Jodie, but you guys don't know about Jodie.

Freddie: [*extended laughter*]

Ron: So I'm right and you guys should believe me, because last time—

Jodie: Ron.

Freddie: What a call back!

Jodie: Ron, I'm not Dennis.

Ron: Well, I was— Wait, how do you know about Dennis?

Jodie: How do I not know about Dennis? I remember apologizing to you because it was just wrong of us to not give you any faith whatsoever. And that was like... I think just a snap character judgment that... We could have been better about it. So I'm sorry if that was—

Ron: Oh.

Anthony: Nicholas looks at you and shrugs his polo shirt with an alligator on it sort of wrinkling a little bit as he does so.

[*group laughter*]

Matt: Fuck.

Will: No!

Freddie: Fuck, dude!

Anthony: And he goes—

Nicholas: Yeah, Ron. What's going on? We all had a really good sit down and a talk about the Dennis incident and how we were sorry that we doubted you.

Ron: That sounds great if that happened. Do you think, uh... Guys should we call a little dad huddle?

Henry: Uh— *[off-mic]* What's that?

Will: And Henry looks up, and he pretends to see something in the woods and he goes—

Henry: It sounds like something over there. Uh, Jo—

Matt: Darryl leaps to his feet and pulls out an axe.

[laughter]

Darryl: What's up Henry, what is it?

Henry: Jodie, can you just stay and keep an eye on the kids real quick while the three of us check this out? We'll let you know real quick if there's something out there. *[whispered]* Come on, guys. Go, go, go, go.

Jimmy: I look at Walter. I be like—

Jodie: Walter, you got this right?

Walter: Oh, absolutely. You should definitely go do a dad huddle, you've always been a dad huddle with them.

Henry: No, for sure, you and Walter should keep down the fort.

Jodie: You guys have been gone for so long!

Henry: Yeah, I know but that's why, y'know, we should be the ones to go because we haven't even really sat down and warmed up by the fire yet. It's cold out there. You guys are cold!

Freddie: Nice.

Jodie: Is this about the court case? Nick told me all about it. He said he had to testify or something and you guys are coming back— Is everything okay?

Darryl: We're wasting time.

Matt: I pull out my other axe and I had it to Jo and I say—

Darryl: Jo, just stay here. Grant, you go this.

Matt: And I throw a knife to grant. I go—

Darryl: Let's go!

Matt: And I run out of the woods.

Jodie: Oh-ho deadly force, all right, Darryl.

Darryl: *[off mic]* Are you guys coming? What's out here, Henry? You said something's out here. Why are you guys still talking over there?

Freddie: *[laughs]*

Will: I run up to— *[laughs]*

Henry: Ron, come on. We've got to go. We'll be right back, Jo!

Will: So Ron and I hurry up to Darryl.

Ron: So, if we're talking about that guy, are we... Our kids are okay with him, right?

Henry: Let's keep an eye on him, but it seems like we can trust him. First of all, Ron, I want to say: this is not a Dennis situation. None of us know who the fuck that guy is!

Darryl: Yeah.

Henry: Remember they said that Glenn was going to get replaced by a new dad? This must be the new dad. It sounds like he's part of the crew now! It sounds like he's been with us the whole time, a little bit. It's like a *Slider's* scenario.

Freddie: *[whispered and echoed]* Sliders...

Ron: Like a what?

Henry: There was a TV show called, *Sliders*. It's one of Mercedes Oak-Garcia's favorites and we would sit down and watch it sometimes. They go to like a different dimension and it would be like—

Darryl: It's a good show.

Henry: Right? It is a good show.

Darryl: Yeah.

Henry: But they'd go and they would be like just like the world they left, but not quite when they came back.

Ron: Because they had slid.

Darryl: Sometimes dinosaurs.

Ron: Somebody had slid out or slid in?

Henry: Yeah. They were like, you'd slide between different dimensions. You know, I didn't really pay that much attention to the show. For me, Slider Night, I would make vegan sliders to eat while we watched *Sliders*.

Freddie: *[laughing]* Slider night! Slider Night!

Henry: So I was mostly preoccupied by what aioli I was going to come up with that night. So I didn't pay a lot of attention to the show.

Darryl: Okay. Okay.

Henry: I really got to focus. What am I doing?

Ron: Henry, I don't care about the areola right now.

Freddie: *[laughs]*

Ron: I want to talk Jo, because... So he has slid into our universe, but we've always been in... his? Or he's always been in ours but we're just—

Anthony: Paeden's— Paeden's like—

Henry: This is the dominant manifold of our reality. So it's like...

Anthony: Dammit, you got to it!

Hery: ...he slid into our DMs.

[laughter]

Will: Anthony just got up and stormed out of his chair because I beat him to that joke.

Anthony: I knew I could go get my water because you were about to say thing I was going to say, so you beat me.

[laughter]

Darryl: I think we need some quick info. Here we go.

Darryl: [off-mic] Grant, can you come out here. There's something... I need your knife. Can you come? Can you bring your knife? The knife, I need it back.

Jodie: Hey Grant, can you just make sure they're okay? I don't know, they seemed a little out of sorts. I just want to make sure everything went okay with the case. Just report back when you get back, okay?

Grant: Yeah, absolutely. For sure.

Jodie: All right. Thanks, man.

Grant: Always report back to a cop.

[laughter]

Will: Oh, god!

Grant: That's what my dad taught me.

Anthony: So you hear...

Grant: [quick panting, stops on a "hup"] Hey, what's up?

Darryl: What's up, Grant? Hey, actually I didn't need the knife. I need you in this huddle, it's really important. Quick... So, like... you've known Jo for a long time, or not? Question?

[group laughter]

Grant: I mean I've known him as long as I've known any of the other you all.

Anthony: He says pointing at everybody that's not you, Darryl.

Darryl: And did you ever meet my friend Glenn?

Grant: Yeah, Glenn. Your friend that you brought along in the van and I kept going like, "Why is he here?" And you were like, "He's cool," and he was just hanging out in the van with us.

Darryl: I mean with his kid, right?

Grant: No, that was what I thought was weird.

Darryl: Ah, that would be weird to bring a man without a kid on this trip, wouldn't it?

[group laughter]

Grant: Yeah. We all thought it was really bizarre.

Darryl: And what happened? Just remind me. We are disagreeing what happened to him? Ron thinks one thing, you know. So what happened to Glenn?

[laughter]

Henry: What does that mean? What is, "Ron thinks one thing... you know"?

Anthony: Ron thinks one thing, y'know!

Ron: I think—

Darryl: Henry, I'm trying to get the info here without scaring—!

Anthony: So Grant says—

Grant: You are all drawing from the deck and stuff and then Glenn drew a bunch of cards and got a weird barrel thing and then he shot a squirrel...

Freddie: And got fucking swol.

Grant: He suddenly looked exactly one level more confident and then he dropped dead. You followed him and then I think Erin O'Neil really quickly checked in with us and was like, "Hey the other dad's, they're in some sort of like a trial, like Glenn was getting on trial for just being a bad dude or something. Like a bad buddy."

Freddie: [laughs]

Grant: And then I guess—

Ron: The trial...

Grant: He's not back with you, did he... Oh no, he lost. Did he lose?

Ron: He lost, yeah.

Henry: He lost, yeah. So that's—

Grant: That's too bad.

Henry: *[shouting]* You know, Jodie, I think what happened is getting teleported around like all spatial time-wise, it kind of messed with our sense of equilibrium for a second. It's like, did you ever see the show *Sliders*?

Freddie: *[whispered and echoed]* Sliders...

Henry: *[shouting]* Did you ever see *Sliders*, Jodie?

Ron: *[shouting]* Hey, Jodie, It was like we didn't know how long you were in our reality, and how long we had been in your reality, or if our realities were overlapping with our kids. But now I think we've got it all figured out!

Henry: We're cool. So Grant is going to come back over there. *[speaking normally]* Go hang out with Jodie for a second, Grant. Oh sorry, I shouldn't be bossing you around. Darryl, can you get rid of your kid?

[laughter]

Darryl: No, thanks for the info. Oh... yeah. Uhm. Here, I'll take that knife though so I have a splinter, that's why I needed the knife. So thanks a lot, Grant. Go back to the warmth of the fire, buddy. We're going to hunt whatever Henry was... Henry thought something was out here so...

Henry: Yeah, for sure.

Darryl: So thanks for the quick hustle.

Jimmy: You just hear Jo go, from the fire—

Jodie: *[off-mic]* ...What?

[laughter]

Henry: Never mind! We're good.

Anthony: Grant goes back to the fire as you continue to talk. And you see him begin to gesticulate as he speaks to Jo.

Darryl: Grant didn't remember Glenn having a kid. This person's Nick's dad now or something.

Ron: And that's chill. That's fair. I mean that seems like a perfectly acceptable option, y'know, as far as the options that we've seen go.

Darryl: What? Glenn is Nick's dad.

Henry: But Glenn's Nick's dad! Glenn's Nick's dad. We've got to... Okay.

Darryl: Jo seems pretty cool, and I think I heard he's a cop so...

Henry: What? He's a— Oh geez.

Darryl: He's a cop, probably pretty trustworthy.

Henry: [*hums uncomfortably*]

Anthony: Paeden's eyes narrow so hard that you can't even see them on his face any more.

[*laughter*]

Anthony: His hands very slowly move to the knives on his belt.

Freddie: Knives, plural. He's gotten more? He's got an array?

Beth: Oh my god.

Anthony: He always has at least plural.

Henry: He seems like he's been pretty well integrated into our reality. Like all the kids know who he is. Clearly Glenn's still on the trip. Everyone still knows who Glenn is.

Darryl: Yeah.

Henry: So I think we can justify, we've got to break out buddy, Glenn, out of prison.

Darryl: Yeah.

Henry: So that's plan number one I think, is we've got to figure how to get the H E double hockey sticks out of there.

Darryl: Yeah.

Henry: And then we can figure out the Jo thing separately. But I think for right now, we've got to keep this whole Glenn is Nick's dad thing on the wraps. I don't want to freak Nick out.

Darryl: Yeah, obviously.

Henry: But here's what I was going to say. I've seen a lot of—

Darryl: Did you bring up Sliders again?

Henry: I'm just saying, in *Sliders*!

Freddie: [*whispered and echoed*] Sliders...

Henry: Sometimes you want to make sure you remember who you really are and where you really came from. So I think who knows, maybe the longer we spend around this Joey guy like, we— I don't want to forget who Glenn was. We could get bought in on this new version of reality and then no one knows the truth. So what I was going to say is I think we should all write, somewhere secret on our bodies, that Glenn is Nick's dad. Like that movie *Memento*...

Darryl: We sweat so much, that will last for like 20 minutes.

Freddie: [*laughing*] We sweat...!

Darryl: No, I got paper. We can use paper and write it on paper.

Ron: Well, what if we come up with a secret chant that we can all agree on, and if we're ever scared or alone then we'll just sort of chant something that's, uh...

Henry: You know, that's really lovely. We should do that.

Darryl: You've got it. We'll hit the three staples of communication. I'll write on paper. Ron, you can do oral tradition and, uh... Henry, you can write on your body. Whatever.

Henry: There are different learning types. It sounds like Darryl, you're more of a kinesthetic learner and maybe Ron is oral.

Darryl: What did you call me?

Henry: A kinesthetic learner. You know, like that's someone who learns by doing stuff. You've got to get your hands on.

Darryl: I know I'm not the smartest guy, but, like... you know...

Henry: No! But that doesn't mean you're not smart! It's just a different learning style!

Beth: My mom said that that meant I wasn't smart, and then I tested as that type of learner. Suck it, Donna.

Will: There you go!

[laughter]

Henry: There you go. See Beth is a kinesthetic learner, Ron's friend, Beth!

Beth: I actually am an idiot though.

[laughter]

Beth: So it's kind of... It doesn't...

Ron: Here's a quick little chant that we could do now.

Darryl: Okay.

Ron: And then we could always think that when we look at our cop friend, Jo, that maybe this will sink in.

Darryl: If we do this chant, can we go back to the fire?

Henry: Yeah. I'm freezing.

Ron: Yeah. No, I mean we can actually do it while we're walking over there.

Darryl: Okay. Let's do it.

Ron: Okay. So all dads are dads... but some dads are more dad than others.

[Henry and Darryl at the same time:]

Henry: I don't think that's going to help me remember... Glenn.

Darryl: How is that going to help us remember that Jo is not...

Freddie: *[laughs]*

Paeden: It would figure that it's the step-dad that who comes up with that kind of a saying. It feels like there's some self-hatred in there.

Darryl: Ron, as you were saying that, half way through that chant I began to say that Jo was actually Nick's dad. That's how confusing that chant was.

[laughter]

Anthony: As you walk back to the fire, you can hear the very trailing end of a conversation, wherein Grant conveys, word for word, everything you said to him before he headed back to the campfire.

Jodie: Hey fellas.

Henry: Yo, Jo. It was like when you remember a song on the tip of your tongue but you can't remember it? That was like us, but for you for a second. It's weird. I think it was just a timey-wimey thing, as they say on *Sliders*.

[group laughter]

Freddie: [*whispered and echoed*] Sliders...

Darryl: It's good that you didn't come... It was wild at the court. I think they do some stuff to make you remember facts? I think all of us are kind of phased out. We honest barely remembered Grant's face there for a second. We're all pretty— It's weird that— It's luck you didn't come with us. I'm trying to remember why you didn't come with us.

Jodie: You guys didn't really trust Walter to handle all these kids, right? Lark and Sparrow, they're such a handful.

Darryl: That checks out. Walter's not great with kids.

Henry: That checks out, they're a handful.

Walter: I'm right here.

Darryl: No, I said that quietly.

[laughter]

Jodie: Sorry Walter, we talked about this.

Will: I like that Darryl said, "No, I said that quietly," to Walter.

[laughter]

Jodie: It sounds like things were mishandled at the courthouse, and that simply will not do. Is everything okay?

Darryl: Yeah, the justice system here is not great, as you should remember from the various adventures we've had.

Jodie: If Glenn's not here, that means he lost the case.

Henry: Yeah. We have bad news everyone. Glenn, our cool friend, unfortunately has gone to jail for being a bad guy...

Anthony: So all the kids except for Nick go—

Kids sans Nick: Oh no!

Anthony: And then Nick goes—

Nicholas: Oh no...

Anthony: Like with a shrug.

Freddie: Oh, that hurts.

Jodie: Nick, come on. Glenn's a good guy. You've got to give him a shot.

Nicholas: He was smoking weed when the van first picked him up. I just don't... I don't trust him. I don't trust him.

Darryl: I mean he's an adult. It's legal in most places, so he's... especially California...

Jodie: Darryl, you know Nick has a really sensitive nose. It's just one of those things. But look, let's bygones be bygones.

Anthony: He takes a hit from his inhaler.

[group laughter]

Beth: Oh my god.

Will: He has an inhaler?! Does that mean he needed an inhaler the whole time, but Glenn didn't give it to him?

Anthony: Yeah, undiagnosed asthma I guess.

Jimmy: Oh my gosh!

Matt: Maybe he wouldn't have asthma if he didn't get vaccinated.

Freddie: CBD can cure everything, including asthma! And...! Muscle pain! And...! It's good for pets apparently as well. Might as well throw that shit in everything!

Henry: It just feels like it would be wrong to just go on our quest and continue to leave the Forgotten Realms without Glenn. We've got to get Glenn back.

Darryl: He's part of the team.

Henry: He's fought tooth and nail for us, so you know—

Anthony: Nick's like—

Nicholas: But we still have to get Ron and my dad's anchors done with.

Freddie: Oh shit, that's right.

Henry: Right!

Ron: Your... dad...

Darryl: Yeah, we will.

Henry: Your anchor...!

Jimmy: Does Jo have an anchor...?

Anthony: [*laughs*] Jo has an anchor, he hasn't seen it yet.

Jimmy: Okay, okay, okay.

Anthony: Because they haven't gone out and quested for it yet.

Jimmy: Right. Does Jo know, for instance, that everyone has Meth Bay, Oakvale. Does Jo have a name that he also learned?

Anthony: You know, your anchor is in the Bard Rock Café.

[*group laughter*]

Matt: Of course.

Anthony: A restaurant the size of a city.

Will: With a giant lute coming out of the top.

Beth: Damn. That sounds like a dream.

Anthony: That was submitted by Sabina Lynde Accerblum.

Jimmy: Thank you.

Will: Thanks.

Matt: Darryl reaches in and double checks that indeed he has the fat joint that he rolled that is Glenn's anchor. He still has it, right Anthony?

Anthony: Yes. He still does. It's still broken. And the last time you held on to it back in the Meth Bay Correctional Facility? You felt like there was still some nascent magic in there that was waiting for Nick.

Matt: Mhm.

Anthony: This time when your hands touch it, you feel nothing.

Darryl: So Nick, I understand that you may not be the biggest fan of Glenn, but you're one of the star players on the team. You know that the team is only as strong if we've got the whole team. And we've got a teammate out there so team effort, team huddle. We've got to figure out how to get Glenn back.

Nicholas: I have asked you a couple of times, it's Nicholas. Full name, please.

[gasps]

Freddie: [laughing] Oh... my god.

Darryl: You're right. Nicholas, star player, Nicholas.

Nicholas: Thank you. Thank you.

Darryl: My bad.

Nicholas: I appreciate that.

Darryl: My bad.

Nicholas: We all make mistakes. It's just, it's like... your name is who you are.

Darryl: I've probably told you before that if you're going to be a star player like "Nick" is probably easier to chant for an audience, right? Like, "Go, Nick, go, Nick."

Henry: Well, I don't know about that Darryl because I can really see like, "Nich-o-las. Nich-o-las."

Jodie: Yeah! That's what I'm talkin' about.

Darryl: No, you're right. Nicholas.

Nicholas: See, that's what I was thinking.

Henry: Yeah.

Darryl: Oh shit.

Henry: You know, that's got a ring to it.

Nicholas: The last time we had this conversation, that's exactly what Henry said.

Darryl: You're right.

Jodie: Folks, it clearly sounds like Glenn is in trouble here. So... look, I know it's really important that we unlock whatever's happening with this daddy magic and get us out of here safe and sound, but... I mean I've got to agree, we can't leave anyone behind, that's just...

Darryl: I knew Jo would agree. You're a cop. You understand.

Freddie: Oh my god. Oh my god.

Darryl: You've got to support the people on your team, even if they may not do the things that you like and maybe they do stuff, inappropriate things.

[background laughter]

Darryl: You know you've got stick with each other. Isn't that right, Jo?

Anthony: Nicholas is just nodding super like—

Nicholas: Yeah! Yeah! This guy gets it.

Jimmy: Yeah...

Freddie: [laughing] No!

Darryl: So we're going to get Glenn.

Anthony: Lark and Sparrow are vibrating in rage.

Jodie: Yes, Darryl. That's right, y'know. I mean... you obviously have no idea what it is to be a cop, but that was close.

Freddie: Oh my god!

Anthony: [laughs]

Jodie: Darryl just said that there was some kind of crazy— you guys couldn't remember things right? It feels like this was a mishandled case. I mean I would love to get in there and figure out what exactly's happening with their judicial system, but it looks like Glenn is not there correctly. I hope we can do this without violence but...

Darryl: We should probably see if there's visitor hours, right? Let's just do the first step of maybe going to see if we can actually see Glenn, our friend, Glenn, and make sure he's there.

Henry: Oh, that's—! That's reasonable! Yeah. We could probably just ask them. I mean I'm sure they have visitation, right? You know?

Darryl: Yeah.

Ron: Maybe they have those little phones where you can look at Glenn through the glass, and you're on the phone with him.

Darryl: Yeah!

Henry: Yeah. Maybe they have a magic version of that, or just... I guess you could do that—

Jodie: Wow, no one here has actually been to prison before.

[group laughter]

Darryl: Let's just go, do the legal thing and just see if we can see Glenn, and then we can kind of get a good lay of the land without anybody suspecting us of anything by just going to see our friend, Glenn, in prison, which is probably a very normal thing. People like to see their friends in prison, so...

Ron: Yeah! And, uh—

Freddie: [laughing] "Want to see their friends in prison," Matt Arnold 2021! That's on a fucking shirt!

Matt: If my friend's in prison, I'm going to go see them. So Matt and Darryl here, I will see you if you're my friend and you got to prison. Unless it's for something really wrong that I disagree with.

Anthony: I was going to say, does it depend on the crime?

Matt: It depends on the crime.

Jodie: I'd like to take this moment to thank you, Darryl. We've committed quite a few number of things that I find really objectionable along this journey and I think it is good to try and take the non-violent approach here.

Henry: Wow...

Jodie: I don't love that we always jump straight to violence, especially considering that—

Anthony: You really are a fantasy cop.

[laughter]

Jimmy: I'm looking behind. I'm trying to gesture to the kids behind me and be like—

Jodie: I mean look at them... We lead by example for these kiddos. And so it'd be best if we don't have to report back and tell them something that we don't want to.

Ron: That's why we should bring Nick, so that he can see...

Nicholas: Well, obviously wherever my dad goes, I go. That's important to me.

Jodie: Nicholas and I, we're like two peas in a pod, you know?

Beth: Gross.

Will: [laughs]

Jodie: He's sitting in the front of the cruiser with me, not in the back.

Nicholas: If I ever went in the back, something has gone very, very wrong.

Henry: So I pretty much think we should all hit the hay, get a lot of rest and then we'll get up first thing in the morning. We'll head out to try to see if we can see our good buddy, Glenn. But before we do that, Lark and Sparrow, why the heck are you guys here? I thought you were with your grandma?

Anthony: So Lark holds up a finger and he goes—

Lark: Ah! A good point. Something that we failed to consider when we wished to stay with our grandmother, is that she is boring.

Anthony: And Sparrow just rolls his eyes and goes—

Sparrow: Boring.

Lark: Yes, yes. She had a lot of rules. She had a lot of regimented things she wished us to do, and we wished not to do those things, so she pretended to not watch us sneak away in the night and we came back to Walter following only our animalistic instincts and we came back here.

Henry: W— So you just left your grandmother? She's probably worried sick about you guys. Oh geez. That's not okay that you did that, and I just want to register that.

Ron: Well, for one thing. I've been trying to leave the Forgotten Realms for a while and I couldn't just sneak off, so yeah, that's kind of...

Lark: But would you if could you?

Ron: Yeah. I've been trying to—

Henry: Ron, it's a trap. Don't answer!

Lark: Ah! And there we see! The trap is lain, the trap is sprung. It's Lark and Sparrow have won, won, won.

[laughter]

Jimmy: I walk up to Henry, I'm like—

Jodie: Hey man, your kids... they're just so smart. Wow.

Henry: Oh— y—

Jimmy: I walk away.

Henry: Yeah. I— I was going to respo— Okay, yeah. Yeah.

[laughter]

Anthony: I was going to say something before you walked away.

Jimmy: No, he just walks away.

Anthony: So you go to sleep. You get all your health back. All your spell slots back.

Jimmy: This is a long rest we're going to go into before we leave in the morning, right Anthony?

Anthony: Yeah.

Jimmy: Okay, so—

Matt: Why, are you injured, Jo? What happened before we got there?

Jimmy: So before we all go to sleep, knowing that I'm going to be leaving for a bit, I have a third level conjuration called Create Food and Water. And I just make 45 pounds of food...

Anthony: Jimmy? Jimmy? Jimmy?

Matt: *[laughing]* Jimmy, we don't give a fuck about D&D.

Anthony: We don't actually play and D&D here. We don't—

[group laughter]

Jimmy: What— I— they need food! What are they going to eat?

Anthony: We don't do the spells and the rules and the... That's not...

Will: Oh shit, we forgot to eat for two years! Henry's emaciated!

[laughter]

Jimmy: Anyway, the food is bland but nourishing, which I think is a character trait that Jo is not good at cooking.

Beth: Damn.

Matt: Okay.

Jimmy: But he makes way too much of this bland food.

Will: I think bland but nourishing pretty much wraps up Jo's personality.

[laughter]

Anthony: That's fucking great.

Jimmy: Yeah, so he just makes a bunch of food for them and then goes to sleep being like—

Jodie: Ah, I did it. Good job.

Will: Good job, Jo. What's Jo's dad flavor of him making a bunch of magic food? Is it like a protein shake? What does he make?

Jimmy: He believes strongly in the pyramid, the original one that's not right at all.

Freddie: The original food pyramid?

Will: With a shitload of grains?

Jimmy: It's lots of grains, yeah.

[laughter]

Jimmy: And it literally almost looks like the pyramid, the sandwiches he makes. With a tiny thing of cheese on top.

Matt: That's how Matt eats.

Anthony: That's great.

Will: Dammit. Stop making me fall in love with Jo.

[laughter]

[peaceful guitar strums]

[ad break]

[sounds of birds chirping play]

Anthony: You wake up. Do you want to say goodbye to your kids?

Ron: Hi Terry. Or should I say, bye Terry, because we're—

[laughter]

Terry Jr.: *[laughing a bit]* Is that how you're going to say goodbye to me?

Ron: No. I just wanted to say that, uhm...

[birds fade out]

Ron: I know that some stepdads or new dads, when they come in and... it's like their kid has to change their whole being just to make this new dad happy, just to become a whole new person really to please their new dad. So Terry... Jr., I just wanted to say that I'm okay and I'm happy that you have stayed your own person. Even though I am a new stepdad, you are still the same.

Terry Jr.: Uh... it literally never occurred to me to change for you.

[laughter]

Terry Jr.: At any point. I mean, I don't mean that in a mean way, but just it literally never entered my mind that that was even an option on the table for me.

Ron: Honestly, Terry, it never entered my mind until very recently.

Beth: [breaks into a laugh]

[laughter]

Will: So Henry in the morning wants to speak with Lark and Sparrow. He says—

Henry: Okay boys, Dad's got to say goodbye.

Beth: What if you only want to speak to one. Wouldn't that be fucked up?

Will: That would be fucked up.

Beth: Yeah.

Henry: But before I go, Walter, can you come here for a second?

Walter: Yeah. Yeah. What's up?

Henry: Walter. Uh... Actually, Walter, go away for a second. I'm really sorry.

Walter: Oh my god. I swear to god, just the fucking fifth wheel in this group!

Darryl: Hey Walter, what was that about? Why did Henry throw you out?

Walter: I don't know, he's never liked me! He's never appreciated me.

Darryl: Oh, I think he appreciates you, buddy. I think he's just a little fried right now.

Walter: Oh god, I've tried so hard to be that guy's friend every step of the way.

[laughter]

Will: Henry says—

Henry: All right boys. I'm going to call Walter over in a second and I'm going to ask him if you got into any trouble while I was away. So I'm giving you a

chance to tell me if you got into any trouble, you did anything bad, before Walter gets over here.

Lark: Mm... No, it's very difficult to do bad things when we're surrounded by narcs on all sides. If you recall, Father, we got up to a lot of very fun shenanigans before you decided that Joseph should watch us day in and day out. But now that he and his narc son, Narcolas, have decided to look at us all—

Beth: [*loving it*] Narcolas?

Freddie: [*laughing*] Holy shit.

Beth: No.

Anthony: Just FYI, I stole that from Tumblr. People immediately called new Nick Narcolas, and that's extremely good so I'm just stealing that.

Lark: But now that Narcolas and lame Joseph have been watching us all the time, no. No fun was had by your good boys.

Henry: Okay. Walter, come here. I'm sorry, it was a screw up. But this is— I'm trying to help you out.

Matt: While you were talking, Darryl was talking to Walter. He was like—

Darryl: Hey, just do this.

Matt: And he grabbed one of his beer bottles and he puts some water on— He's like—

Darryl: Just put a bunch of stuff in here and then give it to— Henry likes just like a bunch of leaves and dirt in a bottle. He gave it to me for Christmas. So just give him this, he might like you.

Anthony: So Walter's like kind of fuming but then he stomps over and then just hands you a bottle full of leaves. He's like—

Walter: I got you leaves, now what do you want to talk about?

Henry: Oh my gosh, Walter, this is beautiful!

[*laughter*]

Walter: Thank you. I worked hard on it.

Henry: Did you pick this for me?

Walter: I did.

Henry: I got to be honest, Walter, I try to love everyone but I've had this weird resistance to you. But this... This is like a breakthrough. I am so touched.

Walter: I never understood. It always felt very out of character for you. I never got it.

Henry: You know, I'm going to hold this near and dear to my heart. This is one of the best gifts I've ever gotten. I did want to say though, did my boys cause you any trouble while I was away?

Walter: No. They definitely tried to start a knife fight with the sun, but then Jo and Nick put a camper on that pretty quickly. Jo put on his cop voice and they reluctantly fell into line.

Henry: Okay. Well, boys, we've been on quite the journey and one thing that I've started to learn is that maybe I'm just a touch too easy on you guys sometimes and I just let you get up to too much. But I want to let you know that Jo's coming with us and so is Nick, but you've got to listen to Walter. It's a new dad in town, and when I come back, I don't want to hear that you guys burned anything down or tattooed each other again, or you know the kind of stuff. You're both very smart boys. I want you to listen to Walter because he's in charge and I'm going to be disappointed if you're not.

Anthony: The moment that you said, "Jo is coming with us," two very slow Cheshire cat grins slowly grew on both son's faces until the majority of their face is smile, and you can barely make out the other features.

Beth: Oh god.

Henry: Okay.

Anthony: And they go—

Lark&Sparrow: Of, of c— of course, father.

Ron: Henry, did you mean that about the new dad in town? Because I don't know if I can handle any more new dads in town.

[*chuckles*]

Will: Henry, steals himself up and he marches into the tent where Lark and Sparrow were sleeping. And he comes back out with the Gauntlets of Ogre Power. He puts them in his bag and closes the bag and says—

Henry: There's a new dad in town. You get these back if you're good to Walter.

Lark&Sparrow: [*strained choking*]

Anthony: Both of them grab at their chest like they're having heart attacks, they fall to their knees like—

Lark: [*strained*] Everything we did, we did for each other!

Sparrow: [*strained*] Those were a sign of our love! You're taking away our love for—

Henry: Don't you boys use your love for each other against me! I know what that is, I know what you're doing! You get these back when you've shown me that you can be good boys for Walter. [*starts choking up*] And I love you very much, and I don't want to do this but I have to. So I just... [*strained noises*]

Will: And Henry turns around.

Henry: [*choking up*] Goodbye, I love you!

Anthony: They're just on the ground, clutching their chest just rolling back and forth like—

Lark: No, it can't be! No!

Sparrow: Love is supposed to conquer all! No!

Will: Henry is biting back tears as he walks back to the rest of the group and he goes—

Henry: [*choking up*] How did I do, Darryl? I tried to— Was I too mean? Was I too mean to them? It seems like— I should give them the gloves back. Y'know? I feel like they'll be good. They'll be good with the gloves, right? They'll be good.

Darryl: Like a good negotiation, good parenting, nobody leaves happy. [*laughing*] You know what I mean? Both sides are happy that means somebody got screwed.

Henry: Oh god, they're not happy! I'm not happy! Ah! I hate this! I hate disciplining my kids! Oh!

Darryl: No, you did good. You did good, Henry.

Henry: Thanks, Darryl.

Jimmy: So before everyone gathers up, I pull Nicholas aside and I look at him and I go—

Jodie: Hey, man. I know... I know that we always stick together and being on this trip has just sort of further bonded us, but I know you really don't like Glenn. I don't want to put you in any situation where you're going to feel like I'm violating your boundaries just because of an arbitrary, y'know, we've got stick together. So I'm just checking that you're okay to come on this journey.

Nicholas: I mean, I'm great to come on this journey. I would feel weirder being separated. Like I know somebody needs to keep an eye on all those troublemaking Lark and Sparrows, and I know that Walter's not up to the task. And I'm a little bit worried about that frankly because I feel like... You didn't— I mean I mentioned it to you, but when you weren't around, when it was just me and Walter and the two kids, when you were on adventures with them and stuff, I had to be the adult and that's like—

Jodie: Mhm.

Nicholas: That's a lot of responsibility. But I'm growing into a good man. And I think the best way to become a good man is to be next to a great man.

Anthony: And he pokes you in the chest with a finger and he goes—

Nicholas: So I'm going to stick by you. I'm your partner. I'm the Turner to your Hooch.

Beth: Oh no.

Anthony: Is Hooch the dog?

Matt: Narcolas is the worst.

Jimmy: That. That was great.

Anthony: He sucks.

Jimmy: *[laughs]*

Beth: It was like literally, I only want to keep Jo and Glenn. I want to get rid of Nicholas.

[group laughter]

Freddie: Oh no!

Jodie: Alright, kiddo.

Matt: I feel like the three other dads are all just watching this conversation with eyes narrowed just like...

Beth: Yeah. Just like...

Anthony: Yeah. Like with a look of disgust on your faces like you've just ate something gross.

Ron: Hooch is the dog.

[group laughter]

Darryl: All right. I'm going to say bye to Grant then.

Matt: I go up to Grant.

Grant: Hey, man.

Matt: And I say—

Darryl: Hey, Grant.

Grant: Yeah.

Darryl: Remember last night when we talked?

Matt: And we go *wvooo!*

[harp roll magic flashback transition music plays, cricket sounds start]

Matt: *[laughing]* And we warp back to last night because I would have said this last night at the campfire.

Will: *[laughs]*

Freddie: Nice.

Matt: I didn't want to interrupt everybody else.

Anthony: Okay.

Matt: So before we go to bed I—

Will: Previously on Dungeons and Daddies.

Freddie: Fucking flashbacks.

[cricket sounds fade out]

Matt: So after we were peeing in the trees, as you do when you're camping. Before we went back to the group, I say—

Darryl: Hey Grant, can I talk to you for a sec?"

Grant: Yeah. What's up?

Darryl: You've been through a lot here, and I've been through a lot. And since we last talked, I think it's important just to keep things straight with you and I think you can handle what I'm about to say.

Grant: Uh, okay.

Darryl: Look, something weird is going on right now.

Grant: Yeah, it's been pretty weird since—

Darryl: Oh, what's been weird?

Grant: Specifically the fact that we're having a conversation is a little bit unusual to me but I'm liking it.

[laughter]

Darryl: Yeah. No, I'm sorry.

Grant: This is good.

Darryl: No, I told you last time that anything you want to ask me, I'll answer and I think I want to be more open and I want you to know: we, the three of us, we don't know Jo.

Grant: Uh... You mean before you got on the van you didn't know him...?

Darryl: No. As far as Henry and Ron and myself are concerned, the moment we came to this campfire is the first time we've seen Jo.

Freddie: And Paeden.

Darryl: And Paeden, and Glenn is Nick's dad. And when Glenn was found guilty, they put him in prison and they took away his son and gave him a new dad. So I think all of your memories have changed. And I'm telling you this because I don't know what's going to happen when we go to prison. I don't know if Jo is safe or not. I don't know if he's going to come back. And I don't know if what we're going to do might seem weird to you, so I just want you

to know that. I want you to know what's happened and I want you to know that that's the situation as we go to see Glenn right now.

Anthony: So as you were telling him that, his eyes slowly got wider and wider and wider, and his mouth slowly dropped more and more open. And once you finished talking he goes like—

Grant: [*voice cracking a bit*] Dad, I'm 12.

[*laughter*]

Darryl: No, I know. I know. And we're in a super dangerous situation and you've— [*short sigh*] I wish this hasn't happening because you've had a lot of stuff happen to you that shouldn't happen to any 12 year old. But based off of our journey so far, I don't know what could happen. I just need you to have all the information possible. And whatever you need, if you want me to stay back here with you instead of going off with them, I'll do that. I just want you to know.

Grant: [*choking distressed stuttering*] It just sounds like— So we got Dennised again? They Dennised us again?

Daryl: Yep.

Grant: So I have to— Are you saying I need to get rid of... Jo?

Darryl: Nope, nope. I think— I—

Grant: Because we had to get rid of De— what do I— ahh—

Darryl: You just...

Grant: What am I—

Darryl: All you need to do—

Grant: But he's been with us the whole time—

Darryl: I know.

Grant: Did you get Dennised? It's real and you don't remember? Maybe you lost the memories of Jo. Maybe they did a spell on you to forget about something that Jo did.

Darryl: That's very po— Honestly, I'm pretty certain that—

Freddie: What is the nature of reality aside from what the senses tell at this given moment? Are we just composed of our memories?

Anthony: As you're talking, Grant just slowly falls to his knees and just puts his forehead on the ground and his butt sticking up in the air. And he goes—

Grant: I, this feels— I feel safer this way. I don't know why.

[laughter]

Beth: Oh my god...

Grant: You can keep talking, I'm listening but oh god.

Matt: I kneel down and I do the same position.

Darryl: I know how it is, buddy. I used to hide under the table like this when I was scared.

[laughter]

Darryl: I just felt like I hid things from you before when this was dangerous and I'm doing my best to figure out how to parent in this situation and I just... I don't know if anything's going to come of this, but we're going to leave. I think all you need to do, Grant, is do what you've been doing which is stay safe with Walter, look after the other kids and take care of yourself until I get back. And if you feel uncomfortable, we can talk about something else. But that's... I think we need to go save Glenn and we need to keep trying to get ourselves home.

Beth: Ron taps Henry on the shoulder from the camp.

Ron: Hey Henry, look, they're doing yoga over there.

[laughter]

Henry: I was just going to say! [shouting] Are you guys doing night yoga? Do you want to down dog? All right. I'm coming over! Hang on.

Anthony: Grant's like—

Grant: [shouting] Yes, we're doing yoga! This is yoga. Don't look at us! It's secret yoga!

Henry: [shouting] Oh my gosh. I've been telling Darryl for weeks that yoga would solve so many of his problems! [normal volume] All right guys. Where

do you want to start? Do you want to do a chatterunga? Do you want to do down dog?

Darryl: No. You were right, Henry. This is—

Grant: [*shouting*] Don't come closer!

Darryl: Don't come closer!

Grant: [*shouting*] It's father-son private yoga!

Henry: Oh. Oh!

Darryl: This is kind of private.

Henry: Oh father-son yoga.

Darryl: Thanks a lot. It was a great idea this yoga thing.

Henry: Okay. Nama-stick-withit.

Freddie: Fuck.

Henry: That's weird. Namaste. No, I'm not going to be weird about namaste.

Grant: [*shouting*] Feels appropriative. It's okay, though, go back it's fine.

Henry: No, I shouldn't have said that. I got carried away. Namaste!

Ron: Father-son yoga is kind of like goat yoga. Just so you know.

[*laughter*]

Matt: The son just climbs on top of you.

Anthony: The son's just crawling around on the dad.

Anthony: Grant goes like—

Grant: Ah... yeah. I'll make it work. I'll figure it out I guess. I don't know. I'll keep an eye on him and myself and also you maybe? And then al— I— Ah! Ah...! Yeah. No, I'm fine.

Darryl: Are you—

Anthony: And then he just starts inchworming his way. He extends his legs and his head just slides along the ground, then he puts his butt back up and he just starts inchworming his way back to the camp. He's like—

[laughter]

Matt: I sort of crawl along with him, talking as we go to the campfire. And just go—

Darryl: Hey buddy, it's—

Grant: It's fine. I can fi— It's fine.

Darryl: I know. It's okay not to be okay. I'm nervous, too.

Freddie: God.

Darryl: But just, uh... sleep on it—

Grant: No, I appreciate the honesty. I do. I appreciate it.

Darryl: Okay.

[laughter]

Grant: This is good. This is probably good. I'm sure this is good.

Darryl: In the morning why don't you tell me how you feel and, like I said, if you need me to stay here, but I really think we should go save Glenn. But you know what? Why don't you just sleep on it, you tell me how you feel in the morning, okay?

Grant: Yeah. No, I will.

Freddie: And this fades out as a quizzical owl cocks his head to the side and—

[harp roll transition plays and birds start chirping]

[laughter]

Anthony: He goes, "Hoo?"

Matt: Yeah.

Freddie: —then we fade out on this beautiful father-son scene.

Freddie: Hoo?

Darryl: So remember how we talked last night?

Will: *[laughs]*

Grant: Uh-huh. Yep. Still been thinking about it.

Darryl: So...

Grant: I feel like you can go. It's okay for you to go. You can chill. I'll watch... He hasn't thus far— or my memory of him anyway!

Anthony: He says, waving his hands in the air all freaked out.

[laughter]

Grant: In my memory, he doesn't act weird, so it seems like it should be fine. But no. Yeah, you're going to be with him so you should watch him, I guess.

Darryl: Yeah.

Grant: I'll just hang out with Walter, that's fine.

Darryl: Yeah, we're going to make sure...

Grant: I guess, you be careful? I don't know.

Darryl: I'll be careful. I will do everything I can to come home and I will get us home, and come back here. You just stay safe and uhm... I love you, Grant. We'll be back as soon as we can.

Grant: Yeah, love you. Love you, too. Yeah, okay. Yeah. Cool. Yeah. Yeah.

Matt: I open my arms up for a hug.

Anthony: He just keeps nodding and shrugging and shaking his head and he's just like—

Grant: Oh my god.

Anthony: He's just the most overwhelmed person you've ever seen in your life.

Darryl: Can I have a hug?

Grant: Sure. Yeah. No, give me— Bring it in. Yeah. Whatever.

Darryl: All right.

Grant: Yeah, okay.

Matt: I give him a hug.

Anthony: Brings you in and just pats your back real hard like he's just trying to speed through it because he needs to be thinking about other things.

Darryl: All right. Bye, Grant. Hey Walter?

Walter: Yes.

Darryl: Bye.

Walter: Bye.

Darryl: Hey, I think that worked with Henry, right? I think Henry likes you, right?

Walter: Yeah. No, we're pretty tight now, weirdly.

[laughter]

Darryl: Cool.

Will: I come up to Walter, I'm like—

Henry: Do you have any care instructions for this? What kind of light does it like? Should I water it once a week—? I'll figure it out. I'll figure it out.

Walter: You'll get it. It's fine. You just use your heart. The greatest care—

Henry: It looks like it's mostly leaves and dirt, so I don't know that there's a plant in here, but—

Walter: Okay, so you're shitting right back on it. Cool. So shitting on my gift.

Henry: No, no, no, no, no! No!

[laughter]

Walter: No, you said.

Henry: In a good way!

Walter: You literally said, "It's just leaves and dirt." So that's where we are. No, that's fine.

Henry: I meant it... No...

Walter: No, it's just a thing I made with my— No! Fuck no! It's great! No, you should go. You should go. It's great.

Henry: Oh geez. I really screwed up with Walter, guys. I've got to give him a gift. I don't know if they've got gift shops in prison, but I'm going to give him something nice.

Jimmy: *[laughing]* Prison gift.

Matt: I walk five feet and I pause. I look at Henry and I go—

Darryl: One step further and this'll be the furthest I've ever been from this campfire.

[group laughter]

Beth: That's dumb.

Freddie: *[laughing]* Fuck off!

Matt: And then I step six feet. I step another foot, making this longer than five feet. I say—

Darryl: Let's head back to Meth Bay.

Anthony: So four dads along with two children in tow—

[instrumental music featuring ominous strings starts]

Anthony: —one of whom is also a dad and one of whom is a narc—

[laughter]

Anthony: —walk towards the great crimson spire that is the Meth Bay Correctional Facility, hoping to find a way to free their good friend, and nothing else, Glenn. But they could not know that inside the Meth Bay Correctional Facility, that very man was chained to a wall trying to get used to his new environments.

[music finishes, fading out, replaced by sounds of dripping water in an echoing stone space; there's an ongoing white noise like filtering air]

Anthony: When we last left Glenn, he was being locked into a series of manacles and restraints somewhere in the Meth Bay Correctional Facility.

Freddie: Deep within the Meth Bay, where hardened super criminals— I don't know actually if that's true. How deep does this prison criminal thing go?

Anthony: So the thing is, you don't quite know. So when awoken, you feel cloth over your eyes and you can't see anything.

[background sounds fade out]

Anthony: You feel that your arms are restrained. Your legs are also shackled. As you begin to open your mouth maybe to complain or do anything with it—

Freddie: Let's be honest, to complain.

Anthony: Yeah. You notice that there's also a mask around your mouth, a Hannibal Lecter esque mask that seems to prevent you from not only opening your jaw but even from talking.

Freddie: Yo, this is pretty intense. Okay. Alright. Let me just start by giving a general Perception roll while I'm in here. Like—

Anthony: Yes.

Freddie: Using the power of both my smell, hearing, taste, touch. I assume I can't see anything, right? Because my sight is covered.

Anthony: Correct, you are blindfolded.

Freddie: Which means that I have minor, 1/5 advantage, on everything else, right?

Anthony: *[laughs]* Yeah, sure.

Freddie: My hearing perception goes up by, like—

Anthony: 20%.

Freddie: By 20%.

Anthony: Yeah. We'll say it's plus 20% whatever you roll.

Freddie: That's going to be a... *[dice roll]* 12+3, 15.

Anthony: Okay, and then 20% of 15 is 3. So you've got 18. With your adjusted 18, you can feel vibrations running through the walls around you, through the iron links of the chains and into your body. And slowly, as you begin to focus even more on those vibrations, you can feel that the lion's share of them are coming from above you.

Freddie: Okay.

Anthony: And that probably means that you are being kept underground. And you don't feel any vibrations from below you, so there is a good chance that wherever you are in the Meth Bay Correctional Facility, it is on the bottom floor.

Freddie: Interesting. Okay. Okay.

Anthony: But that's what you can get just from a basic Perception right now.

Freddie: Okay.

Anthony: The first day that you're here, you hear footsteps that grow steadily louder and vertically seem to change. It sounds like it's coming from above and then it gets closer, and then you can hear the footsteps echoing off of old moldy stone that you can smell. You hear a light clank as something is placed at your feet and then a... Pla— not plastic, because this is fantasy world. I can say a wooden paper straw.

Freddie: Wait, let's back up for one second. Why can't plastic be in the fantasy world?

Anthony: Don't you have to make, like— do modern stuff to do make plastic?

Freddie: It's oil-based, right? It's petroleum-based, right? We got plastic after World War II. It's not like we lived in a fantasy world for World War I.

[laughter]

Anthony: Okay then. Yeah, sure. The only plastic in the entire Faerûn was they made straws.

Freddie: [laughs]

Anthony: They found this petroleum stuff and they were so terrified by the possibilities that it offered they said, "Let's limit our usage of it to just things that make drinks slightly more fun and pleasant for people."

Freddie: They took one look and they're like, "This is probably not a good idea overall, right?" And everyone agreed.

Anthony: Every possible use.

Freddie: And are like, "Well, that's the case." [laughs]

Anthony: You hear a buckling and you feel a buckling on the mask on the outside of your mouth and just a tiny hole. You can hear some air rushing in. The person pokes a plastic straw through the front to your lips.

Freddie: I'm going to very quickly say—

Glenn: Hey, there's a— I smell mold so in case—

Anthony: He goes—

Guard: Ah, la, la, la, la! Ah, la, la, la, la! Ah! Ah!

Freddie: *[laughs]*

Anthony: You hear the sound of two arms going up, almost like he's trying to cover his ears. And he goes—

Guard: *[voice echoes in the space]* Prisoner 69420—

Freddie: *[laughs]*

Guard: —you will not speak with someone who's in the same room as you, under penalty of extreme pain. If you contravene these orders, you will be tortured. Understood? Don't say yes. Good boy. Okay.

Freddie: *[laughs]*

Anthony: You feel a large meaty hand gently pat you on the top of the head.

Freddie: *[cackling]*

Anthony: You feel a straw get inserted into your mouth and then an alternately sweet and savory, but altogether slurry of what somebody thought was food begins to get squeezed through into your mouth, and that's how you get fed.

Freddie: Can I roll for dankness of this food?

Anthony: Sure.

Freddie: *[dice roll]* It's a 7.

Anthony: You know slushies?

Freddie: Mm-hmm *[affirmative]*.

Anthony: It's like one of those but instead of syrup, it's goblin blood.

Freddie: Oh, okay.

Anthony: It'll keep you alive but you're not going to be enjoying your meals.

Freddie: Mm. At what rate does this person come in to feed me?

Anthony: They come in to feed you twice a day. Once in the morning, once at night. What you just had was the morning breakfast. And then the person buckles your mask up and leaves. And this is how the days are going to go by. So the way that we're going to do this is: you're going to have three actions a day to try and do something to make your life a little bit easier, to help you escape or whatever the heck you want. And you're going to roll for them, you fail, sorry. That action just didn't happen on that day and you're kind of screwed.

Anthony: You'll make progress on potential different projects like trying to loosen yourself from one of the restraints or trying to do any other kind of thing.

Freddie: Wow. This is a real Japanese escape room experience here that you've made here just for me, Anthony.

Anthony: Yeah. I was thinking more like Hentai Game?

Freddie: *[laughs]*

Anthony: Where it's like you only have three ways you can study to get the... to get the exclusive Hentai scene in this day and if you don't study correctly...

Freddie: Ah, I see, I see. So it's a visual novel here.

Anthony: Yeah. It's kind of a visual novel.

Freddie: Okay. And then let me ask right now, in terms of my bindings and restraints, I probably get a good sense without Perception checking of how heavy are the chains et cetera, et cetera, how tight are the bindings... Give me just a little more information on that.

Anthony: Sure. So the bindings are very tight. The bindings themselves are made out of leather.

Freddie: Hehehe, finally, a BDSM podcast.

Anthony: *[laughs]* Yeah. The bindings are made of leather. There is an iron link sort of sewn into the leather and you can feel that the iron chains are hooked into that link. The chains are not drastically heavy. These were not made for an ogre. They don't want you to be unable to move your arms at all because that could—

Freddie: Scratch your butt.

Anthony: Yeah. Or at least scratch your own wrist and stuff.

Freddie: Because that would be torture.

Anthony: Yeah. Yeah. It's—

Freddie: That's torture. If you can scratch your own butt, that's Geneva Convention shit right there, dude.

Anthony: Yeah. I mean you could scratch your butt up against the wall because your butt is pretty close to the wall, so that's not a problem.

Freddie: Am I standing or laying?

Anthony: You are standing. The torture of it essentially is that the chains are light enough that you can't sit down, they'll begin to pull on your arms and your shoulders.

Freddie: But you could get a good stretch in?

Anthony: Yeah, you could. I guess over a long enough period of time, you could try to turn yourself into Dhalsim from *Street Fighter*.

Freddie: In terms of the range of motion that I can, can I do a little squat?

Anthony: You can squat. Basically once you do—

Freddie: Okay.

Anthony: You know how when you do a squat and you're like, "Ah, I'm probably done." And then your friend who actually does work out is like, "Mm-mm-mm. You've got to go a little bit further." Once you get to that point of, "I think I'm done but I'm actually done, I could go further." That's when the chains and your arms go taut.

Freddie: So Glenn is going to think, and in his head Glenn thinks—

Glenn: Well, Glenn boy, you really found yourself in it this time. Good thing you watched all that anime.

Freddie: And I'm going to just get myself into a squat and work out. Because if there's one thing that I need right now, it's power baby.

Anthony: Okay.

Freddie: I'd like to do like wall squats.

Anthony: Okay. To just sort of strengthen your legs specifically?

Freddie: Yes. Every day is leg day, here under the sea.

Anthony: Okay. I mean I don't think there's a way to fail for this. You just do it then.

Freddie: That's true. You go until you fail and then you keep going. You know? Hey, people listening, ain't no dice rolls when it comes to making your body powerful. You just go until it don't work again, then you do it again tomorrow and you eat plenty of good nutrients and you get plenty of rest.

Anthony: The only critical fail is in your mind.

Freddie: That's true— *[laughs]*

Anthony: Okay. So let's—

Freddie: We should come up a with whole range of workout gear that's like... Dungeons & Dragons themed workout gear as the kind of stuff that if you were wearing it at the gym—assuming we could go back to a gym—everyone would be like, "This guy does not re-rack his weights."

Anthony: *[laughs]*

Freddie: They could just take one look at you and they're like, "Those fives are not coming back. Let's be honest."

Anthony: There is almost certainly some market there for a gamifying and systematizing working out with RPG bullshit of like, "Ooh, today's quest is to do five squat thrusts."

Freddie: Oh my god. I'm just going to do a real quick search for D20 workout.

Anthony: "And we'll ship you a loot box that's got a bunch of rewards in it." Yeah, it's a workout thing?

Freddie: Yup.

Anthony: We ship you a treasure chest that's got a bunch of individually sealed mystery boxes? That you get to open one of them when you finish the quest. It's like, "Ha, ha, here's some protein powder. This gives you plus five of these stats—" We could be rich is we just focused on it.

Freddie: We could be rich. I mean look, this is the truth: I could be rich, Anthony.

Anthony: Mhm.

Anthony: I could be a rich, rich man if I just decided to really focus on one thing. Here's the thought that I had literally just today: you know how there's AI? Have you seen This Person is Not Real or like thisisnotaperson.com?

Anthony: Yes.

Freddie: Which is a generated AI using an open source NVIDIA algorithm?

Anthony: Yes.

Freddie: That thing can do faces perfectly. You know what else no one's thinking about? ...Fucking feet, dude.

Anthony: *[laughs]*

Freddie: You could just generate feet pics. Forever. And then you could puppeteer a bunch of feet Instagrams account, and get money from that. Are you kidding?

Anthony: Oh my god. Yeah. And then you could make a whole Instagram profile for a hot person, and then just show the pictures of the hot people enjoying hot things and all of it's fake, and then just do a bunch of really salacious...

Freddie: Feet pics.

Anthony: Completely artisanal fake porn.

Freddie: I could do it. I looked at that right in the face today and I was like, "That's a million dollars right there." And I said, "Nah, I'm good."

Anthony: And you left it on the fucking table.

Freddie: I left it on the fucking table.

Anthony: Because you wanted to believe-make believe with your friend instead.

Freddie: *[laughs]*

Anthony: Okay.

Freddie: Listen. I got my priorities straight, okay?

Anthony: So we're going to spend one of your actions on working out. And the way that this works now is, y'know, working out, you've got to do it consistently. So the more that you do it, I'll give you a slight bonus every time in terms of points.

Freddie: Okay. All right.

Anthony: Squats, 1.

Freddie: And my form is perfect, every time.

Anthony: In fact, no, you have to roll to see if your form is perfect.

Freddie: Ah, good point.

Anthony: I don't know if Glenn has been doing a lot of squats recently. Give me an Athletics roll and see how good that is.

Freddie: [*dice roll*] 13+4, 17.

Anthony: 17. Okay. In that case I'm going to give you 2 Squat points.

Freddie: That's how we'll do it. I'll roll form and that's how effective they are.

Anthony: Yeah. That's good. I like that. Okay, so you've got 2 Squat points. That's your first action of the day.

Freddie: I'm going to go ahead and add 2 Squat tokens to my counter here.

Anthony: Do it.

Freddie: [*laughs*]

Anthony: You've got a big jar of squats, though, because there are small ones for ones, there's very large ones for fives that are just a golden embossed picture of a butt.

Freddie: [*laughs*] There's a few Kickstarters for premium squat tokens if you wanted to get them and... That joke is for Matt Arnold and Matt Arnold only.

Anthony: [*laughs*]

Freddie: Who won't be listening to this. As a quick reminder to those listening, this is just me and Anthony, and all the other dads have pledged to not listen to these sections of the episodes.

Anthony: Mm-hmm. Mm-hmm.

Freddie: All right. Number two. I can't really spin around at all, can I?

Anthony: The chains on your legs are considerably longer than the chains on your arms.

Freddie: Mhm.

Anthony: So if you did some pretty intense core work, "I'm going to hold onto the chains on my arms and then try to lift my legs up and basically just support my body."

Freddie: Oh, leg lifts. I could do leg lifts.

Anthony: Yeah. You could try to do a leg lift. It may... You won't know for sure how tight the chains are until you try it. I'll put it that way.

Freddie: Well, so hold on. If I can do leg lifts, that's yet another work out. That's your core, right? I can hold my arms and just do leg lifts.

Anthony: Yeah. Yeah.

Freddie: Okay. All right. This is what I'm starting right now.

[electronic music starts]

Freddie: Get Buff with Glenn, the Dungeons and Daddies interactive workout experience. It's 2021 folks, at home. I'm sure some of you got New Year's resolutions. Make this your resolution. We're going to get buff together. Me, sitting at my computer and talking into a microphone, you actually doing the workouts.

Anthony: *[laughs]*

Freddie: We did squats...

Anthony: *[laughing]* You're not going to do the same things? You're just having Glenn do it?

Freddie: I'm rolling dice and shit. That's tons of work right now, and coming up with it? So we're doing leg lifts now so Glenn's going to do leg lifts as the next part of his workout.

Anthony: Okay. Okay, give me a roll for form on leg lifts.

[electronic music finishes]

Freddie: *[dice roll]* Ooh, 18+4, 22.

Anthony: Wow. So that's going to be 3 points on Leg Lifts. I like the idea that you're already two levels higher than everybody else and your goal is to just effectively be more higher when they find you.

Freddie: Dude, they're going to open up this door and it's going to be handsome Squidward.

Anthony: *[laughs]*

Freddie: This buff dude just going to step out, dude.

Anthony: Yeah! "Did they inject this guy with steroids? What happened when we left? They have a handsomer, bigger Glenn."

Freddie: *[laughs]*

Anthony: Okay, so you find out as you're doing your leg lifts that you can basically get your knees all the way to your chest. That's how long the chains are. And if you begin to extend your legs, you can get them about half way out to straight before the chains go tight. You can't fully extend them.

Freddie: Okay.

Anthony: So if you stretch, really stretch, you can barely touch the tip of one of your toes with your hands.

Freddie: It's funny because what I should be thinking about is like, "Okay, what are ways to do this escape room?" But this entire conversation's just led me like, "Okay, how can I get a good delts and arms workout in..." based on that... *[laughs]*

Anthony: Functionally, what you've just done is something I've dreamed about doing in real life escape rooms is just go in, they close the door and they say, "Okay, you have an hour." And then I— you just start doing pushups for 60 minutes and you don't interact with the puzzles.

Freddie: *[laughs]*

Anthony: I very badly wanted to do that at some point just to see what the person does on my way out. You do it until you get really tired and then you go and you grab the hint walkie talkie, and you're like, "Hey, can I have a hint?" And they go, "Yeah, sure." And I go, "How many was that?"

Freddie: *[hard laughter]*

Anthony: And they go, "I don't know." And you go, "All right, back to it." And you just go back to doing pushups.

Freddie: *[laughs]* That's incredible. That's so good.

Anthony: I'm going to buy five tickets so nobody else can go in this escape room but me, and then I'm going to just do pushups.

Freddie: *[laughs]* Holy shit, that's so good. Hey, so listen, what kind of arm workouts could I do? I guess I could just pull and just really work the upper body.

Anthony: Yes. You could do pull-ups, that would help your chest and your... What are pull ups? Are they your delts or your bis?

Freddie: All right. Part three of the Glenn workout, we're getting buff in 2021. Wide grip pull-ups.

Anthony: Give me a roll for Athletics.

Freddie: [*dice roll*] That's a 10+4. 14. A little bit harder than the other ones, but you know what? I still make a good go at it.

Anthony: All right. I'm giving you 2 points to your Chest and to your Arms. What I'm going to say is if you can get all of these stats up to let's say a 10, then you're going to get +1 point to your Strength.

Freddie: Hell yes.

Anthony: Which is huge. That's a huge step up.

Freddie: That's just like real life baby. You put in the work, you reap the rewards. You know what I'm talking about everybody? So that's what we got. We got squats this week, leg lifts, hanging leg lifts and wide grip pull-ups. All right. We'll see you in two weeks when we come back with part two of the Glenn Get Fit 2021 Challenge. Anything else happen in this bullshit or what?

Anthony: I mean a guy comes in and gives you another slurry.

Freddie: And I'm like fucking sweaty and he's like, "Damn, this guy's really..."

Anthony: Because he comes in just as you finish letting yourself down. It doesn't really look like a lot. It looks like—

Freddie: I'm so...

Glenn: [*heavy breaths*]

Anthony: And he goes—

Guard: Ah, you've been trying to escape? Trying the restraints? Well, let me tell you something my boy—

Freddie: I shake my head, no, and I flex.

Anthony: [*laughs*] And he goes—

Guard: Eh. Whatever.

Anthony: And he opens up your mask and he puts the straw in your mouth and you suck down some more goblin blood slurry.

Freddie: And protein shakes. Everybody, we're getting protein shakes so you don't got to do the blood thing, you can just do protein shakes, make sure you eat a good meal after your workouts.

Anthony: If it makes you feel more hardcore, just drink a protein shake and call it goblin blood.

Freddie: Yes. Oh, we should do a recipe. I'll try and figure out a recipe. It's basically going to be... protein powder, red food coloring... that's it.

Anthony: *[laughs]* I was really expecting something more there, which is on me. I don't know why I did. I don't know why I'm surprised, but that's everything that Glenn does during his first day of incarceration at the Meth Bay Correctional Facility.

Freddie: You know what? I took the first step. And for those of you listening, the hardest step is that first step of committing to it. So be like Glenn here and let's commit to getting swol, everybody.

[short beat of electronic music plays]

Anthony: After the guard leaves, having given you your slurry dinner.

Glenn: Yum, yum, yum, yum, yum.

Freddie: I say that to myself quietly as he walks out the door.

Anthony: *[laughs]* You can hear him shiver at the sound of...

Freddie: *[laughs]*

Anthony: He's—

Guard: Ew.

Anthony: And the next day comes. You wake up and he feeds you some slurry and you continue working out and stuff like that. Some time passes and you go to sleep. You wake up and you work out and he feeds you some slurry.

Anthony: You initially maybe started to count in your mind and started memorizing how many days it's been, how many sleeps it had been. But soon that number begins to sort of blur a little bit and you sort of stop counting. One day he comes down, opens up your mask and you take a sip from the slurry but this time it tastes a little bit sweet.

Freddie: Huh.

Anthony: He pulls it out of your mouth and he goes—

Guard: First of all, good for you for not talking this whole time. And second of all, you may have noticed a little something special in the drink there for you. That's a bit of anniversary cake. Today officially marks your first year at the Meth Bay Correctional Facility.

Freddie: What...?

Guard: Let's look forward to many, many more.

Anthony: And before you can say some in protest, he slams your mask shut and turns the screw.

Freddie: Wait, wait, wait. You're telling me every one of these interludes is a year of time?

Anthony: Yes.

Freddie: ...Fuck yeah, I'm going to be so ripped by the end of this, bro.

Anthony: *[laughs]*

[outro plays]

Freddie: Dungeons and Daddies is Matt Arnold as Darryl Wilson, Anthony Burch as our DM, Will Campos as Henry Oak, Beth May as Ron Stampler, Jimmy Wong as Jodie Foster and myself, Freddie Wong, as Glenn Close. Theme song and outro was *Alright* by Maxton Waller. Courtney Thérond is our content producer, Ashley Nicolette is our community manager, and Robin Rapp helps us with transcriptions.

Freddie: Special thanks this episode to Sabina Lynde Accerblum for providing us a name that we used in the episode. Time for Patreon shout outs, so big ups to: The Conkeestadoors, Simon Hansen, Sophea Ing, John, Caitlin G, Burleypup, Travis Stewart, Moose, PK Cassidy, Kyle David Barry Cahill, Luis Gonzalez, Jay Belt, Dylan Bailey, Zachary Fenton, Joshua Paul Seldana, Dilan Gorrigan, Terance Hollister, Thomas Mraz, Allison Jackson, and Soupkitten. Head on over to Patreon.com/DungeonsAndDads, and consider becoming a patron today to get access to now almost three years of backlog bonus content. What a time to be alive.

Freddie: Everything from our after show, Talking Dad, to bonus content, DM notes, merch discounts, Burch discounts even? I don't know even know what that means. What is a Burch discount? You can't get that. It is a veritable treasure trove of dad

content. We also just updated some of our tiers including removing the limit on the elite tier. So head on over to Patreon.com/DungeonsAndDads to check it out.

Freddie: Speaking of content, *Story Break*, a podcast that Will, Matt and I do, is kicking off our fourth season by writing the completely unauthorized Jar Jar Binks standalone *Star Wars* movie. It was one of the first episodes we did. We're turning it into a movie, scene by scene. If you want to dip your toes in the world of Star Wars, then listen to what I think was one of our best Story Breaks, head over to *Story Break*. Just look that up on your podcast players.

Freddie: You can follow this podcast on Twitter @DungeonsAndDads, Reddit.com/r/dungeonsndaddies is the subreddit. Thank you so much for listening. Happy New Year! Next episode's coming at you January 26th.

[*outro finishes*]

Matt: You can just imagine that all of our characters said bye to their kids and whatever.

Will: Matthew!

Beth: Yeah. I kind of don't want to say goodbye to them either.

Anthony: Listener, this is a place where you might put in some fanfiction about dads talking to their kids. But we don't actually have time for that on this podcast.

[*laughter*]

Beth: No.