

New Songs for Week 26

10 Little Candles

10 little candles on a chocolate cake,
Whoo! Whoo! And then there were eight!
8 little candles on candlesticks,
Whoo! Whoo! And then there were six!
6 little candles and not one more,
Whoo! Whoo! And then there were four!
4 little candles; red, white, & blue,
Whoo! Whoo! And then there were two!
2 little candles standing in a row,
Whoo! Whoo! And now there are zero!

New Songs for Week 25

Lazy Bones

Wake up you lazy bones
And go and fetch the cattle!
Wake up you lazy bones
And go and fetch the cows!

The sun is hot!
The cows are gone!
I think I'll rest!
Til they come home!
(repeat as necessary--usually 3 times total)

The Old Gray Cat

The old gray cat is sleeping,
Sleeping, sleeping.
The old gray cat is sleeping,
In the house!

The little mice are creeping,
Creeping, creeping.
The little mice are creeping,
In the house!

The old gray cat is waking,

In the house!

The little mice are scampering,
Running, running,
The little mice are scampering,
In the house!

New for Week 24

Slippery Snake

I see a slippery, slithering snake,
As he slid through the grasses, making them shake.
He looked at me with his beady eye,
"Go away from my pretty green garden," said I,
"Sssss," said the slippery, slithering snake
As he slid through the grasses, making them shake.

Who Has the Penny

Teacher:

Who has the penny?
Who has the key?
Who has the thimble?
All: Don't let us see!

Students:

Who has the penny?
Who has the key?
Who has the thimble?
Don't let us see!

Nothing New for Week 23

New for Week 22

5 Little Bunnies

Five Little bunnies in the bakery shop,
The kind with the sugar and the honey on top,
Along came a girl/boy with a penny to pay,
She/he took that bunny and he ran away!

Four...Three...Two...One...

Last verse:

No little bunnies in the bakery shop,
The kind with the sugar and the honey on top,

Along came a girl/boy with a penny to pay,
"Whoops! No more bunnies today!"

Sleeping Bunnies

See the little bunnies sleeping 'til it's nearly noon,
See if we can wake them with a merry tune.
O, how still. Are they ill? Wake up soon...
Hop, little bunnies, hop, hop, hop!
Hop, little bunnies, hop, hop, hop!

Garden Gate

Two, Four, Six, Eight!
Meet me at the garden gate!
If I'm late, don't wait!
Two, Four, Six, Eight!

Nothing new for Week 21

New for Week 20

Ten Little Soldiers

Ten little soldiers stand up straight.
Ten little soldiers make a gate.
Ten little soldiers make a ring.
Ten little soldiers bow to the king.
Ten little soldiers dance all day.
Ten little soldiers hide away.

New for Week 19

Mi Cuerpo

Mi cuerpo! Mi cuerpo hace musica!
music!
Mi cuerpo! Mi cuerpo hace musica!
music!
Mis manos hacen **clap, clap, clap**
*clap**

My Body

Mi body! My body it makes

Mi body! My body it makes

My hands go **clap, clap,*

Mis pies hacen **stomp, stomp, stomp**
*stomp**

Mi boca hace "la, la, la"

Mi cintura hace cha, cha, cha!

Cha, cha, cha! Cha, cha, cha!

Mi cintura hace cha, cha, cha!

"La, la, la! La, la, la!"

Mi boca hace "la, la, la"

stomp, stomp, stomp stomp, stomp, stomp (same)

Mis pies hacen **stomp, stomp, stomp**
*stomp**

clap, clap, clap clap, clap, clap
*clap**

Mis manos hacen **clap, clap, clap**
*clap**

(repeat faster each time)

My feet go **stomp, stomp,*

My mouth goes "la, la, la"

My hips go cha, cha, cha!

Cha, cha, cha! Cha, cha, cha!

My hips go cha, cha, cha!

"La, la, la! La, la, la!"

My mouth goes "la, la, la"

(same)

My feet go **stomp, stomp,*

**clap, clap, clap clap, clap,*

My hands go **clap, clap,*

Big Pig

High voice: Where are you going big pig, big pig?

Low voice: Out in the garden to dig, dig, dig.

High voice: Out in the garden to dig, dig, dig??

Shame on your big pig, big pig!

Low voice: I'm sorry ma'am, but I'm only a pig,
And all I can do is dig, dig, dig!

New for Week 18

[Salt Peanuts by Charlie Parker & Dizzy Gillespie](#)

Chop Chop Chippity Chop

Chop chop chippity chop!

Cut off the bottom and cut off the top.

What we have left we'll throw it in the pot!

Chop chop chippity chop!

Grizzly Bear

Grizzly bear, oh, grizzly bear is sleeping in his/her cave.

Please, be very quiet! Please be very quiet!

If you wake him/her, if you shake him/her,
He'll/she'll get very mad!

New for Week 17

I Feel Good by James Brown

My Poor Hand is Shaking

My poor hands are shaking, I can't make it stop!
My poor hands are shaking, I can't make it stop!
Oh help me, momma, can't make it stop.
My poor hands are shaking, I can't make it stop!

My poor knees are shaking, I can't make it stop!
My poor knees are shaking, I can't make it stop!
Oh help me, momma, can't make it stop.
My poor knees are shaking, I can't make it stop!

My poor hips are shaking, I can't make it stop!
My poor hips are shaking, I can't make it stop!
Oh help me, momma, can't make it stop.
My poor hips are shaking, I can't make it stop!

My whole body's shaking, I can't make it stop!
My whole body's shaking, I can't make it stop!
Oh help me, momma, can't make it stop.
My whole body's shaking, I can't make it stop!

Johnny on the Woodpile

Leader:

Johnny on the woodpile,
woodpile,
Johnny on the fence.
Johnny got a haircut,
For fifteen cents!

Students:

Johnny on the

Johnny on the fence.
Johnny got a haircut,
For fifteen cents!

Riding Our Ponies

Here we go riding our ponies,

Our ponies, our ponies.
Here we go riding our ponies,
Whoa! Whoa! Whoa!

Stop a minute and you say,
"How are you this very fine day?"
(*all stop and say hello, wave, shake hands, high five, etc*)
And off we go! (repeat)

[Harriet Tubman by The Amidons](#)

[New for Week 16](#)

[The Boy from Ipanema](#)

[New for Week 15](#)

[Exercise Game #1](#)

See How I'm Jumping

See how I'm jumping,
Jumping, jumping.
See how I'm bouncing like a ball.
Bet you didn't know I could jump so high!
Bet you didn't know I could stand so still!
See how I'm jumping,
Jumping, jumping.
When I get tired, down I flop!

Going Around Our Hoops

Going around our hoops,
Going around our hoops,
Going around our hoops,
All on music day!

Add a movement into and out of the hoop and then repeat

[New for Week 14](#)

[Robot Re-Charge](#)

5 Little Snowmen Fat

5 little snowmen fat!
Each with a funny hat!
Out came the sun and melted one,
What do you think of that?
Down, down, down, down!

4 little snowmen fat!
Each with a funny hat!
Out came the sun and melted one,
What do you think of that?
Down, down, down, down!

3 little snowmen fat!
Each with a funny hat!
Out came the sun and melted one,
What do you think of that?
Down, down, down, down!

2 little snowmen fat!
Each with a funny hat!
Out came the sun and melted one,
What do you think of that?
Down, down, down, down!

1 little snowman fat!
He had a funny hat!
Out came the sun and melted one,
What do you think of that?
Down, down, down, down!

All Little Penguins

All little penguins waddle along!
Waddle along, waddle along!
All little penguins waddle along!

Having lots of fun!

(repeat w/different locomotor mvts, the kids help decide)

Snowflakes are Falling

Snowflakes are falling on the ground.

Snowflakes are falling all around.

Snowflakes are falling on my head.

I think I'll crawl back into my bed.

[Martin Luther King sung by The Amidons](#)

New for Week 13

[Skating by Vince Guaraldi Trio](#) (pretending to skate to the music)

[Dance of the Sugar Plum Fairy](#) (song for playing bells/triangles with)

[Santa Claus is Coming to Town by the Jackson 5](#) (non locomotor dancing)

[Dance of the Sugar Plum Fairy](#) (video to watch ballet)

New for Week 12

[Nutcracker Overture](#) for nonlocomotor movements

Jack in the Box

The jack in the box jumps up!

The jack in the box goes flop.

The jack in the box spins around and around,

And the lid comes down with a plop!

Oh, How Lovely

Oh, how lovely is the evening,

Is the evening.

When the bells are sweetly ringing,

Sweetly ringing.

Ding, Dong, Ding, Dong, Ding, Dong!

[Puppy for Hanukkah](#)

[New for Week 11](#)

[Sleigh Ride](#) gross motor movements

Five Little Bells

Five little bells hanging in a row,
The first one said, "Ring me slow."
The second one said, "Ring me fast."
The third one said, "Ring me last."
The fourth one said, "I'm like a chime."
The fifth one said, "Ring me all the time!"

Jack in the Box

The jack in the box jumps up!
The jack in the box goes flop.
The jack in the box spins around and around,
And the lid comes down with a plop!

[New for Week 10](#)

[Glorious Food/Barnyard Dance](#) by Mary Alice Amidon

Looby Loo

Here we go looby loo! Here we go looby light!
Here we go looby loo! All on a Saturday night!
You put your feet in, you put your feet out,
You give your feet a shake, shake, shake,
And turn yourself about! OH!

Here we go looby loo! Here we go looby light!
Here we go looby loo! All on a Saturday night!
You put your hands in, you put your hands out,
You give your hands a shake, shake, shake,
And turn yourself about! OH!

Here we go looby loo! Here we go looby light!
Here we go looby loo! All on a Saturday night!
You put your head in, you put your head out,
You give your head a shake, shake, shake,
And turn yourself about! OH!

Here we go looby loo! Here we go looby light!
Here we go looby loo! All on a Saturday night!
You put your back side in, you put your back side out,
You give your back side a shake, shake, shake,
And turn yourself about! OH!

Here we go looby loo! Here we go looby light!
Here we go looby loo! All on a Saturday night!
You put your whole self in, you put your whole self out,
You give your whole self a shake, shake, shake,
And turn yourself about! OH!

New for Week 9

Thanksgiving Theme by Vince Guaraldi Quintet

5 Fat Turkeys

5 fat turkeys are we--ee!
We slept all night in a tree-ee!
When the cook came around
We couldn't be found
And that's why we're here, you see!

Here I Come

Here I come with my buffalo drum!
Hear me play with a rum tum tum!

Pumpkin Pie by Mary Alice Amidon

New for Week 8

["In the Hall of the Mountain King" by Edvard Greig](#)

Mother Gooneybird

Mother Gooneybird had seven chicks,
And seven chicks had Mother Gooneybird!
And they couldn't walk.
And they couldn't talk.
But they call could go like this:
Both wings/two feet/nod your head/turn around

[New for Week 7](#)

[Little Ghost by The White Stripes](#)

Autumn Leaves are Falling

Autumn leaves are falling,
Falling, falling.
Autumn leaves are falling,
On an autumn day!

[Tiger in my Backyard by the Sugar Free All Stars](#)

Teeny Tiny Ghost

Once there was a teeny, tiny ghost
No bigger than a mouse at most.
And he haunted a GREAT BIG HOUSE
It's hard to haunt a GREAT BIG HOUSE
When you're a teeny, tiny ghost
No bigger than a mouse at most,
But he did what he could do.
And every dark and stormy night,
The ones that make you shiver and quiver with fright,
If you listen, you just might
Hear a teeny tiny BOO!

[New for Week 6](#)

[The Great Pumpkin Waltz by Vince Guaraldi](#)

Spider on the Floor

There's a spider on the floor, on the floor.
There's a spider on the floor, on the floor.
Who could ask for any more?
There's a spider on the floor.
There's a spider on the floor, on the floor.

Now the spider's on my knee, on my knee.
Now the spider's on my knee, on my knee.
Oh, what's happening to me?
There's a spider on my knee.
Now the spider's on my knee, on my knee

Now the spider's on my belly, on my belly.
Now the spider's on my belly, on my belly.
Oh, I think he wants some jelly,
That old spider on my belly.
Now the spider's on my belly, on my belly.

Now the spider's on my head, on my head.
Now the spider's on my head, on my head.
Oh, I wish I were in bed
There's a spider on my head.
Now the spider's on my head, on my head.

Then he jumps off: Wheeeeeeeeeeeeeeeeeee!

There's a spider on the floor, on the floor.
There's a spider on the floor, on the floor.
Who could ask for any more?
There's a spider on the floor.
There's a spider on the floor, on the floor.

Bony Skeletons Walk

The bony skeletons walk!
The bony skeletons walk!

Walking slowly down the street,
The bony skeletons walk!

The black cat creeps!
The black cat creeps!
Creeping slowly down the street,
The black cat creeps!

Oooooooooooooooooooooooooooooo!
Oooooooooooooooooooooooooooooo!
Oooooooooo ooooooooooooooooooooo!
Oooooooooooooooooooooooooooooo!

Skin and Bones

There was an old woman all skin and bones,
Ooooooooooooooooooooooooooooo!
She lived down by the old graveyard,
Ooooooooooooooooooooooooooooo!
One night she thought she'd take a walk,
Ooooooooooooooooooooooooooooo!
She walked down by the old graveyard,
Ooooooooooooooooooooooooooooo!
She saw the bones a lying around,
Ooooooooooooooooooooooooooooo!
She went to the closet to get a broom,
Ooooooooooooooooooooooooooooo!
She opened the door and Boo!

Who Fed the Chickens?

<i>Teacher:</i>	<i>Children:</i>
Who fed the chickens?	I did!
Who stacked the hay?	I did!
Who milked the cow?	I did!
On this fine day!	

Who fed the chickens?	She did!
Who stacked the hay?	She did!
Who milked the cow?	She did!

On this fine day!

Who fed the chickens?	He did!
Who stacked the hay?	He did!
Who milked the cow?	He did!
On this fine day!	

Who fed the chickens?	We did!
Who stacked the hay?	We did!
Who milked the cow?	We did!
On this fine day!	

Who fed the chickens?	They did!
Who stacked the hay?	They did!
Who milked the cow?	They did!
On this fine day!	

I Have a Little Pumpkin

I have a little pumpkin,
It's very round and fat.
I'll make a jack-o-lantern
Now what do you think of that?
I'll wear a funny costume
And go out by my street.
And when the people see me
I'll shout, "Trick or treat!"

New for Week 5

[Chugga Chugga Choo Choo by Choo Choo Soul](#)

The Wiggle Song

My thumbs are starting to wiggle,
My thumbs are starting to wiggle,
My thumbs are starting to wiggle
Around and around and around!

My hands are starting to wiggle,

My hands are starting to wiggle,
My hands are starting to wiggle
Around and around and around!

My arms are starting to wiggle,
My arms are starting to wiggle,
My arms are starting to wiggle
Around and around and around!

My legs are starting to wiggle,
My legs are starting to wiggle,
My legs are starting to wiggle
Around and around and around!

Now all of me is a wiggle,
Now all of me is a wiggle,
Now all of me is a wiggle
Around and around and around! SIT DOWN!

Sally Go 'Round The Sun

Sally go 'round the sun!
Sally go 'round the moon!
Sally go 'round the chimney top
Every afternoon! Boom!

Cobbler, Cobbler

Cobbler, cobbler mend my shoe,
Have it done by half past two.
Too-ra-loo-ra-loo.

Half past two is much too late,
Have it done by half past eight.
Too-ra-loo-ra-loo.

New for Week 4

[Brown Jug Polka by Shenanigans](#)

Grandma's Glasses

These are grandma's glasses,
And this is grandma's hat!
And this is the way she folds her hands
And lays them in her lap!

These are grandpa's glasses,
And this is grandpa's hat!
And this is the way he folds his arms
Just like that!

Twinkle Twinkle Little Star

Twinkle, twinkle little star,
How I wonder what you are!
Up above the world so high
Like a diamond in the sky!
Twinkle, twinkle little star,
How I wonder what you are!

New for Week 3

[Old Joe Clark by Jill Trinka](#)

Clap Your Hands

Clap, clap, clap your hands,
Clap your hand together!
Clap, clap, clap your hands,
Clap your hand together!
(continue with other motions like "stomp your feet" or "spin around" etc)

Our Gallant Ship

Three times around went our gallant ship,
And three times around went we!
Three times around went our gallant ship
And we sank to the bottom of the sea!
Spoken:
Penny on the ocean, penny on the sea!
Up jumped a little fish, up jumped me!

Oh My! No More Pie!

Leader:

Oh my!
No more pie!
Pie's too sweet!
I want a piece of meat!
Meat's too red!
I want a piece of bread!
Bread fell down!
I think I'll go to town!
Town's too far!
I think I'll take a car!
Car won't go!
I fell and stubbed my toe!
Toe gives me pain!
I think I'll take a train.
Train had a wreck!
I fell and bumped my neck!
Oh my!
No more pie!

Students:

Oh my!
No more pie!
Pie's too sweet!
I want a piece of meat!
Meat's too red!
I want a piece of bread!
Bread fell down!
I think I'll go to town!
Town's too far!
I think I'll take a car!
Car won't go!
I fell and stubbed my toe!
Toe gives me pain!
I think I'll take a train.
Train had a wreck!
I fell and bumped my neck!
Oh my!
No more pie!

[Baby Shark by Pinkfong](#)

New for Week 2

[Concerto Grosso in C Major by Corelli](#)

5 Little Mice

5 little mice came out to play,
Gathering crumbs along the way.
Out came the kitty cat, sleek and fat!
4 little mice went scampering back.

4 little mice came out to play,
Gathering crumbs along the way.
Out came the kitty cat, sleek and fat!
3 little mice went scampering back.

3 little mice came out to play,
Gathering crumbs along the way.
Out came the kitty cat, sleek and fat!
2 little mice went scampering back.

2 little mice came out to play,
Gathering crumbs along the way.
Out came the kitty cat, sleek and fat!
1 little mouse went scampering back.

1 little mouse came out to play,
Gathering crumbs along the way.
Out came the kitty cat, sleek and fat!
No little mice went scampering back.

Naughty Kitty Cat

Teacher:

Naughty kitty cat!
Why did you do that?
You have butter on your whiskers
Naughty kitty cat!

Students:

Meow!
Meow!

Meow!

Walk, Walk, Walk, Walk

Walk, walk, walk, walk,
Walk, walk, walk, walk.
Hop! Hop! Hop!
Hop! Hop! Hop!
Running, running, running!
Running, running, running!
Now we stop!
Now we stop!

New for Week 1

Listen & Move

Itsy Bitsy Spider

Regular singing voice:

The itsy bitsy spider went up the water spout.
Down came the rain and washed the spider out!
Out came the sun and dried up all the rain,
And the itsy bitsy spider went up the spout again!

High singing voice:

The teency weency spider went up the water spout.
Down came the rain and washed the spider out!
Out came the sun and dried up all the rain,
And the teency weency spider went up the spout again!

Low singing voice:

The great big spider went up the water spout.
Down came the rain and washed the spider out!
Out came the sun and dried up all the rain,
And the great big spider went up the spout again!

Head & Shoulders, Knees & Toes

Head & shoulders, knees & toes, knees & toes
Head & shoulders, knees & toes, knees & toes
Eyes & ears & mouth & nose
Head & shoulders, knees & toes, knees & toes
(first time slow; repeat getting faster each time)

Old MacDonald Had a Farm

Picture book & song, experimenting using animal sounds

Order of animals:

- Dog
- Sheep
- Ducks
- Pig
- Cow
- Horse

["ABC" by the Jackson 5](#)