

Dale Edwards Coaching Biography

Assistant Coach Dale Edwards joined WHAT in 2023, bringing with him over 50 years of experience in coaching and teaching swimming.

Coach Dale graduated from East Allegheny High School and managed the First Student Bus Garage in Wall until his retirement in 2020. He now resides in West Mifflin.

His journey in swimming began in 1972 when he taught swim lessons to the Boy Scouts. By 1992, Coach Dale became the Head Swim Coach for the South East YMCA, where he coached three nationally ranked swimmers, including his son, who went on to become an All-American at the College of Wooster. During his time at South East YMCA, Coach Dale also had the pleasure of coaching Coach Jessie!

In addition to his YMCA role, Coach Dale served as the Head Coach at Gateway Heights in Monroeville during the summer months, where he coached Coach Kristen when she was just eight years old. Simultaneously, he took on the role of Head Swim Coach for the Serra Catholic Boys Team, coaching independent swimmers due to the absence of a formal swim program at the school.

After leaving the YMCA, Coach Dale became the Head Coach at East Allegheny High School, where he successfully doubled the size of the swim program. Following his "first retirement" from swimming, he moved to West Mifflin in 2005 and served as an Assistant Coach at West Mifflin High School. It was there that he met Coach Walt and coached his daughter Brittany. Coach Dale retired again in 2010, only to come out of retirement in 2023 to join WHAT as an Assistant Coach!

Coach Dale's focus has always been on developing proper technique to achieve swimming excellence. He believes in encouraging each swimmer to do their best and is passionate about helping athletes reach their full potential.