



**extinction
rebellion**

Weekly meeting agenda - Brighton XR

- Tuesday November 12th (Central Brighton @ Brighthelm Centre - downstairs Activity Hall)
 - Wednesday November 13th (East Brighton - St Mary's Hall)
- Both venues are accessible.

Facilitators:

Central - ?

East - Venetia?

Intro (19:00)

- Welcome and Housekeeping (toilets and fire exits).
- Check-in - name - first meeting? - thumb gauge of mood.
- Brighton XR strategy and direction - ***We know we need to set our strategy, strengthen our actions and all Working Groups, boost morale and keep recruiting. We will focus on Working Groups over the next weeks so new people can join and these groups can be strengthened ready for the new year.***
- Icebreaker activity with someone you don't know (2 minutes only) 'What brought you here tonight?' - bring this to a close with an arm up signal - (no explanation necessary - hand signals will be explained in the induction).

Breakout (19.10ish)

- Group 1: Induction for new members - XR's Three Demands, Principles and Values, Hand signals, meetings, theory of change and strategy.
- Group 2: discussion group for existing members. Creativity spotlight - what would you like to see from this group?
What questions do you have about these two WGs?

Group discussion (Involving entire gathering 19:30)

- **Meeting costs:** Ask for room donations - pass bag/ bowl around - donations can be made online also - click on the button on the top right hand of xrbrighton.earth website.
- **Finance and Organisation WGs** - to give presentations on their activities - invite volunteers to bring enthusiasm, experience and ideas to the teams. Specific jobs needed e.g. fundraising, join back to the WhatsApp broadcast groups, help with/clarification of IT for mass communication, debrief notes round up, meetings survey data collation etc. **Send round sign up sheets for WG.**
(For future meetings see tracker sheet for line-up/ dates of working groups:
<https://drive.google.com/open?id=1Aa0hVovXAerBHOzzfv7HxFSPZSzPYAEZBV-MRnHm9VE>)

(20:00) - KINETIC SESSION - THE GENERAL ELECTION AND XR BRIGHTON

- How do we put the Climate and Ecological Emergency (CEE) to the top of the election agenda? We will move around the hall to gauge your views asking these questions:
 1. How important an opportunity do you think this election offers in pushing the CEE up the agenda?
 2. XR is ALWAYS apolitical - bearing this in mind would you be prepared to contact all candidates in your constituency asking if they will support XR's 'Three demands Bill' and make it clear your vote will be influenced by their response? More info here plus a link to the Bill <https://rebellion.earth/the-truth/demands/> What other ideas do you have?
 3. Would you be prepared to actively support a '12 days of Election' campaign with daily AG led election based actions? It's been suggested we launch this at the Friday strike on 29 Nov and for it to run from 30 Nov - 11 Dec? Ideas please!

GENERAL MEETING cont. (seated)

- **(20:20) Affinity Group (AG) members to share their work and welcome new members if there are spaces** - AGs to share what they're up to and also to connect with people who are interested in joining an existing affinity group. 10 mins
- **(20:30) This week's meetings:** Tuesday at Brighthelm basement (Tuesday central meetings will be held weekly from now on) and Wednesday at St Mary's Hall (East).
Next week: Tuesday at Brighthelm basement, and Hove on Thursday at Vallence Centre
Meeting plans for the subsequent weeks and on going basis to be explained 5 mins
- **(20:35) AOB - an opportunity for anyone to advertise upcoming events and meetings(see xr brighton website for details)** and to raise any other important issues (if you have an agenda item please email xr_brighton@protonmail.com bearing in mind the agenda is set a few days in advance of each meeting - we want to make sure everyone's voices are heard so do please be in touch)
- **Coordination meeting at East Brighton on Weds.**

Encourage people to stay on and find out more about the spotlighted working groups and/or for the coordination meeting - ALL MOST WELCOME!

- **One-word/sentence check out, and include something that each person is grateful for.**
 - Make sure each person's responses are written down, photographed and put on the meetings whatsapp group - this gives a good sense of the success of the meeting and counts how many people were present at the end
 - THANK EVERYONE FOR COMING
 - If the meeting has felt rushed this is an opportunity to ask for a few moments of silence to finish on a calm note

TUESDAY - Min 5 MIN BREAK

Coordinators meeting (21:00-22:00) to be held on Weds 13 November - ALL WELCOME

AGENDA FOR FACILITATORS - THIS IS OUTDATED BUT CONTAINS USEFUL INSIGHTS FOR FACILITATORS AND WILL BE UPDATED SHORTLY - 3 NOV 19

Meeting plan is as follows:

Two general meetings plus one coordination meeting each week.

General meetings to showcase each of the working groups in turn, allowing group members to explain what the group does, and to invite discussion around that.

1. Central Brighton- meeting every week starting 5 November.

2. North, east and hove to have meetings every third week (at same venues mainly, and on same evenings as before), starting with north on Monday 4th (n.b. thinking of changing north to hollingdean community centre to try that venue out), then east on weds 13 Nov and hove on Thursday 21st.

3. Monthly meetings on Saturdays starting with 7 December 19 At Friends' Meeting House (2:00-4.30pm).

4. Daytime weekday meetings to be discussed further.

Coordination meeting to take place weekly at each venue in turn except for central (so we'll have a 3 week cycle- that's the best system we could think of!).

How to use this page:

1. This is a shortened version of the agenda for facilitators on the next page.
2. The only thing that needs to change on this page is the group 2 discussion topic.
3. Facilitators should use what's on the next pages as their prompt notes.
4. This page should be sent out through media channels prior to the meeting...and please delete this section before you send it out!

Things to bring

Welcome letter for newbies.

Posters, leaflets, badges, stickers.

Bucket/bag for collecting donations.

Sign-up sheets, pens

Labels and marker pens for people as they come in

Get the room ready (circle, or double circle if necessary)

Make sure the circle is small is so people don't feel far away from each other.

Note: this agenda includes a short silence at the end, but one can be called for at any time if it seems necessary/useful during the meeting.

Intro (19:00-ish - wait for 5 mins if attendance is low)

Make sure the circle is tight and not too big. Use a double circle rather than a large one.

Raise hand for silence.

- Facilitator introduces themselves. Housekeeping.
 - Toilets and fire exits,
 - Anyone with hearing difficulties to come closer and intro hand signal to speak up. Please put your hand up to speak.
- Check-in (starting with facilitator)
 - Name,
 - Is it your first meeting?

- How you are feeling - thumbs up/to the side/down.
- Brighton XR strategy and direction (see below).
 - *We have a Build team working at events and delivering the message to all who will listen.*
 - *There are several Affinity Groups and interest groups who are working on actions and events.*
 - *Join in with existing plans or make your own. You are welcome, your idea is welcome.*
- Icebreaker activity with neighbour **that you don't know (move around the room - groups 2-3).** (3 mins)
 - What brought you to XR?
 - What brought you to this meeting tonight?
 - What do you want to take away?
- Use the hand raised signal to silence after around 3 mins

Breakout (19.10-15):

- Group 1: induction for new members - run by someone who is experienced. [See this doc](#) for notes on facilitating the induction.

Group 2: discussion group for existing members.

- General Feedback? **Topic tbc**
- Make sure to take notes.

Group discussion (19:30).

- Open group 2 topic to entire gathering. - put the chairs to the side
 - Ask group 2 members to lead, but encourage group 1 members to speak up too.

Agenda items/ WG discussion/ AOB (20.00)

Close (20.50)

- Strongly encourage everyone to the coordination meeting.
- One-word/sentence check out, and include something that each person is grateful for.
 - *Make sure each person's responses are written down, photographed and put on the meetings whatsapp group - this gives a good sense of the success of the meeting and counts how many people were present at the end*
- Hope: Short silence/breathing exercise in recognition of our collective strength (this can be done at any point throughout the meeting).

5/10 MIN BREAK - not too long so people wander off

Coordinators meeting on Monday (21.00 - ALL WELCOME!)