

****PRIVATE INVITE****

Brother,

If you're reading this, congrats! It means you've been handpicked for our brand-new workshop exclusively for men who are driven for greatness.

Forget mass marketing and complex websites. We're keeping it real by inviting only the men we truly want to connect with - and you're one of them!

As you'll see below, this isn't your typical event where you stare at a whiteboard, listening to someone drone on about their life story.

We let the results do the talking.

At this event, you're going to EXPERIENCE what it means to tap into your highest potential.

I hope to see you there!

- Ben, Founder RISING KINGS movement.

Men's Only PERFORMANCE BREAKTHROUGH Workshop

**DISCOVER THE POWER OF PERSONAL PERFORMANCE
TO SKYROCKET SUCCESS IN BUSINESS & FAMILY
WITHOUT EVER BURNING OUT!**

*Get Ready For a 3-Hour, Power-Packed Event Where You'll Shatter Hidden Barriers to
Unlock Infinite Potential in Your Marriage, Motivation, and Confidence!*

- THIS IS A LIVE EVENT! -
So Capacity is Extremely Limited!

Super Early Bird Price \$27

(Save \$170!)

Expires 28/7/24

**Hit me back and let me know if you want a
ticket...**

**IMAGINE... THE UNSHAKEABLE CONFIDENCE
and DEEP CONNECTION YOU'LL HAVE ONCE
YOU'VE MASTERED:**

✓ **The 4-Step Formula to Peak Productivity and Focus...**

Crush distractions and supercharge your productivity, ensuring you dominate your tasks in record time.

✓ **The Hidden Truth About Work-Life Balance No One Teaches You...**

Expose the unseen obstacles sabotaging your work-life balance and get the insider strategies you need to achieve harmony.

✓ **How To Transform Your Marriage with 1 Simple Daily Habit for Deeper Connection...**

Unlock a game-changing daily habit that will ignite your intimacy and connection with your partner, creating a deeply fulfilling marriage.

AND...

**WE'RE GIVING YOU EXCLUSIVE ACCESS TO
OUR TRADEMARKED C.O.R.E. PERFORMANCE
SYSTEM.**

(THIS HAS ONLY EVER BEEN SHARED WITHIN THE RISING KINGS ACADEMY.)

**GET DIRECT ACCESS TO GAME-CHANGING
STRATEGIES:**

🔥 **The 3 Power Techniques to Supercharge Your Daily Energy Levels...**

Learn the exact methods to blow up your energy levels like you were 23 again and stay fired up Every. Single. Day!

🔥 **How To Eliminate Burnout with Our Proven Method to Keep Your Drive Alive...**

Uncover your burnout triggers and unleash an unstoppable drive without sacrificing your well-being.

🔥 The Step-By-Step Performance Upgrade Audit To Transform Your Routine for Consistency and Success...

Develop rock-solid habits that guarantee your long-term goals and dreams.

🔥 An Ancient Men's Tradition That Conquers Self-Doubt and Boosts Your Confidence...

Experience a unique life-altering ritual that eradicates limiting beliefs and transforms you into the most confident version of yourself.

🔥 The 3 Core Habits for Lifelong Health and Fitness...

Learn the essential habits that will keep you in peak physical condition, enhancing your longevity and overall well-being.

Grab Your Super Early Bird Ticket \$27

(Save \$170!)

***Super Early Bird Offer Expires 28/7/24*

Hit me back and let me know if you want a ticket...

AND THAT'S JUST A TASTE of what you'll receive when you come to the Performance Breakthrough Workshop on - **Saturday August 4th** at the Sydney Swans High Performance Center.

*It doesn't matter what stage of life you're in... It doesn't matter what challenges you face... **Personal Performance** is at the CORE of our of existence, and at our **Performance Breakthrough Workshop** we're going to show you how you can **unleash 2x, 5x even 10x your current potential**.*

Performance Isn't Elevated by Bigger Dreams;

It's Supercharged Through Better Habits!

From The Desk of Ben Salkeld, Founder of RISING KINGS

Brother, let's cut to the chase...

It's not just business pulling at your time - It's your kids kids,

partner/wife, responsibilities and let's not forget your own health and happiness.

When we're not at our best in these areas, the cracks start to show - **From sleeping through alarms to sleeping in separate bedrooms!**

And when we don't notice, these cracks pile up. They take over until the load is unbearable and we SNAP! - shouting at the kids, drinking, gambling, or fighting with the wife.

Hiding out in guilt and shame, we keep telling ourselves we just need to make a bit more money, hit the next deadline, or grind harder. Then, we'll spend time with the family, get back into training and fix our marriage.

Sound familiar?

It's the same story I told myself for almost a decade. And guess what? Nothing changed.

Despite claiming I was 'all good,' my actions said otherwise. Overwhelmed by business, I was disconnected at home, snapping at the family and drowning in guilt.

I kept telling myself that one day I'd be the fun, present, supportive family man. But right now, business came first. Until I almost lost my marriage and family.

And that's when I knew I had to find a new way.

And so, for the past decade, I've been on a quest. Answering the question...

HOW DO I BALANCE IT ALL?

How do I succeed in business and still be a hero for my kids and husband of the year?

(I believe I'm currently ranked #005 😊)

Through blood, sweat, tears, self-doubt, and sleepless nights, I've devoted my life to mastering every aspect of life.

I even started a podcast, which became a top 10 show in the men's performance category.

I've run life altering events and consulted for high-performing athletes, entrepreneurs, and businessmen. All finding renewed purpose and fulfilment - names you'd recognise.

I Only Mention This So You Know You Aren't Learning From Just Any Men's Coach...

There's too much average advice out there, that's been watered down more than your kids Cottee's cordial!

That's why I created the Men's only Performance Breakthrough Workshop.

Most advice on success and fulfillment is too complicated, overpriced, or ineffective.

This is why most men overthink, feel stuck, and do nothing. Finding themselves slouching on the couch, scrolling insta feeding their overwhelmed brain with cheap dopamine!

This stuff can be simple. I promise!

I'm proud to have helped over 1,500 men through the **C.O.R.E.TM Performance system**. Success and personal fulfillment don't have to come at the expense of your family or happiness.

Whether you're trying to fix your marriage, connect deeper with your kids, or reignite that inner passion and spark, this workshop is for you.

This is your chance to change everything. Don't miss out!

**Connect and learn from Men Who've Mastered
What You're Striving For...**

Join Me LIVE & IN PERSON at this power-packed, transformative experience crafted for driven, ambitious men like you. Skyrocket your success in business and family without ever burning out!

Grab Your Super Early Bird Ticket \$27

(Save \$170!)

***Super Early Bird Offer Expires 28/7/24*

Hit me back and let me know if you want a ticket brother.

Here are Just A Few Of The Results That Members Of Our **RISING KINGS Brotherhood Have Been Able To Achieve:**

 Jor [redacted]
2d ago in GRATITUDE ...

Grateful for being in the work

My first day back from having leave is usually wry overwhelming and I get very anxious. Today I practiced being calm and it fucking worked! I would never have thought I could do what I did today.
A lot of people this might not be an issue but for me this is massive



 Troy [redacted]
15h ago in GRATITUDE ...

Grateful for the RKA process

After a rough few weeks with a rib injury and feeling like was not going my way with a few curve balls at work, I feel like I'm back on track this past week and a bit since starting the new qtr - feeling fresh and focused.
The RKA framework helped me get back on track quickly and I have really noticed a big difference to all the other times of getting back on track after a rocky few weeks.

 **Tomas** [redacted]
2d ago

Words (2) ...

Grateful

For patience

A trait I am not known for. But after previous chats here in the RK forum and deliberate stepping back taking deep breaths I was rewarded buy a flurry of loving messages from my teen daughter.

She felt supported and loved - mission accomplished by doing nothing but wait her in.

Lesson here I hope I can come back to again and again.



 **James** [redacted]
8h ago

Words (2) ...

Celebrating Wins - Mindset Shift

As part of the challenge to share and celebrate wins, I want to call out my shifting mindset. I've only been in RK for 4months however I've seen a positive shift in mindset during this time. Prior to RK I'd focus on what I didn't have rather than what I did (gratefulness). I now appreciate what I have and that those outward displays of material weath are not actually important compared to family and self.



 **Ryan** [redacted]
2d ago in GRATITUDE 🙏

🔔 ...

Zeus

Today I am grateful for [@Ben Salkeld](#). The energy, passion and enthusiasm you have for your fellow man is next level. I have huge appreciation for what you have created, but also that you continue to strive for improvement. RK has been the catalyst for so much change and improvement in my life for which I will be forever grateful. Thank you brother



Eddie 15h ago in WINS 🏆

Ultra Adelaide

I achieved a monumental victory last Saturday by completing my first 100km race in 15 hours, 40 minutes, and 30 seconds. Placing 50th overall and 4th in my age group (50-54) fills me with immense happiness.


While my initial goal was to finish in 13 hours, I'm thrilled with this outcome and the valuable lessons learned both in preparation and during the race. Reflecting on these experiences in the weeks ahead will surely bring more insights to light.

One profound realization is how we never truly know who's watching us, even during those 3am starts. Persisting and staying true to ourselves can unknowingly inspire and support others.

The most significant surprise for me was the unwavering support of my family. Though I embarked on this journey solo, they showed up at every aid station, fueling me with boundless energy. Their presence reminded me of the unseen champions rooting for me.

Participating in RK has transformed me from a bystander to an active participant in life's challenges. I'm now embracing life rather than watching it pass me by.

Special thanks to @Ben Salkeld for initiating something that has been life-changing for many. I'm forever proud to represent RK.




Contest: 100km
Time: 15:40:30
Gender Position: 38th
Overall Position: 50th

Chris GRATITUDE 🙏

Grateful for

I'm grateful for this life I get to be apart of. For many years I've always struggled with feeling like I was apart of something. After three weeks of RK and it has given me an opportunity to reflect on myself, my life and realize how fortunate i am. Without RK I would've never of done this. Thank you 🙏

"the willingness to accept responsibility for one's own life—is the source from which self-respect springs"
Joan Didion



EVENT DETAILS:

DATE: Sunday 4th August.

TIME: 08:00am Registration.

MAIN EVENT: 8:30am - 11:30am

VENUE: Sydney Swans High Performance Centre. 1 Driver Ave,
Moore Park NSW 2021

COST: ~~\$197~~ \$27 Super Early Bird (**Strictly Limited**)

Grab Your Super Early Bird Ticket \$27

(Save \$170!)

A ticket costs less than a slab of beer and will feel better than nursing a hangover with a bunch of panadol and six coffees!

EVENT SPEAKERS:

Ben Salkeld: Founder RISING KINGS, High Performance Coach

Drew Arthurson: Chief Operating Officer at The Sydney Swans.

Dino Biordi: Director WeEvolv3 and Breathwork facilitator.

SUPER EARLY BIRD TICKETS INCLUDE: (\$27)

- * Exclusive 3-hour Live In-Person Training With Ben, Drew & Dino
- * Networking Opportunities with Like-Minded Professionals.
- * Exclusive Q&A Sessions with the High Performance Team.
- * Access to the world class training facility.

* Healthy Refreshments Provided.

**Just hit me back and let me know you want a \$27
ticket!**

***Once they're gone, they're gone.**