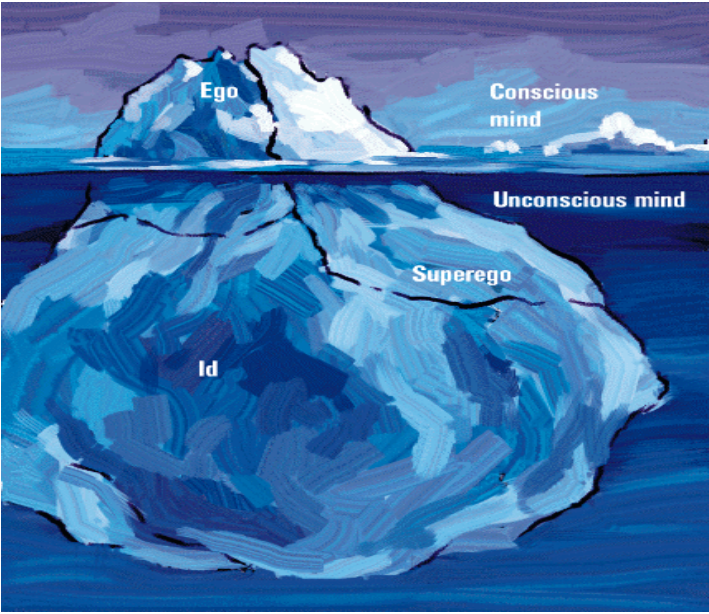


Personality Theories Worksheet



Freud's Iceburg

Ego	
Superego	

Important terms:  
Unconscious  
Pleasure Principle  
Reality Principle

What would psychoanalysts suggest about the cause of mental disorders?

## Defense Mechanisms

Defense Mechanism	Explanation	Example
Repression		John cannot remember that he was bullied as a child.
Regression		
Displacement		
Denial		

Big Five Personality Traits

Trait	Description

Do you prefer OCEAN or CANOE?