

Hello managers, coaches and parents:

Rancho Penasquitos LL has purchased Big Al's online Program for all the Managers, Coaches and Parents in our league for 2025.

The coaching programs include... videos on how to teach the skills, drills to incorporate into your practices and help in identifying and correcting common mistakes. There are ready-to-go practice plans for the pre-season and during the season plus plans to help prepare for the postseason. The strategy section covers positional play and roles and responsibilities of players in game situations. It also has tips and plans to help you be effective as a coach on game day. Big Al has designed these Coaching programs to help you all season long!

The parent programs include... videos and instruction on all the skills that your coach will be teaching this year. It also includes lots of fun drills, games and challenges you can practice at home so players can get stronger and improve their skills all at home. There is also a section on strategy with roles and responsibilities for every player on the diamond. Finally Big Al has created a set of Backyard Workouts for every skill. Go to the Big Al Way section for each skill and print off the Backyard Workouts checklist and keep track of the workouts you complete during the season.

The online content and video resources are best viewed on a larger computer screen. The complete navigational system and content package was not designed for handheld devices.

To activate your own personal membership:

1. Go to <https://bigalbaseball.com>.
2. Click on the **Membership Code** button.
3. Select the online **Program or Bundle** that best fits your age group and role.
(**Coach-Parent Bundle 4-8** or the **Coach-Parent Bundle 9-12** or the **4 Program Bundle**)
4. To activate your program, fill in the registration fields and click **CONTINUE**.
5. Enter your Membership Code **RPLL25** in the box and then click on the **APPLY** button.
(This will recalculate your membership cost to 00.00.)
6. Read and **Accept the Terms and Conditions** and click on the **CHECKOUT** button.
7. You will be taken to the **Login** page. **Login** with your **Username** and **Password**. (Note: depending on your browser and computer settings you may need to enter you UN and PW twice.)
8. Click on the link to your T&D program on the **MY PROGRAMS** page and enjoy!

To **LOGIN** the next time, go directly to <https://bigalbaseball.com> and click on the Login Button at the top right corner of the webpage.

Coaches, Parents and Players, take advantage of the online programs and video resources and let's have a fantastic season together!