

## Questions + Homework Session 11.

Q1. What sounds like a fun way of doing your business?

How exactly do you want to work with people – 1-on-1, group work, online classes, pre-recorded/live, low-ticket/high-ticket offers, etc?

How many clients would you like to work with at the same time?

What level of showing up feels challenging but exciting?

Where do I feel influenced by other, more experienced people? Can I let this go and lean into trust even more?

Q2. What standards are you going to hold yourself to?

What boundaries in your business will you respect?

Where do you have energy leaks?

What are you accepting that doesn't sit right with you?

Where do you disrespect your own boundaries?

What changes can you make to get back into alignment?

Homework: think about how you can show up for your people this week and then do it! Share your message in a way that feels good to you, even if it might feel scary as hell.