

Dallas Feminine Vocalization Study Group Notes

Collaborative Supporting Notes for Dallas Feminine Vocalization Study Group

Contributors:

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<your name here>

Group Name Ideas:

- Voice Feminization -- This seems to be the accepted term
- Feminine Vocalization -- Initially Sheila thought this sounded better, but a Google search revealed this is terminology has special meanings in biology.
- Femme Voice Group -- Shorter, maybe catchier

After the name, just append "SIG" which is a commonly used acronym for Special Interest Group.

Intro Presentation

Here is the [presentation](#) for the initial meeting on Aug 16, 2014. (Until that date, permissions are limited to volunteer collaborators; if you wish to help, contact [Sheila](#).)

The presentation is sprinkled with TODO items; search for TODO if you're looking for places to help.

Initial Meeting Announcement

Voice Feminization SIG at GEAR Resource Center

Introductory meeting at the GEAR Resource Center for the Voice Feminization SIG (Special Interest Group), for those wishing to study and practice with others. The event is free, but seating is limited. Experience level will range from total beginners to those who have had prior voice feminization training.

Voice feminization requires a lot of practice and some education about best practices and techniques. Whether or not you have received professional voice therapy, success requires commitment and ongoing effort. If you are determined to work toward developing a feminine voice, possibly even a beautiful

feminine voice, this group is here to help you boost your knowledge and motivation with encouragement, ideas, resource sharing, group practice exercises, and the support of friends.

The first meeting will start with a presentation by Sheila Allen, who is a beginner herself but has put together a presentation collecting the high points from a number of videos, audio files, and tips from experts. This presentation will focus on understanding the goals and stepping stones, the tools we'll need along the way, and ideas about how to can collaborate and learn together going forward.

During this three hour meeting, we'll cover these topics at a high level, including supplementary audio/video resources and tools (such as mobile apps), with some time for discussion on each, with practice exercises at the end.

- Inspirational Example Videos to Show What's Possible
- Goals for this SIG
- Surgery Option
- Voice Training Resources
- Resource Sharing
- Mindset
- Body Language when Speaking
- Cultural Differences
- Best practices in caring for voice
- Practice song list
- Dealing with "off days"
- Sneezes, Coughs, and Laughing
- Concepts of Voice Feminization
- Speech trainers
- Exercises for Practice

Afterward, some of us will be going out for dinner and general socializing, and all are welcome to join (we may want to setup a separate Meetup event for that!)

Index of Related Documents

If you wish an invite to edit any of these shared documents, email [Sheila](#).

Document Name/Link	Description	Permissions
Resource Sharing	Listing of group members' private collection of sharable study material including books, DVDs, etc.	Private to group, request invitation; participants have edit privileges.
Songs for Voice Practice	Singing along with deep-voiced women singers can help with learning melodic intonation	World-viewable, editable by group members (request invitation to edit)

	and improving pitch range. Let's use this spreadsheet to maintain a list of practice songs, categorized by low, medium, and high pitch.	
Voice Feminization Exercises	TODO	

Misc loose notes

Training Resources

Kathe Perez ExceptionalVoice.com -- very comprehensive, audio files, video files, apps

- [Kathe Perez Free Intro video](#) -- hits a lot of highlights, excerpts from her training videos

Concepts:

A useful summary of important concepts can be found at Kathe Perez

<http://www.voicefeminization.com/>

Slide for each concept

1. Pitch
2. Voice quality
3. Loudness
4. Resonance
5. Articulation
6. Phrasing
7. Pacing
8. Melodic intonation

9. Fluency

Investigate new guided meditation product for feminine voice reprogramming

<http://www.feminessence.com/>

Meetings

Meeting Notes for Sat Aug 16 (First Meeting)

- TODO Document voice modification surgery names and procedures, particularly the new one from Korea (email Wendy for info?)
- added local voice training resources to presentation
 - TCU - graduate students Voice resource (low cost) Amy Hamilton
 - UTD southwestern.
- work on lessons for P, T, W enunciation. (Charlie)

Meeting Plan for Sat Sept 20

TODO