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Personal Packing List

Packing video: <https://youtu.be/FxcGKnyf33E>

- **Sleeping**
 - Sleeping bag
 - REI or Sea to Summit Compression sacks (they are water-resistant)
 - Waterproof ground cloth (5x7) per tent
 - Sleeping clothes - worn only in the sleeping bag (t-shirt and shorts)
 - Backpacking insulated Air Sleeping Pad (Therm-a-rest ProLite, Big Agnes, or similar)
 - Inflatable pillow (optional, but nice to have. You can't use your jacket.)
- **Wearing**
 - Western riding boots (No Lace-ups or lug soles) 1" Heal minimum
 - Lightweight sneakers or tennis shoes (used for side hikes and around camp)
 - Clothes for side hikes
 - Camp towel
 - 4 pairs of socks
 - 1 pair of riding Jeans (western cut riding)
 - 1 belt (**required**)
 - 2 long sleeve shirts (synthetic)
 - 4 pair underwear (synthetic)
 - 1 warm jacket or sweater (wool, packable down, or polar fleece) – small dry bag in the pocket
 - Pair of zip-off pants (use as shorts or pants)
 - Hat – crew ball cap

- Lightweight leather gloves (great for cold mornings, service projects, and hot pots)
- Ziploc bags or dry bags for waterproofing
- Beanie hat for warmth
- Lightweight raincoat
- Lightweight Rain Pants
- **Eating**
 - Deep bowl or plate (Plastic Ziploc bowls)
 - Spoon or Spork
 - Cup for Advisors Coffee (Bring your own coffee - I used small instant packets)
 - 2 plastic water bottles (1 quart) – wrap bottles with duct tape– No Camelbak hydration packs but Camelbak bottles are great
- **Personal and Miscellaneous**
 - Small pocketknife (no sheath knives) – Leatherman tool clipped to belt works great
 - Partial roll of individual toilet paper
 - Lip balm (BB – unscented, with sunscreen)
 - Money (\$10 - \$20 in small bills)
 - Bandanna (BB)
 - Flashlight (small with new batteries) – A small headlamp is best, especially when you are packing a packhorse in the dark
 - 10 tent pins per person
 - Toothbrush (BB)
 - Small Toothpaste (BB)
 - Small Soap (BB)
 - Comb
 - Small Camp towel (BB)
 - Tampons/sanitary napkins (BB)
 - A small tube of sunscreen for hands, face, and neck (BB)
 - Ditty bag (labeled w/ name) - holds personal items when they go up in the bear bag (BB)
 - Medication (see equipment breakdown for where medications are kept)

*****Some of this stuff goes into the bear bag (BB) at night. Bring a small ditty bag to put your own personals into so they don't get mixed up with everyone else's once it goes into the bear bag – **write your name on it!**

- **Bag for Headquarters**
 - Uniform
- **Optional**
 - Camera (small pocket size – water resistant is a bonus)
 - Sunglasses with a strap keeper
 - Watch with alarm
 - Insect Repellent
 - Philmont Field Guide

- Waterproof notepad and pencil
- Compass
- Compressible Day Pack

Philmont will provide all necessary horse gear including saddles, bridles, halters, saddlebags, stuff sacks, slickers, and helmets. Also provided will be crew camping equipment such as tents, pots & pans, stoves, fuel, and bear bags.

All personal gear must fit in the stuff sacks and saddlebags. One stuff sack (21 ¼ x 11) will hold your sleeping bag and personal belongings. Also, we each get two saddlebags (3 x 12 x 12). However, saddlebags are often stuffed with food. You will probably have room for your two water bottles and small personal items. Sneakers must fit into the stuff sack. You can also put some lightweight items into a feedbag that is hanging off the horn of the saddle. **These stuff sacks are NOT waterproof.** If participants desire a waterproof stuff sack, you must bring their own 30L stuff sack in the dimensions of 21 ¼ inches long by 11 inches in diameter.

For the trip, travel with two bags. One bag will have whatever you want for travel and for Philmont base camp. The second bag is for on the trail.

**** While on the trail – Your raincoat and jacket will get rolled up in the Philmont issued rain slicker. This gets tied on to the back of the horse. In the feedbag and saddlebags, you must have access to gloves, rain pants, lip balm, sunscreen, toilet paper, water bottles, crew hat, sunglasses, and a camera.

**** See page 69-70 of guidbook for a complete breakdown of where items will be stored ****

Crew Equipment

Crew Equipment Issued at Philmont

Each Cavalcade will have two or three pack horses. The packhorses plus your personal horse will carry all of your personal and crew gear.

Philmont will also provide all necessary horse gear including:

- Saddles
- Bridles
- Halters
- saddlebags
- helmets.

Philmont will provide a stuff sack for packing personal belongings and clothing. **These stuff sacks are NOT waterproof.** If participants desire a waterproof stuff sack, they must bring their

own 30L stuff sack in the dimensions of 21 ¼ inches long by 11 inches in diameter. **Larger stuff sacks will not be permitted.**

Crew camping gear such as tents, pots, large spoons, pliers, camp suds, scrubby, matches, toilet paper, sump material, dining fly, bear bags, and bear rope will also be provided.

Each participant must have a raincoat with a hood and rain pants which need to be one size larger.

Participants may not bring their own saddles, bridles, saddle pads, or saddlebags.

Trail meals will be provided by Philmont.

Equipment Not Provided by Philmont

Please note that Cavalcade Crews must bring their own cooking stoves or ship ahead of time.

If an individual in your crew is allergic to food products in the Trail Meal Menu or has special dietary restrictions, replacement food must be purchased at home and transported to Philmont.

- 2, 2 ½ gallon collapsible water jugs
- Crew first Aid Kit

Equipment Breakdown

The following is a suggested Cavalcade Equipment List. The list may look extensive, but it should be remembered that Cavalcades are camping on the trail for five or six nights. Keep in mind that all personal gear must fit in the respective packing areas listed below. The stuff sacks are 21 ¼ "x 11" and the saddlebags are approximately 3"x 12"x 12" per side. The stuff sacks are standard BSA nylon bags as found in a Scout Supply Center.

KEY FOR EQUIPMENT LIST (* = Available at Tooth of Time Traders; ** = Western Riding boots required, no lug-soled boots or lace-up boots; (BB) = Placed in bear bag at night; (S) = Share with a buddy/crew)

CREW STUFF SACK (1)

- Toiletries, medications, any other "oops bag" items, and mess kits (BB)
- Deep bowl or small plate*
- Spoon*
- Cup (Advisors' coffee at Staff Camps)*
- Any medication that does not need to be accessed during the day
- Toothpaste (BB, S)*

- Tampons/pads (BB)*
- Weight-bearing carabiner*
- 50 feet of nylon rope* • Sewing kit*
- Comb (S)*
- Shaving cream (no aerosol cans; optional) (BB, S)
- Insect repellant (BB, S)*
- Tent stakes – 8 per tent and 8 for the dining fly (After camp has been set up for the first time, tent stakes may be rolled up inside packed tents and the dining fly)

PERSONAL STUFF SACK (1 PER PERSON)

- Sleeping bag (in a compression sack)*
- Sleeping clothes (to be worn in sleeping bag ONLY, t-shirt/shorts)
- Socks
- Underwear
- spare long sleeve shirt
- 1 spare pair of long pants
- Clothes for side hikes
- Shoes for side hikes/wear around camp
- Camp towel*

SADDLE BAGS (1 PER PERSON)

- 2, one-quart plastic water bottles with secure lids (NO camelbacks)*

FEED BAG

- Food for the morning/lunch (provided) (BB)
- Medication taken during the day & emergency medication (BB)
- Lip balm (BB)*
- Sunscreen (BB, S)*
- Camera
- Philmont Map (S)

TIED TO YOUR SADDLE

- Warm jacket (wool or fleece)
- Rain jacket
- Rain pants

DIRECTLY IN PANNIER BAGS/ON PACK HORSES

- Crew first aid kit (BB, S)
- 2, 2 ½ gallon collapsible water jugs (crew must provide)*
- Backpacking stoves
- Fuel bottles
- Ground cloths for tents

ON YOUR BODY WHILE ON HORSEBACK

- Western riding boots (smooth-soled, with a 1" heel, no laced boots allowed)
- Jeans (western cut, baggy jeans wrinkle up and cause chaffing)
- Long sleeve shirt (tucked in)
- Belt*
- Helmet (provided)

OTHER GEAR

- Uniform shirt and bottoms (for travel)
- Alarm clock/watch• Flashlight/headlamp*
- Pocket knife (no sheath knives) (S)*
- Compass (S)*
- Camera
- Notepad/pencil/pen*
- Bandana (BB)*
- Sunglasses*
- Money (\$20 to \$50 in small bills)
- Compact sleeping pad*

NOT ALLOWED

- Deodorant
- Radios/MP3 Players/Video Game Devices
- Hammock
- Video Cameras

Useful Knots & Diagrams

It is recommended that all participants become familiar with the knots listed below. Please use www.animatedknots.com as a resource.

- Sheet Bend: Used to attach a halter to a horse's head
- Quick Release: Used to tie a horse to a fence post or tree
- Square Knot: To secure saddlebags, jackets & feed bag to the saddle
- Clove Hitch: Used in the set-up of a dining fly
- Taut Line Hitch: Used in the set-up of a dining fly
- Lark's Head: Used to hang bear bags
- Daisy Chain: Used to consolidate the trail of rope securing the crew gear to a packhorse
- Diamond Hitch: Used to secure crew gear to a packhorse
- Half Hitch: Used to secure crew gear to a packhorse

Crew Positions

Youth

Crew Leader – Responsible for organizing the crew, assigning duties, making decisions, and recognizing the capabilities of each crew member. He/she leads by example and practices servant leadership to allow the crew to have an enjoyable and successful trek. The Crew Leader should have leadership capabilities that are respected by everyone and should be selected prior to the first shakedown hike. Successful Crew Leaders exhibit the following traits: positive attitude, attentiveness to all crew members' needs, and the ability to identify and resolve conflicts before they develop into larger issues.

Chaplain's Aide – Leads the crew in following the 12th point of the Scout Law. Helps the crew earn the Duty To God Award and leads daily devotionals from the Eagles Soaring High Booklet. Leads the crew in Thorns and Roses each night. The Chaplain's Aide should be selected by the crew prior to the first shakedown hike. On the shakedown hikes, it is a great time to start Thorns and Roses with the crew. During Thorns and Roses, each crew member will say their rose (something they liked about the day), thorn (something they disliked about the day), and bud (what they are looking forward to tomorrow or in the near future). Each crew member should be allowed to talk uninterrupted to allow this exercise to facilitate crew bonding.

Wilderness Pledge Guia (Guide) – Helps the crew understand and follow the principles of the Philmont Wilderness Pledge and Leave No Trace. Helps the crew earn the Wilderness Pledge Achievement Award with the help of the Ranger. The Philmont Wilderness Pledge reads as follows:

Through good Scout camping, I pledge to preserve the beauty and splendor of the Philmont wilderness.

I commit myself to:

An absence of litter and graffiti

Respect for wildlife

Conservation and proper use of water

Respect for trails and trail signs

Proper use of campsites

The seven principles of Leave No Trace are:

Plan Ahead and Prepare

Travel and Camp on Durable Surfaces

Dispose of Waste Properly

Leave What You Find

Minimize Campfire Impacts

Respect Wildlife

Be Considerate of Other Visitors

The Wilderness Pledge Guia should be selected by the crew prior to the first shakedown hike and should help the crew follow these two wilderness ethics both at home and at Philmont.

Adults

Reservation Contact – The adult who books the initial Philmont reservation for one or more crews; is responsible for sending timely reservation payments to Philmont and often plays a major role in helping the crew(s) plan and prepare for a successful Philmont trek. Sometimes the reservation contact is one of the crew Advisors but other times the reservation contact coordinates the entire reservation but never plans to participate. The reservation contact should share updates received from Philmont with other expedition Advisors.

Lead Advisor – The Lead Advisor is the principal Advisor responsible for coordinating a successful Philmont experience for each member of the crew. All adults support the Lead Advisor in accomplishing the duties of the Advisor. Advisors' main role is to coach, mentor, and support the Crew Leader, Chaplain's Aide, and Wilderness Pledge Guide. By doing this, the youth leaders will gain leadership experience throughout the trek and will be able to help all members of the crew develop into a strong team. The second primary role of the Advisors is to ensure the safety and well-being of each crew member:

First aid treatment; Administration of required medications; Proper water purification; Any time a stove is in use; Guidance and support of the crew through emergency situations.

Advisors also help foster positive crew dynamics, help settle disputes between members of the crew, assist with administering proper discipline if required, and ensure that the crew operates following all youth protection guidelines.

Advisors – Main responsibility is crew safety. They positively support the Crew Leader and let the Crew Leader lead the crew. They provide motivation to the crew and help settle disputes.

Crew Leader

As the Crew Leader, have a waterproof notepad and a space pen. Write out the KP chart a week before you leave. This will make a huge difference in making you feel organized, competent, and in charge. The KP chart should have several duties listed with everyone, minus the adults, taking a turn.

Potential (suggested) KP chart:

1. Fetch Packhorses in the morning
2. Return Packhorses in the evening
3. Get Food (find out from Wrangler which days we get food)
4. Put up Dining Fly
5. Put up Bear Bags

6. Boil water and prepare dinner
7. Oops bag/clean-up

Write the itinerary in your notebook. Every evening, after the Chaplain Aid, does "Thorns and Roses", go over the next day's itinerary, any information that the Horseman had imparted to you, and assign the KP duties for the next day.

It is also recommended to assign everyone to two different teams for the packhorses (depending upon the size of your Crew). The Crew Leader puts everyone into either Team One or Team Two. Each team was responsible for packing two packhorses. There was also a Team Leader for each team. By being organized, we were able to pack four horses in 1.5 hours.

Make sure your Chaplain Aid makes use of "Thorns and Roses (and buds)." It can take a difficult situation and have the entire Crew laughing. However, there are two very important rules. Yes, we can talk about our thorns but keep whining to a minimum. Laughing about a thorn is far more effective. An even more important rule is that no one is allowed to complain about or be mean to another individual.

Depending on the experience level of your Crew, you might want to partner up more experienced riders with less experienced riders. This partnership will help keep stragglers to a minimum. We personally included adults in this partnership. It doesn't necessarily have to last the entire trek either. For us, it was only for a few days until all the participants felt more confident.