

# Daily copy

Fitness, self-improvement

Avatar

Jake, 25 y.o., has long hair,

Background and life story

He was in college last year and discovered self-improvement and gym. He doesn't have time to improve because of college. He grew up in a middle-class family.

His parents forced him into a college.

Pain, frustrations

He wants to sleep and needs to wake up early and in his free time, he scrolls on TikTok, Instagram, etc.

Discovered Tate but doesn't trust him.

On his IG is a feminism

Roadblock

who wants to be comfortable every day

Is lazy

Doesn't want to do anything

Dream State

Wants to complete college

and Retire from his parents even though he was forced by them into a college

Wants to be financially independent

Current state

Lazy as fuck, struggling, over fat, want to make a change but every time he thinks about it he immediately forgets it

## SL: Change and RISE

Are you one of the 99% lazy people in the world?

Those who are over-fat or skinny, want to be comfortable every day and don't like change.

And every day you wake up, look in the mirror. Aren't you ASHAMED that you have the same fat or skinny body you had for years?

If you are one of them.

Or have you already started with self-improvement?

I want you to become better

How?

By making you do self-improvement and making more money.

If you want to be different from the 99%.

You want to RISE even more than your GREATEST opponent

Here, I will provide information that you can use to become better.

[Take this action and discover more self-improvement tips today.](#)

Rewrote:

## SL: Change and RISE

Hey Jake,

I want you to ask yourself this question out loud in front of your mirror right now.

“Am I one of the 99% lazy people in the world?

Those who are over-fat or skinny, want to be comfortable every day and don't like change...

And every day I wake up and look in the mirror. Am I not ASHAMED that I have had the same fat body for years?”

Why should you ask this yourself?

Well...

I have been in the same shoes as you are right now.

I walked in them for many years.

I have had low testosterone, 30% of fat, brain fog and more which I could talk about.

However...

One day when I asked the same questions something UNBELIEVABLE happened.

It happened the next day when I woke up.

My mindset shifted towards being fit, healthy, productive and more.

But...

The MOST important thing was that I doubled or nearly tripled my testosterone.

Why it is IMPORTANT?

Testosterone is the fuel for success in the realm of successful men.

With that, I started forging my path for the better.

Not a long time ago...

I RISED UP like a warrior.

If you want to RISE like a warrior too.

Then click below

[Begin forging your WARRIOR path today!](#)

chat gpt:

Jake,

Picture this: You, in front of that mirror, peering into the eyes of the person responsible for your destiny.

Right now, I want you to ask a question, a question that separates the doers from the drifters:

"Am I content being one of the 99%?

Those folks who cradle excess weight or cling to skin and bones, all while yearning for the cosy confines of routine...

And as dawn breaks, do I stare at my reflection without a trace of regret?

Do I not feel a spark of shame as the years roll by, yet my physique remains unchanged?"

Now, let's cut through the fog, Jake.

In the world of men, testosterone is the fuel for valour, the cornerstone of vitality.

But when it wanes, struggles ensue—struggles like the persistent knee pain you endure.

Feel it deep, Jake.

Recognize the symphony of challenges orchestrated within.

And who am I to speak of these tribulations?

Let me introduce myself—I've danced in those shoes, navigating the same labyrinth.

But mark my words, my friend.

The spark of metamorphosis flickers within your grasp.

Envision this:

You, side by side with the woman who complements your essence, a partnership forged in mutual growth.

Picture a physique hewn from your sweat and resolution, an armour of respect that you wear wherever your stride.

And let financial freedom be your song, composed by the harmonious chords of newfound skills.

Here's the crux, Jake.

To stand above the commonplace, you must ascend with purpose, and emerge with distinction.

The vehicle? Self-improvement and the mastery of skills—a duet that orchestrates your transformation.

Yet, make no mistake, this expedition is not for the faint-hearted.

This is for those who dare challenge the status quo.

Are you primed, Jake?

Are you ready to seize the blueprint of transformation, conquer the struggles and emerge victorious?

The odyssey commences now.

Unwaveringly yours,

[Your Name]