

◆ IBW SOCIAL WORK & COUNSELING NEWSLETTER ◆

AUGUST/SEPTEMBER 2024



Welcome back to the 24/25 school year at IBW! Each month our social worker, with the support of our counselors, will send out a newsletter with resources and important information for students and parents.

[Who Can I Talk To At IBW](#)

We have many different types of mental health and support resources available to students/families at IBW.

Click the link above to find out more!

[IBW Resource Page](#)

Our social worker has created a resource page, which will be updated periodically as more community resources become available. Click the link above to learn more about finding resources for food, clothing, healthcare, mental healthcare and more at the link above! This link is easily accessible from the main IBW website.

EVERY student at IBW and throughout PPS will receive free breakfast and lunch every day! You can still apply for free/reduced lunch ([English](#) and [Español](#)) if you believe your family meets the requirement.

Qualifying can assist families in many other ways, including reduced fees for athletics and more!

Grief Resources:

We recognize that our school community suffered immeasurable losses at the start of summer. Our counseling staff is available to support students by appointment. In addition, please find grief resources in our community below.

[Grief Resources for Teens](#)
[Beloved Community and Grief](#)
[Youthline Teen Textline](#)
[16 Best Books About Grief](#)



Grief doesn't need to be avoided, minimised or fixed. It needs room

@INSCRIPTURE

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Must know information for students & families:

Attendance:

Attendance is important! At IBW our goal is to see all of our students attend class 90% of the time or more. Missing just a few classes in a week drops students below the 90% mark. Why does this matter? Research shows that attendance is an important factor in student achievement. Learn more [here](#) and [here](#).

Need to report an absence? [Click here!](#)

Calendar:

Download the [Trivory](#) app to stay up to date on the daily schedule, school events and more!



Upcoming Events:

Freshman 101 For Parents - Aug. 29th 6:00 - 7:15PM Auditorium

Back to School Night - Join us on September 17th from 6PM to 8:30PM for Back to School Night!

Statewide Inservice Day - No School - Oct. 11th

PreACT for 10th grade and PSAT for 11th grade - Oct 16

Tips for accessing your School Counselor:

- Drop in times to see your counselor with no appointment are before and after school, at lunch or during Flex time.
- Students can also email their counselor to set up an appointment.
- Students should not leave class to see their counselor without an appointment.
- If you or your student is experiencing a crisis and needs to talk to a counselor, they can let their teacher know and a call will be made to the main office.

Class changes at the beginning of the school year:

- Counselors will be very busy the first 2 weeks of school admitting new students and working on scheduling problems.
- You may fill out the [Schedule Change Request](#) form ONLY if you have an ERROR in your schedule.

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- Do not email your counselor regarding schedule changes
- The 3 reasons you can change your schedule include: missing a graduation requirement, wrong level of a class, filling in a missing period with a class.
- All schedule changes will be reflected in StudentVue, not via email.

