

# Puma Fredy & Quispe Singona - Working With the Plant Spirits of Ayahuasca and Huachuma 2022

## Course Sessions Wednesdays

This course will feature LIVE teachings, interactive training sessions, experiential practices, and Q&A with Puma. Each session will build harmoniously upon the previous ones, so you'll develop a complete holistic understanding of the practices, tools, and principles you'll need to work with sacred plant allies in an Earth-honoring way — without ingesting them at all.

## Module 1: Prepare Yourself for a Journey With Plant Spirits (April 27)



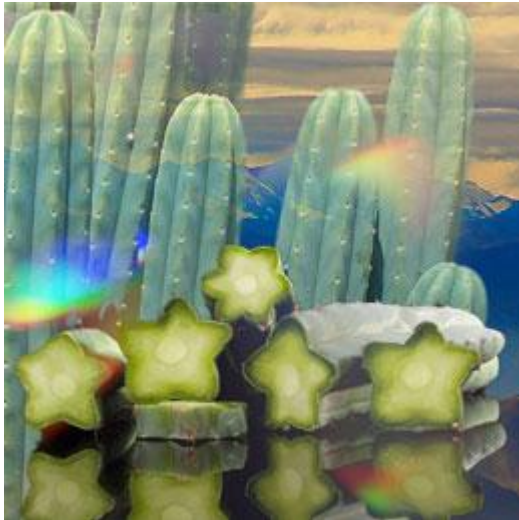
In this opening module, Puma will introduce you to the rich history of plant spirit medicine — teaching about the great spiritual leaders, governors, prophets, and chosen priestesses and priests.

Puma will share how **the spirits of the light came from the stars and transformed into plant medicine** for the awakening of cosmic consciousness and cosmic mind.

In this session, you'll:

- **Connect with ancestral medicines** and the spirits of the plants
- Discover **the power of plant medicines**
- **Cultivate what to look out for** and be aware of in your search with the medicine
- **Learn how to protect yourself** through songs and icaros (whistles of ceremony)

## Module 2: Discover the Medicine Huachuma (San Pedro) for Absolute Healing and Protection (May 11)



This week, you'll explore the plant spirit of the sacred cactus medicine Apu Huachuma (*Echinopsis pachanoi*), also known as San Pedro, originally accessible only to societal leaders.

You'll learn **how to connect with the spirit of Apu Huachuma with a *directed mind***, inviting in a lifelong teacher and healer into your life — to cultivate your evolution beyond perfection.

**In this session, you'll discover:**

- How to approach the sacred Huachuma spirit
- The ways of the medicine for **absolute healing**
- How to call on **the guardians of San Pedro** for protection
- How to program the medicine with your prayers

### **Module 3: Shift From Limited Thinking to Cosmic Love That Opens and Heals the Heart (May 18)**



Huachuma medicine opens the heart and mind and unifies it into superior feeling and thinking, so that heart and mind can work together as one. Eventually, you will no longer think with your mind, but with your heart from the intelligence of love.

This week, Puma will show you how to program the Huachuma spirit into a cup of water, which will **give you a taste of enlightenment and self-realization**.

**In this session, you'll:**

- **Shift from limited thinking** to the transcendental mind
- Experience **cosmic love to open and heal** all heaviness from the heart
- Discover the technique to prepare sacred medicine from the spirit of the plant and **materialize it into water**
- Receive an **initiation and alliance** with Apu Huachuma as you begin to walk together in life

#### **Module 4: Prepare to Call on the Spirit of Ayahuasca for Protection of Your Body & Mind (May 25)**



The medicine of the gods is the magical alchemy of two plants — the Ayahuasca vine (*Banisteriopsis caapi*) and Chacruna leaves (*Psychotria viridis*).

When you connect with this ancestral medicine, you **enter the portal of the soul**, which connects you directly with God, the Creator.

**In this session, you'll:**

- Connect with the ancestral spirit of Ayahuasca and **experience rebirth**
- Learn to listen to the call of the plant spirit — and **discover how to prepare yourself** before calling on this spirit
- Discover the **infinite possibilities** of healing and transformation
- Learn how to call on the guardian spirits of Ayahuasca for **protection of your body and mind**
- Program your sacred space with prayer and intent

## Module 5: Open Portals and Activate Healing for Powerful Transformation (June 1)



Ayahuasca medicine takes you on a journey of **healing and transformation** in many dimensions. One of the most important is the healing of your physical, mental, and emotional being. When you work with this plant spirit, **you must be willing to become a new person** — because transformation is inevitable.

As you enter the realms of the soul, you **receive the vision of your new life**. You begin to see with absolute clarity that which no longer works for you so you can implement change.

Puma will guide you to **pray to the Ayahuasca spirit in a cup of water**, as you connect with plants of the forest and spirits of the animals. They will become your doctors, who you can always call upon.

**In this session, you'll:**

- Learn **the power of icaros** — whistles of ceremony
- Connect with the **spirits of the forest**
- Connect with the **Divine Feminine doctors** — the mermaids
- Learn how to receive and download powerful songs to **open portals and activate healing**

## Module 6: Q&A Session — Meet the Plant Spirits of Apu Huachuma and Ayahuasca and Their Supporting Animal Guides (June 15)



In this special extended Q&A session, you'll begin with a powerful journey to meet the plant spirits of Apu Huachuma and Ayahuasca, along with their supporting animal guides — the jaguar and the anaconda for healing and deep connection, and the hawk, jaguar, serpent, and fox.

In this journey and visualization, these incredible spirits will help you heal your heart, physical body, and mind.

**In this session, you'll:**

- Have the opportunity to **ask Puma questions**
- Receive his **wise guidance**
- **Integrate the work you did** in the first 5 modules to move more deeply into the experiences you've had in this course so far

**Module 7: Integration — Begin Receiving the Miracles & Magic of Sacred Medicines Through Different Instruments of Healing (June 15)**





After the ceremony of connection with the plant spirits comes the integration and interpretation process — one of the most powerful and important parts of this sacred journey.

It's important to remember that the process with the plant spirit will remain with you for the rest of your life and you will **continue to receive the miracles and magic of these sacred medicines**. You will learn how to interpret every aspect of the experience and how to journey deeper into the process with the plant spirits.

**In this session, you'll:**

- **Develop a prayer** that calls on the spirits of Ayahuasca and Huachuma
- Create an **altar or sacred space** for working with sacred medicine
- Learn how to **protect yourself and your process** when working with plant spirits
- Discover the **different instruments of healing** you need when working with master plant spirits

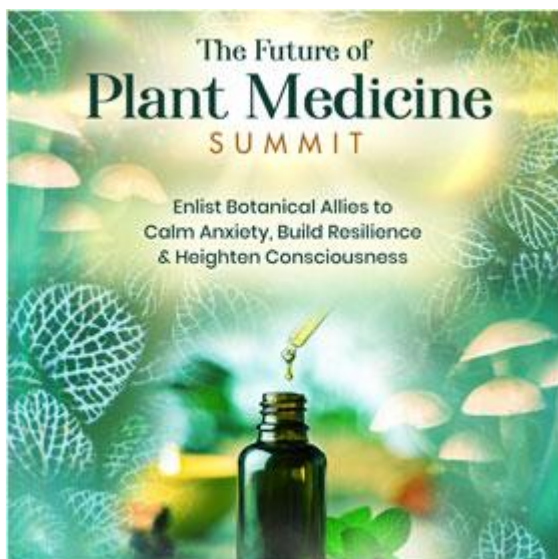
Start the Journey Today

## The Plant Spirits of Ayahuasca and Huachuma Bonus Collection

In addition to Puma's transformative 7-week virtual course, you'll receive these special bonuses to complement the course and take your understanding and practice to an even deeper level. **(\$300.00 value)**

### Popular Speakers From The Future of Plant Medicine Summit

#### *10 Selected Video Sessions From the 2021 Summit*



In these 10 popular interviews, featured experts **Adriana Ayales, Sajah Popham, Lucy Jones, Julia Graves, Rosita Arvigo, David Crow, Arjun Das, Mary Ayodele, Dr. Rocio Alarcón,** and **Shayne Case** will lead you through ancient herbs for higher consciousness, share about the effects of entheogenic ceremonies throughout human history, and explore the spiritual co-evolution of animals and plants.

These discussions clearly lay out the best practices and reliable resources to deepen your knowledge as you partner with plants — with reverence and intention — for optimal healing and wellbeing.

## **Rattling for Connection in Plant Spirit Ceremonies**

### ***Video Teaching From Puma Fredy Quispe Singona***



In Puma's ceremonial tradition, the sacred sounds of instruments carry a powerful medicine. The ancestors have left an incredible body of knowledge for working with these essential tools.

Rattles are used in plant medicine ceremonies to call in spirit allies, cleanse heavy energies, perform cosmic surgeries, and support healing. In this experiential lesson, Puma shares how you too can embody specific ancient rhythms with the use of a rattle for clearing traumas, fears, and heavy energy while ushering in wellbeing, clarity, and liberation.

**Plus... you'll receive these bonuses too!**

### **The Prayer of Apu Huachuma: The Medicine of Dreams**

### ***Video Teaching From Puma Fredy Quispe Singona***



Based on his countless hours of ceremonial experience with Apu Huachuma (the San Pedro cactus), Puma teaches you how to call on spirit allies and spiritual forces to empower you as you commune with this ancestral medicine.

Through heartfelt prayer, you will learn to bless and protect your sacred ceremonial space while inviting gentleness for your process of awakening, liberation, and healing. Puma will inspire you to discover your own personal prayer for the most profound outcomes in ceremony with Apu Huachuma.

## **The Sacred Medicine of Apu Huachuma**

### ***Video Dialogue With Puma Fredy Quispe Singona and Maestro don Pedro***



Since he was a child, Maestro don Pedro has worked with the medicine of Apu Huachuma (the San Pedro cactus). He learned healing practices directly from the plants themselves.



In this warm conversation with Puma, don Pedro shares the power of working with this sacred medicine — from how the medicine is prepared and his own personal approach, to communing with this ceremonial plant spirit. His connection to this medicine is palpable, as he expresses deep respect and reverence for this master plant.

## **Piuray: The Power of Communion With Our Sacred Plant Spirits**

### ***Video Teaching From Puma Fredy Quispe Singona***



In this heart-rich teaching, Puma explains what it means to become one with the sacred ancestral medicine of plant spirits. Each plant has its own unique mission, and through Puma's wisdom and experience, the plants have revealed the most important steps you need to take in order to create your own powerful communion with these ancestral medicines.

In modern times, many ceremonies are missing some of these key components, but with Puma's wise guidance, you can be sure to commune with plant spirit medicine to honor your highest intentions.

## **The Power of Medicine Songs**

### ***Video Teaching From Puma Fredy Quispe Singona***



Medicine songs are deeply interwoven into the healing work of medicinal plant spirits. These songs are portals for calling in the healing energies that come from Pachamama (Mother Earth) and the Apus (Mountain Spirits), lovingly referred to by Puma as “The Amazon Doctors.”

In this teaching, Puma shares with you how to discover your own personal medicine songs through rhythm, whistling, and words. Your song will flow through you when you're in communion with Mother Earth's wise guidance, and it will become a code that Pachamama will recognize as your unique call for her loving support in ceremony.