

AGOGE NEW IDENTITY TEMPLATE

(First Draft)

The Ideal Version of Yourself 3-6 Months From Now

My Power Phrases

- I'm going to become a wealthier version of myself by providing value and solving problems for others.
 - My mind is a tool that I use to carve out my destiny. Keep it sharp!
 - I'm a man who has no limits and as such I have no ceiling to stop me.
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My Core Values

- Passion
 - Purpose
 - Profit
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My Daily Non-Negotiables (2-3)

- Workouts and exercises
- Work Ethic
- Life Discipline

My Goals Achieved

- Making steady income from a client:

It's hard to imagine that just a few months ago I couldn't get a client if my life depended on it. Now after a few mindset shifts, I have a steady client who is thrilled to work with me. I keep helping them grow their business and my skills grow with it. I feel like my life has shifted and this is who I am now...

- Gaining self confidence::

I really didn't know if I could do it or not but so many have done it before me. Now that I have been successful in helping a business grow, I know that I can do it. I have a confidence that I didn't know existed before. I think that it's time to take it to another level and achieve even more.

- Reduce dependence on my day job:

Now that I'm able to jump into the unknown of marketing with copywriting, I've been able to achieve a level of success I never thought possible. I've had to tell my day job that I need to shift to part time. This is a good feeling and I know at my current rate of growth that it won't be long before I say sayonara for good!

My Rewards Earned

- I would go buy a nice suit and a fancy pair of shoes to go with it. Find a classy restaurant in town and treat myself to a meal fit for a king. I don't care for cigars much but I might buy one to enjoy after my meal. It's not something I do all the time so it would be a special reward for achieving a steady client income..
- With a new found confidence, I would want to test it out. I would have to get all dressed up and have a night out on the town. Go to different dance clubs and

mingle with people. Let my mind go a bit. Test my metal if you will. I don't get out much nowadays so it would be a reward for gaining a new found confidence in my abilities.

- With less day job hours, I would want to go to a beach somewhere for vacation. Some beautiful part of the world with sand and water would be nice. I wouldn't quit working while on vacation but I would enjoy my time away from the norm and celebrate my accomplishments to this point. This would definitely be a reward for reducing my day job hours.

My Appearance And How Others Perceive Him

- I keep myself well groomed but have a style all my own. You don't need to have short hair to look professional. The greatest warriors in history have long hair and are held in high regard. Keeping up with regular maintenance and grooming not only for public appearances but mostly for my own self-respect and hygiene. Always good to keep your teeth in check as well as your oral hygiene can affect the rest of your body health. This will project an image that I care about myself enough not to let myself go.
- I like to be comfortable and I like to be formal when necessary. My wardrobe will consist of a wide variety of styles. From high quality fitness gear to casual attire to top hat and tails sophistication. I'm not big on jewelry but I have some of my favorite pieces on hand. This will display that I'm a man of class and taste with a diverse style of garments. I care about how good I look.
- As I walk through the land with my head held high, I feel like the king of the jungle and everyone around me feels it too. I'm friendly but no pushover. The men I met with I have a mutual respect with and women stare as I walk by. There is a saying I'm reminded of, "To be the man you gotta beat the man." The way I feel now, nobody can beat me. It's a mindset that shows I've got control over my life and myself and I won't give it up for anyone.

My Day In The Life Stories.

- I wake up early and hydrate with a large glass of water before starting my workout. Afterwards, it's good to go outside and reflect on where I am and where I'm going in life. I'll then step into my office and revisit the plans I made for the day the night before. It's time to study my craft for a bit so I'll pick up from where I left off. I had finished some work for a client and I needed to give it a final review.
- After I make some progress working on a client's project it may get close to lunch time before I stop. I'll have to think about a light snack for the time being because I'm enjoying doing my work too much to stop. I know I need to take a long break so I go for a bike ride in the park as it calms my mind. It's a nice day for a bike ride. When I'm done it's time to get back to what I was doing.
- Feeling refreshed and with renewed vigor, It's back to the grind. I take a few minutes to think back on how lazy and unproductive I was before now. Here I am, getting stuff done that I didn't even know existed a short time ago. I am making some great progress on my work and learning new skills as I go. It's exciting and rewarding to know I can actually help others solve their problems.
- In the evening, after a day of progress it's time to reward myself with a hearty dinner. While I can eat a lot of fancy things that may or may not be good for me, I really just prefer a simple meal. A nice 12 oz steak medium well with a side of steamed vegetables and a large glass of water is really all that I need. While I'm enjoying my meal I will be thinking about the conquest of the day.
- Bedtime is getting close and it's time to start thinking about the next day. I carefully lay out a detailed plan for my next day's goals to be completed. Maybe if I have time I can read a book for a half hour or so before bed. I am so tired from a hard day's work that I find it's hard to stay awake to read. So as I slip off to sleep I dream of success and accomplishment to come my way in the future.