

North Creek High School Track and Field Attendance Expectations 2024

I _____ intend to make a commitment to the 2024 North Creek High School Track and Field Team.

This commitment means I will be present and punctual to every practice and competition. In order to turn out for practice; I need to come prepared with a sweat top and bottom, proper shoes and a full bottle of water.

If for any reason I cannot attend, I will provide my event coach 24+ hour notice ahead of time.

Each athlete has one free unexcused absence, your second unexcused absence will result in being pulled from the meet immediately following the absence. Three unexcused absences demonstrates a lack of commitment and results in dismissal from the team for the remainder of the season.

Excused absences require notice 24+ hours in advance. Family emergencies and scheduled academic commitments take priority over athletics, please be sure to communicate scheduling conflicts in advance. Please schedule doctor and dentist appointments outside of practice and competition times. Athletes will need to self manage schedules and include homework time, this is not an excusable absence.

If during the season an athlete accumulates 5 absences, their level of commitment will be addressed with their coaches and may result in dismissal from the team for the remainder of the season.

Two or more excused absences in the same practice week (Friday-Thursday) will result in sitting out from competition at that week's meet. With the exception of academic travel.

Two tardies or early dismissals will be considered as an absence. Excused tardies require a time stamped note from a teacher.

DISTRICT POLICY REQUIRES ALL ATHLETES TO TRAVEL ON BUSES TO AND FROM MEETS WHEN BUSES ARE PROVIDED. A missed bus departure results in removal from that day's competition. When using district provided travel, students cannot ride home with another athlete's family unless it is cleared by Melton Jefferson 24 hrs ahead of time. Student and legal guardian may check out with Coach Luckenbach only at the END of meets.

Student Name

Student Signature

Date

*I support my student to adhere to this attendance policy and approve the use of my students full name and age on athletic.net for athletic performance tracking and meet entries.

Parent Name

Parent Signature

Date

This form must be signed and turned in at uniform checkout. Returning Upper Classmen on March 2nd, All others March 4th.