



Event	Book Across the Bay
Date, Time	2.18.23, 6pm
Technique, Distance	Freestyle, Classic, 11km Mass Start Loop
Location	Lake Superior, Ashland WI

Overnight Temperature (F°)	Low 21F
Day Temperature (F°)	24 and warming to 27F
Precipitation, Snow Type	Groomed lake snow!
Wind, Sky Coverage	Low wind, moderate sky coverage

Glide Wax Recommendation

Good	SG Green	SG Violet	
Better	RG Race Green	RG Race Violet	RG Ultra Finish Gel Violet
Best	RG Ultra Green	RG Ultra violet	RG Ultra Finish Gel Violet

SRB Hand Structure Recommendation

Roller	V203T		
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Grip Wax Recommendation

Base	Basewax Extra		
Double Poling (light grip for double pole kick)	Terva Blue applied thin on no base		
Kick 2 Grip	Terva Red with base		
Kick 3 Fast grip	Synthetic Blue with base		

Check EnjoyWinter.com for all your cross country needs. Written by Jacob Huseby, US sales & service Manager JacobH@Enjoywinter.com