

THE CANADIAN ARMED FORCES

Careers

Are you interested in adventure, travel, physical fitness and serving your country?

Consider the Canadian Armed Forces! To start a full or part-time career in the Canadian Armed Forces (CAF) you must:

1. Be a Canadian citizen or permanent resident.
2. Be at least 16 years old with one parental consent.
3. Have completed at least Grade 10 (some jobs need higher levels of education)

[RMC Obstacle Course Video 2020](#)

[RMC Obstacle Course Video 2021](#)

[RMC Obstacle Photos 2022](#)



Why should you consider this career?

Here are some answers from current or former Members:

- **Great medical, dental and pension benefits**
 - Your pension starts as soon as you sign on and you are eligible for a full pension after 25 years of service.
- **[Free University education](#)**
 - If you are interested in becoming an officer, you must have a university degree. You can apply to the Royal Military College (RMC) in Kingston, Ontario and have your education covered.
 - You will need to do 8+ years of Military service afterwards for a 4 year degree depending on the trade you are going into. The more training needed for the trade, the more time you will owe.
 - If you choose to leave before the beginning of your second year, you will owe nothing.
 - You will be paid while going to school, and have about \$1000 per month to spend after room and board are deducted.
- **Job Training**
 - You will receive, and be paid for, excellent job training in your field.
 - Always have a job
 - The military will develop your skills until you reach the limits of your abilities.

- **Lifelong friendships**
- **Vacation time**
 - Starting at 20 days per year and increasing over time to 30 days per year.
- **Opportunity for travel**
 - Depending on the career and Branch you choose, you may get to travel the world. One naval officer had been to 47 countries in 7 years!

Getting into the Canadian Military is more competitive than you think. You are, in fact, applying for a career, so prepare to fill out lots of paperwork, several times over, and be asked the same questions over and over again!

How to Apply:

Choose [Regular Force \(Full Time\) or Reserves \(Part Time\)](#)

Choose a Branch:

- ★ [Navy](#)
- ★ [Army](#)
- ★ [Air Force](#)

Choose a Career: To increase your chances, choose a career that is in demand.

- ★ [Army Careers](#)
- ★ [Navy Careers](#)
- ★ [Air Force Careers](#)
- ★ [Reserve Careers](#)
- ★ Webinars on different careers and military events: <https://forces.ca/en/events/#/>

Go to a **Recruiting Centre** (541 Superior Street, Victoria, BC) or the [Help Centre](#) and fill out an application. You will need to present original copies of your birth certificate, government issued photo ID, transcripts from your highest level of education, proof of trade qualifications and professional licences, and any additional forms required for the trade or job you selected. They are currently transitioning to an online application, so you will be able to submit all documents online.

[Application for RMC](#) (Regular Officer Training Program - ROTP)

Screening Forms

You will fill out reliability screening forms. This ensures you are trustworthy with sensitive information. The Canadian Forces will verify all the forms you submit so be completely honest when filling out the required forms. You will also be asked for references from people who can speak to your character and professional abilities.

SEAF (Scored Employment Application Form)

You will take the SEAF which evaluates and examines achievement orientation, physical fitness and athletics, teamwork and leadership, realistic expectations/person-job fit, bilingualism, and well-roundedness. The SEAF is conducted on-line and may be completed over multiple sessions.

You will also complete a personality inventory which provides information on your personal characteristics and qualities. To learn more about your personality and how it can influence job choices, check out this [personality assessment](#).

You will likely find out immediately if you have been successful in these tests. You may not receive a grade or get a 'score'.

Medical Assessment

You will then take a two part medical exam: First there is a questionnaire on your medical history including specific information on your medication. Then the medical staff will conduct a physical exam to measure your height, weight, evaluate your vision, colour perception and hearing. The second step is a medical file review to determine any limitations that will affect your training and career. This could happen right after you find out your results from the CFAT.

If you have any medical conditions or concerns, you will be given forms to fill out with your regular doctor and these forms will be sent to Ottawa for assessment. This process can take several months.

Branch Specific Tests

You may be asked to complete more tests based on the career and Branch of the Armed Forces you have applied for.

- Navy: MOST
- Air Force: CFAST (a battery of several tests)

Interview

The next step is an interview with a military career counsellor; it is your official job interview and a very important step. The application process is very competitive and you will be asked questions about your work history, knowledge of the Canadian Forces, and understanding of the job you selected.

Results

After all of this is completed, you will receive an email with a job offer which you will need to accept or not and send back. They will then follow up with a phone call to allow you to ask questions and give you information about formalising your enrollment.

Timing

The entire process above takes about 10 months, so it is advisable that you begin the process in the summer after your Grade 11 year if you are applying to RMC.

*Air Force and Military Policing Candidates should apply at the end of their Grade 11 year due to a longer application process (particularly pilots)

The Armed Forces are not for everyone. Members say that you will work harder than you have ever worked in any job in your life, be required to move around and get yelled at a lot! Physical fitness is a key component and the ability to follow a set of clear expectations are a must.

"Being in the CF (Canadian Forces) will give you things you can't put in the bank, and give you gifts that money can't buy."

- **Bob Kinch**, former Soldier, Combat Engineer, Competitive Marksman at Canadian Armed Forces (1974-2016)

About RMC (Royal Military College)

- ★ Very unique university experience with many traditions.
- ★ You will be divided into:
 - Years (1-4),
 - Divisions (A-D), and
 - Squadrons (1-13).
- ★ These will provide you with students and groups you will work with throughout your RMC experience.
- ★ You will also be apart of an AC (Academic) family chosen by the year above you, consisting of a Great Grandparent (4th year), Grandparent (3rd Year), Parent (2nd Year) and Child (1st Year)



	School Year	Summer
First Year	★ Basic Training: (Mod 1) at RMC St. Jean in Montreal in the summer prior to entering RMC. (6 weeks) ★ FYOP (First Year Orientation Program): Learning about living and being a student at RMC, which culminates in the 'O' Course in the video above. ★ Divided into Arts, Sciences and Engineering First Year courses	★ Basic Training: Mod 2 of Basic Training (6 weeks) in St. Jean
Second Year	★ Begin your school program courses	★ SLT: Language training at RMC to become bilingual in both of

		Canada's official languages. (5 hours per day for 10 weeks) ★ If you are already functionally bilingual, (have your 'Bs' you will sign up for courses/work experience in your chosen branch.
Third Year	★ Apply for 'Bar positions'.	★ Trade Training/Work Experience (OJE): In Army, Navy or Air Force at various bases around Canada
Fourth Year	★ Graduation!	★ Postings: Army, Navy or Air Force at various bases around Canada

This is a career. You will not have the same time off in the summers that other university students have due to training that you are paid for. You will also not have to find a summer job!

Reserves (Part time)

If you are interested in the military, but are not ready to make it your full time job, you can enlist in the Reserves.

In the Reserves:

- This is a part time job with the Canadian Military.
- Must be 16 years old and have completed Grade 10.
- Training one night and one weekend per month.
- Train in a unit close to home:
 - ◆ *Airforce:* 443 Maritime Helicopter Squadron (North Saanich)
 - ◆ *Army:* 12 Military Police Platoon (Royal Oak)
 - ◆ *Heath:* 11 (Victoria) Field Ambulance (Royal Oak)
 - ◆ *Army:* 39 Signal Regiment - B Squadron, 2 Troop (Royal Oak)
 - ◆ *Army:* 39 Service Battalion - 11 Company (Royal Oak)
 - ◆ *Army:* The Canadian Scottish Regiment - Princess Mary's (Victoria)
 - ◆ *Army:* 5th (British Columbia) Field Artillery Regiment - 155 Battery and Band (Victoria)
 - ◆ *Navy:* HMCS Malahat (Esquimalt)
- Education reimbursements of up to \$2000 a year to a max of \$8000 for a post-secondary education.
- Offers many summer job and co-op opportunities, especially for students.

- Excellent benefits package, which includes paid vacation days, health and dental coverage, a pension, and more!
- For the first four years of your career, you are guaranteed full-time summer employment (FTSE) with the Reserves.
- Deployments are not mandatory, but there are opportunities if you are interested.

For more information: [Canadian Military Reserves](#)