

**Behaviour Change Intervention Ontology Training Module 7:****How to describe behaviour change interventions and their contexts using the Behaviour Change Intervention Ontology (BCIO)****QUIZ**

Test your knowledge by reading the text below and answering the following questions.

*A physiotherapist gave face-to-face sessions weekly for groups of stroke patients to enable them to increase their physical activity following discharge from hospital. To maintain motivation, they were praised for performing the exercises successfully. The sessions were delivered in a community centre.*

1. Which of the following words from the text describe behaviour change intervention **content**?
  1. To maintain motivation
  2. They were praised for performing the exercises successfully
  3. The sessions were delivered in the community centre
  4. Face-to-face sessions
  5. Community centre
  
2. Which one of the following could be a form of behaviour change **delivery**?
  1. To maintain motivation
  2. They were praised for performing the exercises successfully
  3. The sessions were delivered in the community centre
  4. Face-to-face sessions
  5. Community centre
  
3. Which one of the following could be a form of behaviour change **context**?
  1. To maintain motivation
  2. They were praised for performing the exercises successfully
  3. The sessions were delivered in the community centre
  4. Face-to-face sessions
  5. Community centre

\*\*\*ANSWERS ARE ON NEXT PAGE\*\*\*



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ANSWERS

Correct answers are in **bold**.

4. Which of the following words from the text describe behaviour change intervention **content**?
  1. To maintain motivation
  2. **They were praised for performing the exercises successfully**
  3. The sessions were delivered in the community centre
  4. Face-to-face sessions
  5. Community centre
  
5. Which one of the following could be a form of behaviour change **delivery**?
  1. To maintain motivation
  2. They were praised for performing the exercises successfully
  3. The sessions were delivered in the community centre
  4. **Face-to-face sessions**
  5. Community centre
  
6. Which one of the following could be a form of behaviour change **context**?
  1. To maintain motivation
  2. They were praised for performing the exercises successfully
  3. The sessions were delivered in the community centre
  4. Face-to-face sessions
  5. **Community centre**