Institute for Spiritual Development Oneonta

Annual Report

April 16, 2023 Convention

P.O. Box 332, Oneonta, NY 13820

124 County Hwy 58, Oneonta, NY 13820

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Mission & Vision Statement

Our Mission:

We are a Metaphysical Church that honors and celebrates each soul. Our community provides an unconditionally loving and healing environment that affirms and encourages all seekers on their spiritual journey.

Our Vision:

We believe that all great religions and philosophies contain within them the spark of truth and wisdom that can inspire within us a more complete understanding of our place in the universe. Aided by this belief, we seek to provide a supportive environment through Sunday services, spiritual healing, fellowship and education.

Core Values 

The Oneonta Institute of Spiritual Development fosters collaboration and cooperation in all aspects of our mission, always keeping in mind that we individually and collectively emanate and create from what we are as spiritual beings. We endeavor to act and create in ways which are inclusive of all, seeking out opportunities to nurture a sense of togetherness and cohesion while having fun!

Leadership & Board of Directors

Rev. Diana Friedell, Pastor & Co-Director
Rev. Story Lucile Ducey, Co-Director
Rev. Story Lucile Ducey, Dean of Studies
JoAnn Wormuth, Healing Program Director
Rev. Story Lucile Ducey, Adult Ed Committee Chair

Officers of the Board:

President – Kimberly Winsor*

Vice President – JoAnn Wormuth*

Treasurer – Sali Dellysse*

Secretary – Tom Landon

Trustees: 1. Carol Callahan 2. Christine Springle* 3. Susan Owens 4. Sherry Barton* 5. Connie Lull (highlighted terms are 2023-2025, starred are 2022-2024) *Others who Served this year: Jaya Buckland, Maggie Kilbride*

Membership

Membership Report - Tom Landon, chair



Currently we have a community of 42 members. We added 7 new members since our last Convention (welcome Wanda Callagy, Barb Hinkley, Harper Roth, Christine Selleck, Julie Smith, Lynda Tymeson, and Chantal Arcand-Doktor!). At the present time our total pledge amount including membership fees is at about $7,536.00, and we have $18,604 in our savings account!

Members form the core of our community and their pledges and fees sustain our ongoing structure and foundation for our spiritual work and community outreach. In addition, if we apply for a bank loan, for a piece of property or apply for a matching grant, they will look at ISD's pledge fulfillment rate as one measure of how reliable we will be in repaying the loan.

Some membership highlights from 2022-23:



- We began the practice of selecting a mentor for each new

member to help them get to know us better and understand our services and classes. This has been appreciated by our new members.

- A High Tea and Spirits event was held on June 5 at Tom's house, much to the delight of all attending. The gathering featured a reading of tea leaves, and messages given by several mediums in the group. Funds raised benefited The Hunger Coalition of Otsego County and Ajiri Tea's Foundation's Kenyan orphans.
- Our Christmas holiday gathering was held on December 18 at Tom's house and was a smashing success! Many people contributed delicious goodies of all types and a set of games certainly raised the spirit of the day.
- We continued the weekly get-together called "Mid-Day at the Oasis" Fridays at noon, up through October when the gazebo was taken down. We also met a few times inside after that date.
- The Instant Church Directory Online is ready for membership use. It is a very accessible (and password protected) way to find a fellow member's contact Info. Users can see who is on what committee too! All members (and a couple "friends") are currently listed. To check your listing, add a personal picture, and to learn how to use it, CLICK HERE.

Membership is open to all who aspire to the path of Self Realization and wish to share their spiritual progress with the company of supportive and like-minded individuals.

How do I become a member?

Step one is a meeting with any of the Institute's Ministerial staff. The purpose of that meeting is to review the **Declaration of Principles** and discuss any questions you may have. Membership is annual. Cost of membership is $25 for an individual, $35 for a family. Every January, a membership renewal form is sent to current members, and the membership fee is paid once a year. Membership in the Institute is a little different than in many other organizations. People normally join after they have been attending for at least six months, and find it to be the right place for them. It feels like home, and people who choose membership are the ones who wish to ensure the future of the Institute. We don't actively seek members; members are drawn to us by their interests and commitments. We have many regular congregants who choose not to become members, and they are just as welcome as anybody else. It's a personal choice. There are two requirements of membership. One is that members pledge their financial support, generally on a monthly basis. The amount of the pledge is what feels right to the person pledging and is never discussed or made public. You may receive a statement mid-year summarizing your pledge status and letting you know where you stand, but you will never be approached regarding the fulfillment of your pledge. The second requirement of membership is that the members select an area of service, such as being on the hospitality committee, the publicity committee, the properties committee, or some other area of service to the Institute.
We offer a small discount for classes and events at the Institute to members as thanks for their ongoing support.

If you choose to join, **complete the Membership Form online here** and the **Pledge Form you will find on our website here** and give it to a Minister. When you become a member, we invite you to choose an area of service. Rev. Diana Friedell (Pastor), Kimberly Winsor (Board Chair), will help you determine where your assistance is best used.

Service is FUN at ISD. As one of our senior ministers often says, "If you aren't having fun, you aren't doing it correctly."

Please discuss your interest in becoming a part of our vital spiritual community with one of the ministers.

Message from the President

This is borrowed from a Katherine Walters poem -read recently during a yoga class, and the author was talking about Joy:

"It has a way of squishing up between the cracks of our imperfect lives, willing to take us over"… I loved that, and just hold that if you could for a sec.

I'd like to share with you one of those moments that stopped me in my tracks here a while back. In the midst of countless hours of preparation for all sorts of things ISD, **Joy** squished in and took me over! -To set the scene a little bit, I had met some strangers and shared conversation for a few laps around our park. Our conversation turned on it's own towards one of supporting each other in disappointment about the state of affairs nowadays: Modern medicine, politics, this digital age and it's consequence, and just deception in general…. The shit-kicker though, as my grandmother would say, was that we have managed to do all this to the planet in a mere 100 years. From millions of years of the earth doing it's thing, mankind steps in an just 100 years of technocratic industry later, we bring ourselves to…a point of serious doodoo. I'l Leave it at that. But this is how I was when when **The Joy** squished up and through the cracks some time later. Yes I had been in an elevated state, and there may had been prayers. But at this moment of squishiness, there was a clicking-in of personal truth that did* literally stop me in my tracks. Everything came tumbling together in a coherent moment of realization and ownership that lightened my heart and showed me a path forward. THIS was why I "do" ISD, this is WHY I DO IT!! It doesn't matter what others have done, but what we do forward from here. My dedication to working tirelessly for the mission of ISD suddenly all felt right and ok. I now knew why I was doing it. In that one moment I was plugged back into a bigger picture that made sense for me If what we create here with our classes, and with our services, with our little and our big gatherings, …. If that inspires people and spreads goodness and pushes back the darkness, even temporarily, then it's all worth it, and I wanted in.

We all have a lot on our plates, and it seems that unless we push back and make conscious efforts otherwise, there is a lot of personal disconnect that happens as a result. But spirit wants us to be well, God wants us to be well, Nature! Wants us to be well, as we are a thriving, a manifested, an intricate

part of a beautiful whole. So please, Value yourselves! Take care of yourselves. Say no when you need to -and make choices that reflect *health* for yourself. Pray more. Let go of the things that dull us. Ask for help when you need it and talk to others – open that door. You never know what awaits us in the next moment so let's each be ready, be Well! Book a massage now, or get out to that waterfall sooner rather than later. We each have our own things that put us back together but if one at a time we start caring for ourselves first, then imagine when we come back together as a whole what growth and transformation will be there to jump off from!



Kimberly Winsor LMT, RPP has a Bachelor's Degree in East Asian Studies and French, and is a graduate of the New Mexico Academy of Healing Arts with degrees in Massage and Polarity Therapies, Medical Massage and Shiatsu. Mentored studies in Esoteric Energy Healing, Authentic Feeling, Co-creative Science, Geomancy and Sound Healing are ongoing loves that continue to light her fire. She is a sanctioned healer and reader at ISD.

Message from the Pastor & Co-Directors



This was a year with so many successes, and many pivots. We are lucky to have so many committed and visionary volunteers, including our excellent President Kimberly Winsor, who keeps us on task and organized. Our Ministerial Team put on 23 spiritual Sunday Services this year and we were so pleased to continuously improve the technology of being on zoom for on-line attendants, and in person at ISD Headquarters at the same time. We had ministerial guidance and service assistance from Story Ducey (Co-Director), Maggie Kilbride, Amanda Hoover, and Renee Ranke, and a new ministerial student Sherry Barton. All have made themselves available to congregation members and friends in times of need, through private consultations, development circles, and for special events

like our Prayer Toolbox Series. And we continue to be impressed by our members who go out of their way to reach out and assist each other in times of illness or crisis. We see you, amazing ISD peeps! We continue to enrich each other and be a stand for love and spiritual understanding as we support each other on our life paths and in our good work here at ISD Oneonta.
This year, to accommodate our growth, we continued to divide up the organizational workload, with help from Carla Finn's whiz bang help on a beautiful newsletter 2-3 times a month, Sali's continued diligence as Treasurer, and the paid help from Amy Gallop on social media, (report below), and Tami Barrows as administrative assistant. We are especially proud of the innovative Classes that we were able to offer this year, our talented teaching staff, and glad that so many new students found us. We continue to serve humanity and the spiritual needs of our community, thanks to all of you, and your efforts and contributions. We are ISD!



~Submitted by Rev. Diana Friedell

Diana Friedell *is the Pastor, Co-Director, Institute for Spiritual Development, Oneonta, NY. She has been doing readings & healings for 20 years. She also coordinates the annual SHIFT NY Holistic & Spiritual Arts Fair. Diana is a 2004 graduate of the School for Healing and Prophecy through Fellowships of the Spirit in Lily Dale, NY, and a graduate of SUNY Oneonta, where she studied teaching and theatre. Diana was called to this work as a result of her search for spiritual meaning after her youngest son passed away unexpectedly in 1994. www.dianafriedell.com*
Story Lucile Ducey, a seer since childhood, is an academically trained philosopher and classically trained Psychic-Medium. She is a Faculty Member of the Institute for Spiritual Development's Intuitive Practitioner Program.

Story Lucile Ducey, *is the Co-Director of ISD Oneonta. Story is a seer since childhood, an academically trained philosopher and classically trained Psychic-Medium. She is a Faculty Member of the Institute for Spiritual Development's Intuitive Practitioner Program. She has 35 years of experience in teaching Metaphysics in the Metropolitan New York area. Story is a former faculty and board member of the Metaphysical Center of New Jersey, a graduate of Columbia University, and The New Seminary.*

Committees of the Board

Finance Committee:
Chairperson - Sali Dellysse, Treasurer w/ Diana Friedell, bookkeeper



The function of the Finance Committee is to track expenses and revenue, and to ensure that the financial reports given to the Board of Directors is accurate and within our financial means. Currently, Rev. Diana Friedell is the Finance Manager, and Sali Dellysse is the Treasurer who reports to the Board of Directors. Sali tracks all expenses and revenues and reports these to our CPA, Johna Peachin.

We continue to add to the savings account that we started in 2021 and currently we are able to save $500.00 a month.

Peachin and Associates is still the accounting firm that we use and they provide a layer of accountability and accuracy as we build ourselves into the future. We pay them $210.00 monthly to provide us with our monthly bank reconciliation and balance sheet reports as well as tracking our yearly memberships and pledges.

Also, we have a newly formed Grants Committee and we are actively seeking any ideas or inspirations for grant projects. This is an opportunity to get people active and aware of the possibilities.

Diana and Sali, with the help of our President, Kimberly Winsor worked tirelessly on creating a budget for 2022-2023 and presented it to the board in April at which time it was approved.

ISD Expenses + Projected Budget 2023-24

	A	B	C	M	R	W
1		**Revenue**	**Line Item Notes:**	**Apr 2022 - Mar 2023 Projected**	**Apr - Feb 23 Actuals**	**Apr 2023 - Mar 2024 DRAFT**
6	4035	Building use fees		$0.00	$9.31	$300.00
8	4040	Change Returned	our change box for events	$300.00	$100.00	$100.00
9	4050	Collection	collected during church	$1,200.00	$484.16	$300.00
10	4060	Classes		$13,441.30	$10,271.47	$11,000.00
11	4070	Donations -- General		$720.00	$550.65	$500.00
12	4080	Donations -- Dedicated	for building, grants matching etc...	$100.00	$900.00	$1,650.00
13	4081	Scholarship Fund Donations	for paying the 2nd 50% to ISD		$272.02	$272.00
14	4090	Donations -- Community Circles		$3,500.00	$1,968.14	$1,500.00
15	4100	Psychic/Spiritfest Events	future online Spirit Fests //Shift fair	$1,000.00	$3,000.00	$2,000.00
17	4120	Fundraiser -- Other events	(when no one is paid for anything)	$1,500.00	$1,012.04	$1,200.00
18	4125	Membership	** Covers Jan 1 - Dec 31 !	$910.00	$638.21	$1,200.00
19	4130	Pledges	** Covers Jan 1 - Dec 31 !	$9,027.00	$7,561.27	$9,000.00
25		**TOTAL INCOME:**		**$31,920.30**	**$26,776.58**	**$28,750.00**
26						
27	**6000**	**Expenses**		**Projected Apr'22 - Mar'23**	**Apr - Feb 23 Actuals**	**Apr 2023 - Mar 2024 DRAFT**
28	6005	Accounting Fees	Peachin Ass.	$3,000.00	$2,657.23	$3,000.00
29	6015	Merchant fees	PayPal and Square fees	$0.00	$129.08	$140.00
38	6055	Change for events			$100.00	$100.00
40	6080	Comm Exp -- teachers	commission paid to teachers (50%)	$5,224.62	$5,507.28	$5,500.00
43	6120	Facilities expense	1 weekend Rental @ $350	$500.00	$77.67	$500.00
44	6125	Fees Returned (cancelations)		$53.50	$80.30	$90.00
45	6130	Gifts expense		$650.00	$124.83	$135.00
46	6140	Insurance -- general		$606.69	$581.00	$600.00
47	6150	Kitchen/food expenses	occasional reimbursements for ever	$80.00	$158.11	$170.00
53	6190	National Dues		$600.00	$300.00	$300.00
54	6200	Office Supplies-	toner, paper, pens, PO box, Zoom, d	$1,450.00	$322.82	$500.00
56	6215	Pastoral Discretion				$0.00
57	6220	Postage		$163.92	$84.66	$90.00
58	6225	Printing-	signage, brochures, things our print	$200.00	$20.00	$200.00
59	6230	Professional fees	NYCON fees + PD (Praise n Preach)	$640.00	$380.00	$500.00
60	6235	Publicity	AmyG, fB,google,newspaper,sound	$6,000.00	$5,356.67	$6,200.00
61	6240	Rent	Space rentals for Fellowship etc	$600.00	$250.00	$950.00
65	6275	Savings Account	putting away $500/mo	$6,000.00	$5,500.00	$4,800.00
66	6280	Stipend expense	Office Manager (Tami). $250/mo	$1,800.00	$960.00	$3,000.00
67	6290	Supplies expense-	toilet paper, towels, cups, napkins,	$100.00	$326.77	$425.00
68	6300	Utilities expense	$50/mo Tom, Propane	$1,500.00	$550.00	$600.00
70			**TOTAL EXPENSES:**	$29,368.73	**$23,475.93**	**$27,810.00**
71						
72				**$2,551.57**	**$3,300.65**	**$940.00**

Fundraising - Diana Friedell



Amount Raised		Event
$1900 or so		Several Development Circles ran on Zoom and stopped in Jan/Feb- Story Ducey, Renee Ranke, Amanda Hoover, Dale Capristo and Diana Friedell VOLUNTEERED their time for ISD & it was an entrypoint for new students and members. We tried the “Lightseeker’s Pass” this year and now are trying something new.
$582.99		8/6/22 Mystics Dinner at Origins Cafe had 34 paying customers. We had 7 readers and 3 volunteers who volunteered their services. Renee Ranke, Story Ducey, Connie Lull, Christine Springle, Judy Lynn, Diana Friedell. Volunteers Tami Barrows, John Bee, Tom Landon, Maggie Kilbride. Many thanks to the organizers who pulled this together. A very special highlight was the VIDEO that Tami Barrows made and it is amazing!
$300 for Hunger Coalition		6-5-22 “Tea Leaves & Social Hour” Kimberly served us unique teas, we read eachother’s tea leaves, shared wonderful crumpets & things- great fun! Raised about $300 for the Hunger Coalition
$3,000		10-29 & 30 SHIFT NY Halloween Psychic Fair at Quality Inn- Diana’s Business organized, ISD Volunteers staffed the event & Staffed the ISD Vending Table- Special Thanks to Kimberly, Sherry Barton, Susan Owens, Lynda Tymeson, Tom Landon, Maggie

		Kilbride, Ally Sutton-Pyle, JoAnn Wormuth, Tami Barrows (paid photographer & graphic artist, tech assistance)
$245 of $500 Goal		Jan./February we raised money on a special campaign for the Malala Fund, as part of our Christmas giving. Invests in girls' education programmes to help girls go to school and reach their full potential. Thank you Ally Sutton -Pyle & Kimberly Winsor & Diana.
$429.05 (16 people)		Cabin Fever Spirit Fest On ZOOM 2-18-23; Five Psychic Readers volunteered their time - Thank you Christene Springle,, Story Ducey, Renee Ranke, Diana Friedell, Susan Owens; Connie Lull, Ally Sutton-Pyle
$272.02		Ides of March Raffle (thanks to Kimberly, Tami, Susan, Diana); and all 8 Practitioners who donated their services!

$6,184.06 raised in Fundraisers for ISD. $545 raised for other worthy causes. A deep debt of gratitude goes out to everyone who volunteered their time organizing, publicizing or serving at these events, not to mention the continued support of all of you who had fun spending money on these events!.

Publicity Committee - Diana Friedell, Amanda Hoover, Amy Gallop, Tami Barrows, Ally Sutton-Pyle

The publicity committee promotes all events and decides where to advertise effectively, both at free on-line & print media listing sites and paid ads that are within our budget (see publicity budget). Events are designed through the Constant Contact Service, so that people can register & pay on line. This year Tami Barrows has beautifully designed most of our promotional material. Diana, Kimberly, Renee, and Amanda all assist with Constant Contact. The events are promoted & shared in newsletters (Carla Finn) & invitations through our ISD mailing lists, on the www.ISDOneonta.org website (Diana & Tami), the SHIFTNewYork.com website, ISD Facebook & Instagram page (Amy Gallop) , The Daily Star Religion Page. Since we have been paying Amy Gallop for Social Media help, we have stopped Daily Star Paid ads & Radio ads(for special events). Amy makes the Facebook Events & boosted posts. This year Amanda Hoover did many podcast interviews that we posted, Plus Videoclips made by Renee, Story and Diana all contributed beautifully to Amy's facebook, Instagram posts. Many thanks for Tami's astoundingly beautiful filmography of several classes & events. We also list on many local events Calendars (Ally Sutton-Pyle has helped with this), and on Facebook Groups (Diana).

Website & Mailing List- ISDOneonta.org submitted by Diana Friedell

Website Growth

- 16,832 Page Views in 2022-23 compared to 8,332 Hits on Website as shown on last year's report; Constant Contact mailing list has 971 contacts compared to 706 last year at this time

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ISD ONEONTA ANNUAL Social Media REPORT- Amy Gallop

Social media has grown consistently and steadily during this past fiscal year. By visibly celebrating values of spirituality, inclusiveness, and healing, the ISD Oneonta online community has widened considerably.

Page Likes, Followers, and audience engagement continue to strengthen across both Facebook and Instagram. Facebook Events are the strongest part of our Facebook presence. Each event provides an overview of and a clickable link to ISD's class offerings. Posts are scheduled consistently and strategically to promote every Event. This effort works as free advertising for both the events and ISD Oneonta itself, as it allows ISD Oneonta to regularly show up on our audience's newsfeeds. In turn, our community frequently Likes and Shares these posts on their personal timelines. Taking full advantage of the variety of ways to share content, the ISD Oneonta Instagram page features regular posts, reels, Stories, and Story re-shares. All of these posts are automatically shared to Facebook, effectively doubling their reach. Our audience grows when we interact with other accounts, and so comments and shares of like-minded accounts are a regular part of the ISD Oneonta social media activity.

Overall, we have seen more growth on Facebook in the last year than we have on Instagram. This is undoubtedly in part because I have increased the number of scheduled posts for each Event. However, I also suspect that, as pandemic restrictions have loosened, folks are actively searching for community. Locals tend to use Facebook more than Instagram to find nearby activities and communities, so perhaps that also explains the difference in growth on Facebook compared to Instagram. Going forward, I will focus our Instagram account more locally to see if that impacts growth and engagement.

Based on the statistics of the past fiscal year, we can feel motivated that by continuing this work, the ISD Oneonta social media will continue to grow into 2024.
See below for specific statistics on the social media growth, including visuals on the following page.

Social Media Growth:

Facebook Growth
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- Page Likes: 1,207 (compared to 1,014 in March 2022)
- Followers: 1,333 (compared to 1,125 in March 2021)
- PageReach:42,510
- Approximately 18% increase compared to last fiscal year
- Page Visits: 3,465 in total

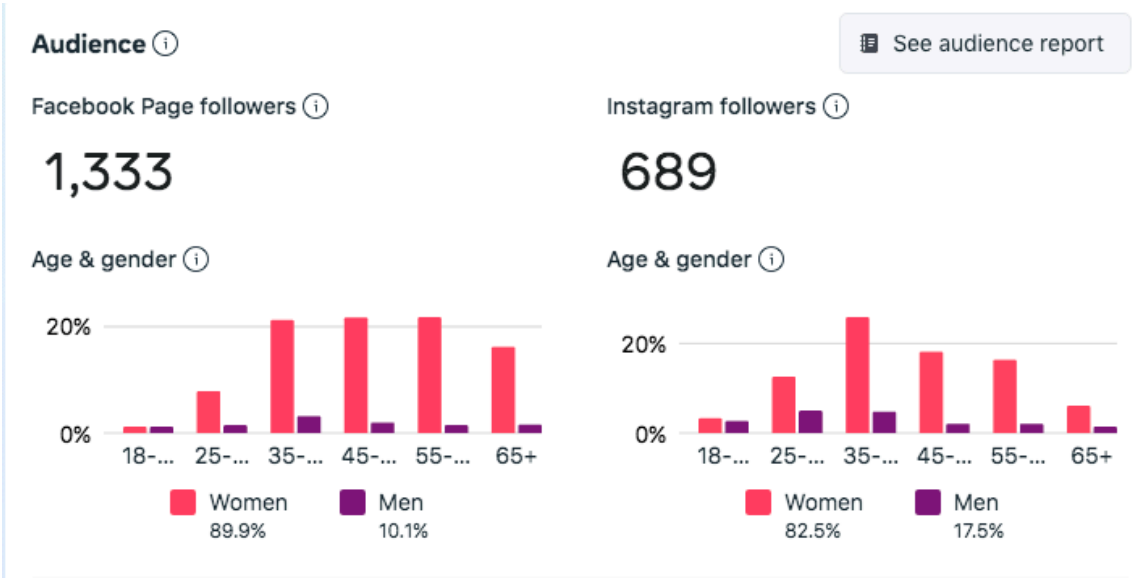
Instagram Growth

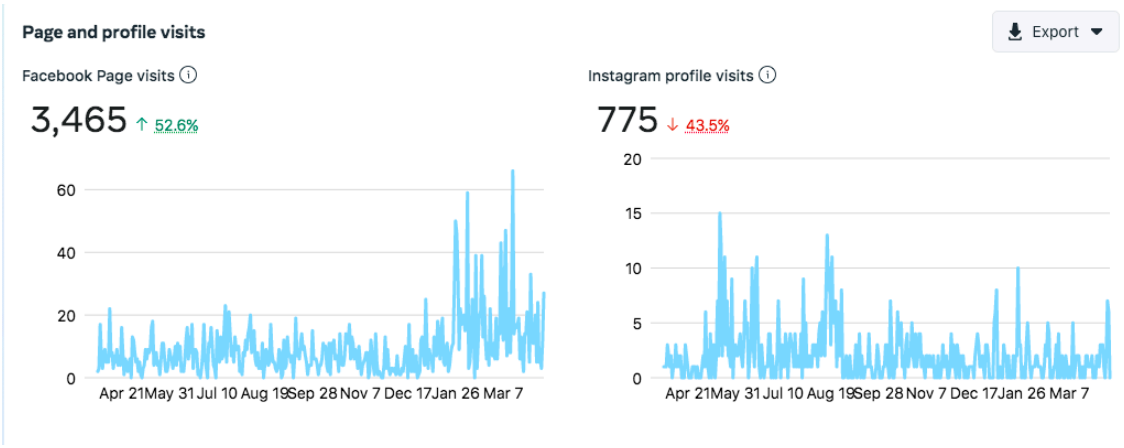
Followers: 690 (compared to 610 on March 19, 2022; 127 in July 2020) AccountsReached

- 8,090 in total

Location: majority continues to be located in Oneonta, NY







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We need your help! Please ‘like’ and follow us on our ISD Facebook and Instagram pages and subscribe to our YouTube Channel by hitting the subscribe button. Share our events, meditations and posts when they appear in your newsfeed. The best publicity we can get comes from YOU. So thank you for all o fyour support!

Members Lending Library- Carol Callahan
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The ISD Lending Library has been open for business for two years, beginning in March of 2021. The library contains a wide array of books on various metaphysical topics including life after death, channeling, development of psychic ability, healing, dream analysis, Native American ceremonies and a wide selection of books by and about Edgar Cayce. A few DVDs are also available.

The first year the library was open, six books were borrowed from the library. Of the six books, three have been returned. Reminders were given by Barbara Hinkley. Three books were loaned in the past year from March 2022 to March 2023. The books have not been returned. Faculty giving classes in the library area report that students are looking over the books before and after classes but do not take them out.

There are a number of reasons why our members are not using the library including: not enough time to read; too many books ahead; will look/listen on youtube; will buy on Amazon; will read on my E-Reader....

It is recommended that a Library Committee be formed to brainstorm ideas about how to move ahead with the library.

Respectfully submitted,
Carol Callahan

Committees of the Board continued…

Properties Committee (AKA 'Buildings & Grounds') - Tom Landon

Headquarters served quite nicely for a limited number of ISD functions as noted below. Each event was coordinated through me to avoid any possible conflicts. Participants exercised Covid-19 protocols as deemed prudent and consistent with existing mandates.

- Readings were given periodically in the upstairs meditation room by Diana and Amanda. Amanda also uses the basement for sessions.
- Our weekly get-together called "Mid-Day at the Oasis", was hosted at headquarters every other Friday during the summer and fall. It is meant to be an informal time to

meet with other members, have a bite to eat, and relax. With good weather, we often met in the Oasis or around the pool.

- A limited number of in-person classes were held either in the basement or in the main floor family room at headquarters.
- On December 18, we had a wonderful holiday party at headquarters
- The heater in the basement was replaced by Tom; the new one is much more efficient and programmable, and works well for the few classes held in that space.S



I sincerely thank ISD members and guests for their care and respect for my lovely home, and always helping to clean up after parties. I love being able to share our Sanctuary with you!

Darling Hill Retreat: Many FUN classes, summer services and events were held at the beautiful Darling Hill Retreat with GREAT success, and updates were made to the property. We sincerely thank Story Lu and John Bee for hosting so many wonderful events for the ISD community. We definitely have thrived, grown, and deepened our sense of community in the sacred energy of what they have lovingly created there.





Committees of the Ministry



Music - Tom Landon

Music for our services has been expertly handled by Tom Landon while we have been on zoom. Either Tom, or our emcees have been picking music on youtube that fits with the theme of the service, and sharing that on our zoom services. We are always looking for more live musicians to lead a sing-a-long, or accompany us on a hymn, or to perform something for a service, so contact Tom, if that is a gift you would like to offer!

Adult Education - Story Ducey

Members: Story Ducey, JoAnn Wormuth, Amanda Hoover, Diana Friedell, Christene Springle, Kimberly Winsor

57 Classes or series of classes; Prayer Toolbox Series, Intuitive Practitioner Program (12 Students, 4 graduates on 1/15/23), Mediumship Summer School, Earthkeeper Series Development Circles- Teachers have been volunteering their time as donation to ISD: Story's Oracle Circle, Renee's Tuesday Development Circle, Diana's Wise Wednesdays (there are about 100 guided meditations on Facebook, going to be uploaded to Youtube, thanks to Tami), Dream Circle (Story, Amanda), Dale Capristo's Mary Magdalene Circle, Amanda's

Friday Happy Hour Circle; Circles are being transferred into Series of 6 or 8 sessions to sign up and pay for, still an experiment.

Adult Education Goals:

- Healing Practitioner Program ready to start- Intro on 8-17-23
- Metaphysical Summer School- Navigating your Life Path, what's Your North Star?
- Launch Intuitive Practitioner Program in January 2024
- Continue to work collaboratively with ISD National on Ministry Training Courses

Healing Certification Program & Healing Committee- JoAnn Wormuth

This past year saw the Healing Certification Program moving beyond the grip of isolation imposed by the COVID pandemic.
With appropriate precautions, we were able to expand our opportunities to come together. This year our focus was directed toward mastery of additional skills and through practice finding our individual footing as healers. The Healing Development Group continues to meet every second Wednesday of the month. The individuals and their collective desire to service dictate the success of this circle. This circle has transformed from a primarily an educational forum to an opportunity to send distance healing. All nine of the ISD Oneonta healing students who entered this program in the Fall of 2021 successfully completed all requirements and were awarded completion certificates on January 15, 2023. I continue to look forward to working with this group to determine where our continuing education, practice, and service will focus in the coming year.

GOALS

2023 Organizational Goals

Goal 1: Continue to build a solid ISDO Core

Activities/Action Steps
Foster a good working relationship among Exec Committee and ISDO Leaders based on mutual respect, ***Compassion***, openness, co-operation & ***Honesty*** ● Have monthly leadership meetings between co-directors, Pastor and Board President ● While we do things, keep in mind that we are serving our members and caring for ourselves. Keep ***Togetherness*** as a focus. ● Create a covenant, or affirmation, of how we want to be with each other on the Board.

Strengthening relationship with our members & friends

- Create a 'Caring & Sharing team' who are ready to go into action if a member is in need of support
- Big summer party to celebrate our successes, ISD pays for food & entertainment
- Field trips to local sacred sites - 4x this year! Sign up, register.

Goal 2: ISD Organization & Structure Fine-tuning

Activities/Action Steps
● Volunteer Bookkeeper to take over for Diana (Pay bills, and then handle classes $$) ● 10 new members ● New website: Follow thru with Grant applications to George Family Foundation ● Get something going to engage younger members.

Goal 3: Re-birth Ministerial

Activities/Action Steps
Innovative Sunday service formats ● Let go of the traditional MC script for more variety and inclusiveness. ● Pursue a Community Leadership model; take turns. Have individuals step up to take on more individual things/events. ● Create a "Worship Committee", including members as well as ministers, that designs a healing service, and brings in innovative ideas and/ or rituals to broaden our approach to the spiritual ● Invite non-ISD local spiritual leaders to give a homilies, or share in parts of service. ● Plan services 3 months in advance ● Three or more services outside in nature ● Expand Ministerial Committee to include new students, create a stand alone healing service. ● Re-invigorate Circles. Guided practice time in helping people to understand the significance of their messages.

Goal 4: Accessibility and availability of us to the Public…

Activities/Action Steps
Continue to build marketing and explore new ways of reaching the public • Appoint a Representative to the Otsego County Faith Community Network (Hunger Coalition & other interfaith collaborations) Meet occasionally in a more public space • Accessible Outdoor fellowship and community ideas. Walking land. Being together. Kayaking, day trips, organized meditations and pilgrimages. (in place of Friday Oasis) • Develop new website • Find projects to fund with grants to be a bridge to community • Continue to boost instagram and facebook posts for events, • Get select facebook recordings, meditations, soundbites, homilies on to YouTube
Collaborate with other like minded communities by encouraging our ambassadors to participate in existing groups: (ex. Patty V's group, Suzanne Summer's and Marguerite's U-B's etc, another Grief Event)

Goal 5: Increase ISD's sharing of our gifts of healing with the community

Activities/Action Steps
Isolate grant projects which will *get us out DOING our thing* in world!
On-going Community ***Support*** activities such as: • Re-vitalize Healing Committee to expand hands on healing offerings • Pastoral care with Canine love! • Earthkeeping activities • Homilies to the Daily Star, YouTube, & other metaphysical media like ROC Metaphysical, OM Times, Spirit of Change magazine.

*highlighted words in purple were verbs or adjectives that ISDO spiritual guidance really favored for us!

How to Get Involved

Want to get more involved with ISD Oneonta?

- Let us know if you would like to join a committee (see the listing below)
- Come join one of our monthly Board of Directors meetings, they are open to the public

- If you have an article that you would like to contribute to our weekly newsletter, reach out to Carla Finn at mfblugrazz@gmail.com. Articles should be 100 words or less and will be published at the editor's discretion
- If you want to join us for our Zoom circles or classes but are struggling with the technology, please reach out and let us know. We will do our best to try and help you troubleshoot

Committee Listings:

Committees of the Board:	Committees of the Ministry:
Finance – Sali Dellysse (chair), w/Diana Friedell, Kimberly Winsor,	**Healers** – Jo Ann Wormuth (chair), with Diana Friedell, Kimberly Winsor, Ally Sutton-Pyle, Jaya Buckland
Membership – Sherry Barton, Susan Owens, Ally Sutton-Pyle	**Ushers & Greeters** - VACANT
Publicity – Amanda Hoover (chair) w/Amy Gallop, Diana Friedell	**Minister of Music** –Tom Landon
Lending Library – Carol Callahan (chair)	**Adult Education**- Rev. Story Ducey, w/ Diana Friedell, JoAnn Wormuth, Kimberly Winsor, Christine Springle
Hospitality –Sherry Barton	**Visitation Committee** – Rev. Story Ducey
Properties (formerly Building & Grounds – Tom Landon, chair) w/Kimberly Winsor, Diana Friedell,	**Children's Hour** – VACANT
Grants - Connie Lull (co-chair), Jaya Buckland (co-chair), Sali Delysse, Kimberly Winsor, Diana Friedell	**Events** – Various Chairs of each event
AD HOC – SHIFT & Spirit Fest Fair Committee- Diana Friedell,	Volunteers are always welcome/needed for tasks such as filing, staffing events, decorating, etc!

The Board of Directors meets after the first Church Service of each month. These meetings are always open to the public.

Contact Information:

The Lotus Center
The Institute for Spiritual Development
P.O. Box 332, Oneonta NY 13820
Phone: (607) 433-2089; email isdoneonta@gmail.com

Temporary headquarters: 124 County Road 58, Oneonta, NY 13820
NOTE: If mailing a letter or package to temporary headquarters, *include both Tom Landon and Institute for Spiritual Development in the address.*

Services held the 1st & 3rd Sundays of each month

Website: http://www.isdoneonta.org/
Facebook: https://www.facebook.com/isdoneonta
Instagram: https://www.instagram.com/isdoneonta/
YouTube: https://www.youtube.com/channel/UCZNCEGK1E2TrcLcaWXty-mA

"We have all known the long loneliness
and we have learned that the only solution is love
and that love comes with community." **~ Dorothy Day**