These are some fascinations for personal development coaches.

- 1. A new beginning...
- 2. Find your purpose
- 3. Unleash yourself from the chains
- 4. Think of your ancestors
- 5. Look in the mirror!
- 6. Live a life of freedom
- 7. Free yourself
- 8. Become a star
- 9. Ignore the discipline of others...
- 10. Don't let them hold you back...